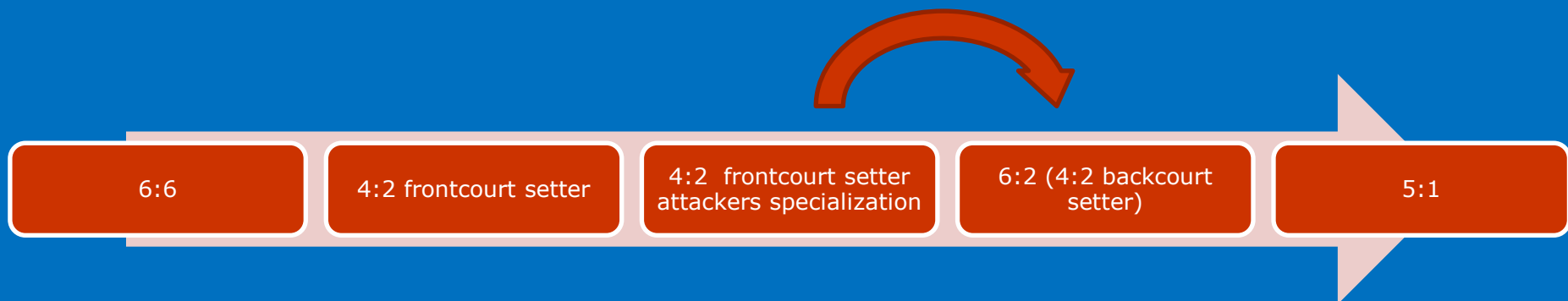


**OFFENSE SYSTEM 6:2
4:2 BACKCOURT SETTER SYSTEM
RECEIVE FORMATIONS**

LESSONS 25-27

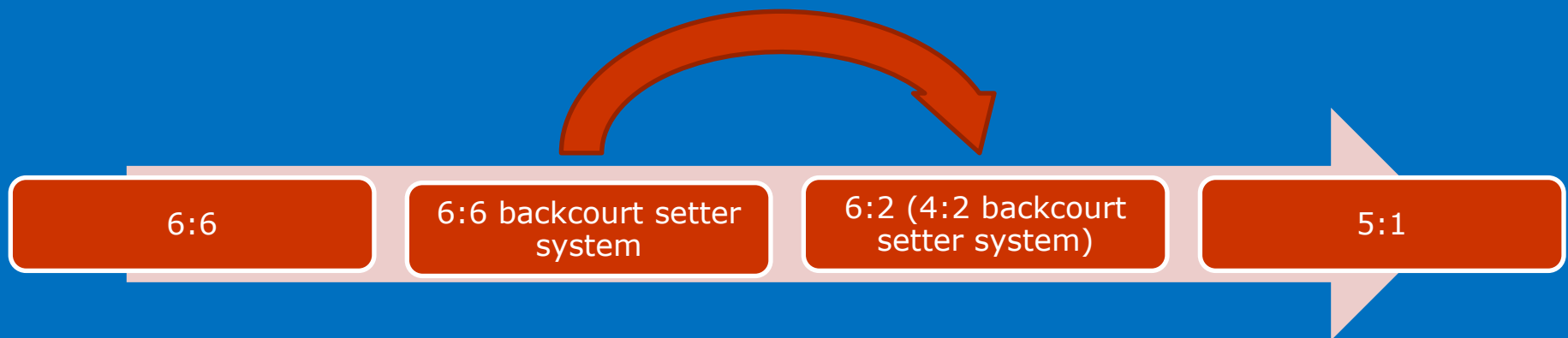
Offense system 6:2 (4:2 backcourt setter)

- Reasons of evolution
 - More points of attack
 - Faster attack tempo
 - 1st tempo attack
 - More players in attack formation
 - Specialization outside hitters (H) and middle attackers (M)
 - Lack of setter
 - Evolution of offensive systems



Offense system 6:2 (4:2 backcourt setter)

- Reasons of evolution
 - Attackers Specialization
 - Outside hitters (H) and middle attackers (M)
 - Faster tempo offensive game
 - Intro 1st tempo attack
 - Intro team block
 - Lack of setter
 - Before 5:1 offensive system



Offense system 6:2 (4:2 backcourt setter)



- Add positions of attack
- More players in attack formation
- Two setters in the court
 - Transition
- Holistic approach to play
 - Setter's absence do not affect the training plan.

- At least two multitalented players
- Differentiated attack tempo
- Difficulties in the training time distribution
- Organization of training plan
 - 4 setters in team roster
- Team roster
- Further specialization of the players

Offense system 6:2 (4:2 backcourt setter)

