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# Deep brain stimulation: Are astrocytes a key driver behind the scene?

#### Albert J. Fenoy<sup>1</sup>, Laurent Goetz<sup>2</sup>, Stéphan Chabardès<sup>2</sup>, and Ying Xia<sup>1</sup>

<sup>1</sup>Mischer Neuroscience Institute, Department of Neurosurgery, University of Texas Medical School at Houston, Houston, Texas, USA

<sup>2</sup>Neurosurgery Department and Grenoble Institute of Neurosciences, Université Joseph Fourier, Grenoble, France

# Abstract

Despite its widespread use, the underlying mechanism of deep brain stimulation (DBS) remains unknown. Once thought to impart a "functional inactivation", there is now increasing evidence showing that DBS actually can both inhibit neurons and activate axons, generating a wide range of effects. This implies that the mechanisms that underlie DBS work not only locally but also at the network level. Therefore, not only may DBS induce membrane or synaptic plastic changes in neurons over a wide network, but it may also trigger celllular and molecular changes in other cells, especially astrocytes, where together the glial-neuronal interactions may explain effects that are not clearly rationalized by simple activation/inhibition theories alone. Recent studies suggest that 1) High frequency stimulation (HFS) activates astrocytes and leads to the release of gliotransmitters that can regulate surrounding neurons at the synapse; 2) Activated astrocytes modulate synaptic activity and increase axonal activation; 3) Activated astrocytes can signal further astrocytes across large networks, contributing to observed network effects induced by DBS; 4) Activated astrocytes can help explain the disparate effects of activation and inhibition induced by HFS at different sites; 5) Astrocytes contribute to synaptic plasticity through long-term potentiation (LTP) and depression (LTD), possibly helping to mediate the long term effects of DBS; and 6) DBS may increase delta-opioid receptor activity in astroytes to confer neuroprotection. Together, the plastic changes in these glial-neuronal interactions network-wide likely underlie the range of effects seen, from the variable temporal latencies to observed effect to global activation patterns. This article reviews recent research progress in the literature on how astrocytes play a key role in DBS efficacy.

#### Keywords

DBS; astrocytes; plasticity; network; δ-opioid receptor

# Introduction

Ever since its use to refine brain lesioning procedures over 50 years ago to the more current practice popularized by Benabid et al. in 1987 [1], deep brain stimulation (DBS) has become a widely recognized technique for reversible modulation of brain function that is adjunctive to medical management of neurological disorders. The proven efficacy in Parkinson's Disease (PD) [1–4] has led to its worldwide application in a spectrum of hyperkinetic

Corresponding Author: Ying Xia, MD, PhD, Mischer Neuroscience Institute, Department of Neurosurgery, University of Texas Medical School at Houston, 6400 Fannin, Suite 2800, Houston, TX 77030, Tel: 713-500-6288, Fax: 713-704-7150, Ying.Xia@uth.tmc.edu.

diseases, including essential tremor (ET) [5–8] dystonia [9–12], cerebellar outflow tremor [13–16], Gilles de la Tourette Syndrome (GTS) [17–19], as well as a growing number of other medically intractable disorders, including pain, obsessive-compulsive disorder (OCD) [20–22]; major depressive disorder (MDD) [23–25], cluster headache [26,27] and epilepsy [28,29]. The spectrum of applications continues to grow as new targets are identified and as more treatment-resistant diseases seek other options for therapy.

Interestingly, despite its widespread use, the underlying mechanism of DBS for its therapeutic efficacy remains unknown. Although there once was a divergence in opinions on the primary action of DBS, ranging from a "functional inactivation" due to local depolarization block to cell activation, there is now increasing evidence that DBS actually can both inhibit neurons and activate axons, generating a wide range of effects. This implies that the mechanisms that underlie DBS work not only locally but at the network level.

Support for fiber activation as a critical mechanism of DBS is provided by the clinical beneficial effects obtained by stimulation of fiber paths in a wide range of disorders, such as the dentate-rubro-thalamic (DRT) tract in tremor, as well as the internal capsule [30,31] in OCD and subgenual cingulate white matter in treatment resistant depression (TRD) [23]. Yet, stimulation of subcortical nuclear structures such as the subthalamic nucleus and globus pallidus internus in PD clearly cause widespread effect, as illustrated by cerebral blood flow changes in the cortex [32,33]. It seems that the mechanism cannot embody solely one hypothesis or the other, but more of a combination of the two.

