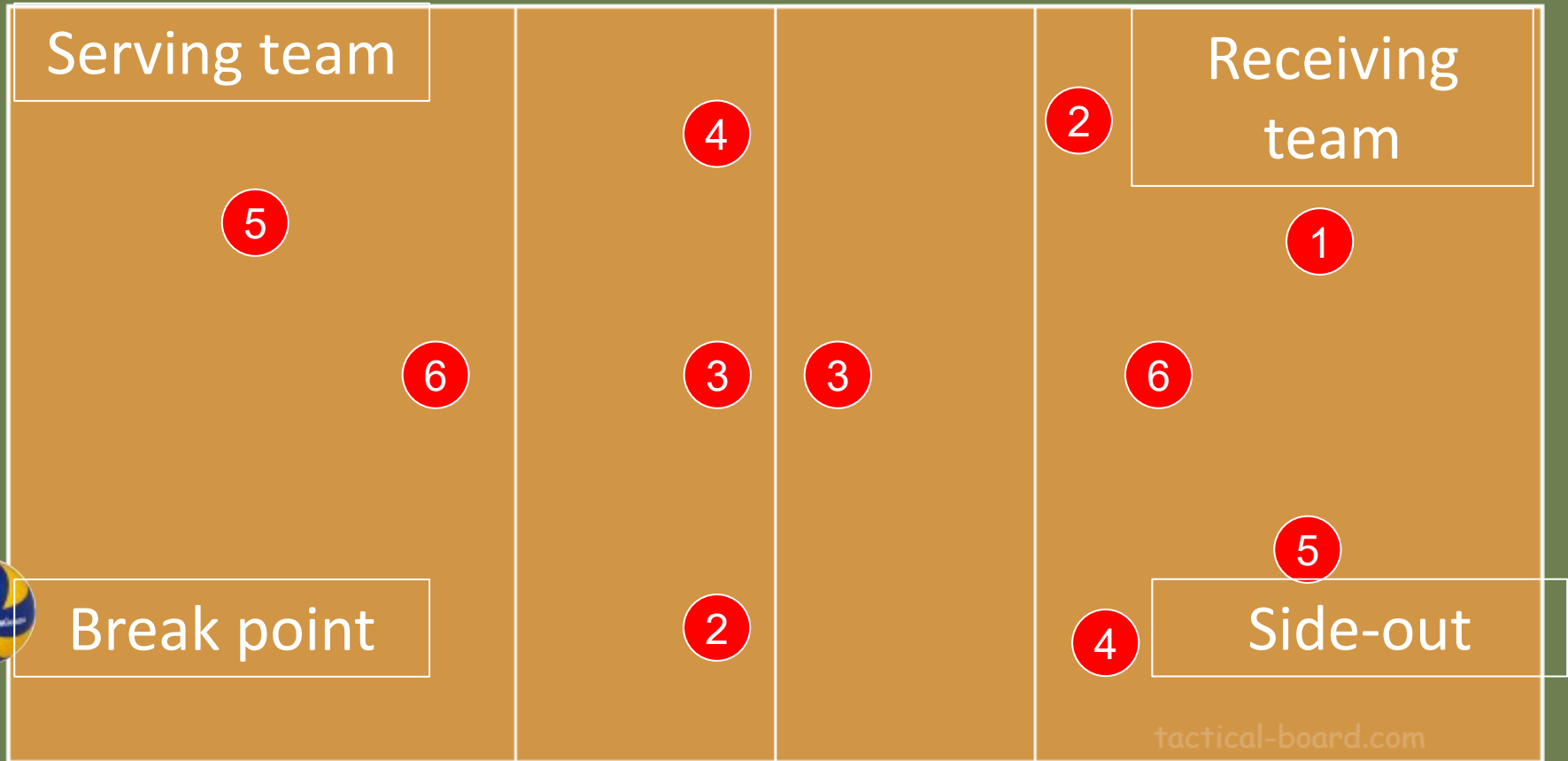


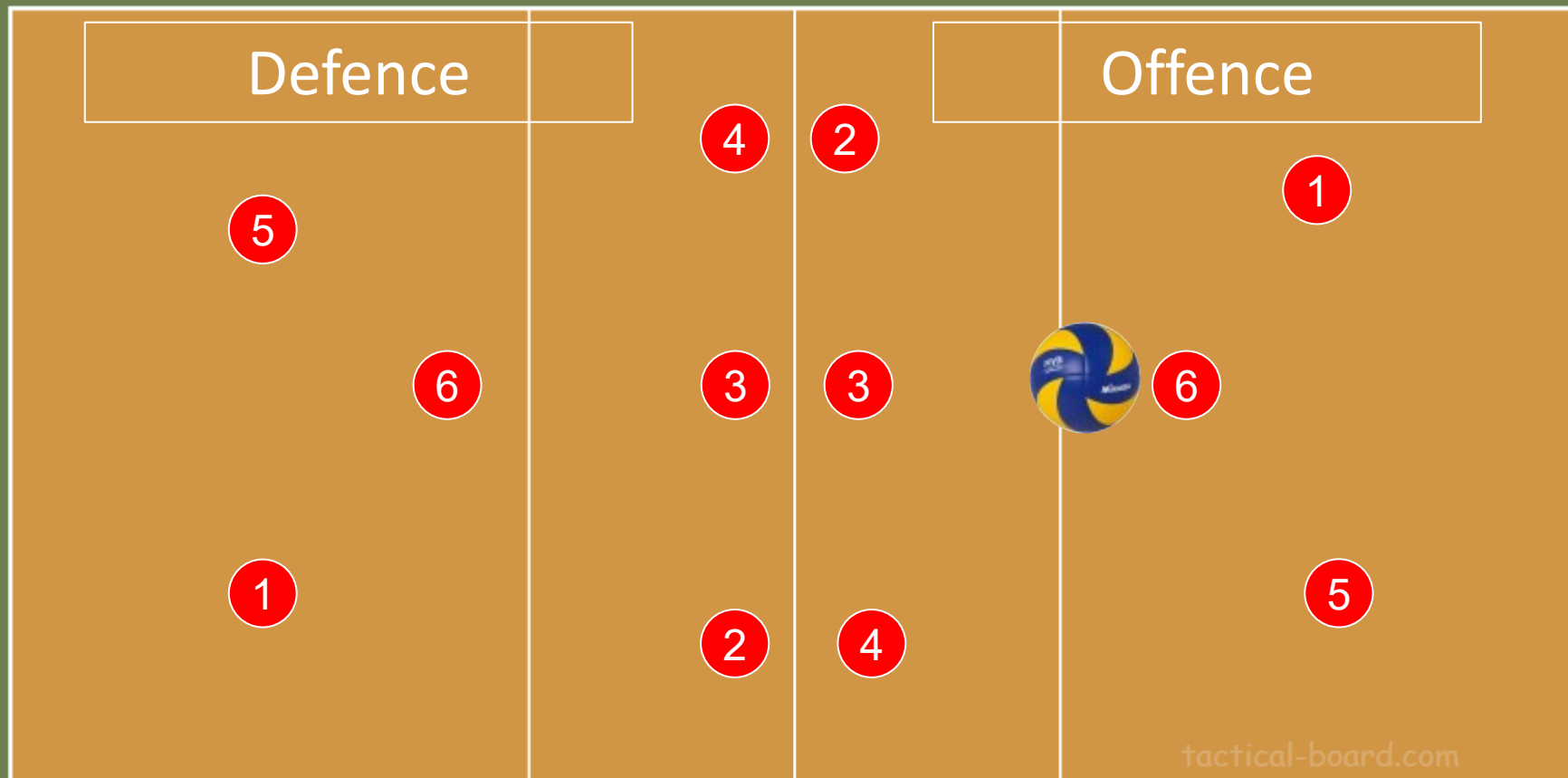
# RECEIVE FORMATIONS OFFENSIVE SYSTEM 6:6

LESSONS 10-12

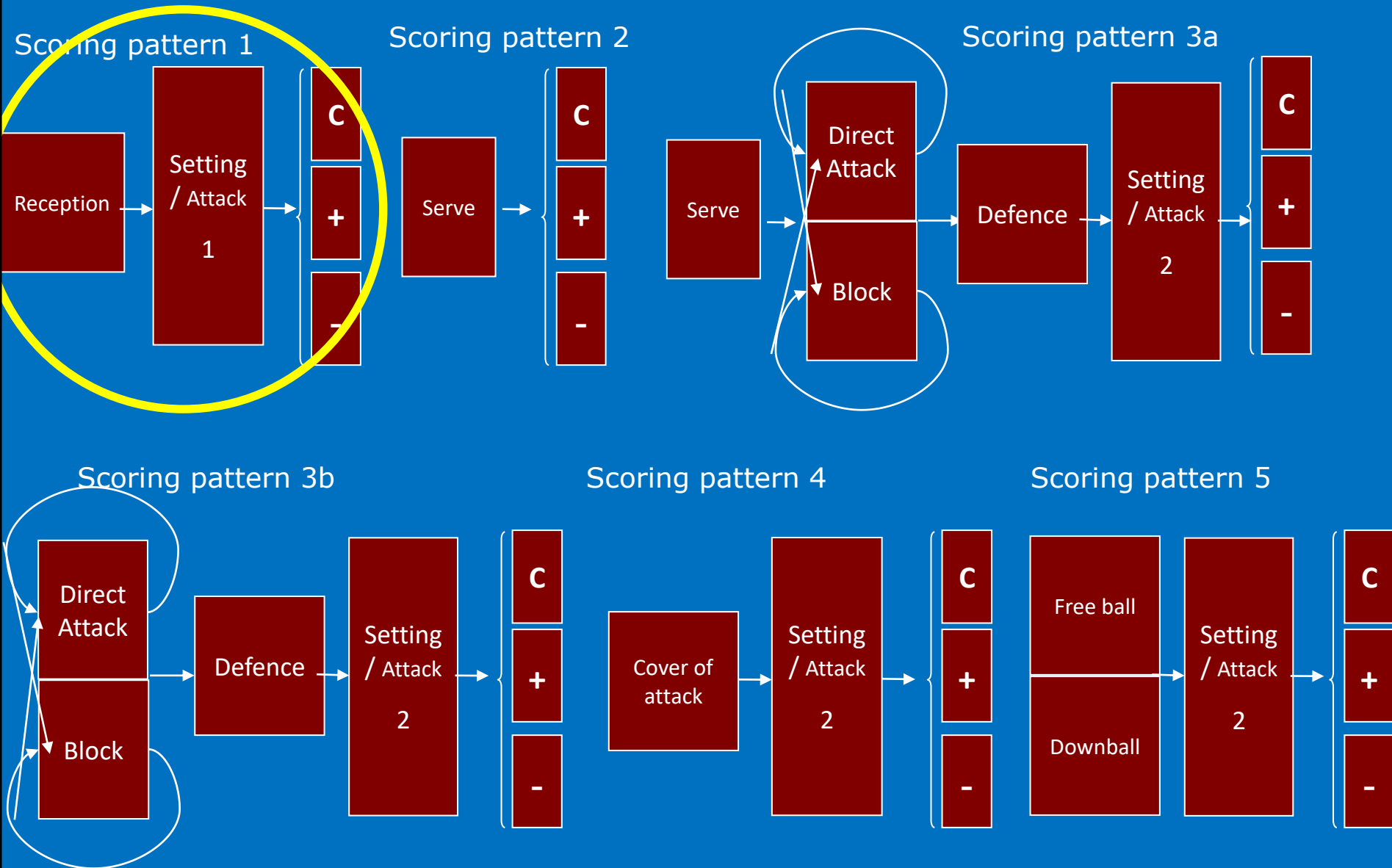
# Complexes of the game (according to rally's start)



# Structure of Volleyball (simple model)



# Volley complexes and scoring patterns

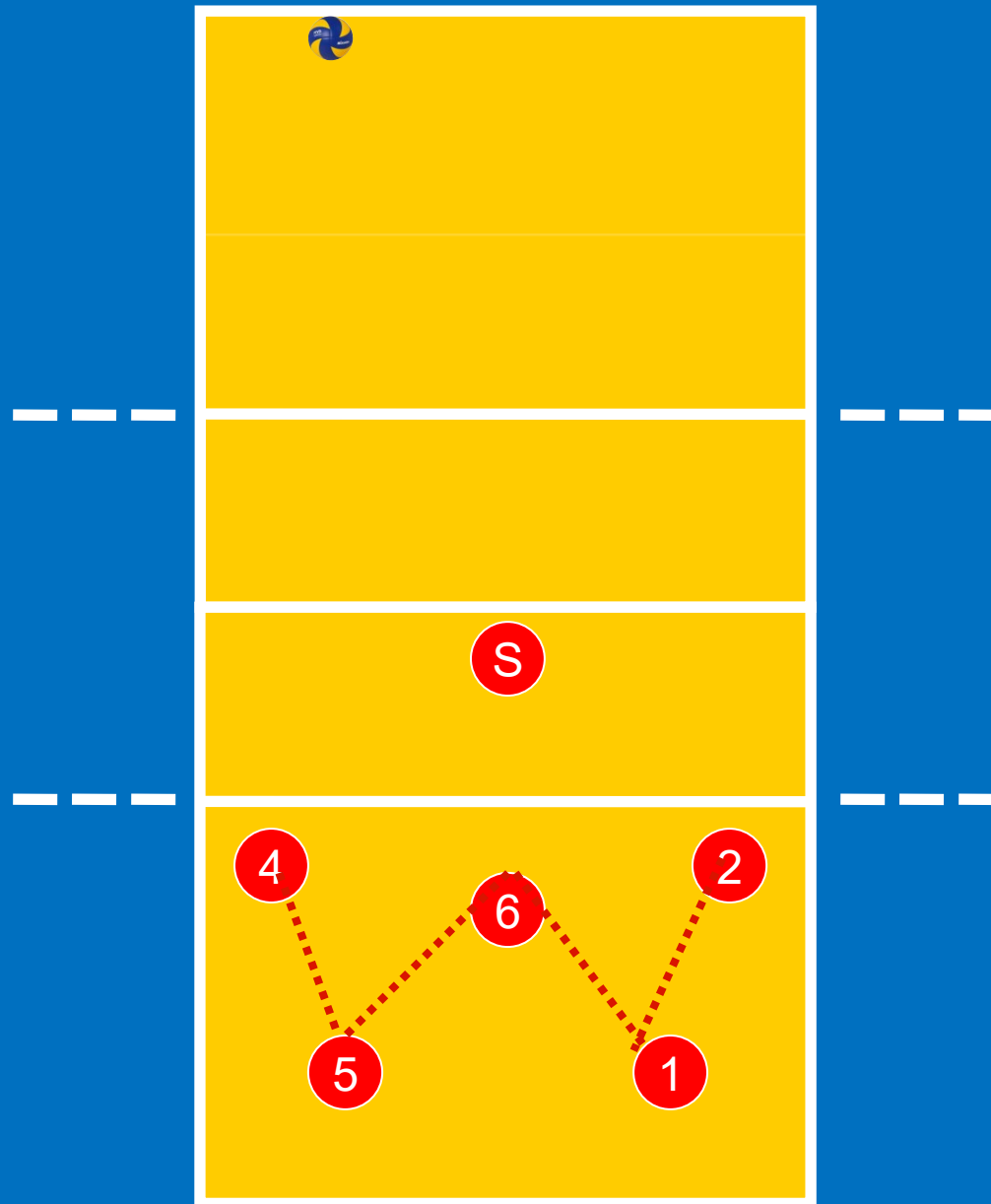


# RECEIVE FORMATIONS

## OFFENSIVE SYSTEM 6:6 SETTER P3

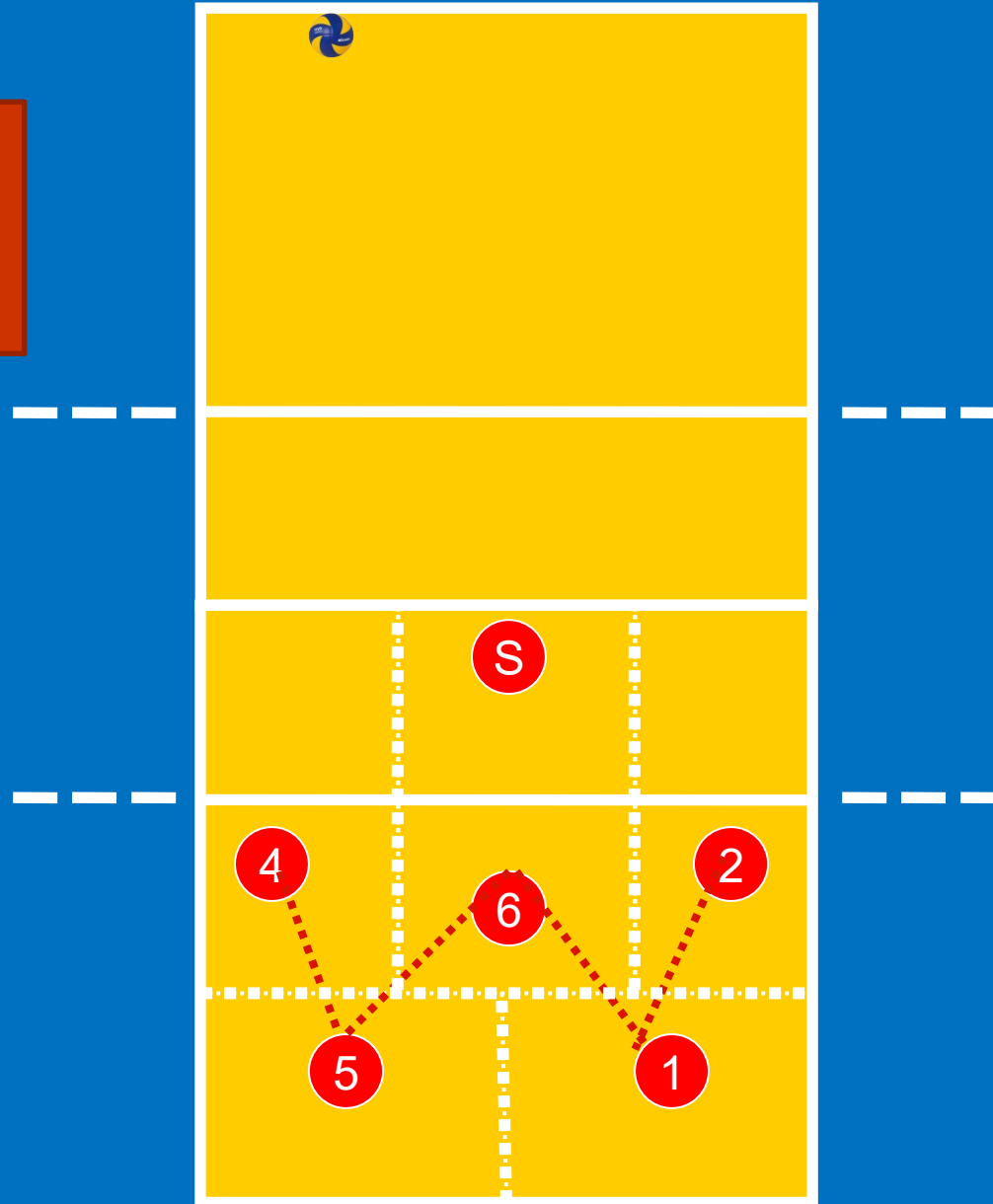
LESSONS 10-12

# Offence system 6:6 setter p3 W shape receive formation



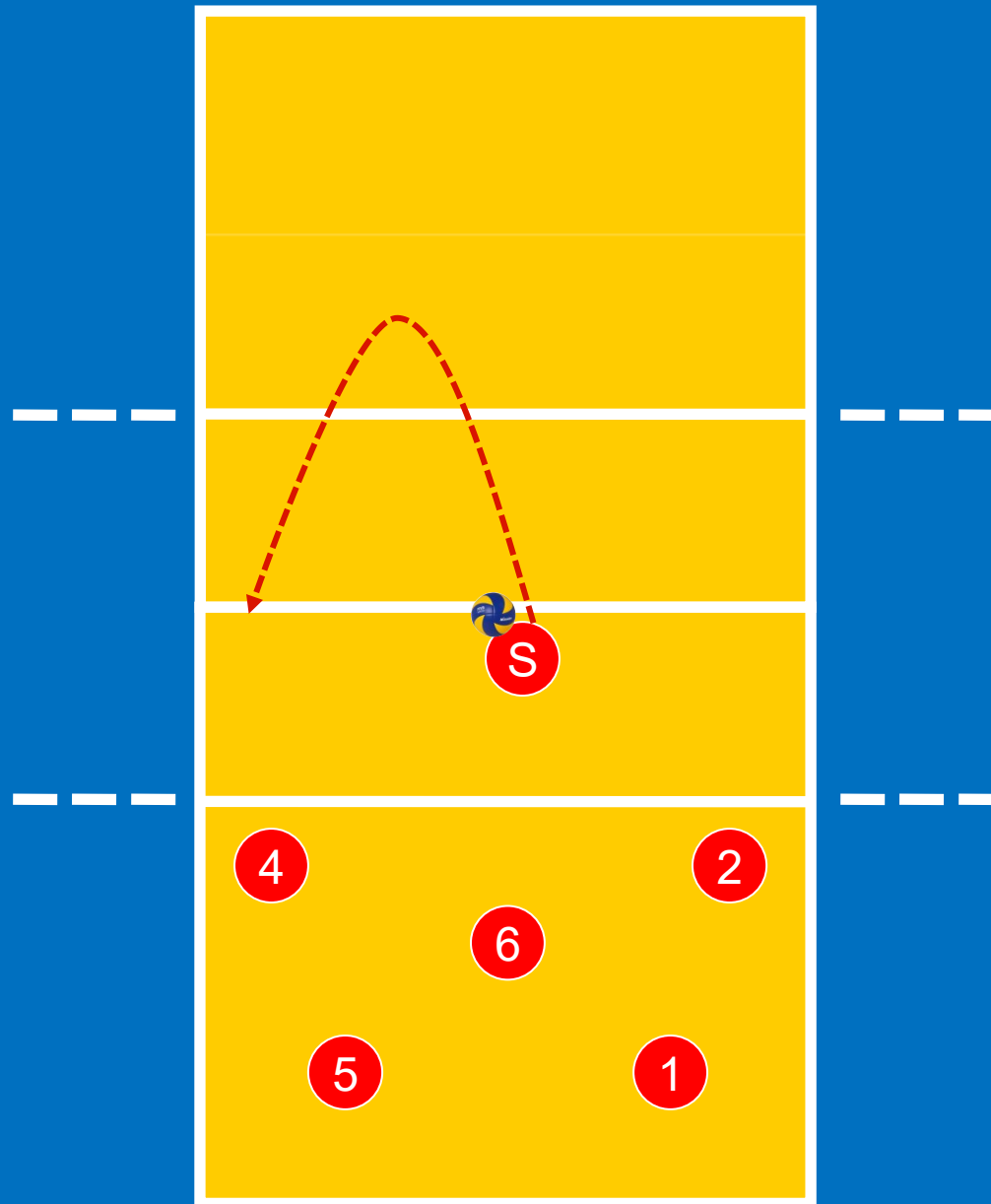
# Offence system 6:6 setter p3 W shape receive formation