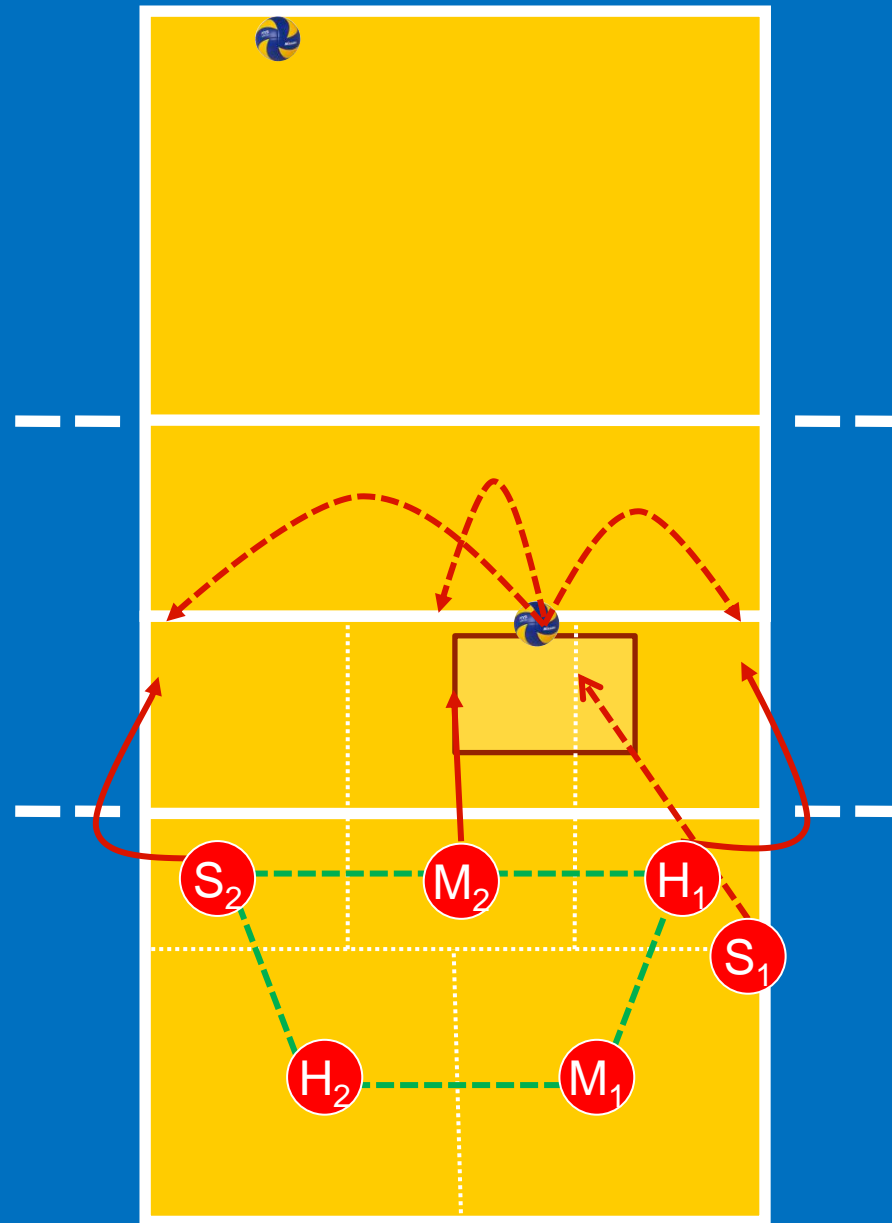
- Setter's zones
 - Zone 1
 - Zone 6
 - Zone 5
- Receiving formations
 - MB Releasement from receive
 - Setter's path
 - Intro Libero player
 - 5 passers (trapezium formation)
 - 4 passers U shape
 - 3 passers
- Coverage of the attack
 - 1-3-2
- Defensive formation
 - 6 ahead
 - 6 back (?)



Offense system 6:2 (4:2 backcourt setter)

Setter p1

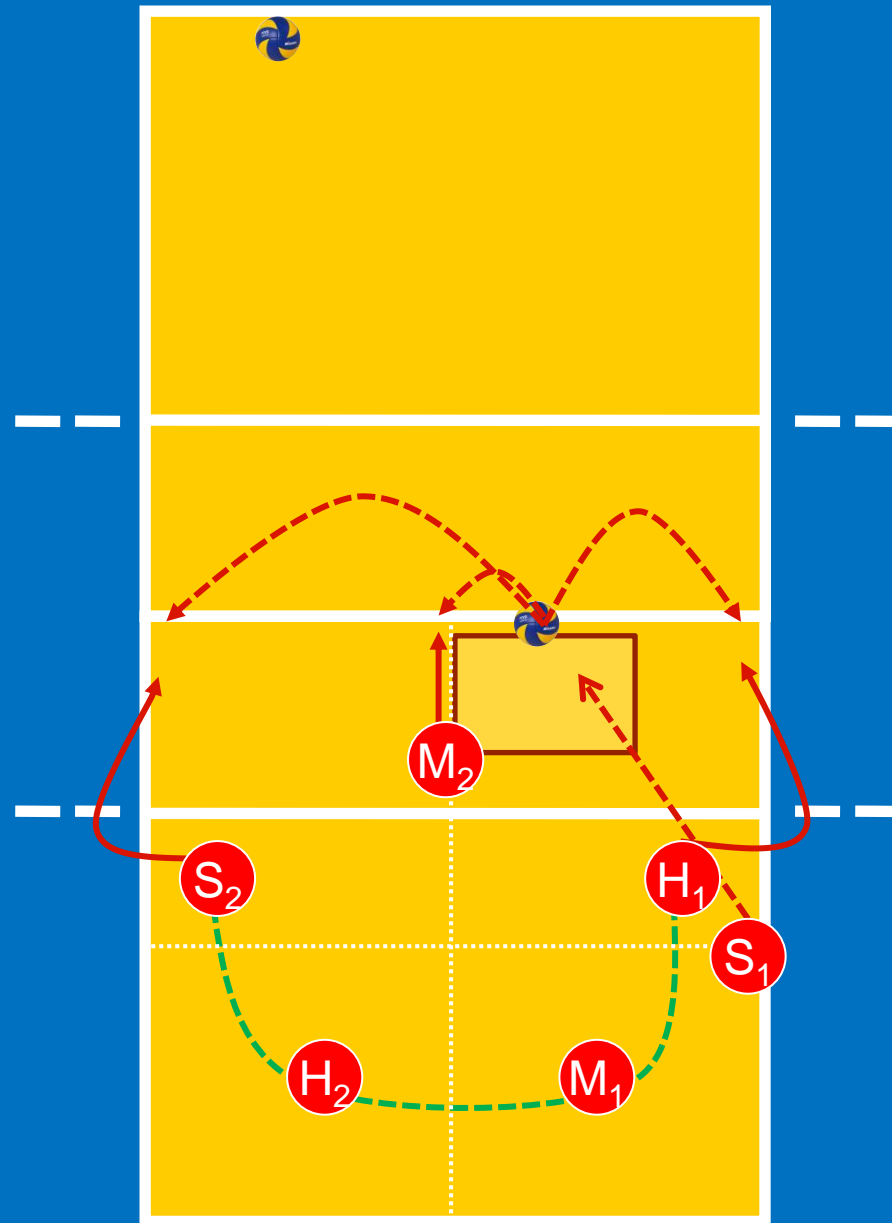
5 passers
(trapezium)
Receiving
formation



Offense system 6:2 (4:2 backcourt setter)