When scouring the mechanisms hypothesized for DBS efficacy, in terms of both local and network effects, one cannot dismiss the fact that a non-neuronal factor, i.e., the glial interaction with neurons, is important in mediating cellular signaling. Astrocytes, a major type of glia, contain numerous processes that extend hundreds of millimeters and connect to those of other astrocytes through gap junctions, and surround and are intertwined in neuronal synapses forming what is termed the 'tripartate synapse' [34–36]. This position makes them well poised to function actively in the regulation of neuronal communication. Indeed, they are active players in neuronal signaling. If modulation of axonal flow – and hence synaptic transmission – is considered a key element underlying the mechanism of DBS, then quite likely both neurons and astrocytes contribute to the DBS therapeutic effect. In addition, not only may DBS electronically stimulate the brain, but also chemically regulate the integrative function of the local environment and network via regulation of neurotransmitter/modulator release that may affect both neurons and astrocytes. Therefore, DBS-induced regulation of astrocytes, especially its interaction with neurons, quite likely contributes to the beneficial effect of DBS. In fact, the contribution from the astrocytes has been the subject of a few recent reviews [37,38]. However, these reviews have not been inclusive of all mechanisms by which astrocytic - neuronal interactions may contribute to the mechanisms of action of DBS. Our recent investigations on how astrocytes react to applied hypoxia gives us a new insight into their under-recognized importance in neuroprotection in disease states. We also noticed that applied electrical stimulation to the hypothalamus evokes the release of enkaphalin in the brain, which potentially promotes signaling cascades of the delta-opioid receptor (DOR) to confer neuroprotection. This is of direct significance to how DBS may influence networks far more than just the local milieu. These findings are discussed below in the context of the role of DOR activation in increasing astrocytic glutamate transport and other neuroprotective effects.

What follows is a unifying discussion highlighting the properties and signaling characteristics of astrocytes as found in the literature, and in the context of activation by DBS how astrocytes may be considered key players in promoting the wide range of observed DBS effects.

#### Astrocytes and PD

Astrocytes are the predominant glial cell in the central nervous system, and not only serve to regulate the external chemical environment of neurons by removing excess ions and recycle neurotransmitters released during synaptic transmission, but also signal to each other and to neurons. Microglia, like astrocytes, function to protect neurons through phagocytosis and cytokine release, chiefly in infection or inflammatory conditions. Thus, they both react to and communicate changes detected within their immediate external milieu both locally and over large networks.

It has recently been suggested that a glial reaction and inflammatory processes participate in the cascade of events leading to neuronal degeneration in PD [39,40]. Neuropathological examination of the substantia nigra in PD has shown increased glial fibrillary acidic protein (GFAP), confirming astrocytic reaction [41], and the presence of activated microglia has consistently been reported [42]. In PD models and other neurodegenerative disease states, it seems that astrocytes play a conflicting role by releasing toxic substances, leading to neurodegeneration [43], but also by eliminating glutamate from the extracellular space, conferring neuroprotection.

When astrocytes undergo a state of gliosis in response to neuronal injury or toxic insults, they, like the microglia, release cytokines that together with released reactive oxygen species (ROS) and nitrite may be the key mediator of glia-facilitated (1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine) (MPTP) neurotoxicity [44].

Our recent studies show that astrocytes behave differently depending on their status [45–47]. For example, their release of TNF- $\alpha$  is very low in normoxic conditions, while largely increases in response to hypoxic stress. Therefore, their influence on neurons is differential in different conditions. Moreover, we found that TNF- $\alpha$  is very different between neuron-like cells (PC-12 cells) and astrocytes in response to hypoxic stress [Wang Q et al., 2013, unpublished data].

Since TNF- $\alpha$  dysregulates ionic homeostasis [47–49; Wang Q et al., 2013, unpublished data] and causes neural dysfunction and injury, an increased release of TNF- $\alpha$  from astrocytes may, at least partially, contribute to the pathogenesis of some neurodegenerative disorders including PD, especially those directly or indirectly related to hypoxic/ischemic injury. As PD and some neurodegenerative diseases are mainly found in older populations [50,51], their pathogenesis might be associated with age-related vasculopathy and related conditions that result in insufficient blood and/or oxygen supply to the brain [52]. Indeed, hypoxic and/or ischemic stress has been recognized as one of pathogenic factors that contribute to the development of PD [53–55]. Many people with ischemic/hypoxic brain injury (e.g., cerebral palsy in children, post-hypoxic PD or dystonia in adults) develop movement disorders that can manifest weeks, months or even years after the predisposing event. Therefore, hypoxic/ischemic dysfunction of astrocytes may be one of many factors behind PD and other neurodegenerative diseases.