Areas of responsibility



Offence system 6:6 setter p3 W shape receive formation  
Attack coverage in p4 after reception p6 ahead

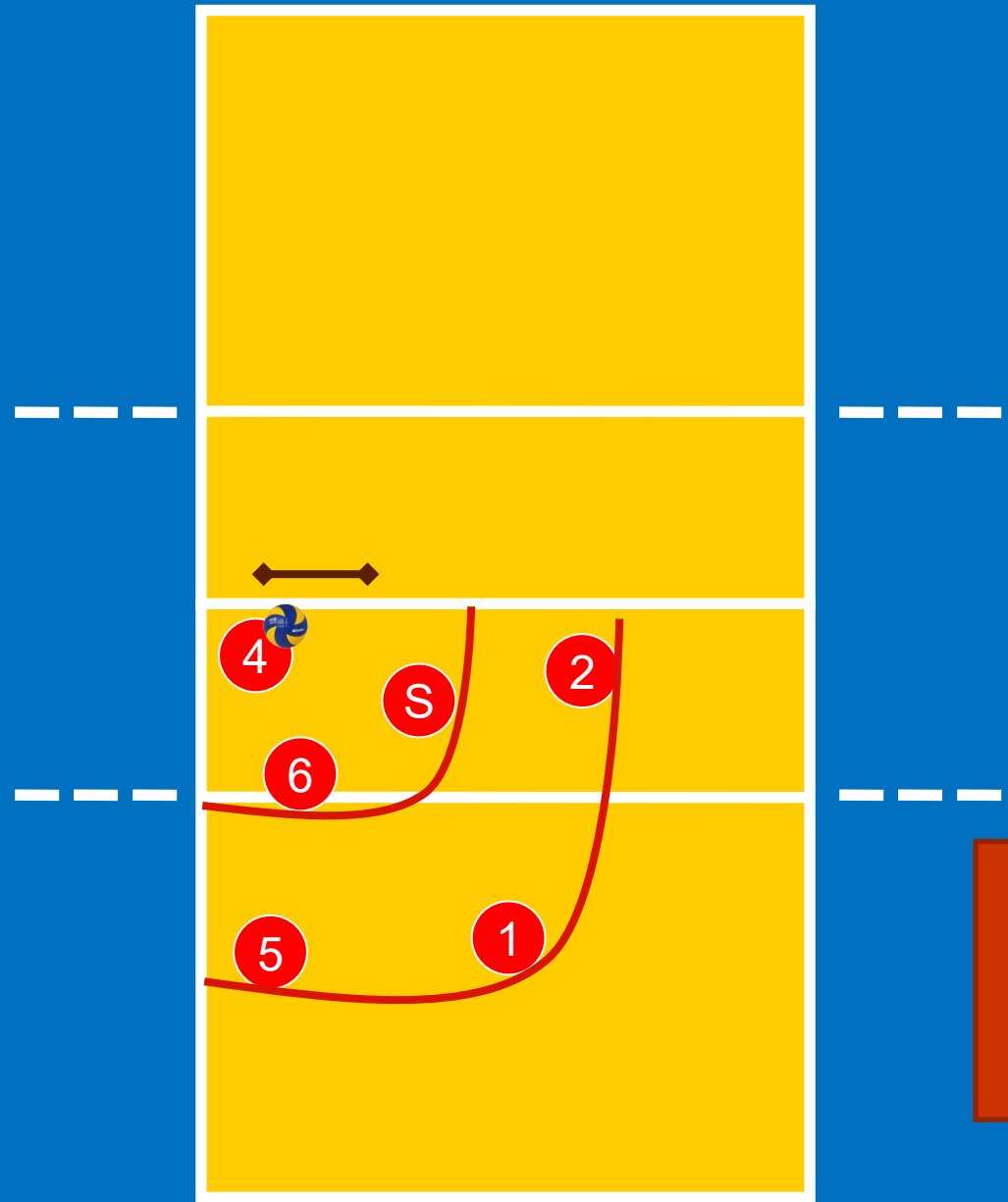
3<sup>rd</sup> tempo  
attack





Offence system 6:6 setter p3 W shape receive formation  
Attack coverage in p4 after reception p6 ahead

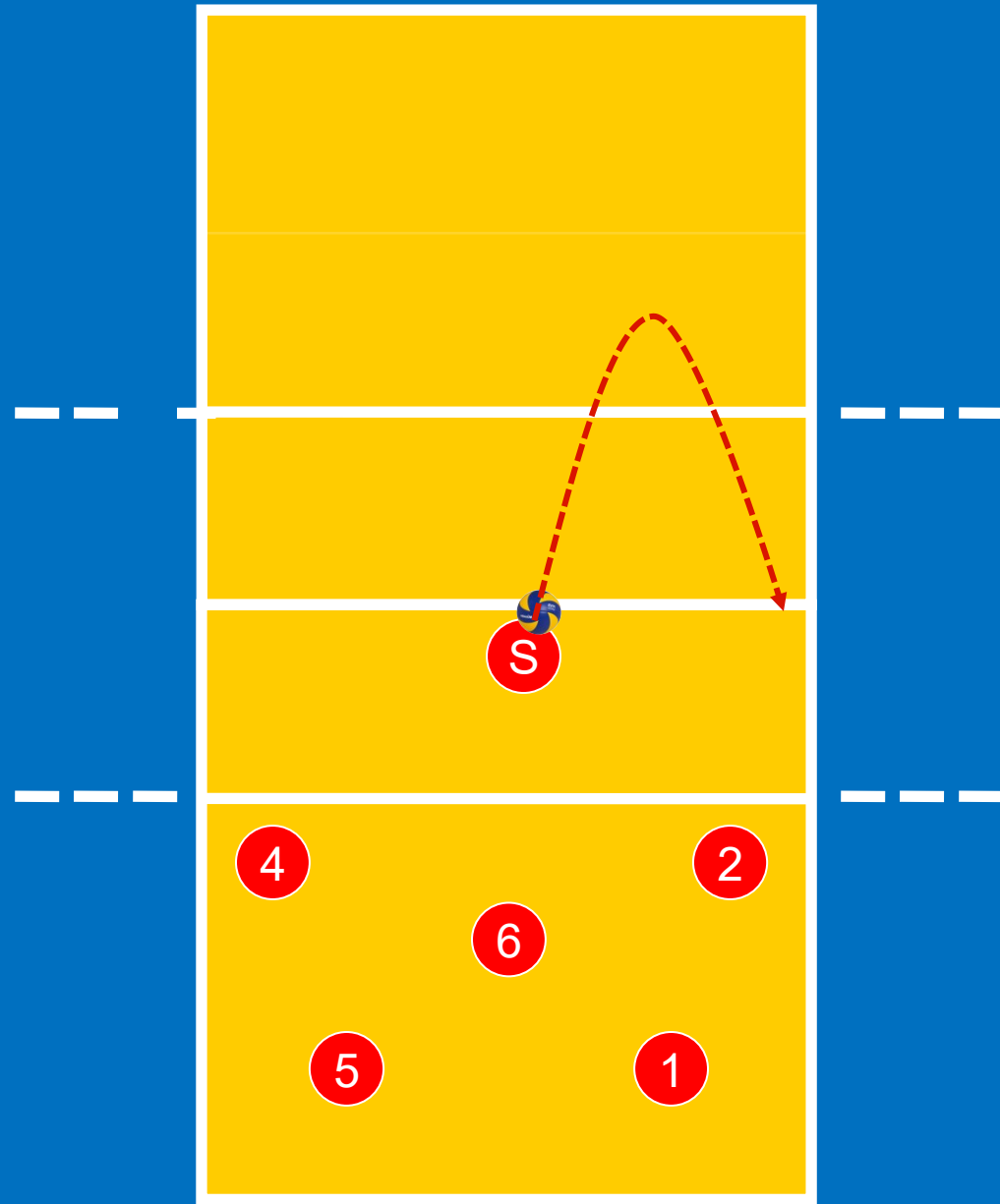
Positions of  
attack  
covering  
p4



System of  
attack  
covering  
1-2-3

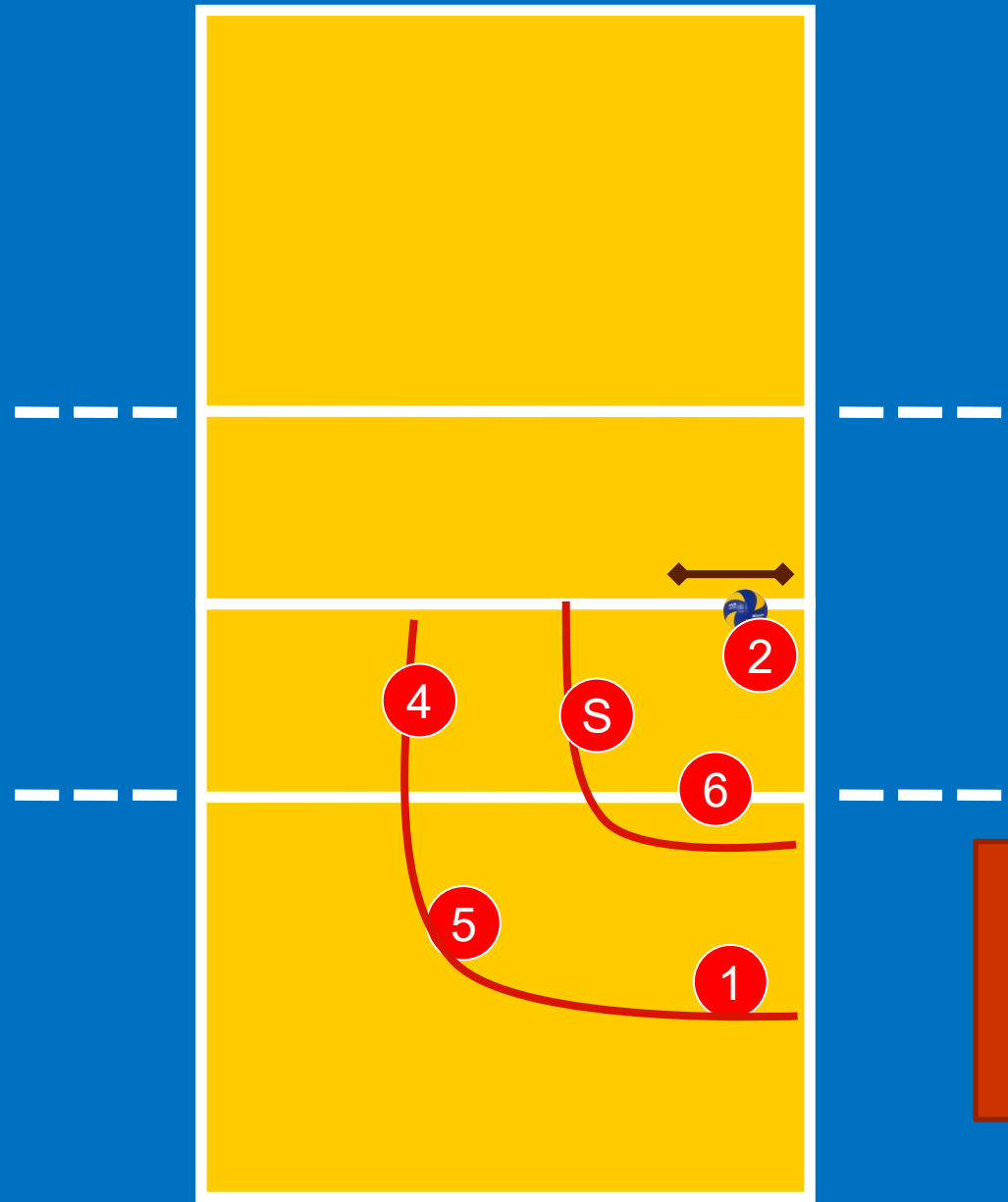
Offence system 6:6 setter p3 W shape receive formation  
Attack coverage in p2 after reception p6 ahead

3<sup>rd</sup> tempo  
attack



Offence system 6:6 setter p3 W shape receive formation  
Attack coverage in p2 after reception p6 ahead