Setter p1

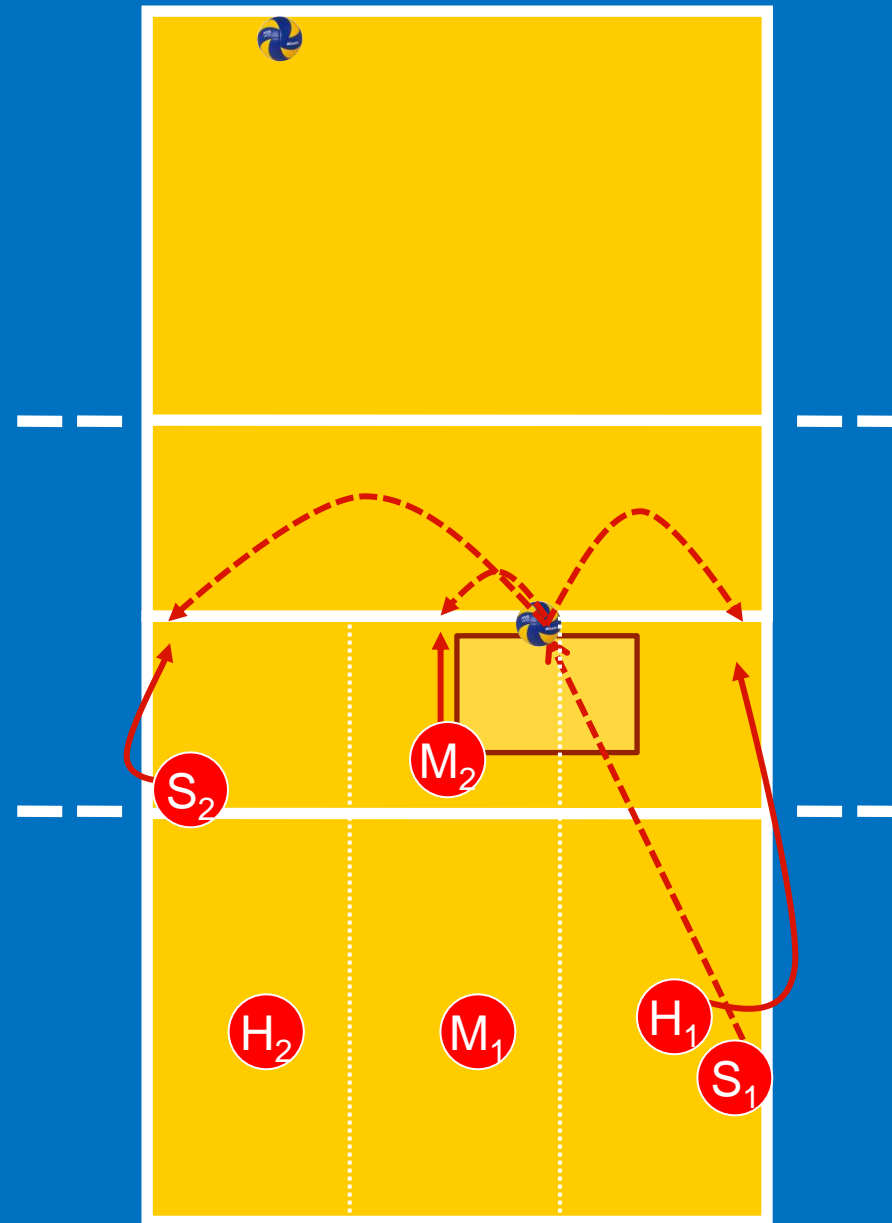
4 passers
(U shape)
Receiving
formation



Offense system 6:2 (4:2 backcourt setter)