On the other hand, it has been recently confirmed that astrocyte-derived glial cell linederived neurotrophic factor (GDNF) is a potent inhibitor of microglial activation, suggesting an important and regulatory role of astrocytes [56]. If astrocyte-derived GDNF plays a major role in the control of nigrostriatal microglial activation, then it appears that astrocyte activation is directly involved in midbrain protection from neurodegeneration through the inhibition of neuroinflammation. In addition, we have recent evidence to suggest that DOR activation on the astrocyte may inhibit inflammatory cytokines and upregulate GDNF, leading to protection [Liang J et al., 2011, unpublished data; Liang J et al., 2010, unpublished data]. This balance between promoting neurodegeneration and protection seems

to be on a fine line, and likely there are other unidentified contributors that help to sway to one side over another. Potentially, it seems that DBS may be such an exogenous contributor, as discussed below.

## Potential signaling between astrocytes and neurons in PD

Astrocytes, once activated in disease states such as PD, are known to display excitability due to a change in intracellular  $Ca^{2+}$  concentration, which can cause the extracellular release of gliotransmitters – glutamate, adenosine (from adenosine triphosphate (ATP) and D-serine – that act on neighboring neuronal pre- and postsynaptic receptors and can modulate synaptic transmission [57]. Increased  $Ca^{2+}$  in astrocytes evokes post synaptic slow inward currents (SICs) in nearby neurons through astrocytic glutamate release, which binds to the NR2B subunit of extrasynaptic N-methyl-D-aspartate receptors (NMDA-R) [57–66]; this increases neuronal excitability and increases probability of neurotransmitter release from neuronal pre-synaptic terminals at excitatory [63,64] and inhibitory synapses [60,67]. Such an SIC is generated in many nearby neurons, and can promote synchrony of neuronal firing [57].

Astrocytes are also known to communicate with each other through  $Ca^{2+}$  waves. Possible mechanisms of  $Ca^{2+}$  wave propagation include the presence of hemichannels on astrocytes which are permeable to ATP, glutamate and glucose [68–71] and can mediate non-synaptic neuronal synchronization via glutamate release [61,66] or gap junctions which can also mediate glucose uptake and trafficking from blood vessels and clear neuronally-released extracellular K<sup>+</sup> and glutamate [71–73]. In the seizure model, increased astrocytic coupling through these structures may facilitate the propagation of  $Ca^{2+}$  waves, leading to hypersynchronization and spread of ictal activity [74]. It is unclear how these may function to cause widespread communication in other disease states or due to exogenous stimulation. Such astrocytic  $Ca^{2+}$  waves can either be initiated in response to neuronal activation via Gq G protein-coupled receptor signaling on astrocytic micro-domains [75], forming networks of cells, or can occur spontaneously even independent of neuronal activity [67,76,77], exhibiting so-called 'pairwise synchronization' with a nearly zero time lag in neighboring astrocyte activity [65,78,79]. Even sensory stimulation, as reported by Wang et al. [80] via whisker stimulation in vivo can evoke calcium activity in the astrocytes in the barrel cortex.

Sasaki et al. [81] employed in vivo calcium imaging to reveal that neighboring astrocytes spontaneously exhibited synchronous  $Ca^{2+}$  elevations and formed locally correlated cell groups of 2–5 cells, which is believed to be due to release of glutamate upon astrocyte activation and subsequent activation of other astrocytes through metabotropic glutamate receptor type 1 activity, independent of neuronal activity [65]. These clusters were found to enhance the local excitability of neuronal networks by inducing tonic depolarization of neurons, whereas sporadic activity of single astrocytes – as elicited by  $Ca^{2+}$  uncaging by photostimulation – could not induce an action potential (AP) and was speculated to lower the threshold of synaptic plasticity by enhancing NMDA-R activity and SICs.

Kuga et al. [82] monitored spontaneous calcium activity simultaneously from hundreds of mouse hippocampal and neocortical astrocytes *in vivo* and found participation of most in the propagation of regenerative waves from cell to cell – referred to as *glissandi* – which, as they were blocked by sodium channel blocker tetrodotoxin (TTX), are believed to emerge in response to changes in coordinated intrinsic neuronal network oscillations, or state changes. Neuronal activity, ATP, and gap junctions were found to mediate such waves [82]. As the generation of such waves were associated with a decrease in the power of infraslow field oscillations, which is correlated with the blood oxygen level-dependent (BOLD) signal in functional magnetic resonance imaging (fMRI), [83–86], it is speculated that these waves mediate the activity-dependent large scale modulations of cerebral blood flow (CBF).

Astrocytes extend several processes, or endfeet, around the cerebral microvasculature [35]. In response to intracellular  $Ca^{2+}$  influxes that cause astrocyte activation,  $Ca^{2+}$ -gated K<sup>+</sup> channels in these endfeet are also activated, resulting in increased extracellular K<sup>+</sup>. It is this increased extracellular K<sup>+</sup> that causes the dilation of arterioles [57,87]. By being strategically positioned between synapses and blood vessels, astrocytes can indeed act as mediators of neurovascular coupling and may modulate CBF through such highly organized large-scale astrocyte dynamics [35,88–91].