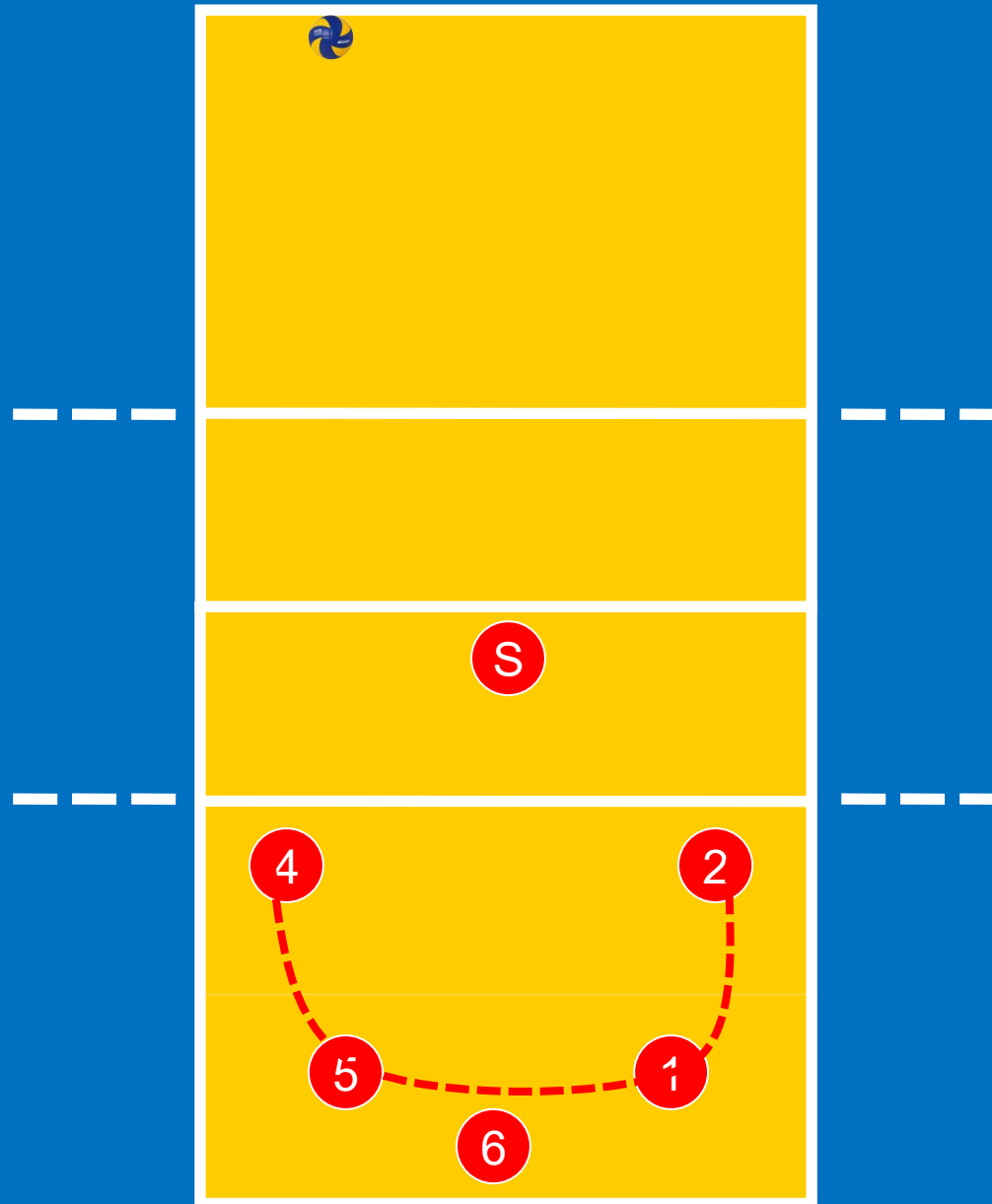
Positions of  
attack  
covering  
p2



System of  
attack  
covering  
1-2-3

# Offence system 6:6 setter p3

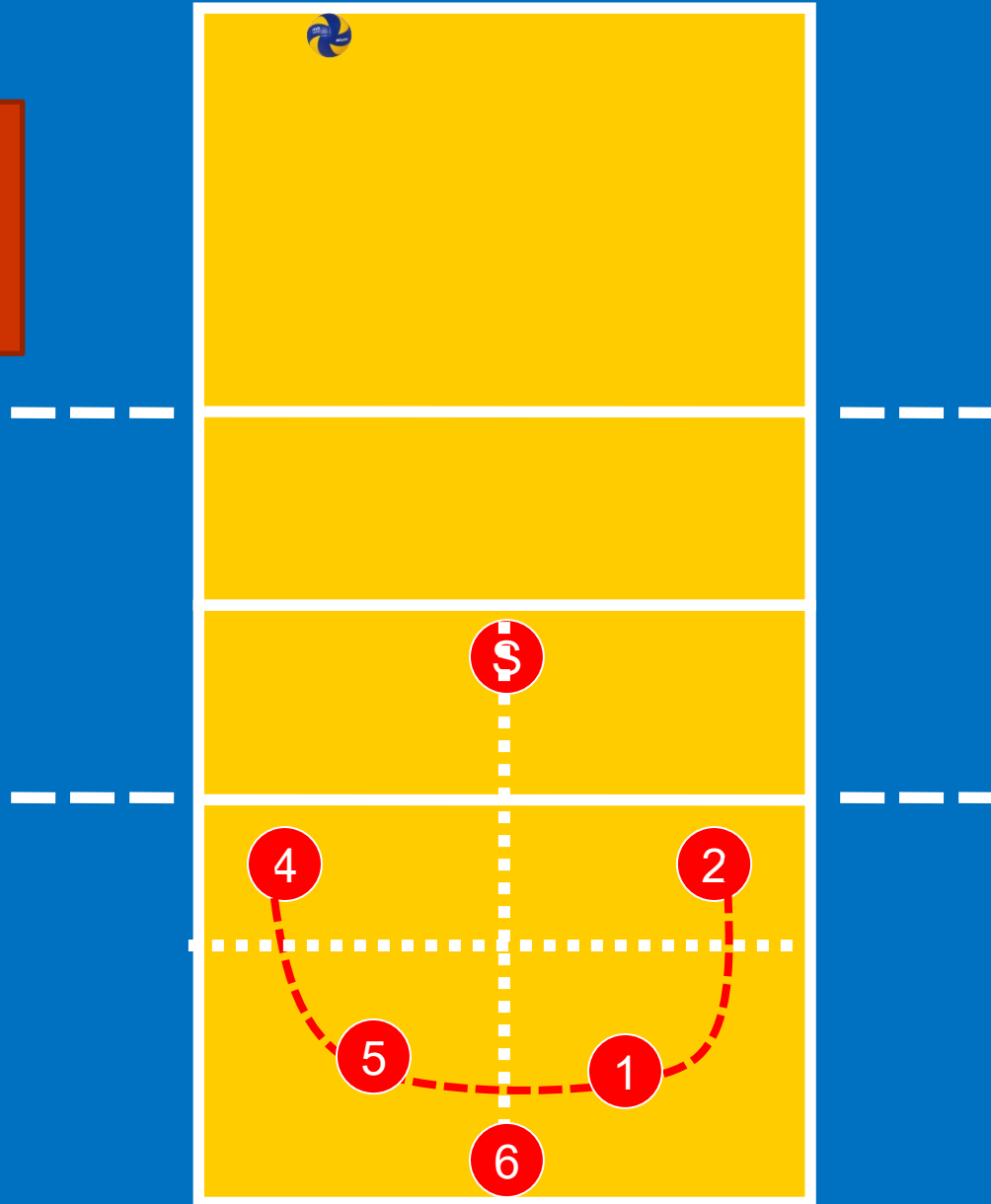
## U shape receive formation



# Offence system 6:6 setter p3

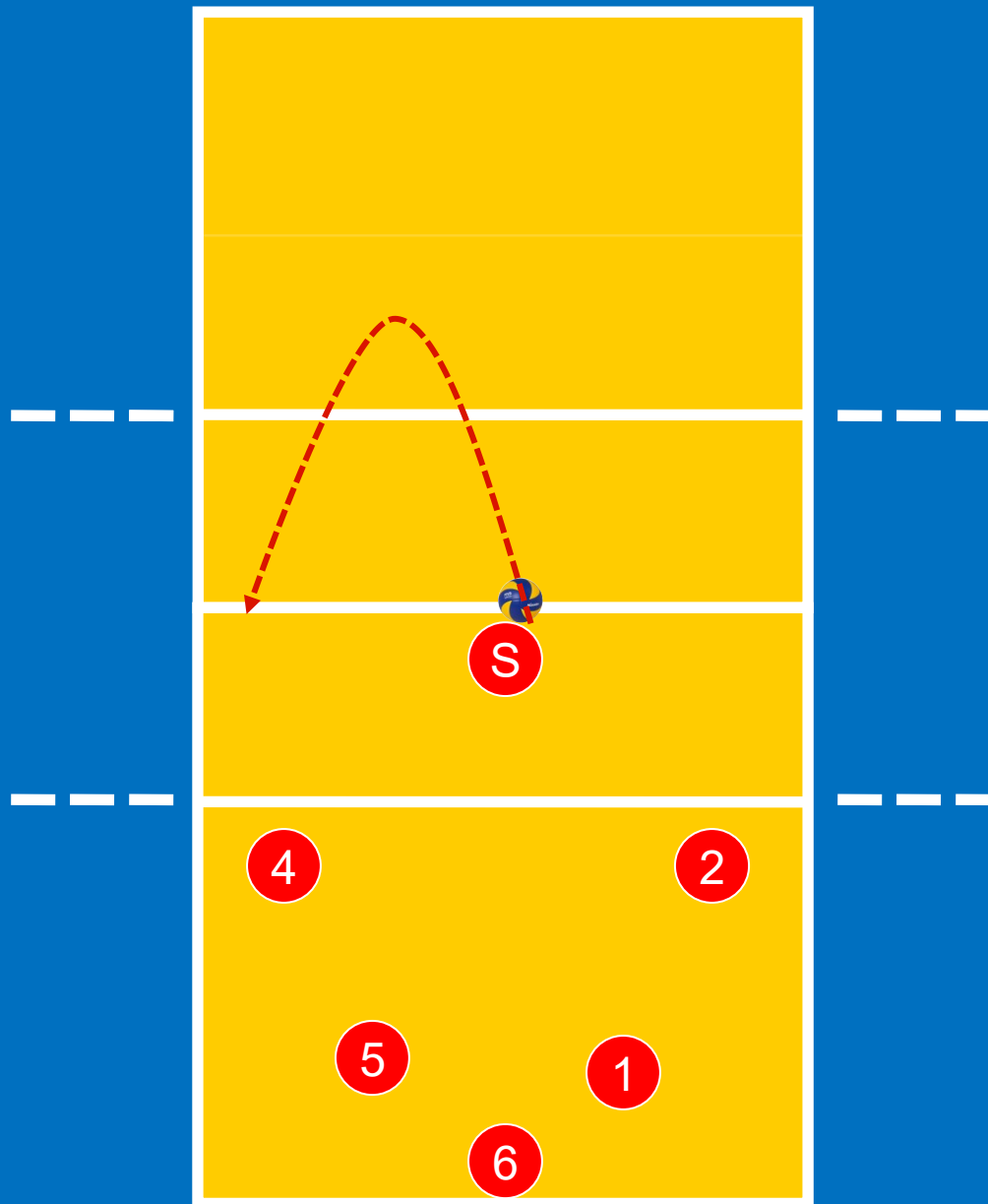
## U shape receive formation

Areas of responsibility



Offence system 6:6 setter p3 U shape receive formation  
Attack coverage in p2 after reception p6 back

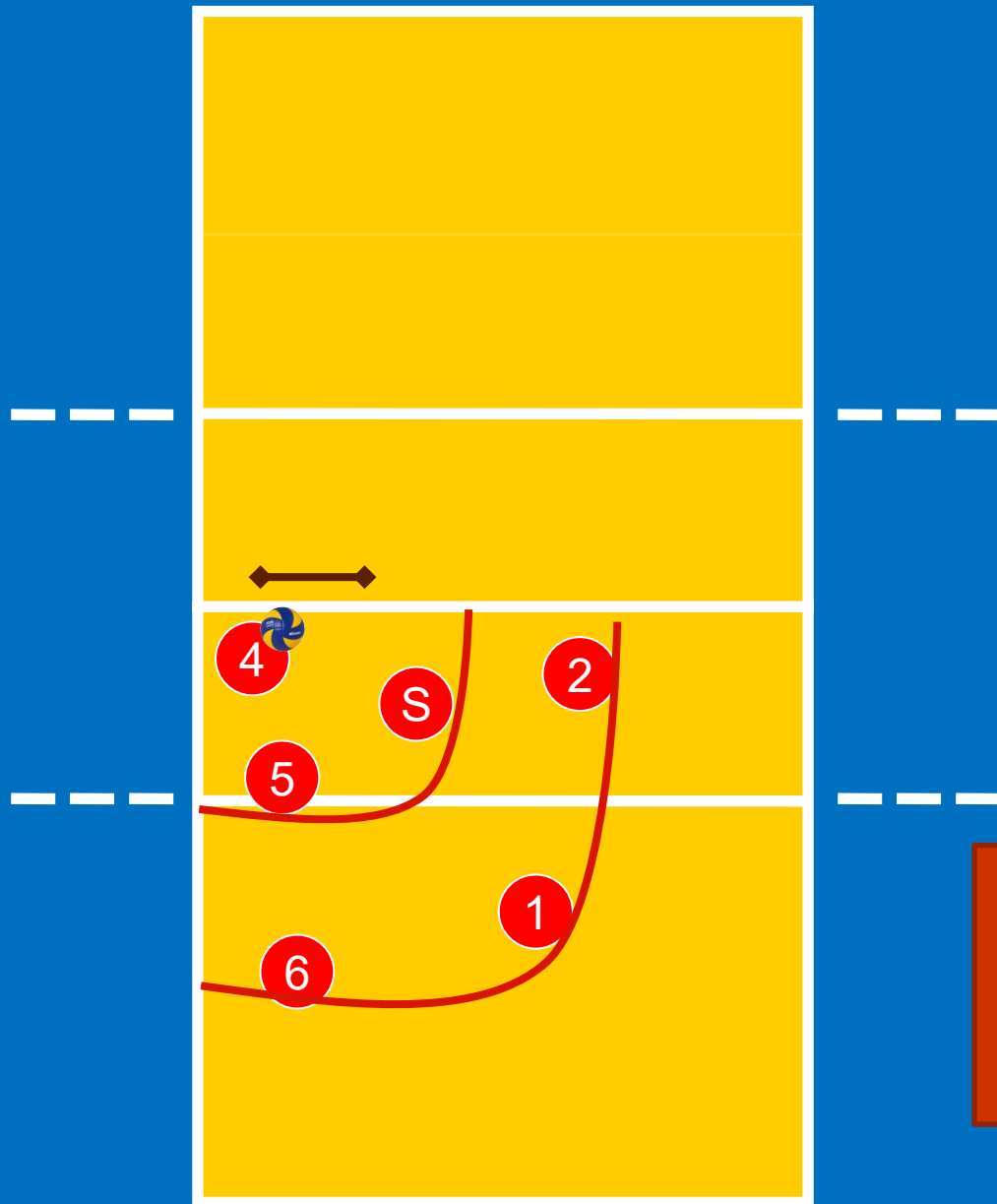
3<sup>rd</sup> tempo  
attack



# Offence system 6:6 setter p3 U shape receive formation

## Attack coverage in p2 after reception p6 back

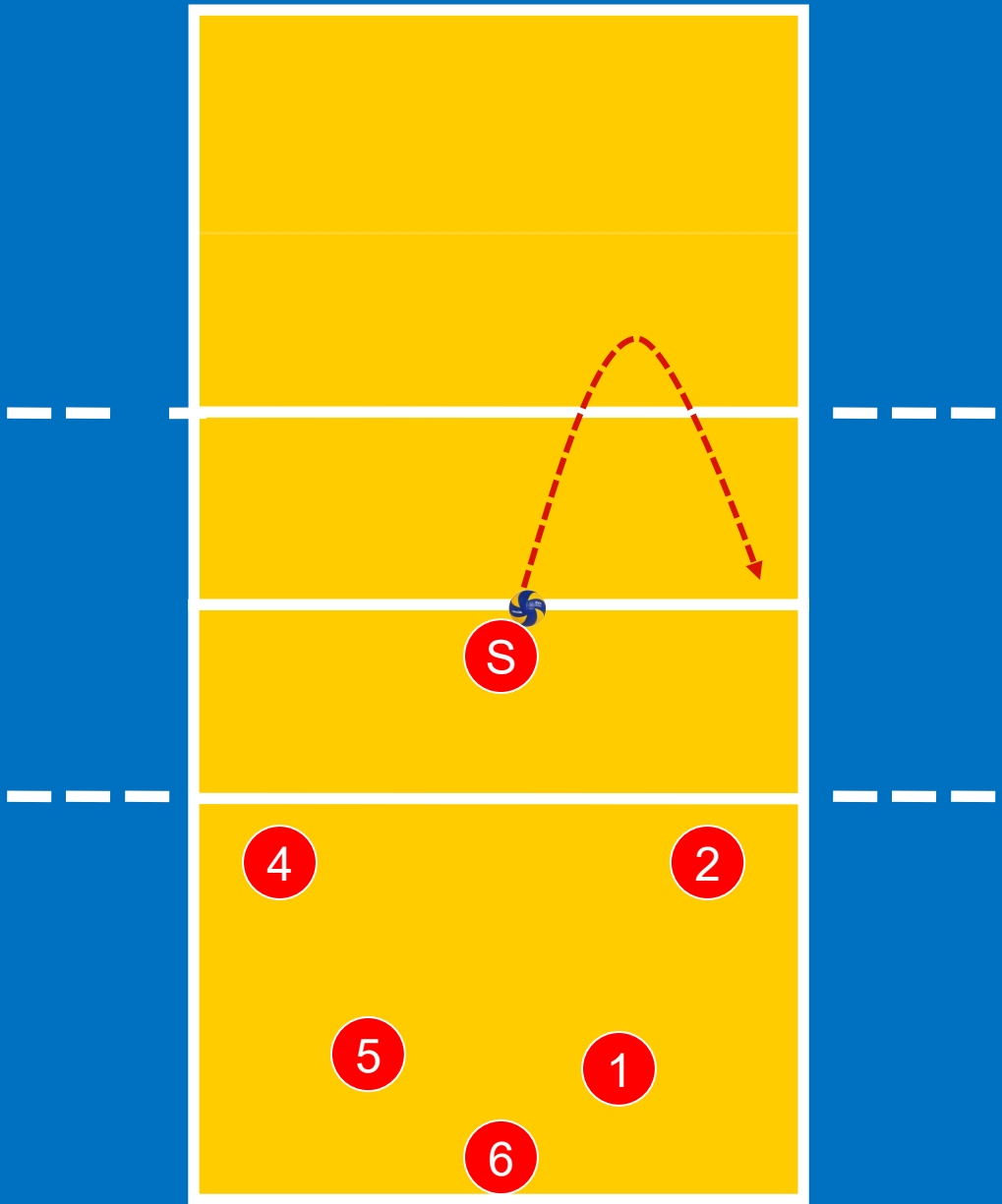
Positions of attack covering p4



System of attack covering 1-2-3

Offence system 6:6 setter p3 U shape receive formation  
Attack coverage in p2 after reception p6 back