Setter p1

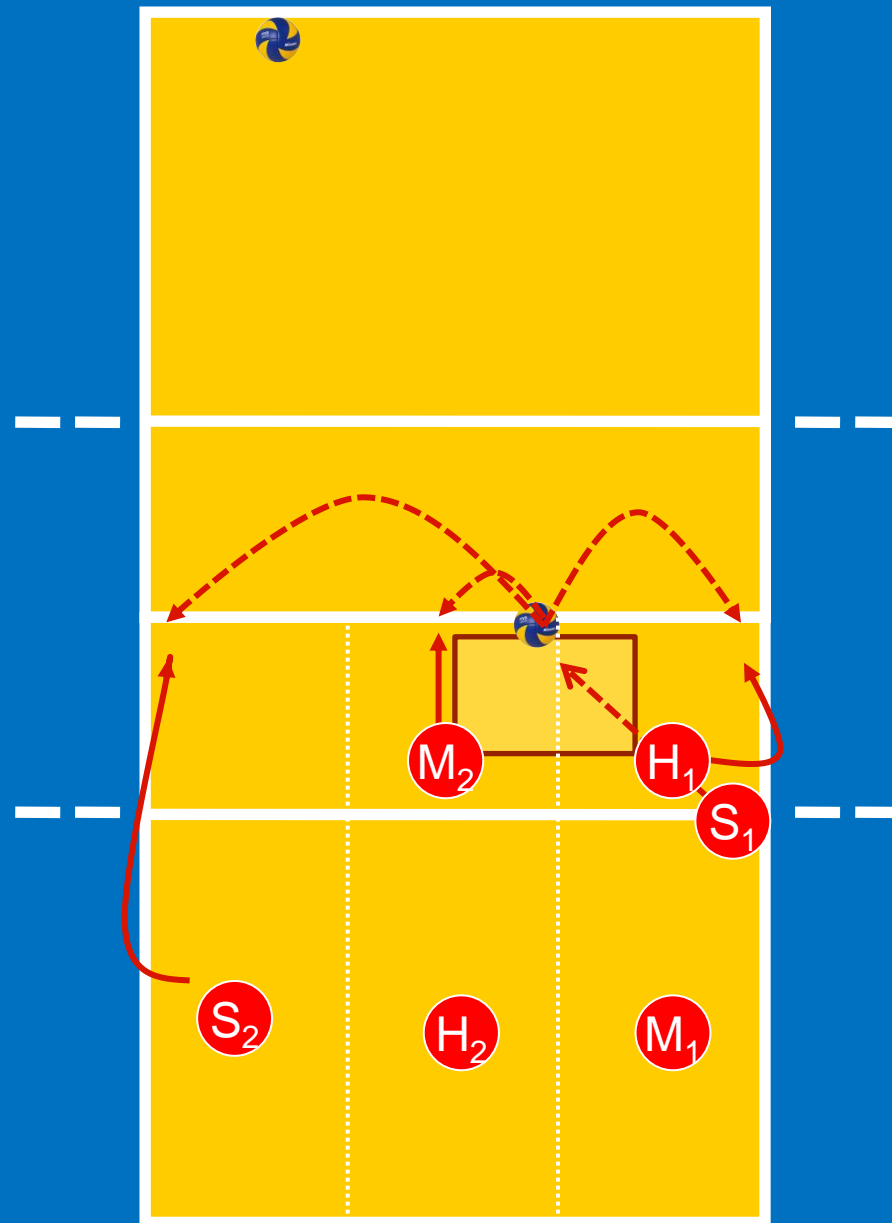
3 passers
Receiving
formation



Offense system 6:2 (4:2 backcourt setter)

Setter p1

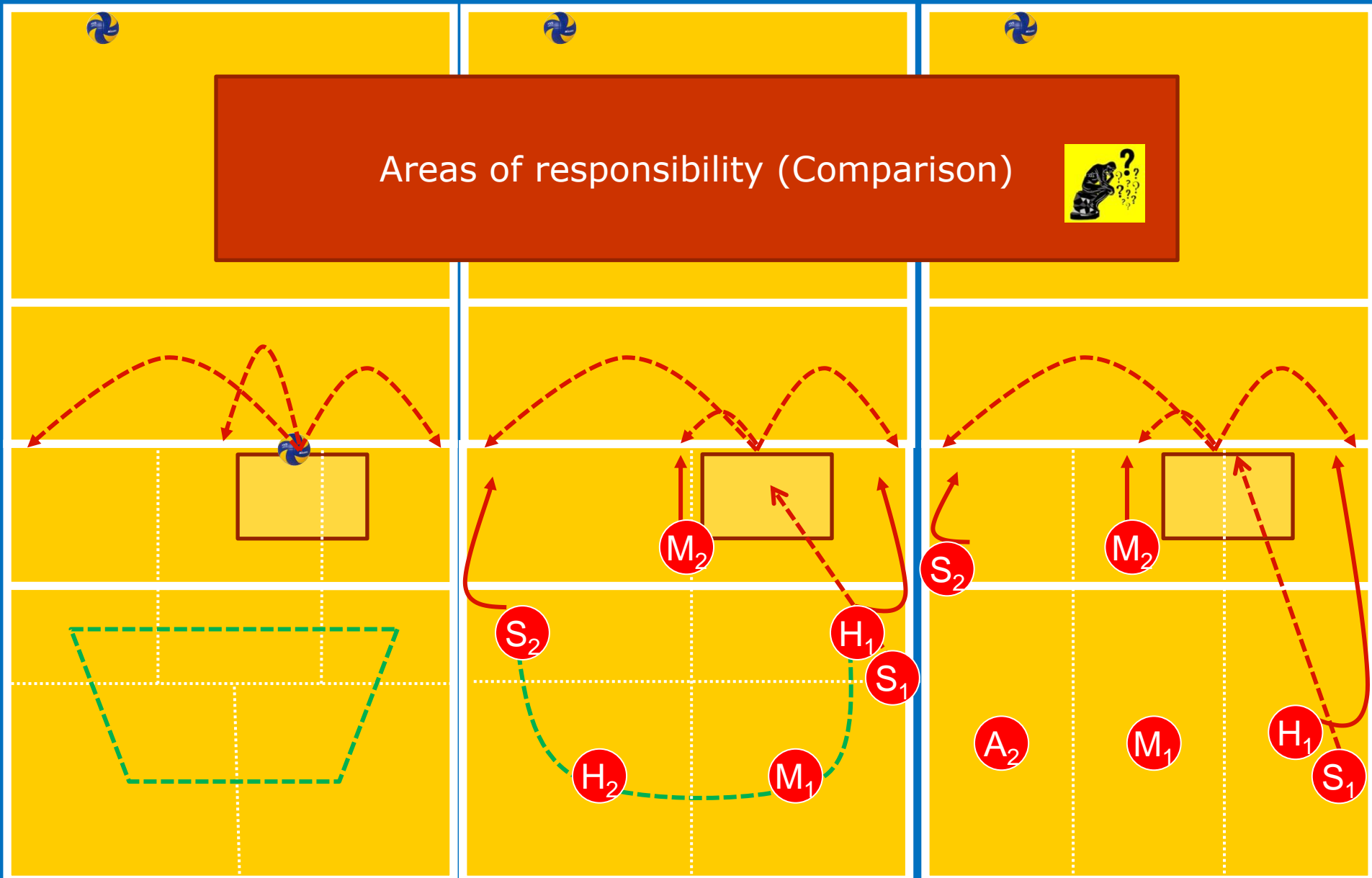
3 passers
Receiving
formation
(alternative)



Offense system 6:2 (4:2 backcourt setter)