Interestingly, although short electrical microstimulation did activate astrocytes at the tip of the electrode, it did not induce such broad glissandi, which is expected in keeping with our network theory of cellular modulation. Such artificial activation likely disrupts the intrinsic nature of ongoing network activity, and when applied transiently, cannot induce a persistent shift in the global network state [92].

The ability of astrocytes to modulate synaptic transmission – directly on the AP - has been evidenced *in vitro* in hippocampal slices via the use of calcium imaging again, where uncaging of  $Ca^{2+}$  in peri-neuronal astrocytes was found to cause AP broadening through ionotropic axonal glutamate (2-amino-3-(5-methyl-3-oxo-1,2-oxazol-4-yl)propanoic acid) (AMPA) receptor activation [81]. Broadened APs triggered larger  $Ca^{2+}$  elevations in presynaptic boutons and facilitated synaptic transmission to postsynaptic neurons. Such broadening of APs occurred in response to the local application of glutamate and adenosine A1 antagonist to axon shafts within 400 µm of the axon hillock, making the suggestion that adenosine tonically inhibits AP (via A1 receptors) and that glutamate released from astrocytes mediates neuronal axonal effects – AP – via extra-synaptic modulation at non-NMDA receptors [81].

These are vet other ways astrocytes are believed to influence neuronal signaling, and although this was only seen in vitro on unmyelinated axons in hippocampal slices, the potential for these mechanisms to exist elsewhere in the brain at subcortical or cortical locations is highly possible and exciting, as it build yet new layers of complexity into circuit modulation. In disease states such as PD, the astroglial contribution has a contradictory role of both promoting neurodegenration as well as conferring neuroprotection. The balance is fine, and can be modulated by exogenous stimuli such as HFS. Specifically, this above work could give explanations for the mechanisms for synaptic modulation underlying the beneficial effects seen upon stimulating specific nodes in a dysregulated circuit in certain neurodegenerative diseases, such as PD, or circuits in network disorders, such as in TRD, OCD, and essential tremor (ET). So there is evidence in vivo that neurons can activate astrocytes, as well as conversely that astrocytes can activate neurons. This could fit into the DBS mechanism theory a bit more readily, as quite possibly HFS can activate astrocytes locally, which can then cause multiple effects to modulate neuronal activity leading to the 'summed final' network effect seen. Evidence of HFS activation of astrocytic activity is detailed below to help gain focus on this still blurry concept.

#### Astrocytes and DBS

HFS, a popular strategy of DBS, induces a sudden change, or interruption of a network status – either physiological or pathological. As detailed above, it has been observed that HFS modulates CBF [93–95] associated with an increase or decrease in neuronal activity [96]. Possibly, after a neuronal network re-organization occurs, such as in dystonia or PD after years of HFS, such glissandi are representative of the new current steady-state of neuronal activity. It is thus also suspected that the observed DBS-induced modulation in CBF is due to large scale network astrocytic activation representative of such a new global status.

HFS has been known to directly activate astrocytes, and their impact on neuronal signaling has been observed for over a decade [60]. Bekar et al. [97] applied HFS to the ventrolateral thalamus to the mouse cortex in a tremor model in vivo and observed increased adenosine levels which they showed were  $Ca^{2+}$  - independent, and thus believed to be from astrocyte origin. ATP released from astrocytes is broken down in extracellular space by ecto-ATPase to adenosine; adenosine was seen to increase in the extracellular space around the electrode and is thought to be a key mediator in promoting the efficacy of HFS in suppressing tremor. When an adenosine A1-receptor antagonist or ecto-ATPase inhibitor was used, HFS-induced suppression of thalamic neuronal activity was abolished. Also, HFS induced was seen to induce astrocytic  $Ca^{2+}$  waves that propagated away from the site of stimulation in a frequency and amplitude dependent manner.

These findings corroborate the later study of Tawfik et al. [98], where the application of HFS to the thalamic slice resulted in abolishment of oscillations concomitant with the release of glutamate and adenosine. This was interpreted to be due to astrocyte activation, as the glutamate persisted despite TTX application – which would inhibit axonal synaptic release – but was eliminated with a vesicular H<sup>+</sup>-ATPase inhibitor. This group also saw HFS induced triggering of Ca<sup>2+</sup> waves and release of glutamate in astrocyte cultures.