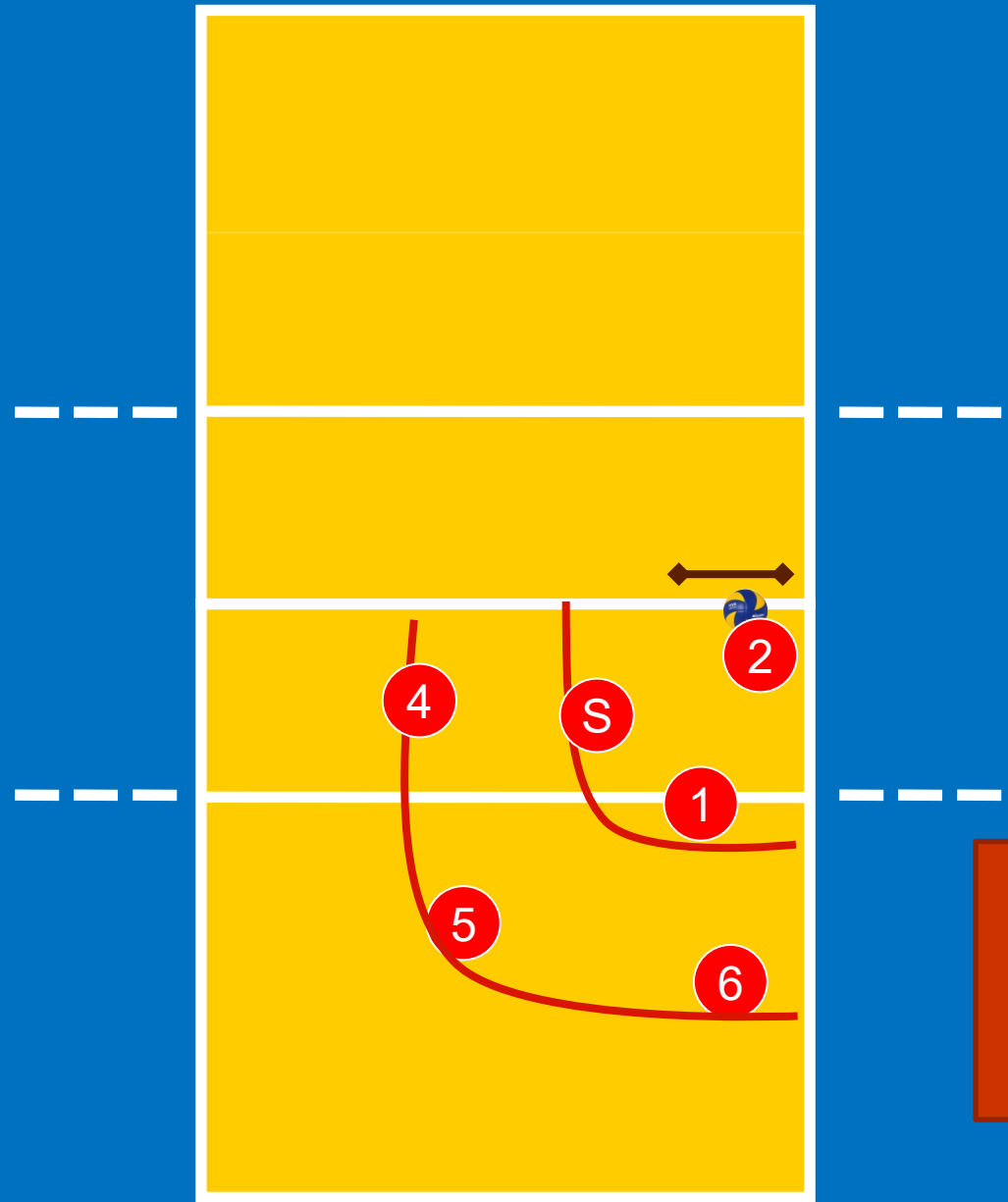
3<sup>rd</sup> tempo  
attack





# Offence system 6:6 setter p3 U shape receive formation Attack coverage in p2 after reception p6 back

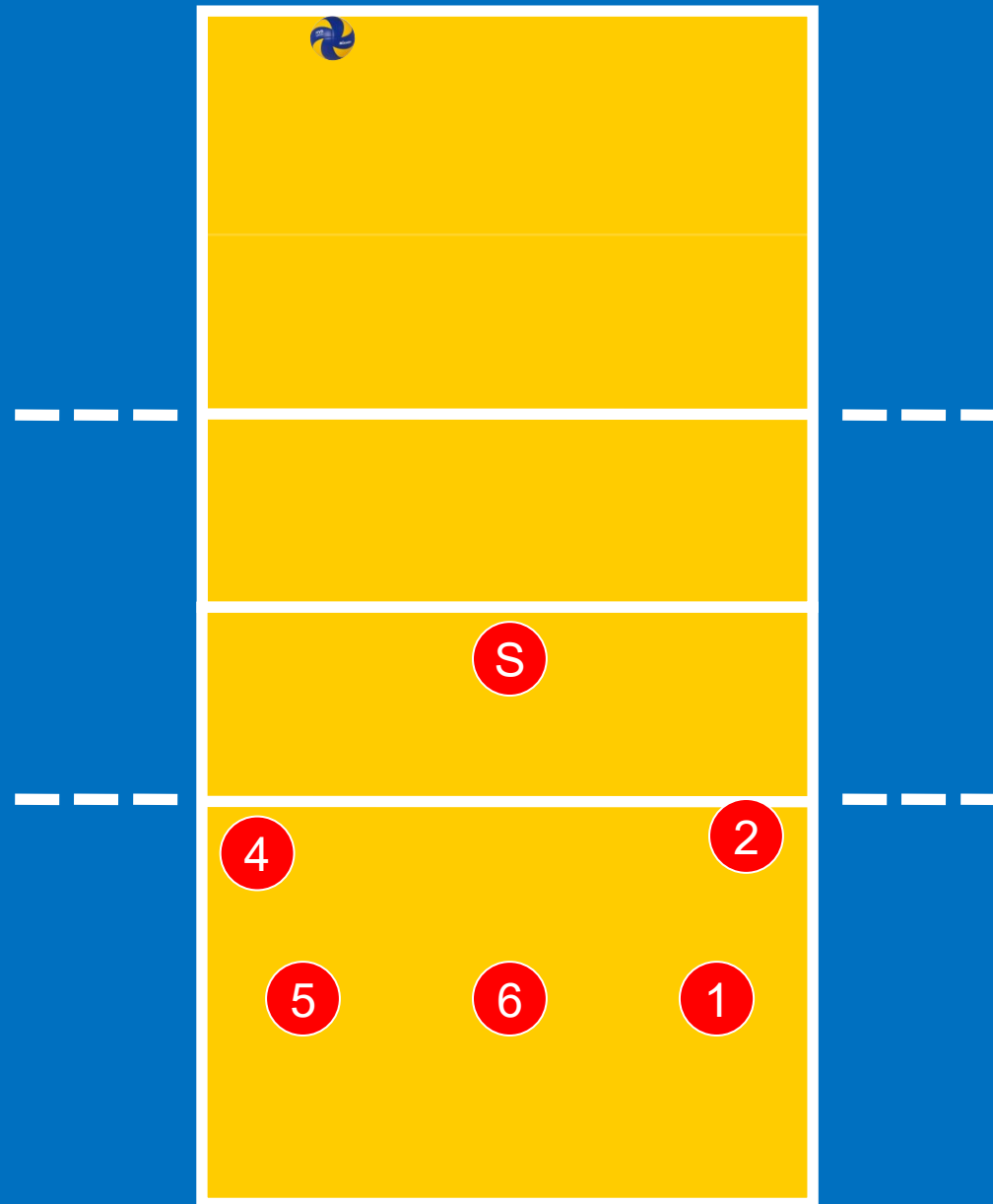
Positions of attack covering p2



System of attack covering 1-2-3

# Offence system 6:6 setter p3

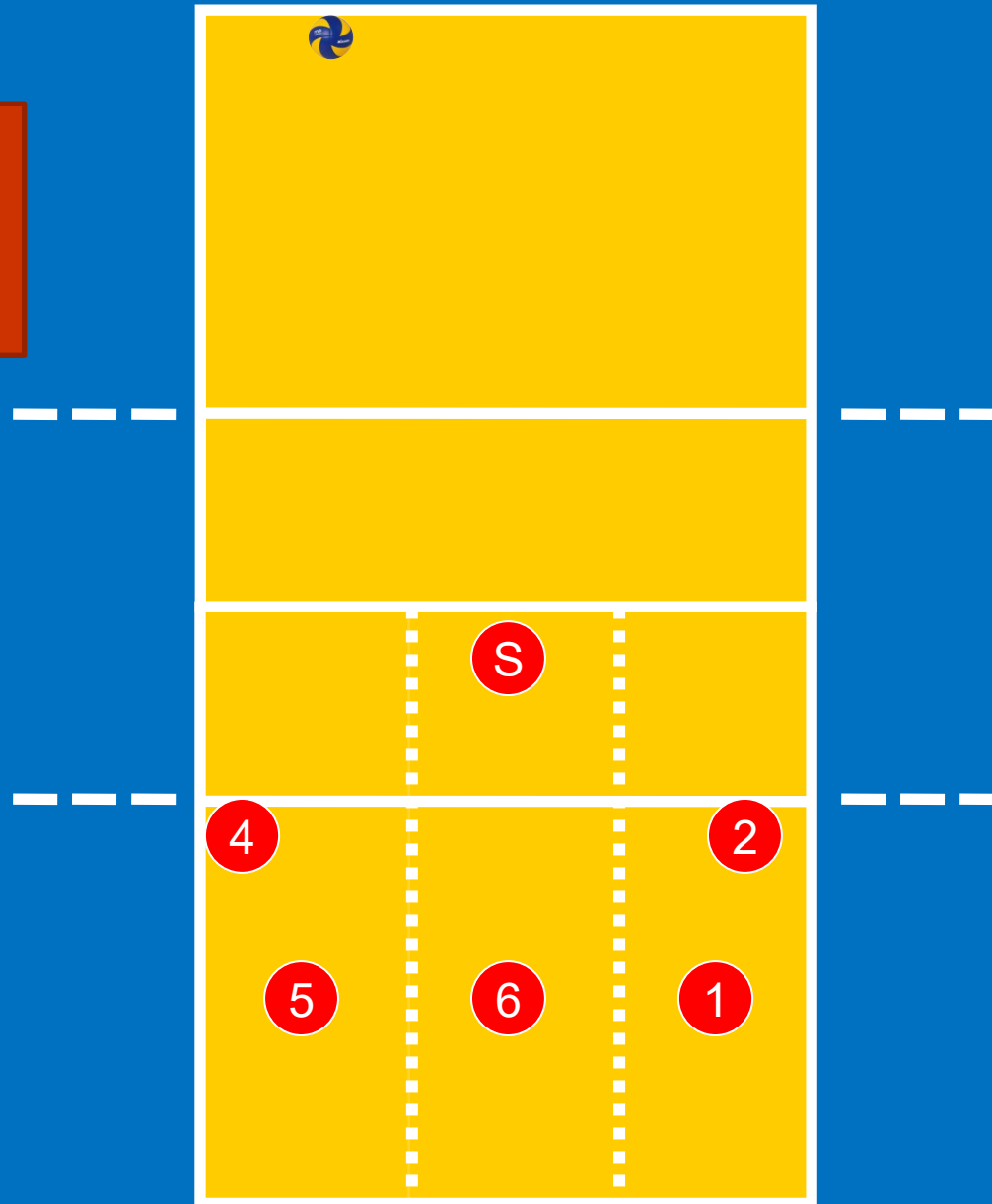
## Three-person receive formation



# Offence system 6:6 setter p3

## Three-person receive formation

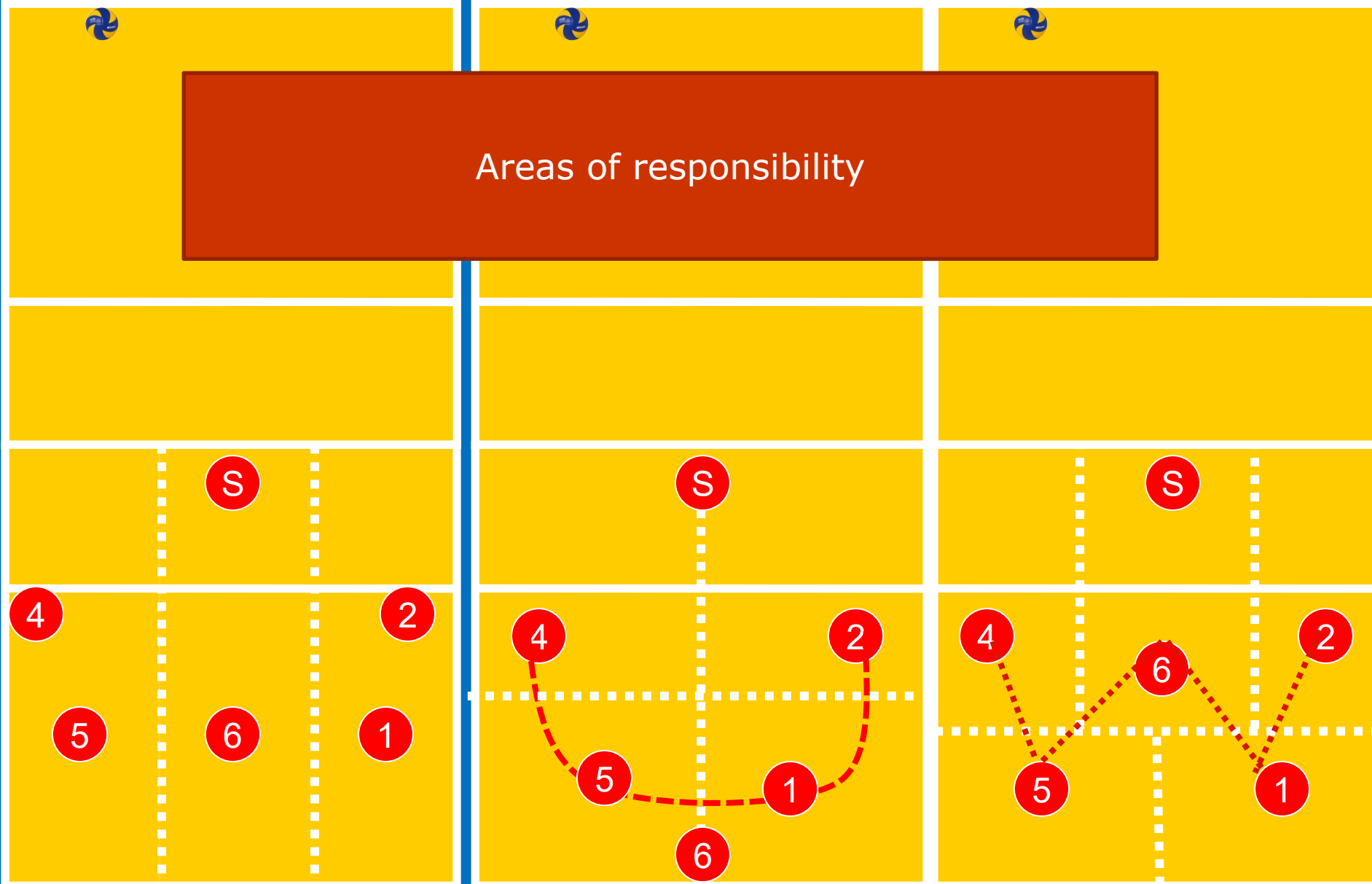
Areas of responsibility



# Offence system 6:6 setter p3

## Comparison among receive formations

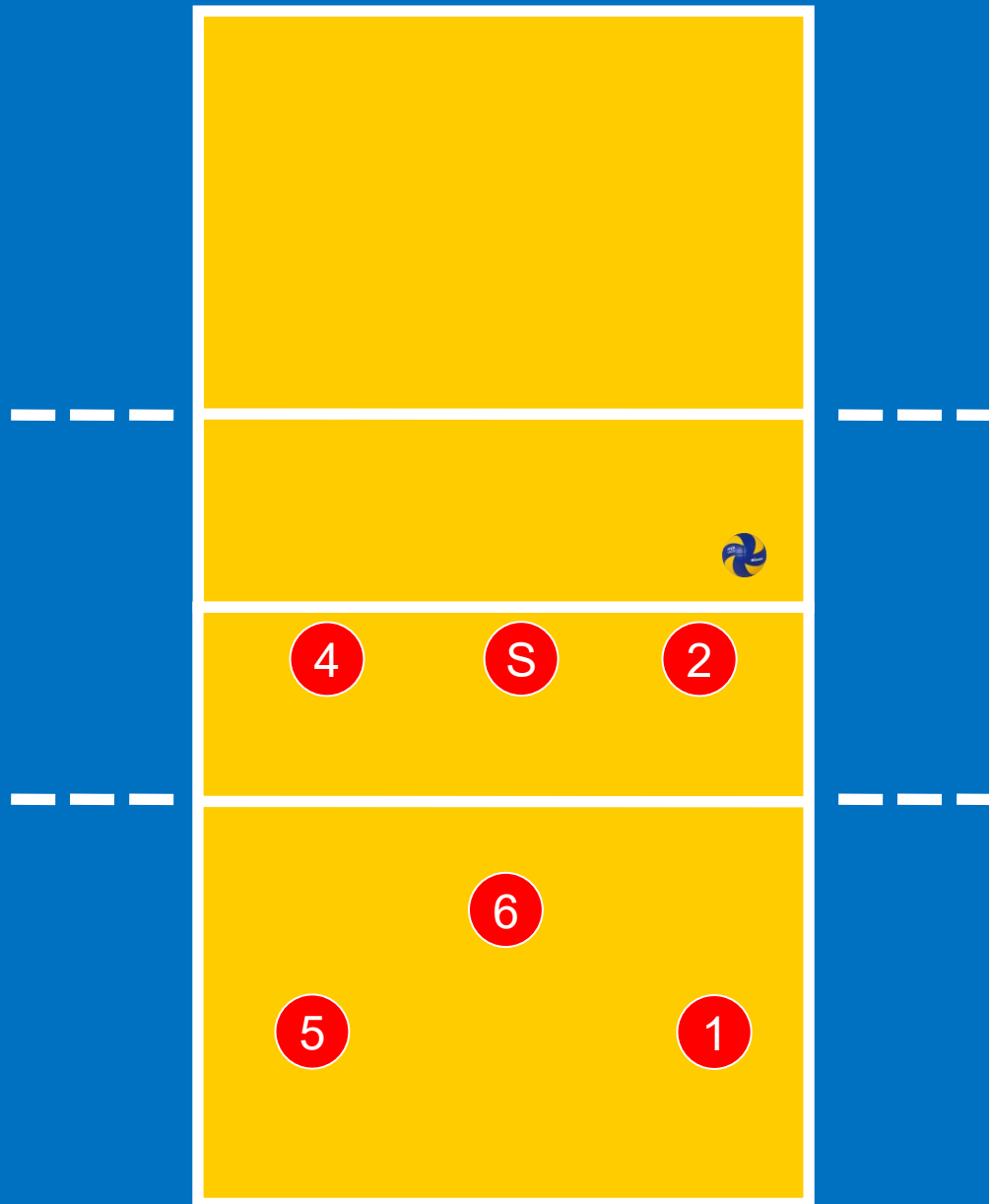
Areas of responsibility



# Offence system 6:6 setter p3

## Offensive formation vs attack p4 player of p6 ahead

Single  
block



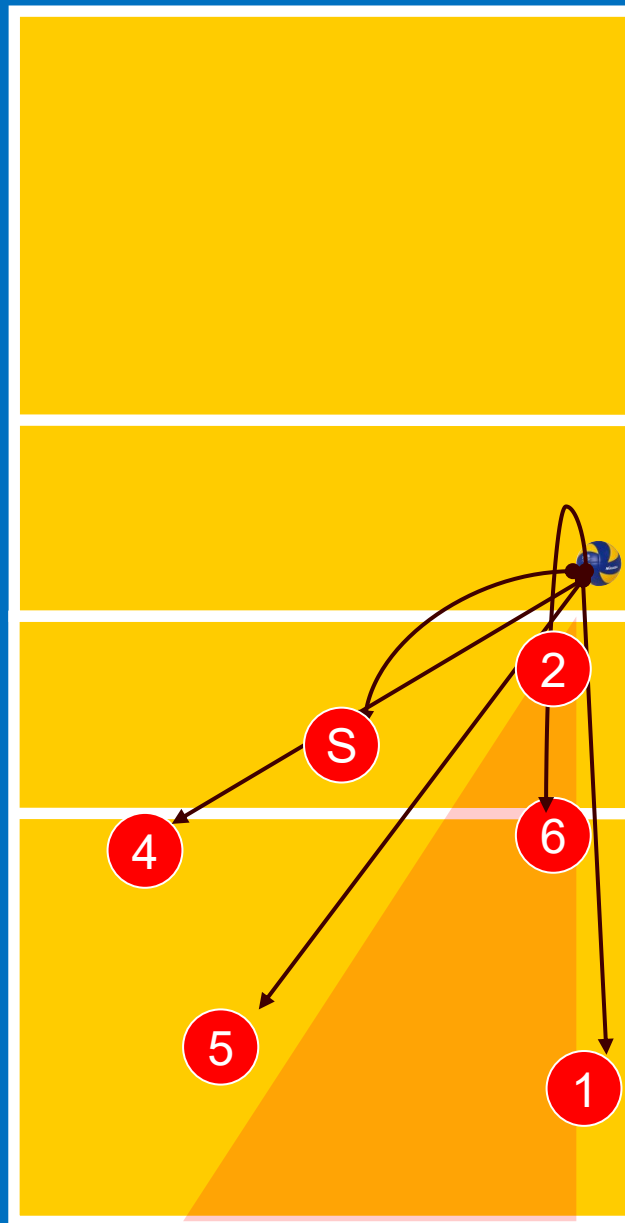
Starting  
positions  
Offensive  
formation  
p6 ahead

# Offence system 6:6 setter p3

## Offensive formation vs attack p4 player of p6 ahead

Single block

Alternative setter?

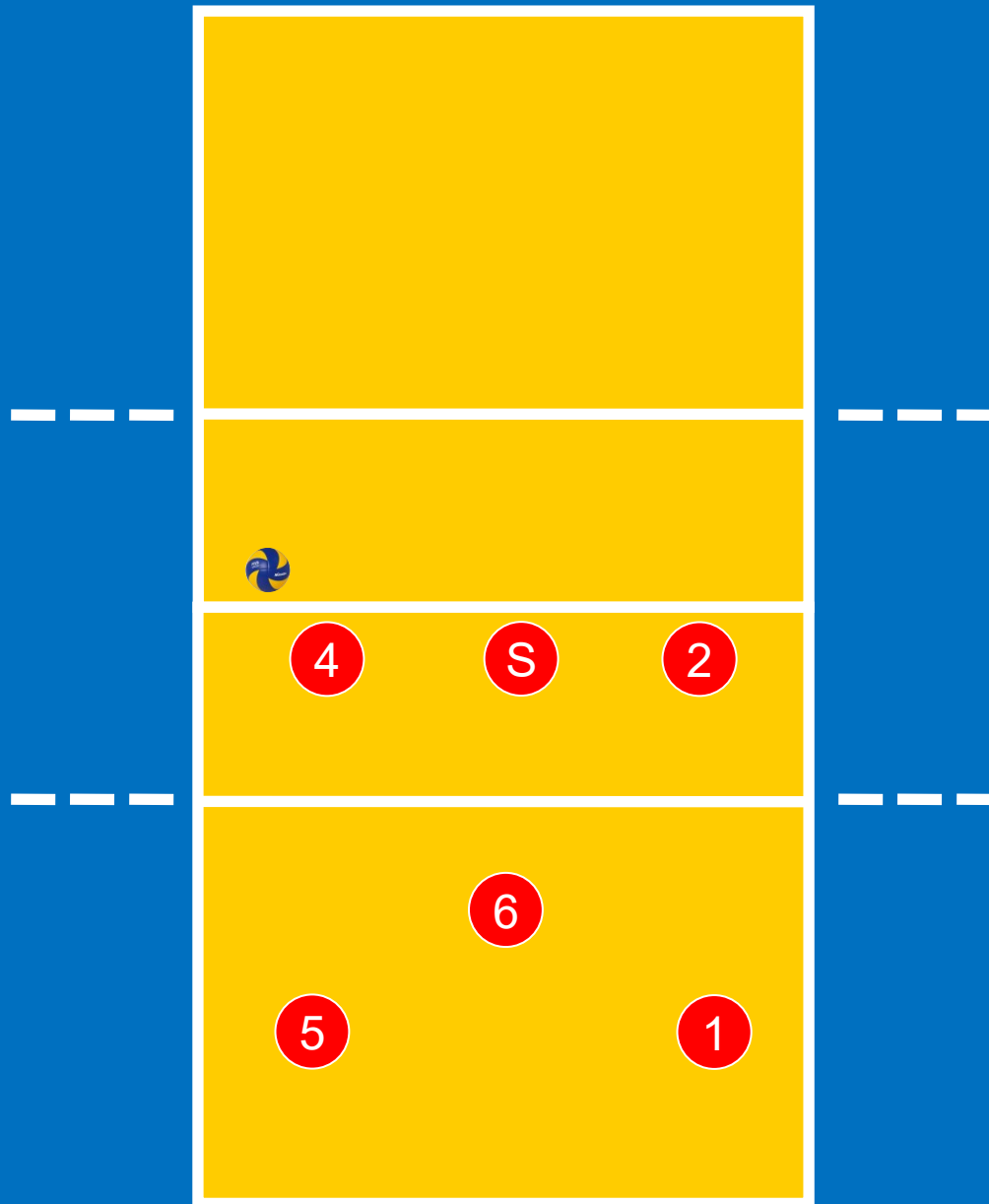


Starting positions  
Offensive formation  
p6 ahead

# Offence system 6:6 setter p3

## Offensive formation vs attack p2 player of p6 ahead

Single  
block



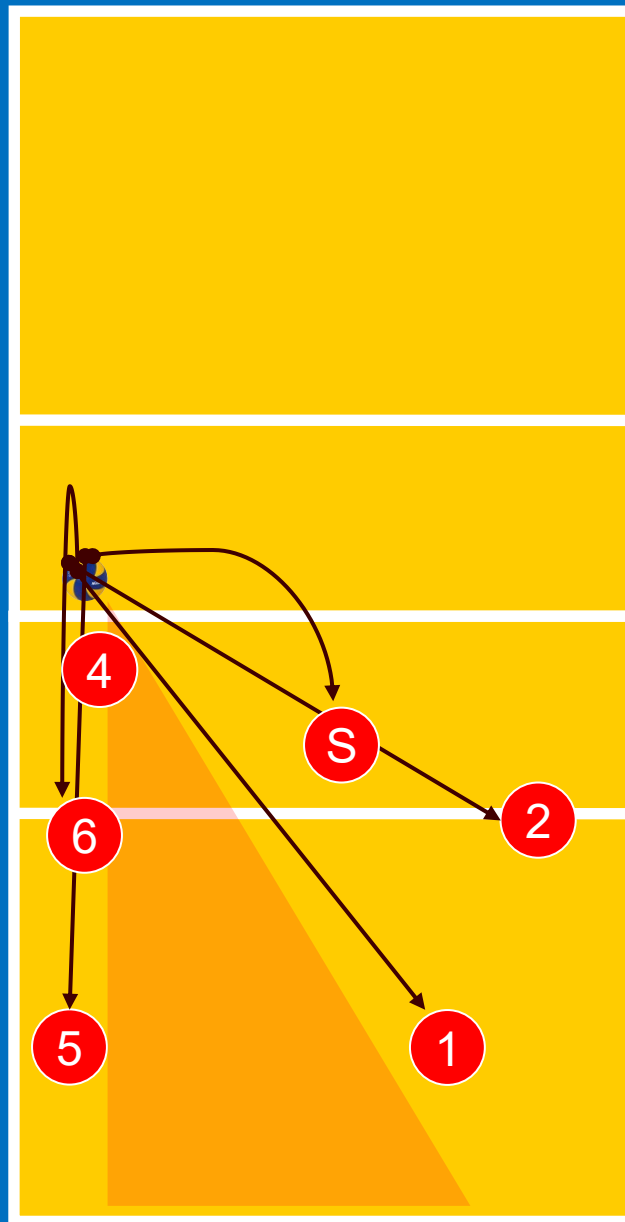
Starting  
positions  
Offensive  
formation  
p6 ahead

# Offence system 6:6 setter p3

## Offensive formation vs attack p2 player of p6 ahead

Single  
block

Alternative  
setter?