Setter p1

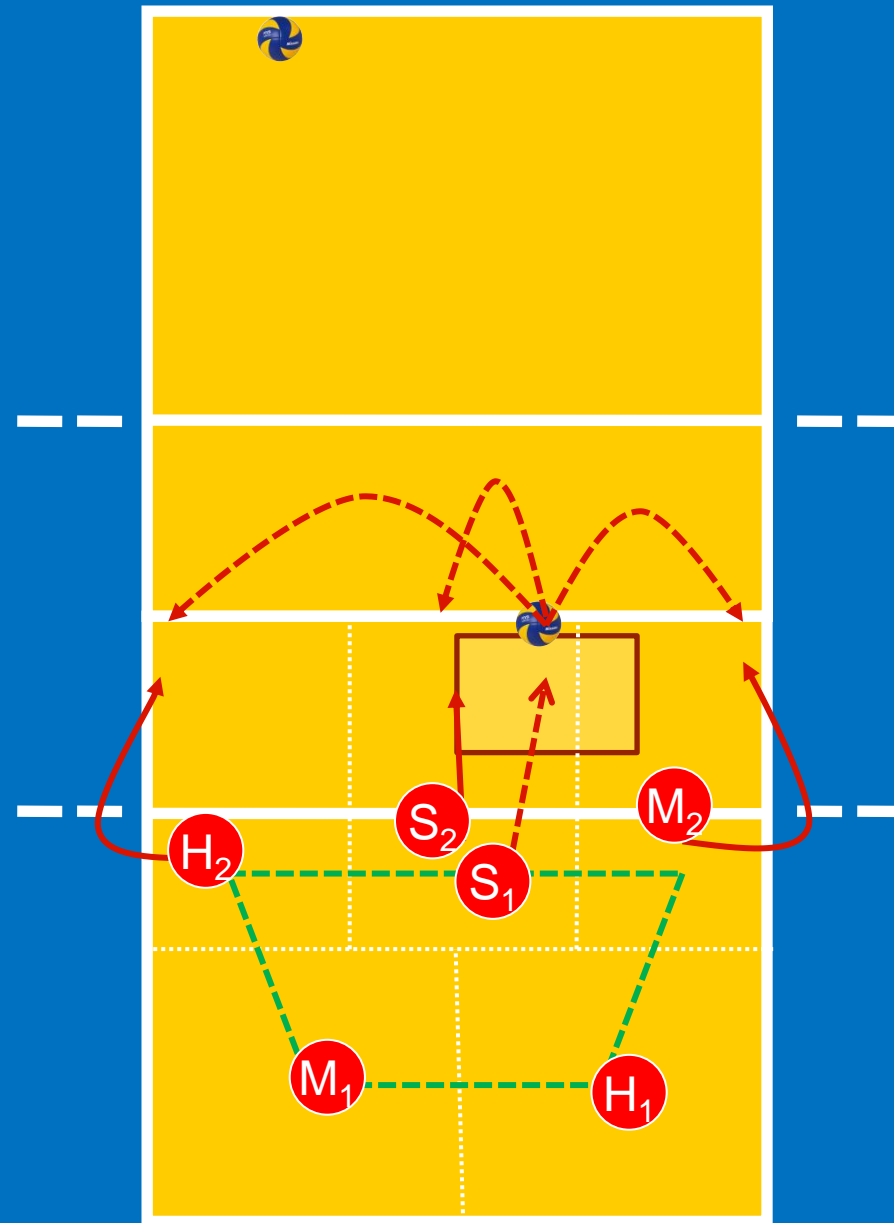
Areas of responsibility (Comparison)



Offense system 6:2 (4:2 backcourt setter)

Setter p6

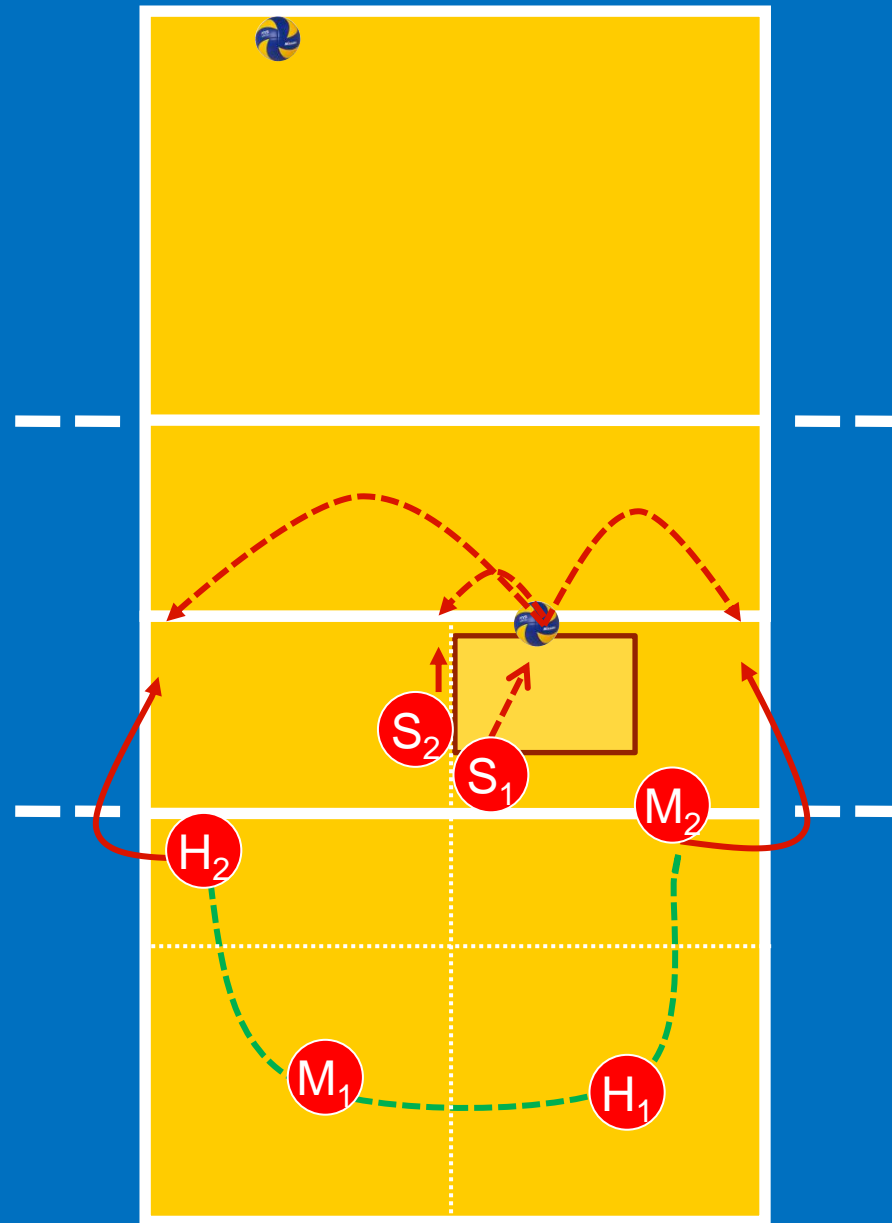
5 passers
(trapezium)
Receiving
formation