The actual insertion of the DBS electrode into the ventral intermediate nucleus of the thalamus, subthalamic nucleus (STN) or globus pallidus internus (GPi) during surgery has indeed been seen to sometimes cause a reduction or abolishment of tremor in ET or PD patients [99,100 and personal observation] but also rigidity when surgery is performed under local anesthesia [personal observation]. This so-called 'microthalamotomy effect' is believed to be mediated by the release of glutamate and adenosine [101,102]; such mechanical stimulation can induce activation of calcium signaling and ATP release in cultured astrocytes [103,104], and thus it is possible that the adenosine and glutamate observed could have astrocyte origins.

The presence of mild reactive gliosis – defined by hypertrophy of astrocytes and increase in the production of the GFAP among other proteins [105] – around the implanted electrode as seen in several histological studies [106–110] has also implicated HFS-induced astrocytic activation. After DBS electrode implantation, regional neuro-inflammation in the rat was observed with concomitant memory impairment [111]; in the macaque, reactive gliosis was seen after 3 months and 3 years [112]; and in the human, reactive gliosis was observed in a post-mortem study 12 years after implantation in an ET patient with good tremor control [106].

Induction of reactive astrocytosis may modulate local as well as widespread effects in neuronal circuits. It has been shown by Ortinski et al. [113] that reactive astrocytosis mediated deficits in inhibitory synaptic currents via a down-regulation of glutamine synthetase and consequently GABA, triggering reversible hyperexcitability in hippocampal circuits. Implication of astrocyte activation by DBS was seen by Gradinaru et al. [114] in their optogenetic study on PD circuitry, where channelrhodopsin 2 (CHR2) was introduced specifically into astroglia of 6-hydroxydopamine lesioned-rodents through a lentiviral vector driven by a GFAP-promoter. Optical stimulation of CHR2 activated astrocytes and triggered astrocytic Ca<sup>2+</sup> waves, which resulted in an inhibition of neuronal firing in STN, though not sufficient enough to cause even trace responses in motor pathology [114]. Although this group did not use DBS, it can be inferred that activated astrocytes alone are likely not responsible for mediating all the effects of DBS, but only together in a complex manner with neuronal modulation do they contribute to efficacy.

Glutamate plays a large role in astrocyte activation, and the evidence that it can be modulated by DBS is mounting. Dyskinesias in the naïve rat brought on by STN-HFS were found to be correlated with increased phosphorylation of the NR2B subunit of the NMDA-R in neurons of the STN, entopeduncular nucleus (correlate of the human GPi) and other locations [115]; blockade of NR2B/NMDA-Rs, found chiefly peri- or extrasynaptically [116], was found to suppress STN-HFS induced dyskinesias, whereas blockade of non-competitive type of NMDA-R at the synapse was found to potentiate STN-HFS induced dyskinesias [115,117].

Such dyskinesias were also associated with altered expression of glutamate transporters in the substantia nigra and striatum, along with increased extracellular concentration of glutamate [117–120], which has been found to persist after STN-HFS ceases [121]. The authors make the suggestion that extra-synaptic NR2B/NMDA-Rs play a key role in STN-HFS-induced dyskinesias, which corroborates with findings that stimulation frequencies of 100–200 Hz were found to maximally activate extrasynaptic NMDA-Rs in hippocampal slices [122]. This implies that not only are extra-synaptic NMDA-Rs preferentially activated by HFS and are critically linked to the production of results, but one can also contend that excessive extracellular glutamate plays a role in causing dyskinesias. Please refer to Figure 1 for an illustration of the HFS impact on astrocytic interaction with neurons.

How HFS impacts the role of astrocytes in regulating glutamate release and transport is indeed complex. We know that the excessive excitatory stimulation of NMDA, AMPA and other glutamate receptors is neurotoxic. Astrocytic glutamate transporters play a critical role in cleaning up the released excitatory transmitters in extracellular space [123–126]. Our recent findings show that activation of delta-opioid receptors (DOR) increases the expression and function of astrocytic glutamate transporters [39], suggesting that DOR may promote neuroprotection [127–129].

These findings relate directly to support recent theories that HFS may confer neuroprotection [130]. In our studies involving electrical stimulation of the hypothalamus in the rabbit [131,132], we observed an increased release of enkephalin, which is the only endogenous ligand for DOR. Such electrical stimulation likely caused DOR activation and increased astrocytic glutamate transport from the extracellular space. Very recent clinical observations that STN-DBS improves survival in severe PD [133] may likely be due to astrocyte activation and an increased role of astrocytes in removing extracellular oxidative toxins.