Starting  
positions  
Offensive  
formation  
p6 ahead

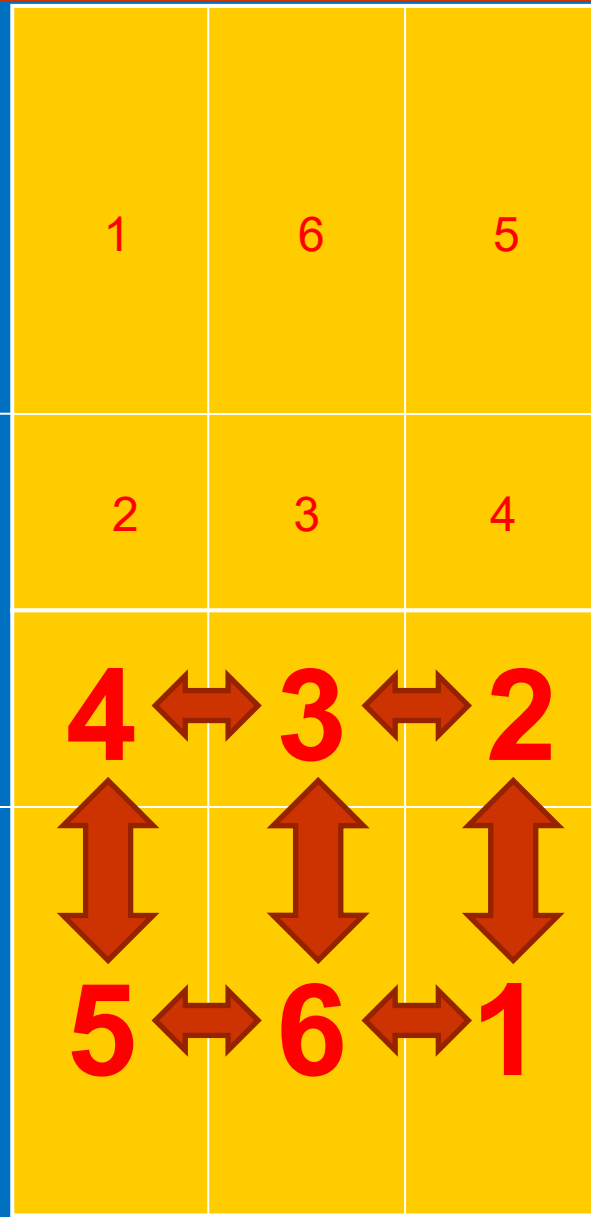
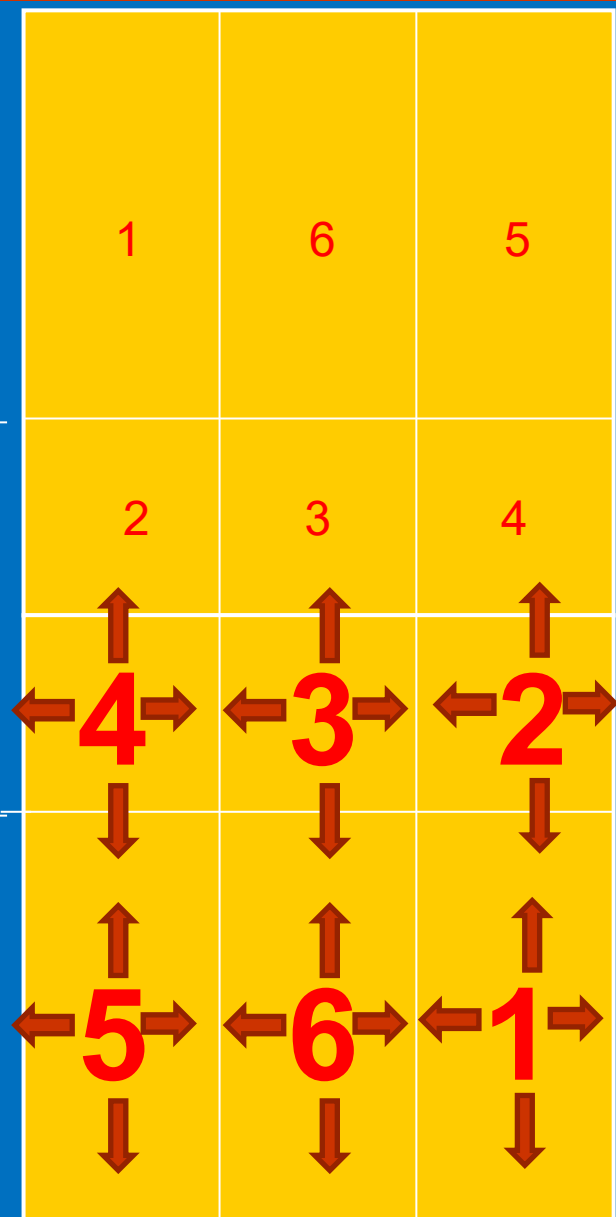


# RECEIVE FORMATIONS

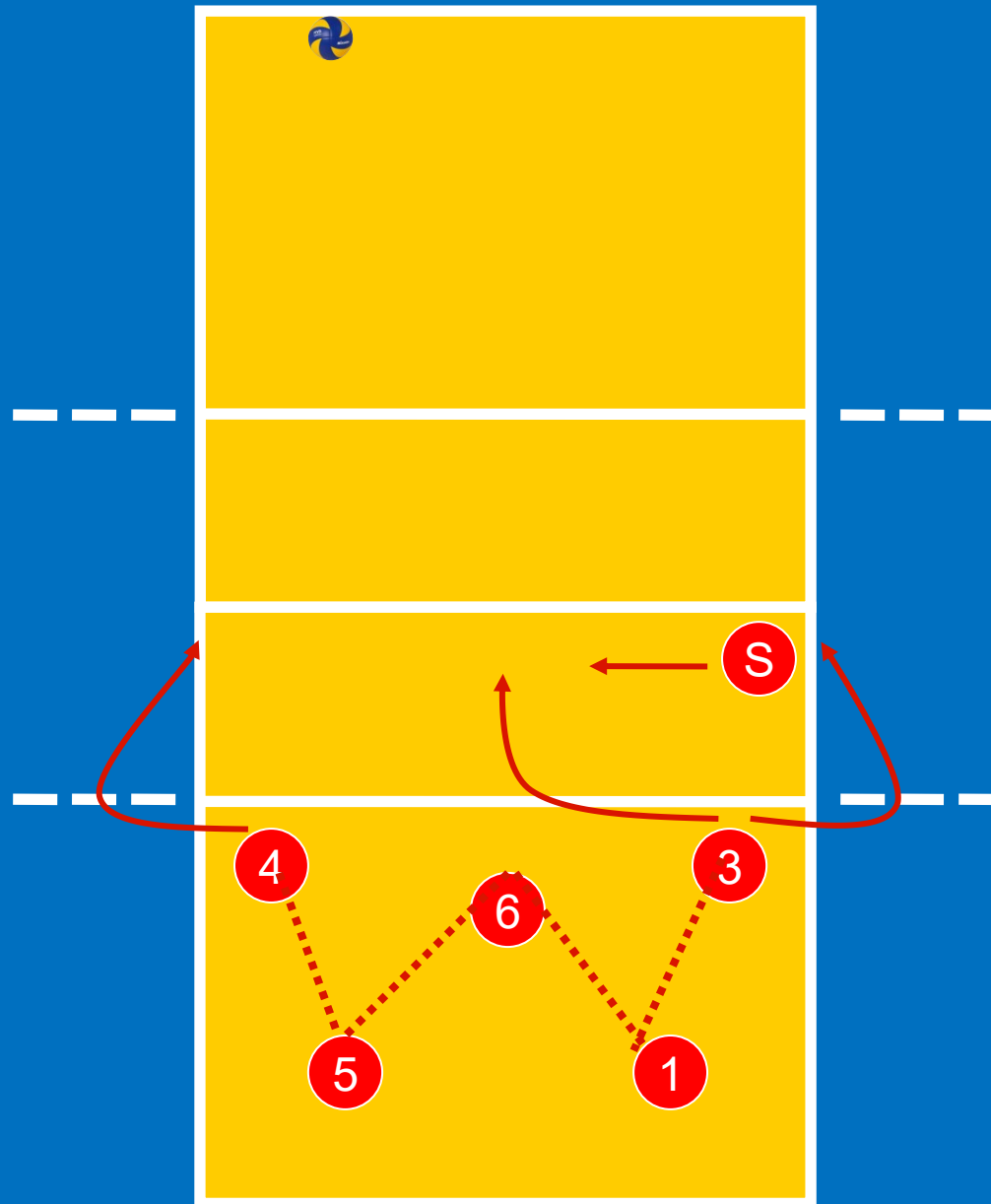
## OFFENSIVE SYSTEM 6:6 SETTER P3

LESSONS 10-12

# Volleyball regulation Positions Positional fault

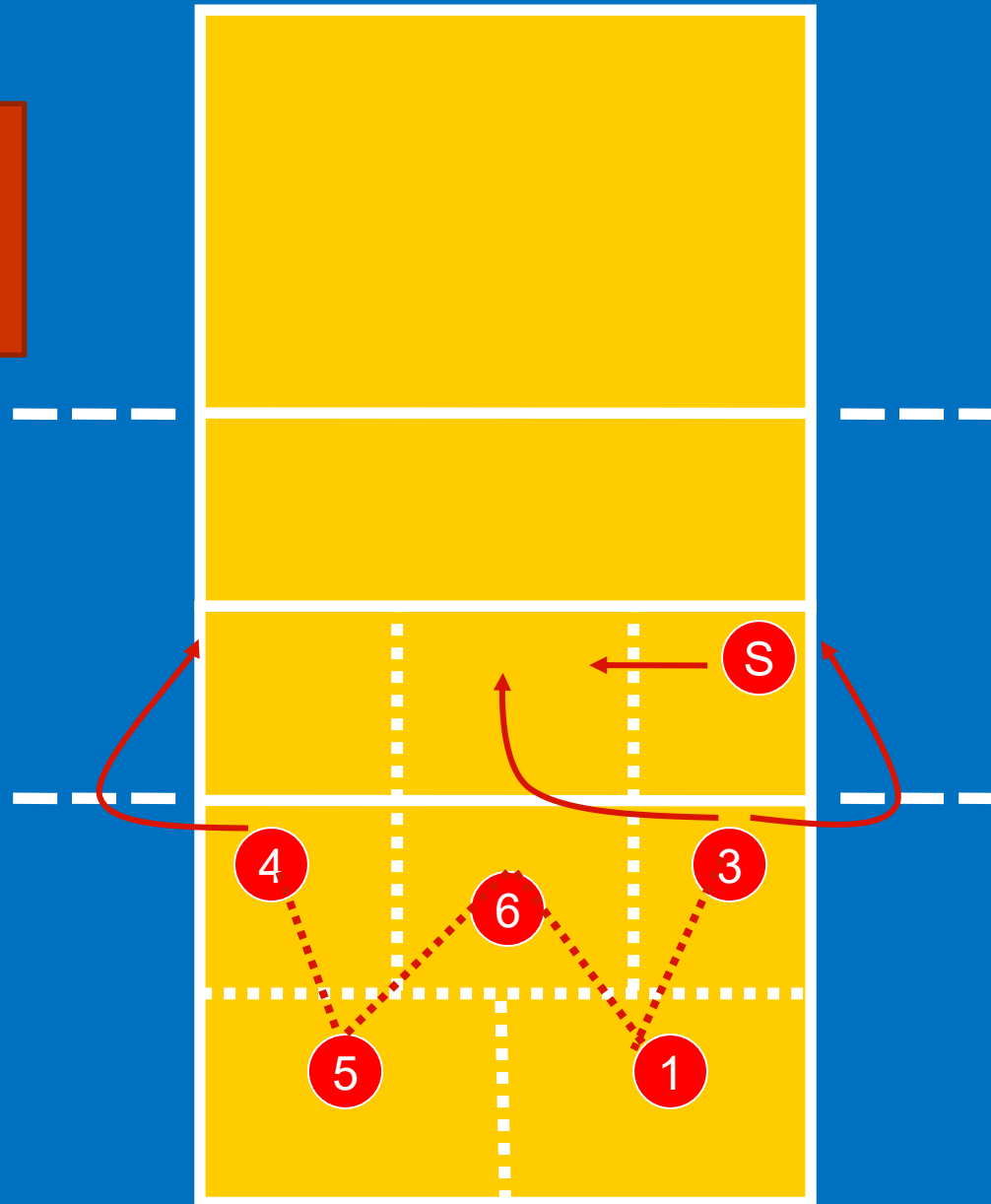


# Offence system 6:6 setter p2 W shape receive formation



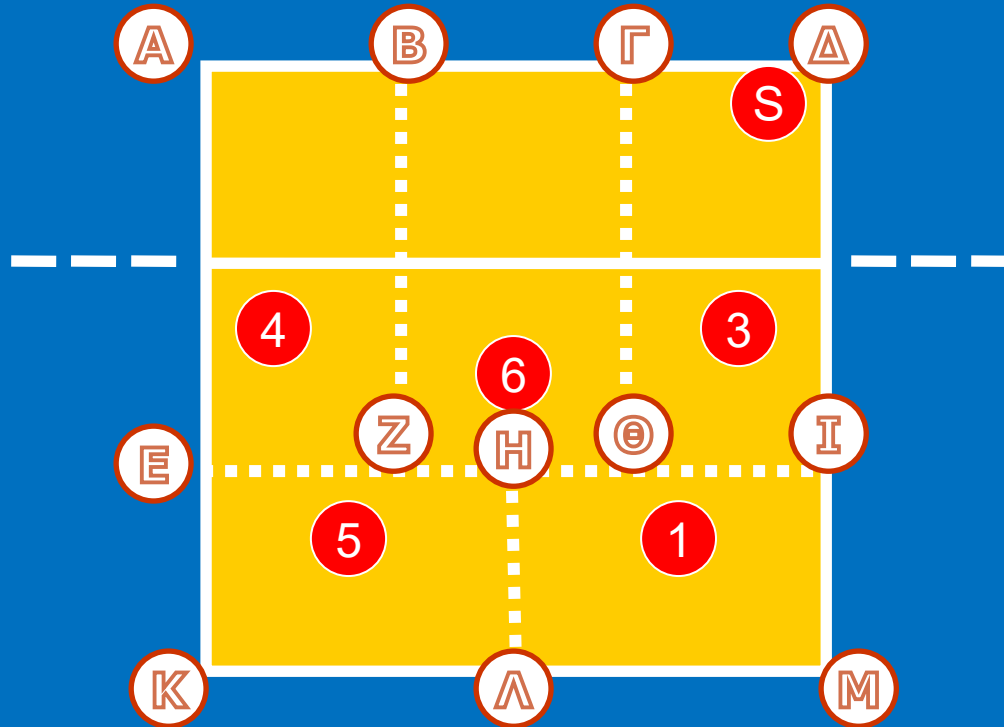
# Offence system 6:6 setter p2 W shape receive formation

Areas of responsibility



# Offence system 6:6 setter p2

## W shape receive formation



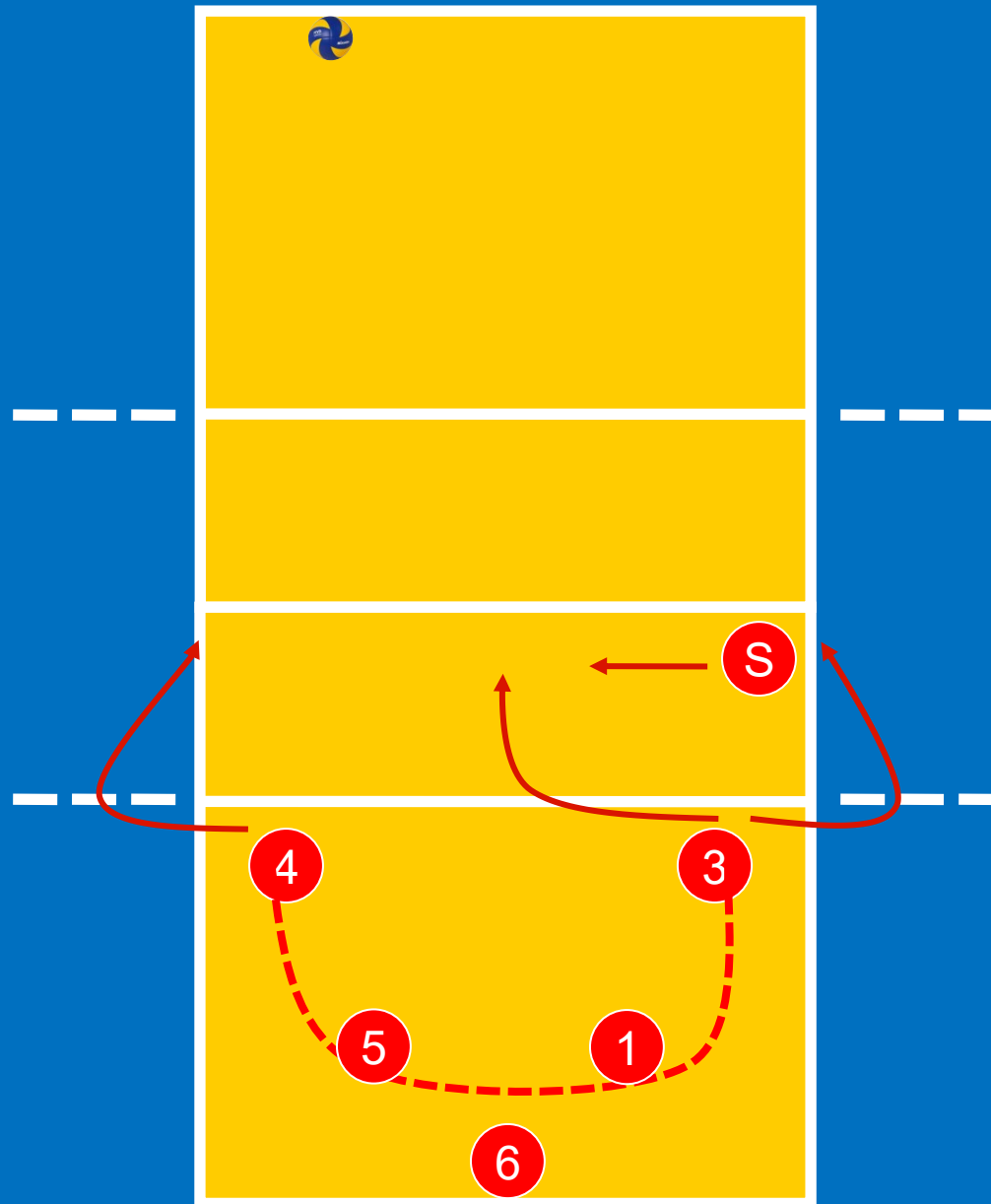
Areas of  
responsibility  
in m<sup>2</sup>