Offense system 6:2 (4:2 backcourt setter)

Setter p6

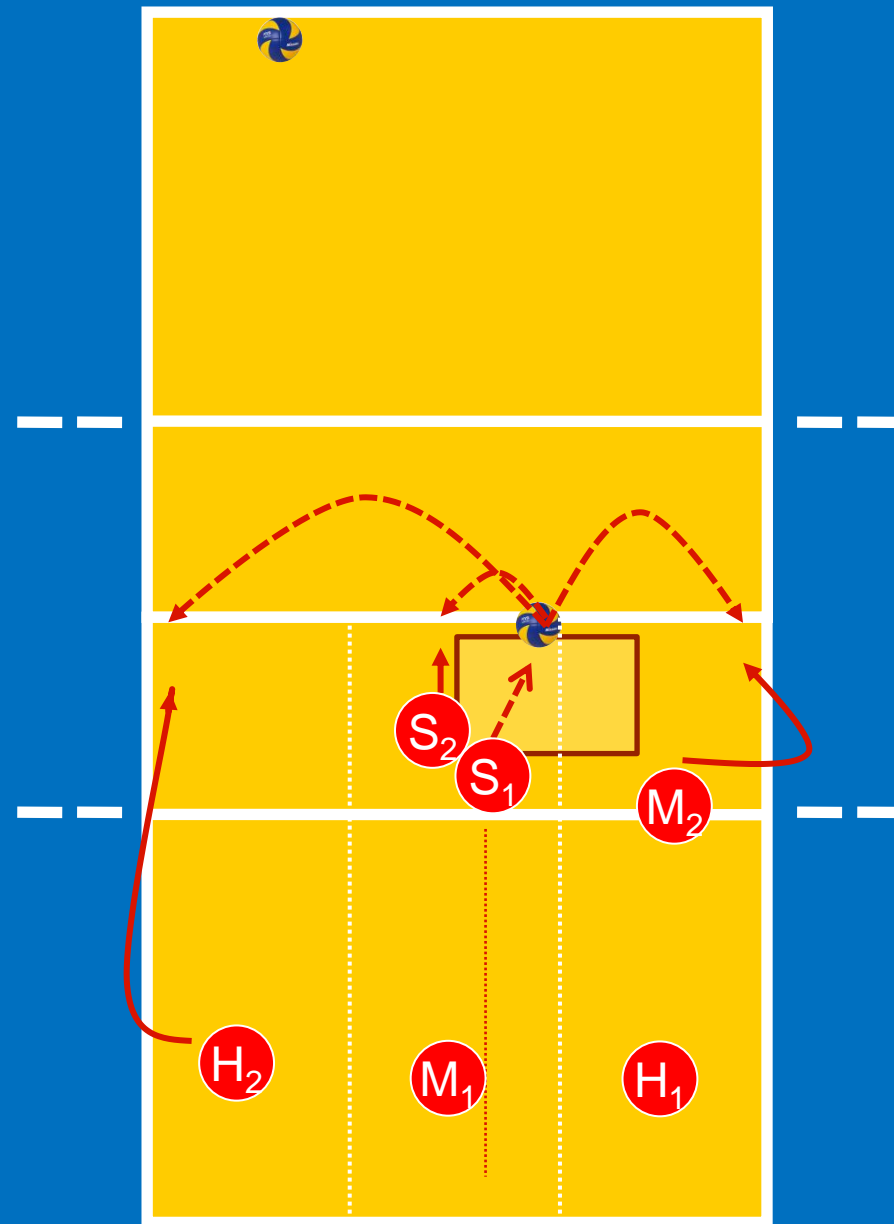
4 passers
(U shape)
Receiving
formation



Offense system 6:2 (4:2 backcourt setter)