#### Astrocytes as Players at the Tripartite Synapse with DBS

As their processes are ideally located in apposition with pre- and postsynaptic neuronal elements of synapses throughout the CNS [134–136], astrocytes have been implicated to be exquisitely involved in the regulation of basal synaptic transmission and plasticity in multiple brain locations [137–141]. This was eloquently investigated by Panatier et al. [134] in the CA1 region of the hippocampus, where it was observed that astrocytic processes detect local synaptic activity – neurotransmitter release – which causes a local Ca<sup>2+</sup>- evoked response mediated through metabotropic glutamate subtype 5 receptor (mGluR5) activation. Such activated astrocytes were then found to increase the efficiency of basal synaptic transmission in CA1 pyramidal cells through activation of presynaptic adenosine A2A receptors [134].

These authors contend that such glial modulation may serve to adjust synaptic efficacy so that it can conform to various plasticity events that occur at specific regions in the brain, as adenosine release can either increase transmitter release, via presynaptic adenosine A2A receptor activation – or decrease it via adenosine A1 receptor activation [142–144].

Such differential modulation of glutamate and GABA release by astrocyte-derived adenosine is hypothesized to contribute to the differential effects of DBS in the GPi and external segment of the globus pallidus (GPe). It is known that the GPi is inhibited by afferent GABAergic projections from the striatum and the GPe, and it is activated by a glutamatergic projection from the STN. A recent critique by Jantz and Watanabe [38] on the experimental findings of DBS induced inhibition of the GPi and excitation of the GPe in the normal monkey by Chiken and Nambu [145] highlights this point. Not only might the differences in the balance of GABAergic and glutamatergic inputs to these structures be a factor [145], but also the relative activation of A2A receptors, which are known to be expressed at higher levels in the GPe and striatum than in the GPi [146,147], should certainly be considered. As A1 receptors are expressed widely in both the GPi and GPe, Jantz and Watanabe contend that the variation in adenosine receptor concentration can explain the different effects of DBS.

It is likely that both A1 and A2A receptors are also co-modulated to differentially effect synaptic plasticity, as seen at the neuromuscular junction [144], and that such regulation may vary with long-term potentiation (LTP) or depression (LTD) (more below). Group 1 mGluR (mGluR5) are the major subgroup of receptors implicated in the detection of glutamate by astrocytes in response to sustained neuronal activity [61,148], and are most expressed in the striatum [149]. Given their primarily peri- or extra-synaptic location, the activation of these astrocytic mGluR5, resulting in astrocyte activation and release of gliotransmitters, is thought to be a key player in the expression of post-synaptic neuronal NMDA-R and more permanent plastic effects.

It is yet unproven whether the local synaptic modulation brought upon by calcium signaling in an astrocytic process may extend to incur activation of the whole astrocyte, whereby multiple synapses in different spatial relations can be modulated, either uniformally or differentially, allowing an astrocyte to function as a 'global network switchboard operator. As astrocytes have such a particularly complex spatial relationship with adjacent neurons, maintaining several types of synapses [150,151], it is likely that they interact with and differentially modulate many synapses according to the specific conditions at each, and thus use different transmitters to effect different forms of plasticity.

#### Astrocytes in synaptic plasticity after DBS

Neuroplasticity is believed to be fundamental to DBS efficacy. How else can the disparate temporal effects of efficacy in tremor vs. those in dystonia be explained?

In dystonia, it may take several weeks or months to achieve maximum clinical benefit in patients treated not only by GPi-DBS [152–157] but also following pallidotomy [158]. Similarly, there is often not an observed quick loss of effect once DBS is turned off in dystonia, taking again weeks for pre-surgical symptoms to re-emerge [155,156]. It is contended that such a slowly progressive clinical time course, as well as concomitant commensurate normalization of electrophysiological measures is due to a LTP synaptic plasticity [157].

The striatum is the source of control of inhibitory inputs within the basal ganglia (BG) circuit [159–161], and thus modulation via synaptic plasticity within the striatum can regulate striatal output [for reviews in normal and in disease states see refs 159,162,163]. Activity-dependent modifications in synaptic efficacy, such as LTP and LTD, represent key cellular substrates for adaptive motor control and procedural memory [163]; each has been observed to be induced at medium spiny neuron (MSN) synapses by HFS [164–166].

In PD, the loss of dopamine afferents induces a compensatory over-activity and structural remodeling of the corticostriatal system, as seen in rodent and non-human primate models of parkinsonism, to continue information relay despite a reduction in corticostriatal glutamatergic synapses [167–171]. Commensurate with neuronal terminal reshaping, perisynaptic astrocytes have been found to be increased in number, and undergo morphological changes, where the appositions between the axo-spinous complex and the astroglial processes were much tighter and continuous in histological studies of the MPTP primate striatum [171]. Such structural changes in the tripartite synapse in disease states, whereby astrocytes contribute to the modulation of processing and integration of synaptic signaling through the formation of complex neuron–glia networks, allow them to be just as well-poised to be modulated by deep brain stimulation as neurons.