$$ABZE = B\Gamma\Theta Z = \Gamma\Delta H\Theta = ?$$

$$EH\Lambda K = H\text{I}\text{M}\Lambda = ?$$

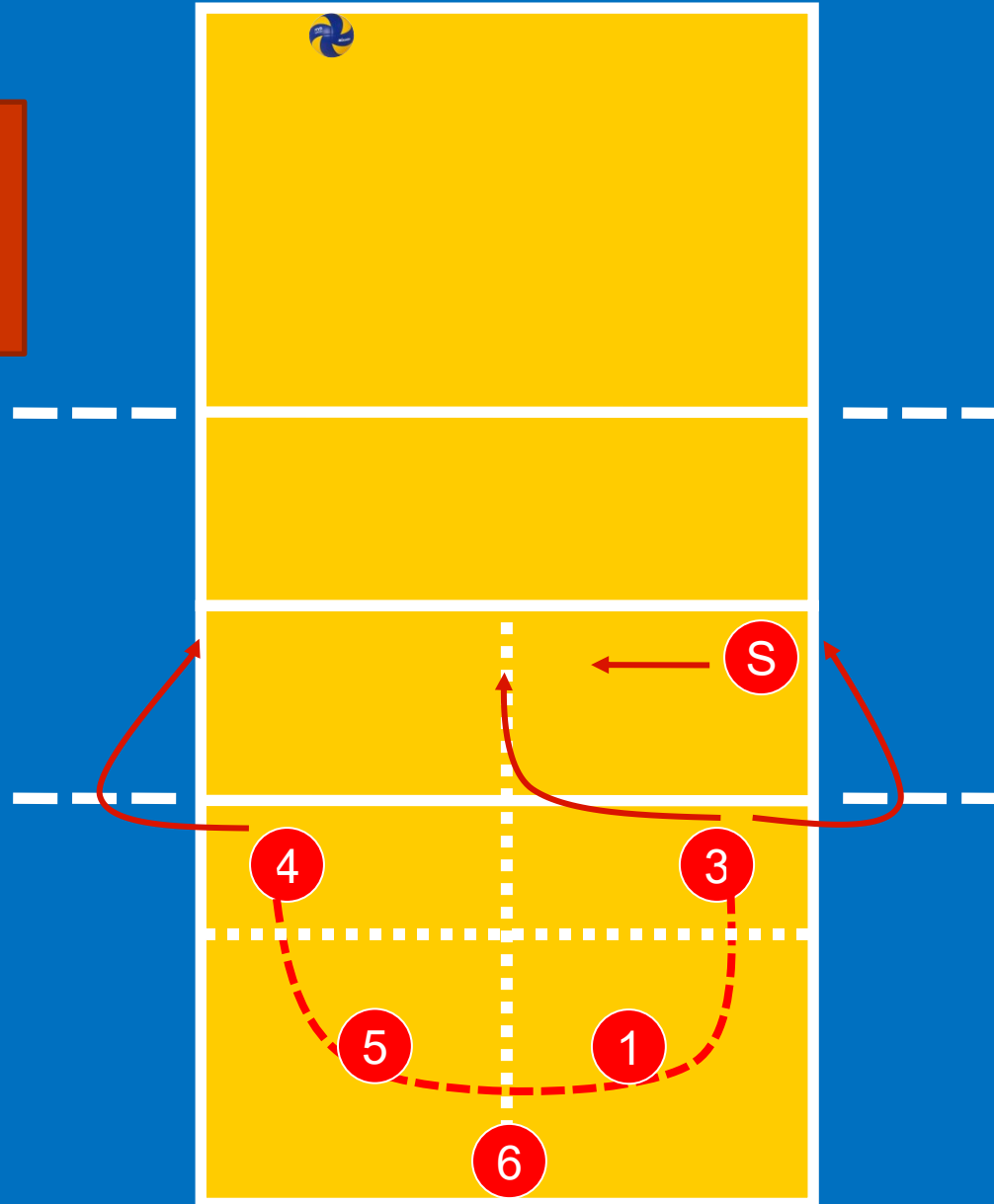


# Offence system 6:6 setter p3 W shape receive formation



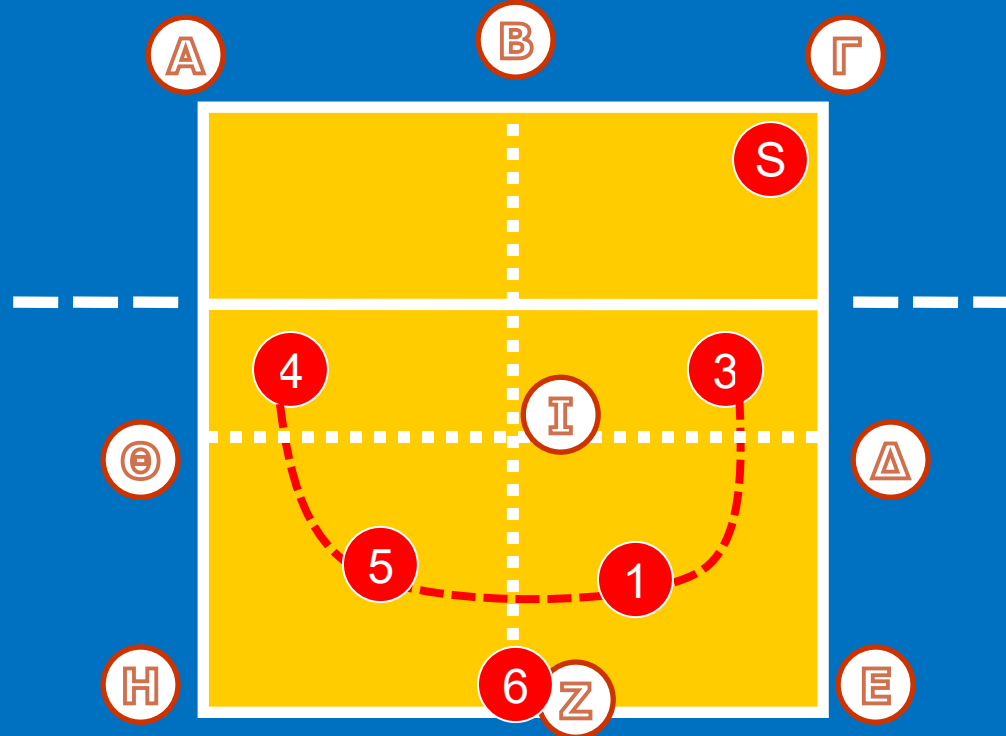
# Offence system 6:6 setter p3 W shape receive formation

Areas of responsibility



# Offence system 6:6 setter p3

## U shape receive formation



Areas of  
responsibility  
in m<sup>2</sup>

$$ABI\Theta = B\Gamma\Delta I = \Delta I Z E = ZI\Theta H = ?$$

Is there any better option?