Setter p6

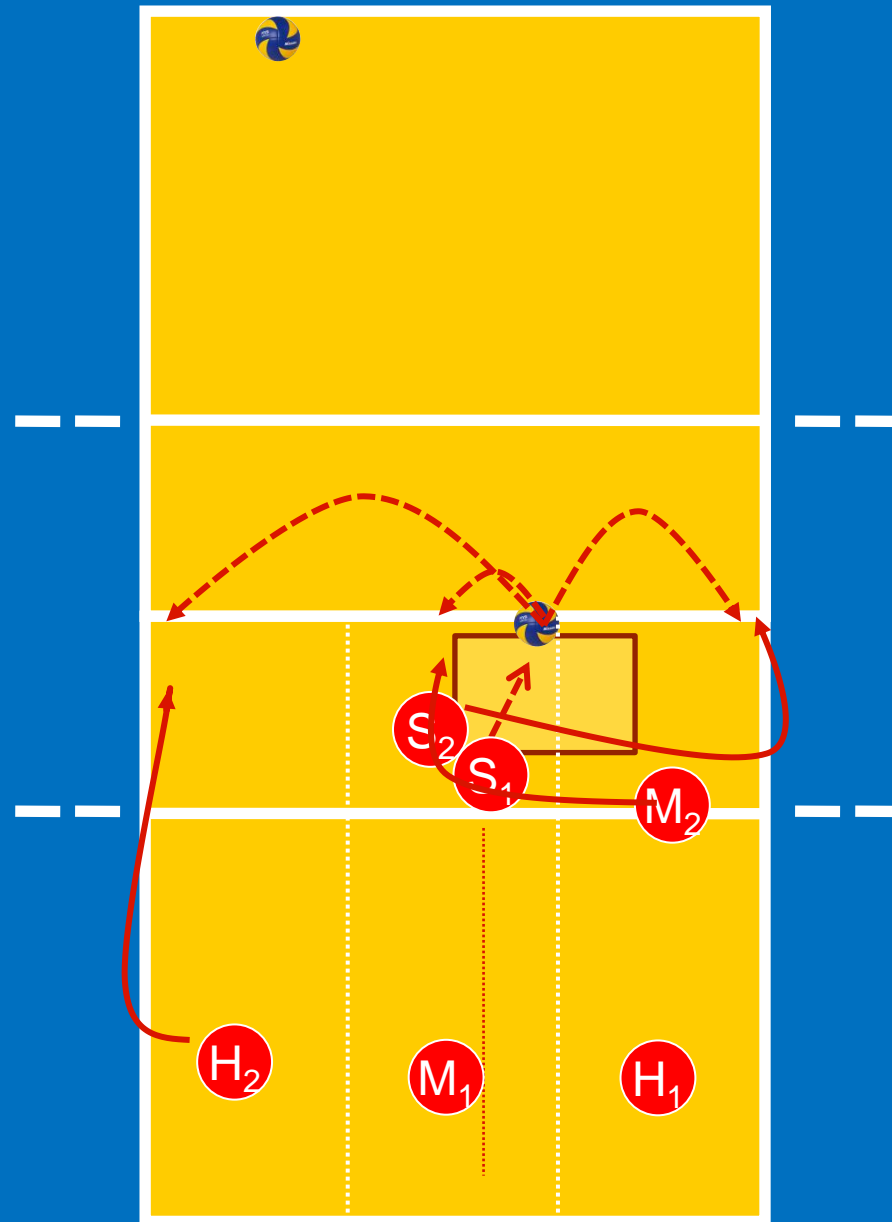
3 passers
Receiving
formation



Offense system 6:2 (4:2 backcourt setter)

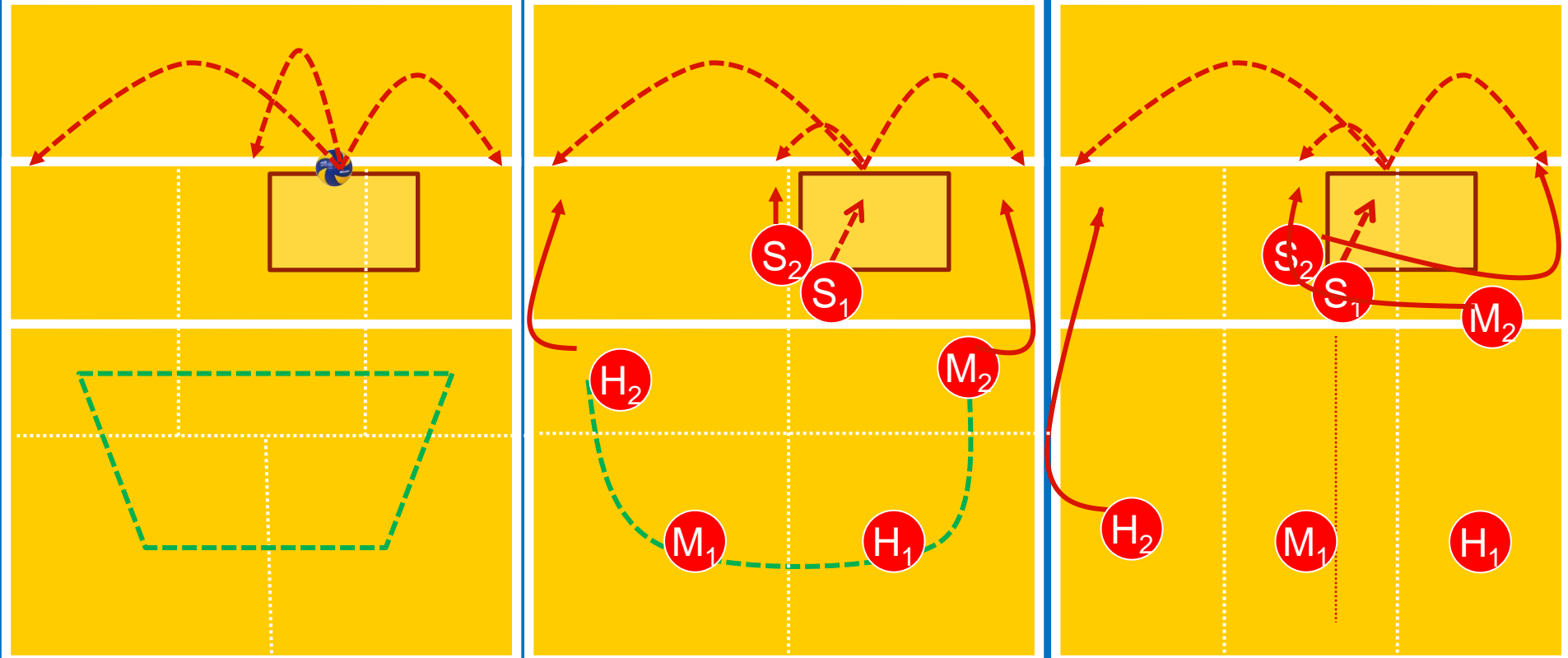
Setter p6

3 passers
Receiving
formation
(alternative)