Modulation of the NMDA-R is directly involved in these processes, and has been observed to occur on two time scales, and differentially involves particular gliotransmitters [172]. Astrocytes incur short time scale modulation of NMDA-R by releasing glutamate and by providing the NMDA-R coagonist D-serine, which like glycine, acts at separate and distinct NMDA-R populations [172]. Astrocyte-derived Dserine modulates the NMDA-R current and is necessary for the induction of synaptic plasticity [141,173–178], as LTP was observed to be absent at NMDA-R without astrocytic presence [178] but resumed upon exogenous D-serine [141].

D-serine is likely released by a Ca<sup>2+</sup> trigger, possibly via vesicular routes [173,179] and can incur dynamic changes in NMDA-R mediated currents. Henneberger et al. [179] write that D-serine can be delivered to distinct populations of NMDA-Rs (e.g. synaptic, extrasynaptic) characterized by different subunit compositions and with variable affinity to co-agonists; different micro-domains on distinct astrocyte processes may differentially release D-serine to specific NMDA-Rs, which may in turn trigger different forms of plasticity [179,180]. Because D-serine is known to cause internalization of NMDA-R subunits [181], the authors infer that the release of D-serine can be dynamic and provides the potential for second to second changes in NMDA-R mediated currents.

Other longer time scale modulation of synaptic plasticity at the NMDA-R by astrocytes has also recently been observed to involve the release of adenosine. Deng et al. [172] used astrocyte specific inducible transgenic mice (dnSNARE) brain slices to demonstrate that activation of adenosine A1R in cortex can affect neuronal excitability by regulating the surface expression of NMDA-R through the activation of specific intracellular signaling pathways. Specifically, astrocytic activation of neuronal A1R led to downstream phosphorylation of the NR2A and NR2B subunits of the NMDA-R, which in turn decreased the rate of its endocytosis [172]. Due to such involvement in the trafficking of the NMDA-R, adenosine is thus linked to a slower time scale of synaptic modulation, such as sleep wake cycles and memory [172,182]; other global plastic changes can be implicated and might very well use this mechanism.

Combined with the differential activation of presynaptic receptors on causing potentiation or depression of neurotransmitter release, as influenced by its relative extra-synaptic concentration (at least at the neuromuscular junction [144]), it appears that there are many ways astrocyte-derived adenosine can ultimately modulate synaptic transmission. Very likely, these mechanisms contribute to some of the temporal variability in effects seen after DBS. Together with the other gliotransmitters released upon activation, the astrocyte is well positioned to effect dynamic or delayed effects on neighboring neurons, which has implications on the overall function of the network [37], especially after an exogenous stimulus is applied.

Interestingly, our recent findings show that DOR activation promotes the expression of glutamate transporters [Liang J et al., 2010, unpublished data], neurotrophic factors [Liang J et al., 2011, unpublished data] and attenuated TNF-α release/expression [Wang O, 2013, unpublished data], suggesting that DOR activation protects the brain through an astrocytic mechanism via upregulating glutamate transporters and neurotrophic factors and downregulating TNF- $\alpha$  activity, thus reducing brain injury. Several studies have demonstrated that activation of DOR reduces K<sup>+</sup> leakage following hypoxic/ischemic insult [183–185]. DOR activation has also been shown to confer neuroprotection and prevent cell death through protein kinase and mitogen-activated protein kinase signaling pathways [186]. Since we have previously observed that electrical stimulation of the brain induces an increase in leu-enkephalin, an endogenous DOR agonist, in the CSF, suggesting an increased release of enkephalin in the brain [131], we speculate that DBS may promote brain enkephalin-DOR activity, thereby regulating astrocytic function. Indeed, we found that DOR activation down-regulates astrocytic TNF-a in hypoxic injury [Wang Q et al., 2013, unpublished data]. This mechanism may, at least partially, contribute to the therapeutic efficacy of DBS, and ultimately underlie the observations of increased neuronal [130] and patient survival in PD [133] after DBS. Please refer to Figure 2 for an illustrative summary of these effects.

### **Concluding remarks**

The currently available literature suggests that the efficacy of DBS depends upon the combined support of the complex neuronal-glial infrastructure. Whether or not this partnership is essential to DBS needs to be further proven, but mounting evidence supporting an astrocytic component cannot be excluded.

If we consider that not only may DBS induce axonal activation but also astrocytic activation, it becomes perhaps more plausible how synaptic plastic changes can occur over a wide network, which cannot be clearly rationalized by simple neuronal activation/inhibition theories alone.