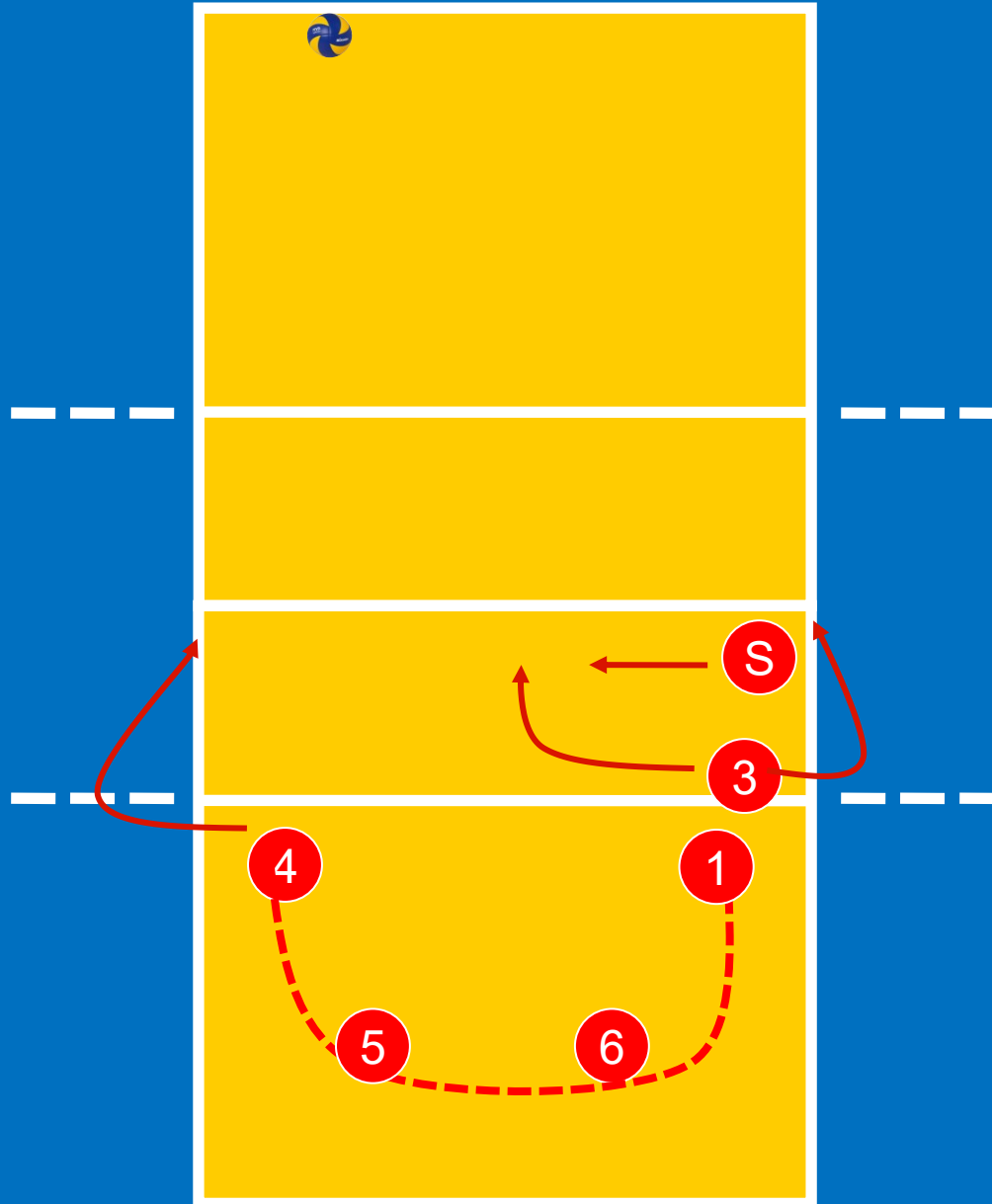




# Offence system 6:6 setter p3

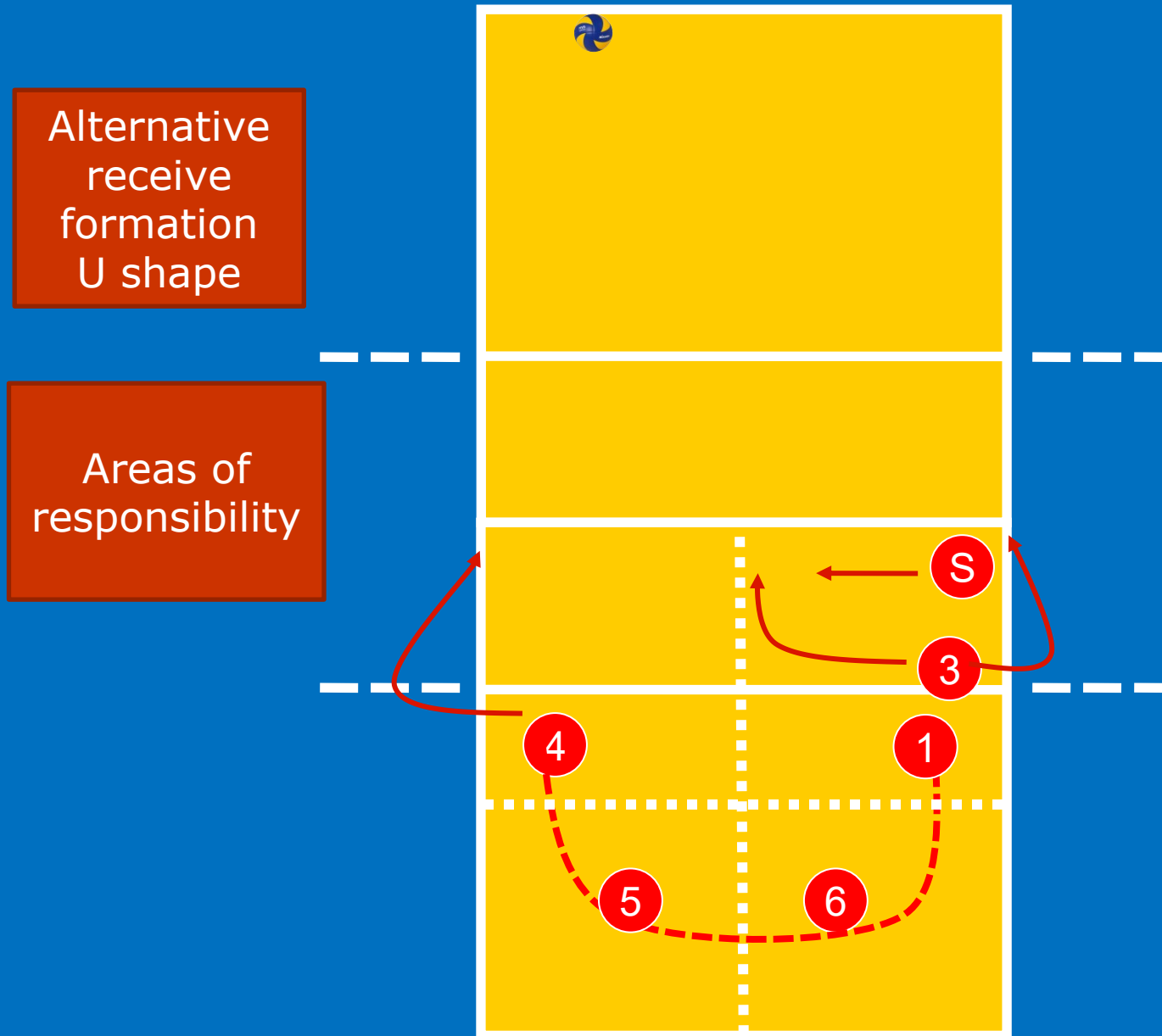
## U shape receive formation

Alternative  
receive  
formation  
U shape



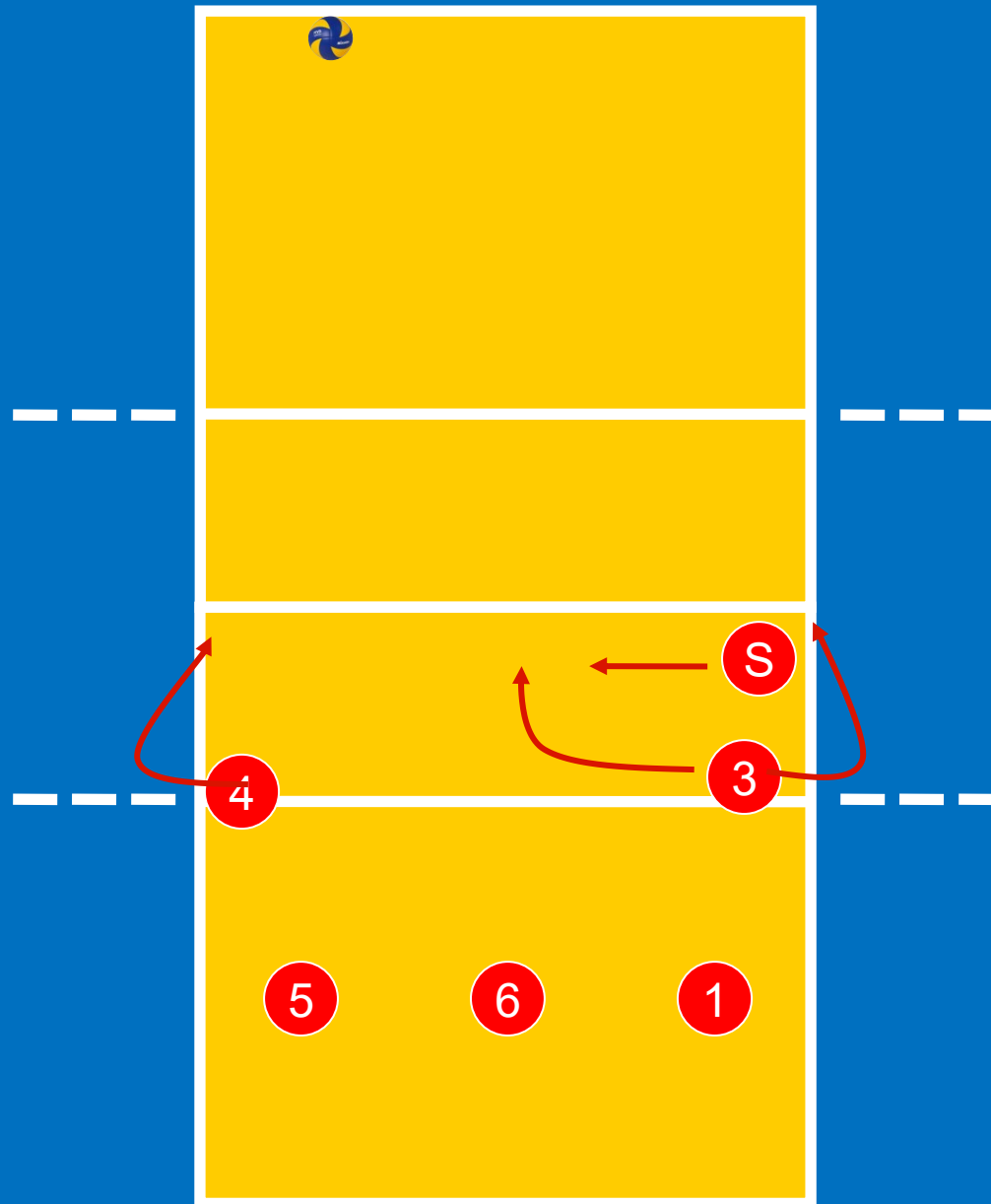
# Offence system 6:6 setter p3

## U shape receive formation



# Offence system 6:6 setter p2

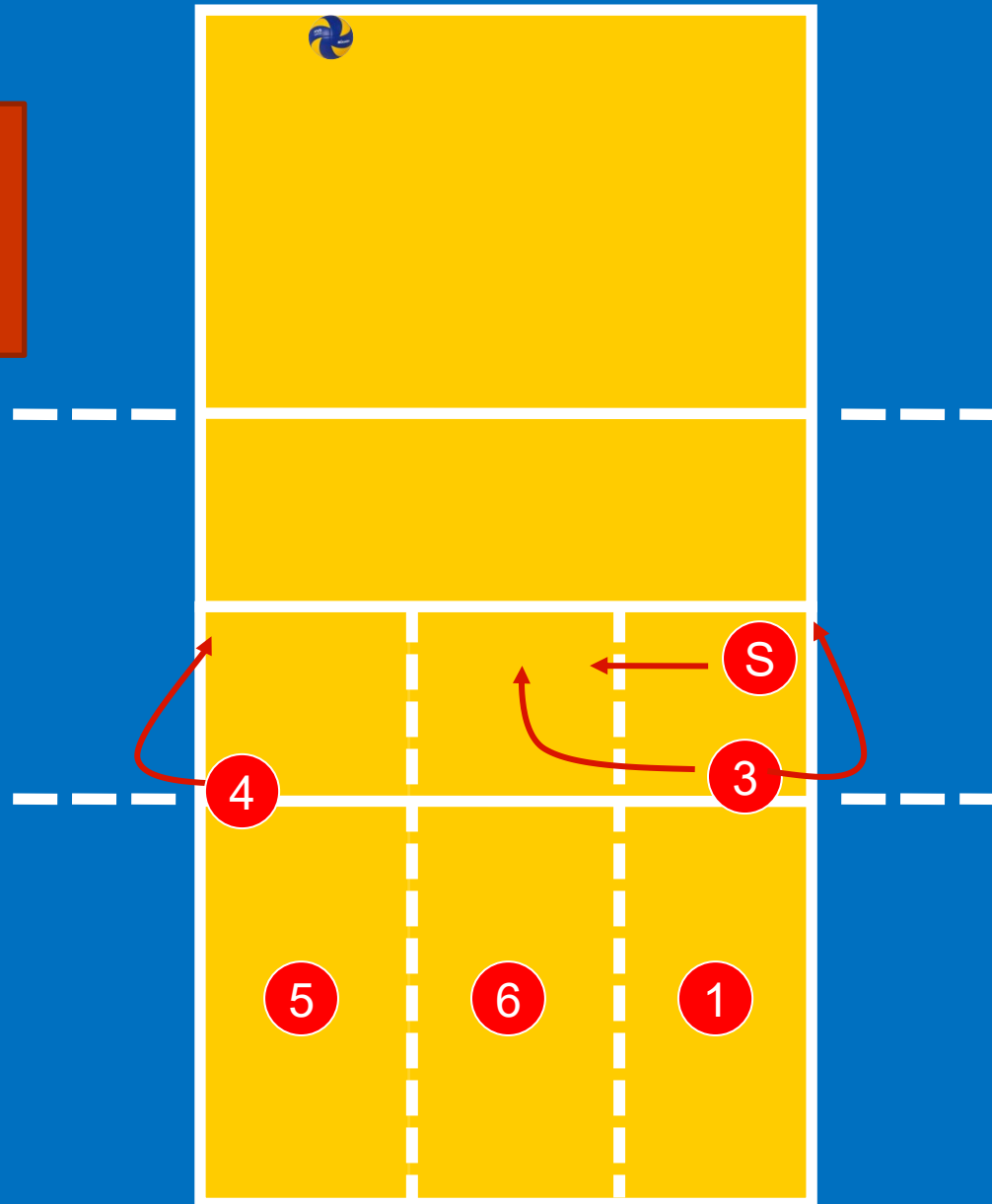
## Three-person receive formation



# Offence system 6:6 setter p2

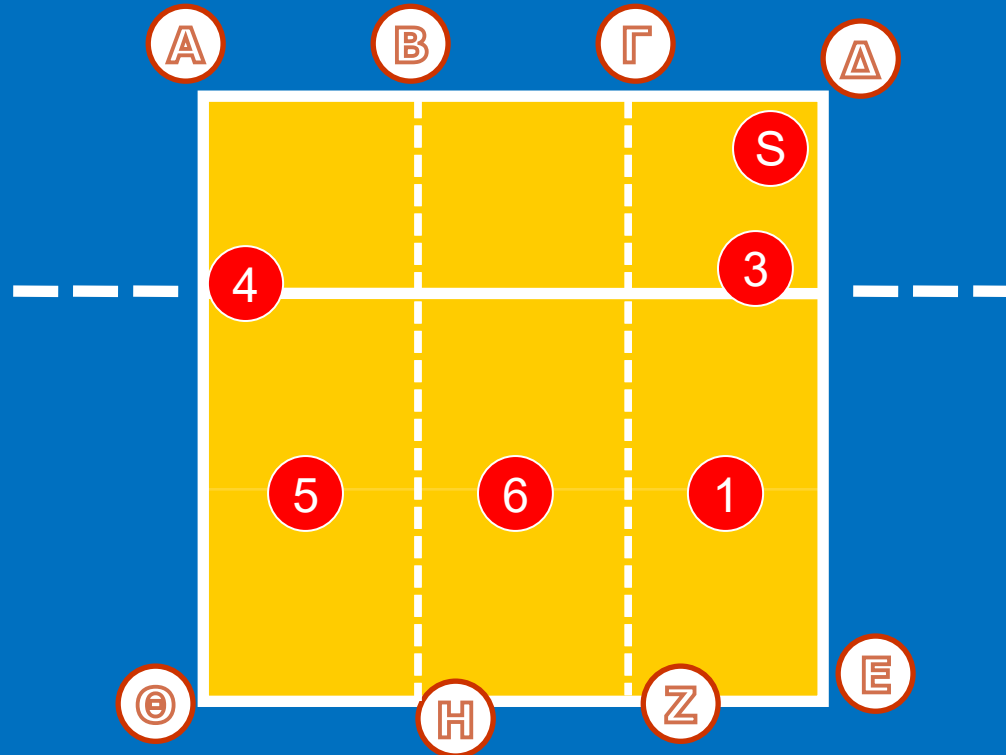
## Three-person receive formation

Areas of responsibility



# Offence system 6:6 setter p2

## Three-person receive formation



Areas of  
responsibility  
in m<sup>2</sup>

$$ABH\Theta = B\Gamma ZH = \Gamma\Delta EZ = ?$$



# Offence system 6:6 setter p2

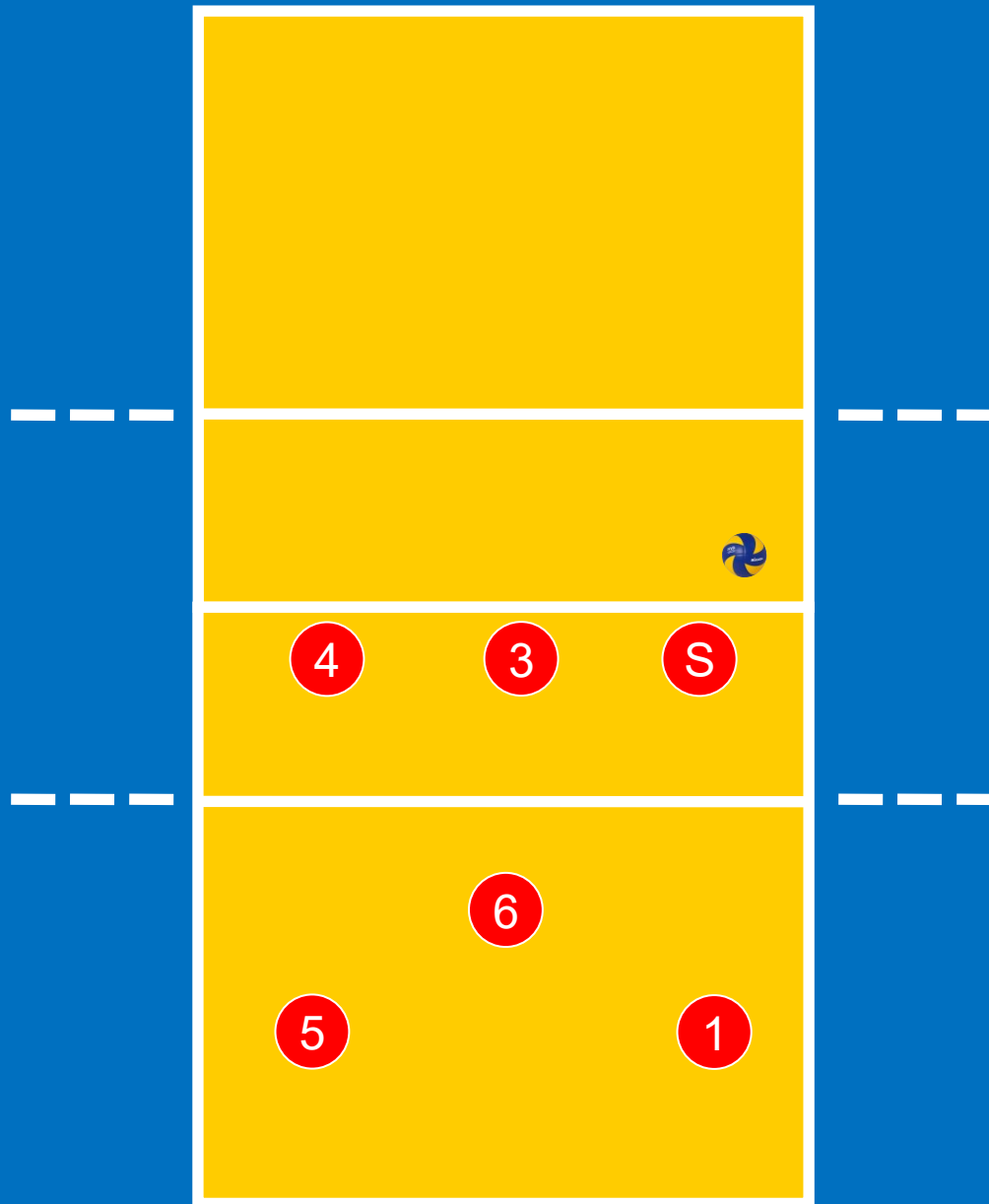
## Comparison among receive formations



# Offence system 6:6 setter p2

## Offensive formation vs attack p4 player of p6 ahead

Single  
block

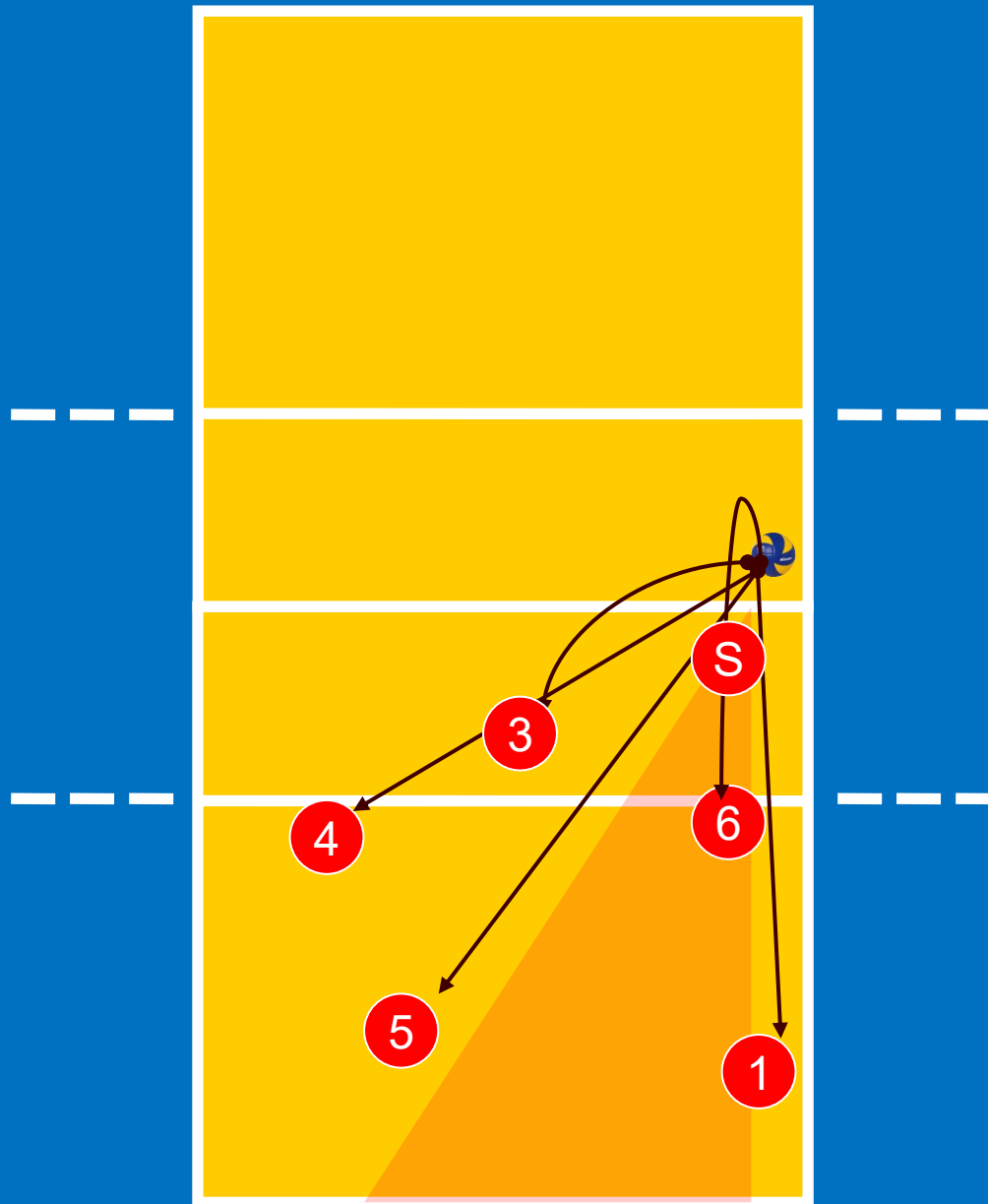


Starting  
positions  
Offensive  
formation  
p6 ahead

# Offence system 6:6 setter p2

## Offensive formation vs attack p4 player of p6 ahead

Single  
block



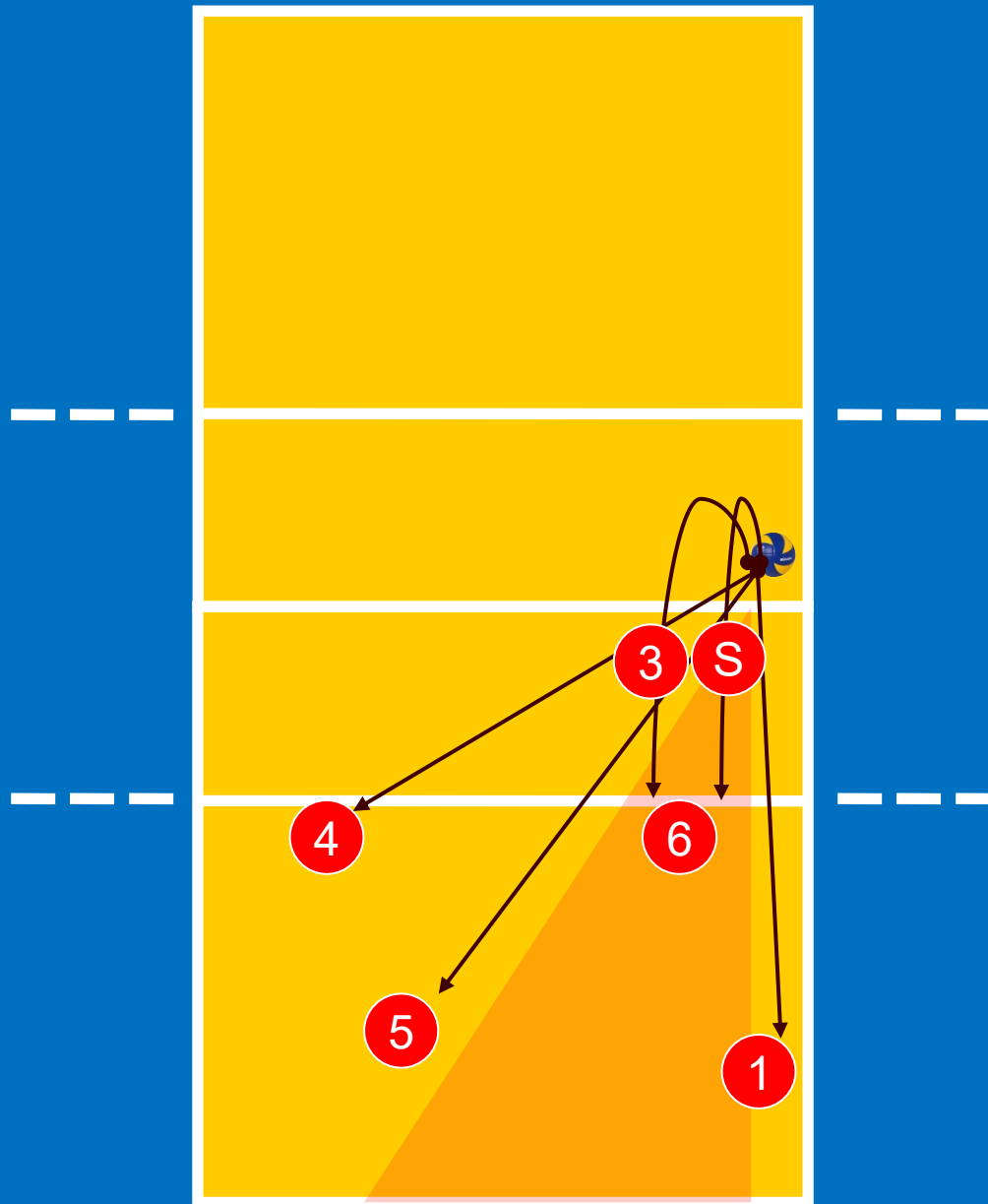
Starting  
positions  
Offensive  
formation  
p6 ahead



# Offence system 6:6 setter p2

## Offensive formation vs attack p4 player of p6 ahead

Team block

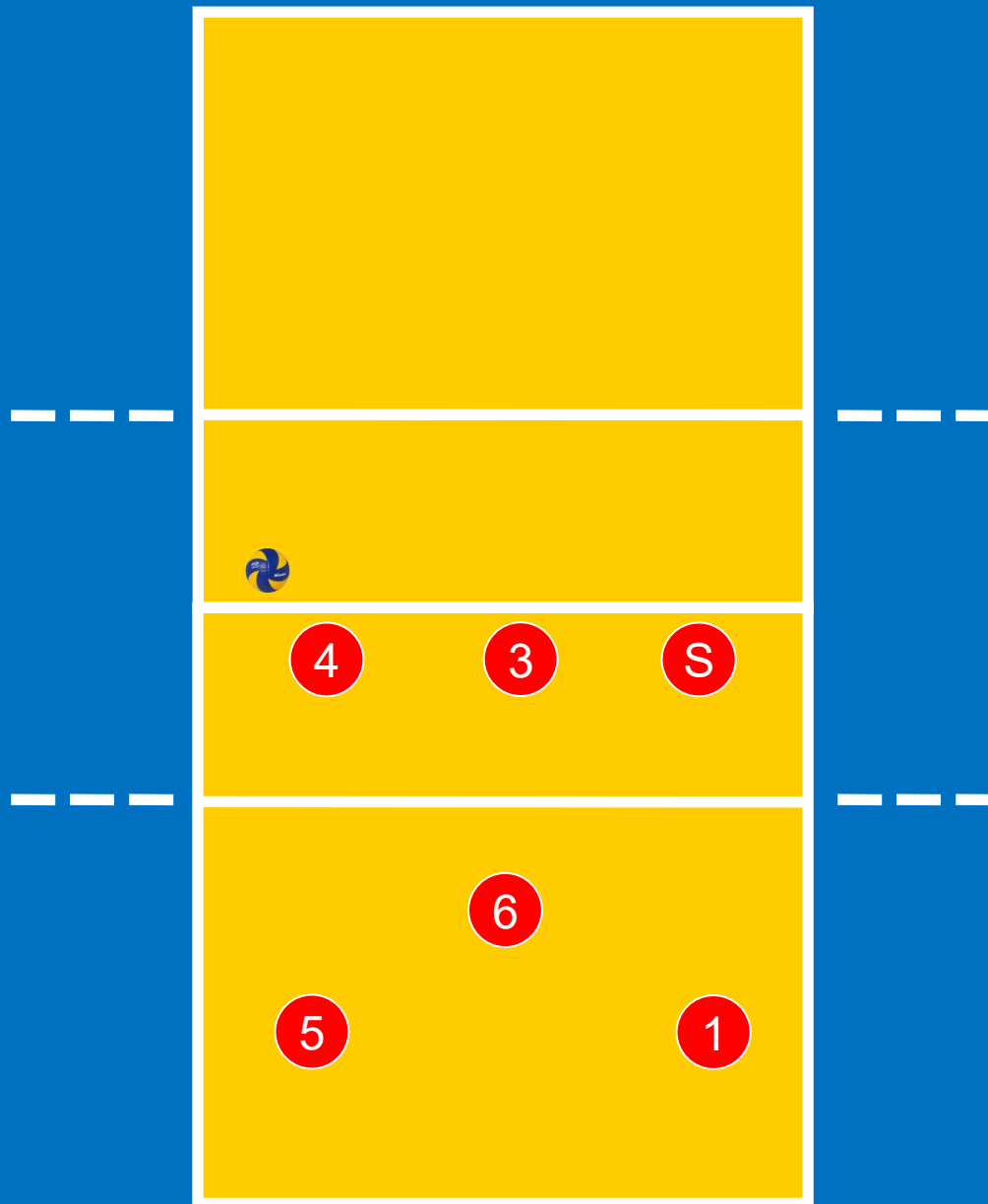


Starting positions  
Offensive formation  
p6 ahead

# Offence system 6:6 setter p2

## Offensive formation vs attack p2 player of p6 ahead

Single  
block



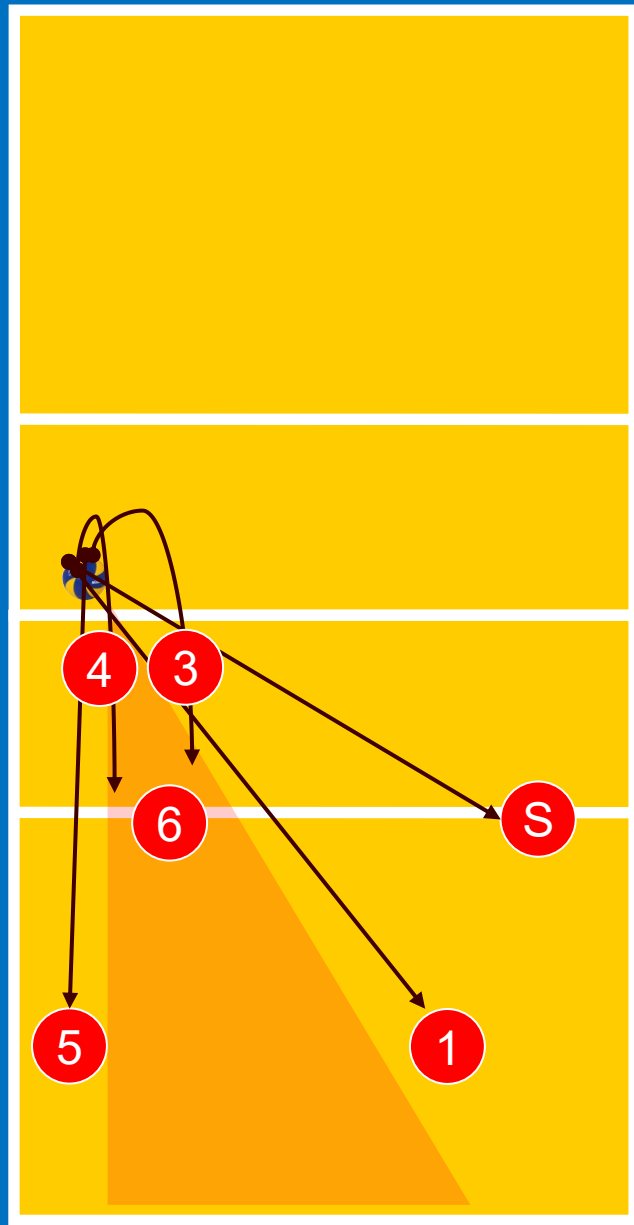
Starting  
positions  
Offensive  
formation  
p6 ahead

# Offence system 6:6 setter p2

## Offensive formation vs attack p player of p6 ahead

Team block

Alternative setter?

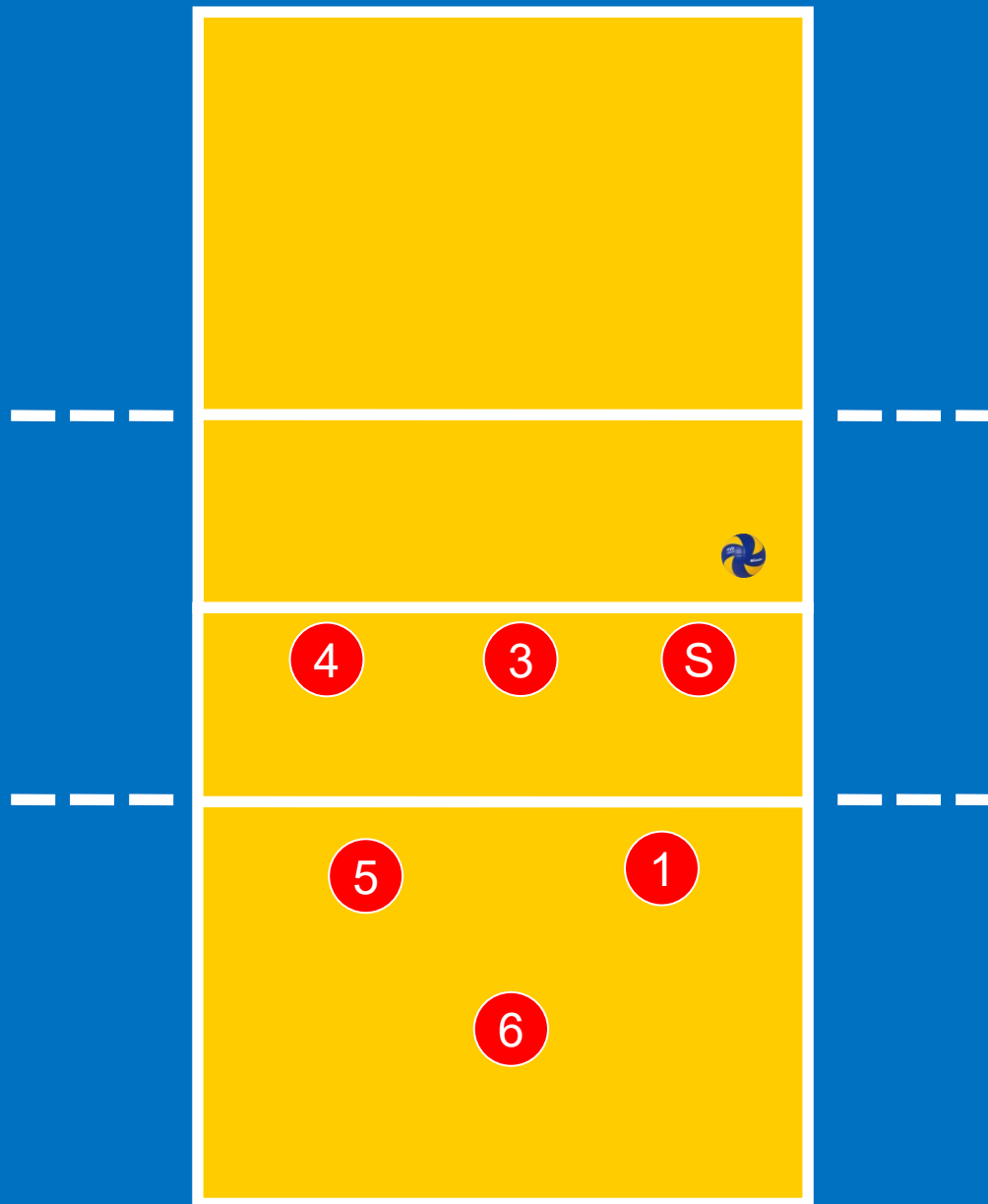


Starting positions  
Offensive formation  
p6 ahead

# Offence system 6:6 setter p2

## Offensive formation vs attack p4 player of p6 back

Single  
block

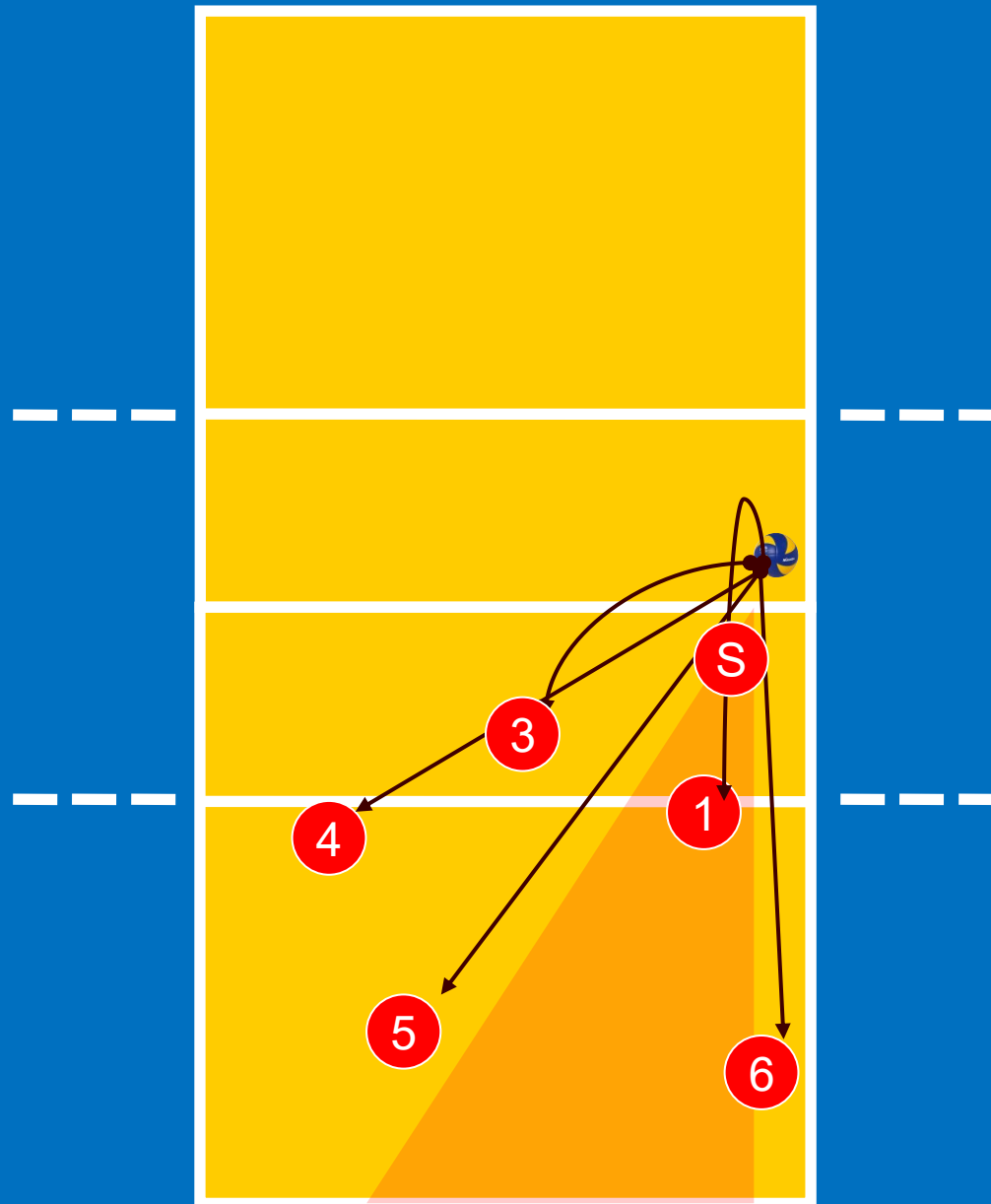


Starting  
positions  
Offensive  
formation  
p6 back

# Offence system 6:6 setter p2

## Offensive formation vs attack p4 player of p6 back

Single  
block

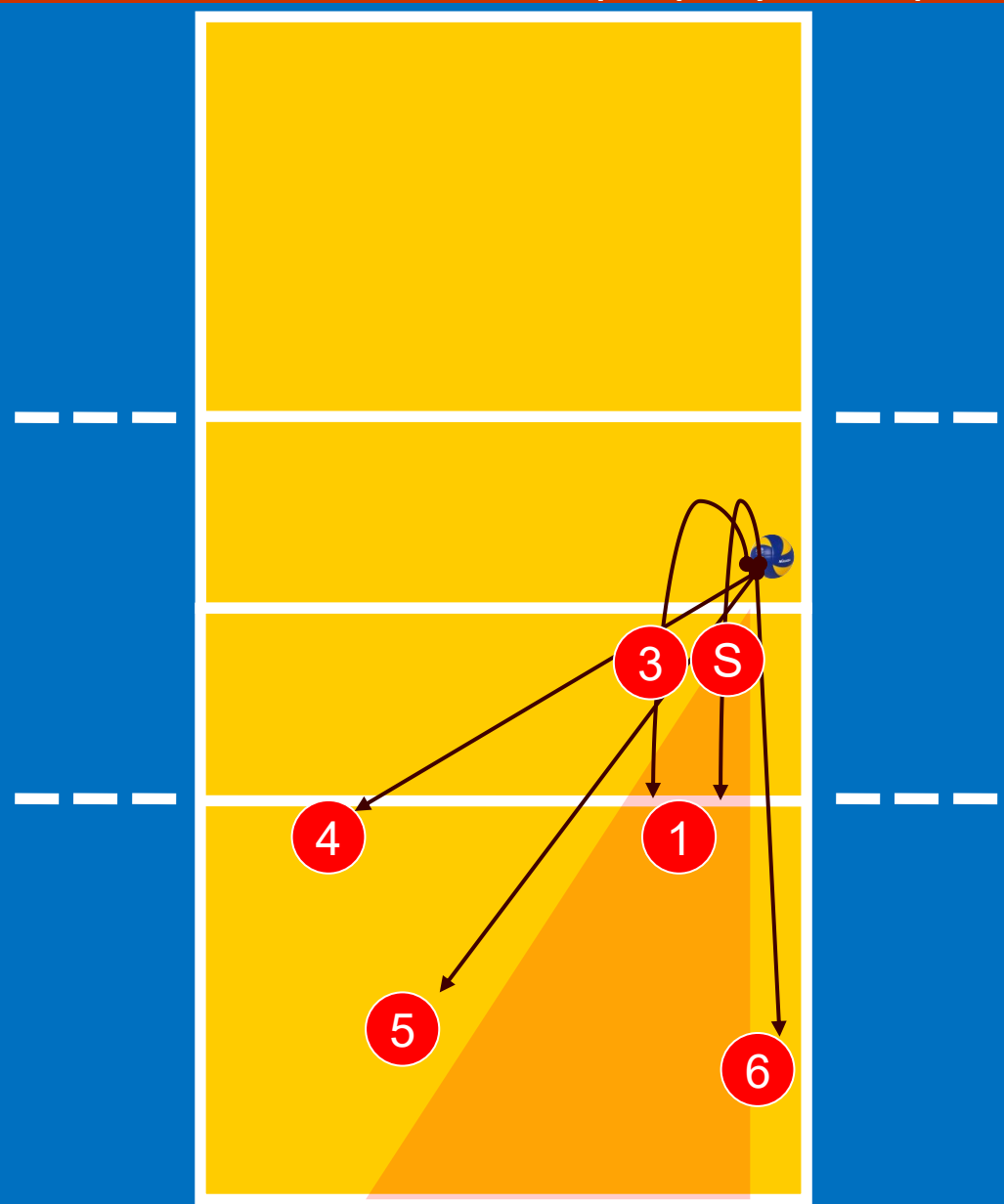


Starting  
positions  
Offensive  
formation  
p6 back

# Offence system 6:6 setter p2

## Offensive formation vs attack p4 player of p6 back

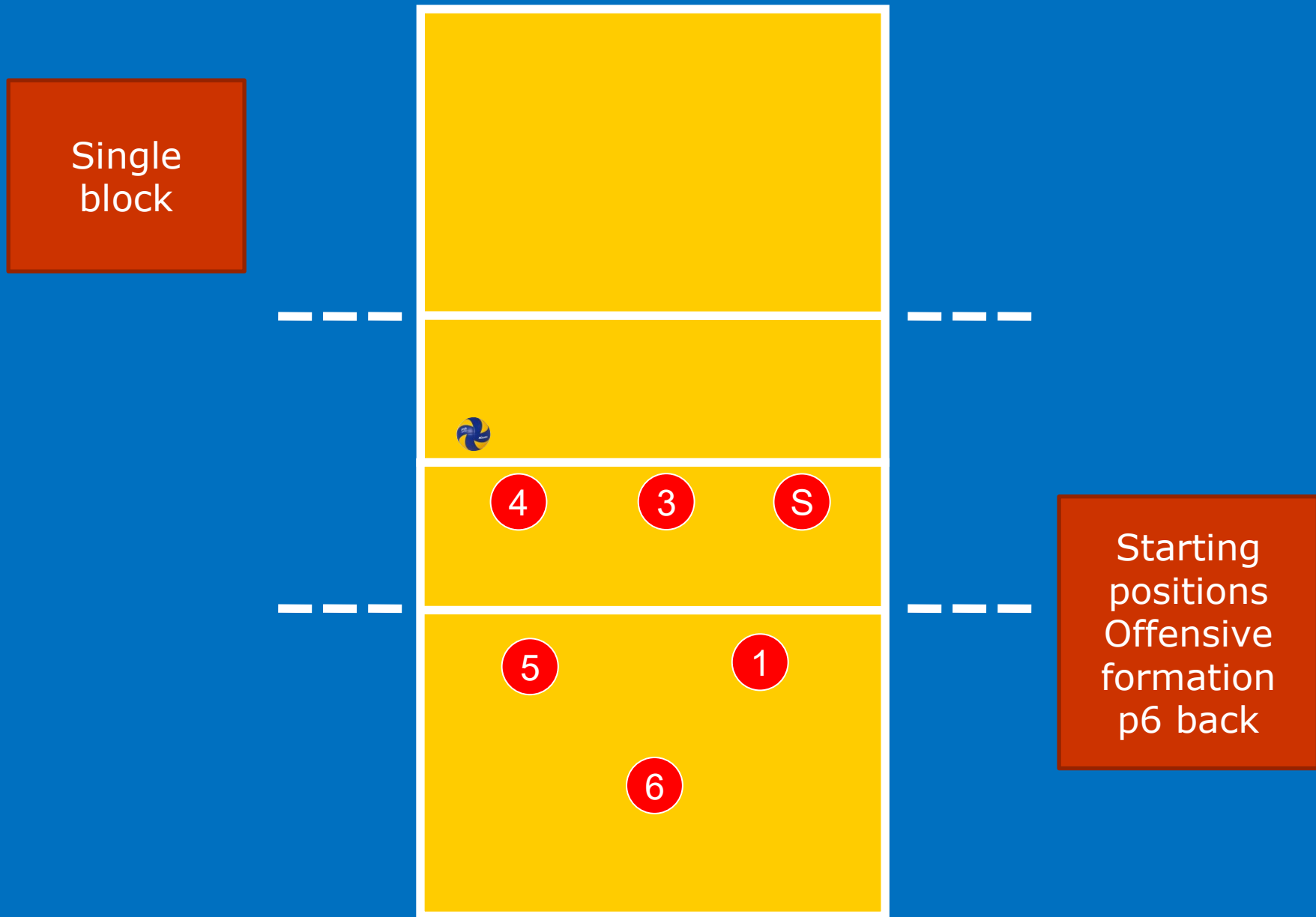
Team block



Starting positions  
Offensive  
formation  
p6 back

# Offence system 6:6 setter p2

## Offensive formation vs attack p2 player of p6 back

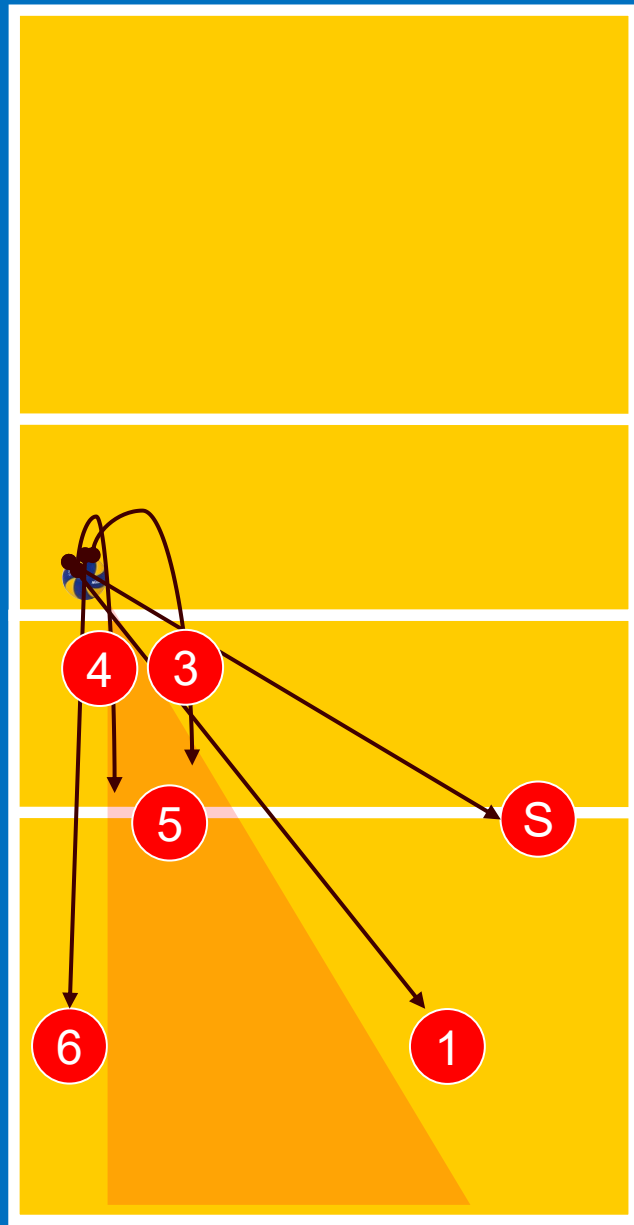


# Offence system 6:6 setter p2

## Offensive formation vs attack p2 player of p6 back

Team block

Alternative setter?



Starting positions  
Offensive formation  
p6 back



# RECEIVE FORMATIONS OFFENSIVE SYSTEM 6:6

LESSON 10-12