It remains quite fascinating that such layers of complexity exist in these networks, can change in response to an electrical stimulus, and then produce such marked clinical amelioration of symptoms across a wide range of diseases. If one looks at the mechanisms of DBS in the context of a neurodegenerative/chronic inflammatory process such as PD, then it is plausible that the observed increased survival of DA neurons in the substantia nigra and increased clinical survival of PD patients is due to the conferred astrocytic neuroprotection via increased glutamate transport and decreased release of inflammatory cytokines, possibly through an upregulation of DOR. Conversely, if the mechanisms behind DBS efficacy are examined in tremor or other non-degenerative disease states, then astrocytic activation and release of gliotransmitters with resultant improved synaptic transmission and plasticity may be one of the dominant factors.

Together, the plastic changes in these glial-neuronal interactions network-wide likely underlie the range of effects seen. Much more needs to be explored in vivo in both electrophysiological and imaging domains, but the evidence is mounting.

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Figure 1. Summary diagram depicting the proposed simultaneity of DBS effects on axons, astrocyte-astrocyte-and astrocyte-neuronal interactions

DBS electrode is here activating one local astrocyte (blue), leading to increased intracelluar Ca<sup>2+</sup>, causing hypermorphism and release of gliotransmitters, resulting in increased axonal flow and synaptic transmission. This astrocyte has multiple processes, each intimately participating at specific neuronal synapses; activation at one process/micro-domain may or may not spread to others. Multiple processes are likely occurring simultaneously.

- A. Secondary activation by DBS: Increased synaptic activity between axon and dendrite, with release of neurotransmitters (e.g., glutamate), is sensed by the astrocytic Gq protein-coupled receptors on a process at the tripartite synapse (such as mGluR5), resulting in an increase in intracelluar Ca<sup>2+</sup>. This activation can be confined to one particular micro-domain, or can be distributed throughout the astrocyte to all its processes. Each micro-domain can express different gliotransmitters particular to the synapse.
- **B.** Increased Ca<sup>2+</sup> in astrocytes evokes post synaptic slow inward currents (SICs) in nearby neurons through astrocytic glutamate release, which binds to the NR2B

subunit of extrasynaptic NMDA-R and increases neuronal excitability and increases probability of neurotransmitter release from neuronal pre-synaptic terminals.

- **C.**  $Ca^{2+}$  activation in astrocyte causes release of extra-synaptic glutamate; glutamate binds to peri-synaptic AMPA-R on pre-synaptic neuronal processes within 400 µm of axon hillock, causes influx of  $Ca^{2+}$  which broadens action potential (AP).
- **D.** Astrocytes in clusters, co-activated and synchronized via gap junctions/ hemichannels.
- E. Astrocytic processes detect local synaptic activity glutamate release which causes a local Ca<sup>2+</sup> evoked response mediated through mGluR5 activation; this leads to release of glial ATP which is is converted by ecto-ATPase into adenosine. Adenosine then acts at pre-synaptic A1 coupled P/Q-type calcium channels to incur synaptic depression while it also acts at pre-synaptic A2 coupled L-type calcium channels to incur synaptic potentiation. Relative amounts of synaptic adenosine as well as interactions between each receptor determine the balance; here potentiation is depicted. Also, activation of pre-synaptic adenosine A2A receptors increases basal synaptic transmission.
- **F.** Different gliotransmitters can be released at other processes due to Ca<sup>2+</sup> activation in astrocyte. D-serine and glutamate are released by the activated astrocyte, modulate NMDA-R activity and synaptic plasticity. Glutamate released due to DBS astrocytic activation acts on neuronal extrasynaptic NR2B/NMDA-R, causing increased neuronal excitability and probability of downstream synaptic transmission.
- **G.** Blood vessel proximity to astrocytes increased CBF linked to state changes of astrocyte activity; DBS induced changes in CBF and interaction with astrocytes not resolved.



**Figure 2. Summary diagram depicting the proposed role of astrocytic DOR in DBS** Stimulation increases leu-enkephalin release into the synapse, which then activates deltaopioid receptors (DOR) located on the astrocyte at the tripartite synapse. DOR activation promotes neuroprotection here through three illustrated mechanisms:

- A. Increased enkephalin release by neurons and possibly by astrocytes;
- **B.** Decreased TNF-α release, leading to decreased neuronal dysfunction and injury, possibly through stabilized ionic homeostasis and decreased excessive excitatory neurotransmission (187);
- **C.** Increased expression and function of glutamate transporters to reduce excessive excitatory amino acids, thus attenuating neurotoxicity;
- **D.** Increased release of astrocyte-derived GDNF, which inhibits microglial activation and leads to decreased neuroinflammation.