Offense system 6:2 (4:2 backcourt setter) Setter p6

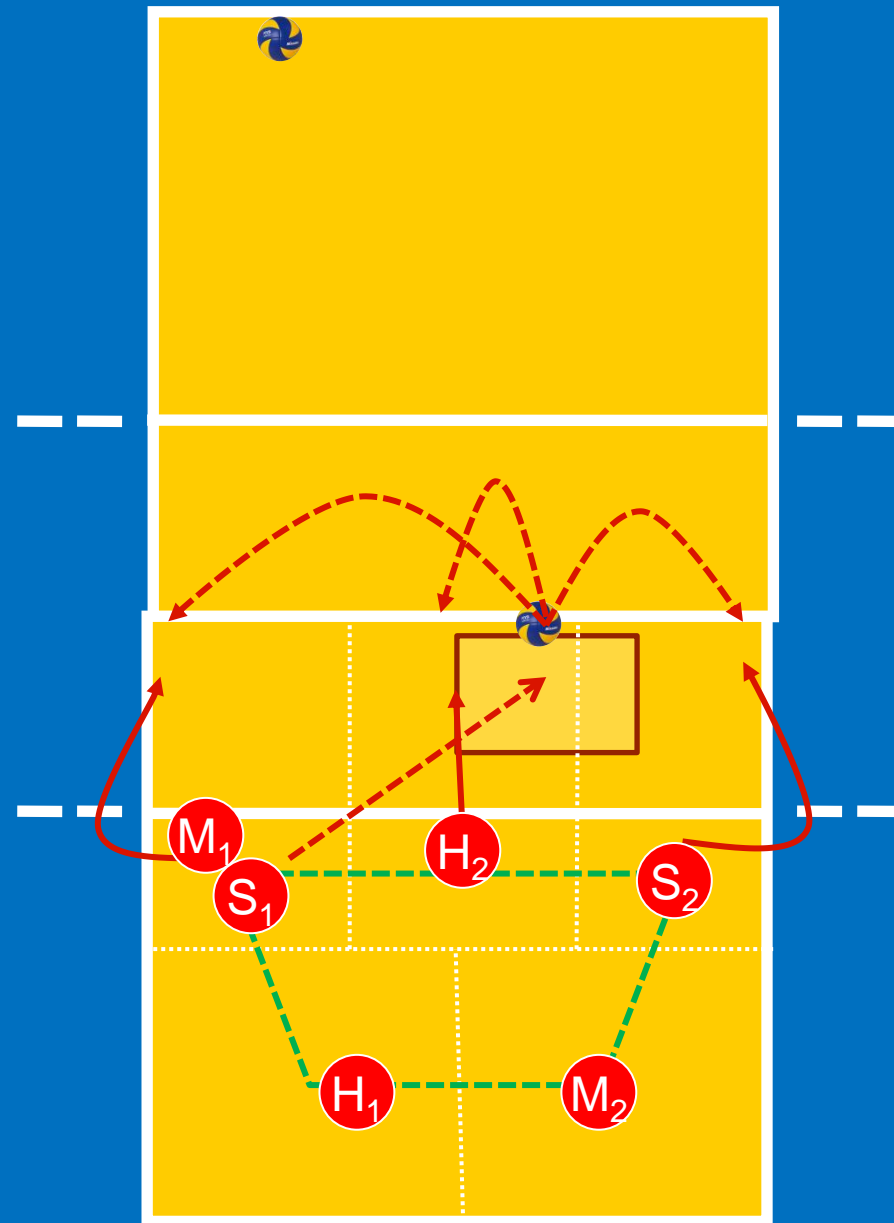
Areas of responsibility (Comparison)



Offense system 6:2 (4:2 backcourt setter)

Setter p5

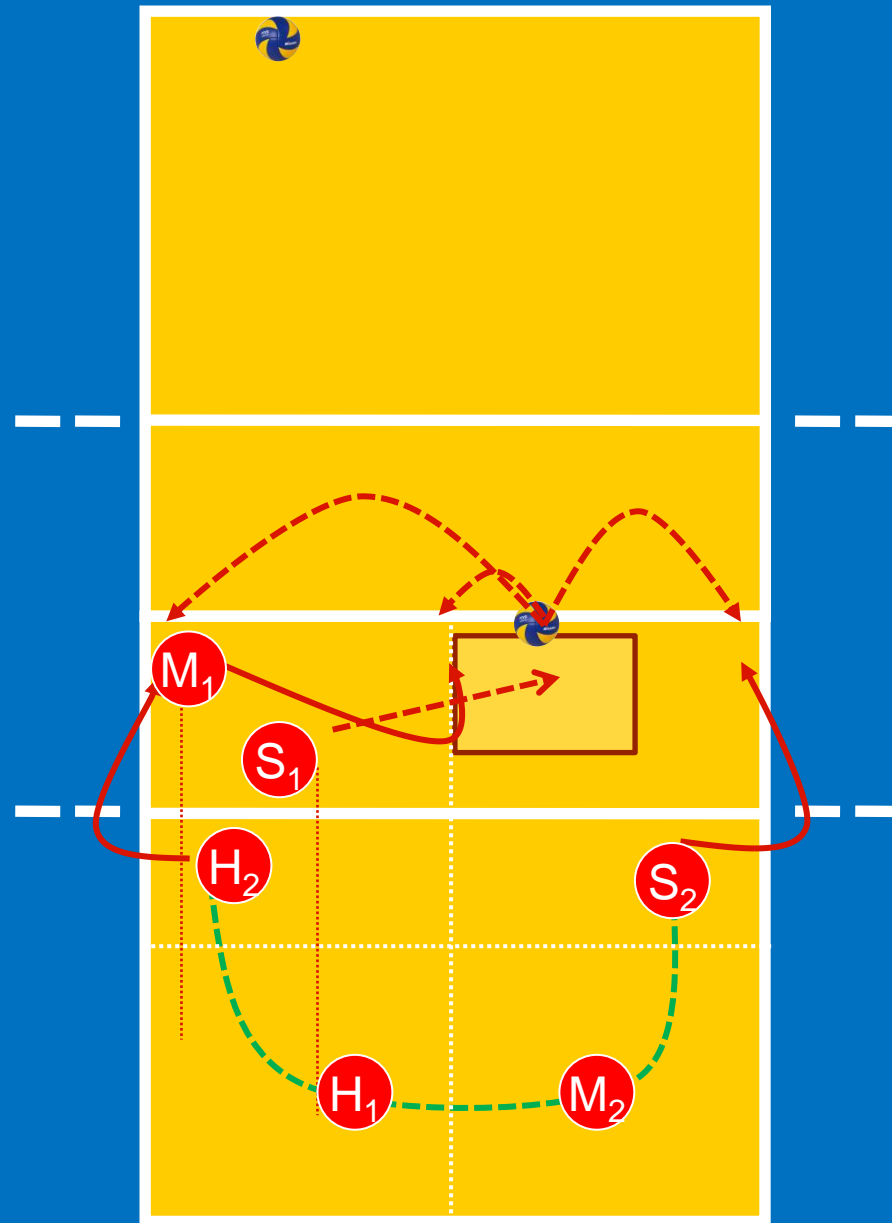
5 passers
(trapezium)
Receiving
formation



Offense system 6:2 (4:2 backcourt setter)

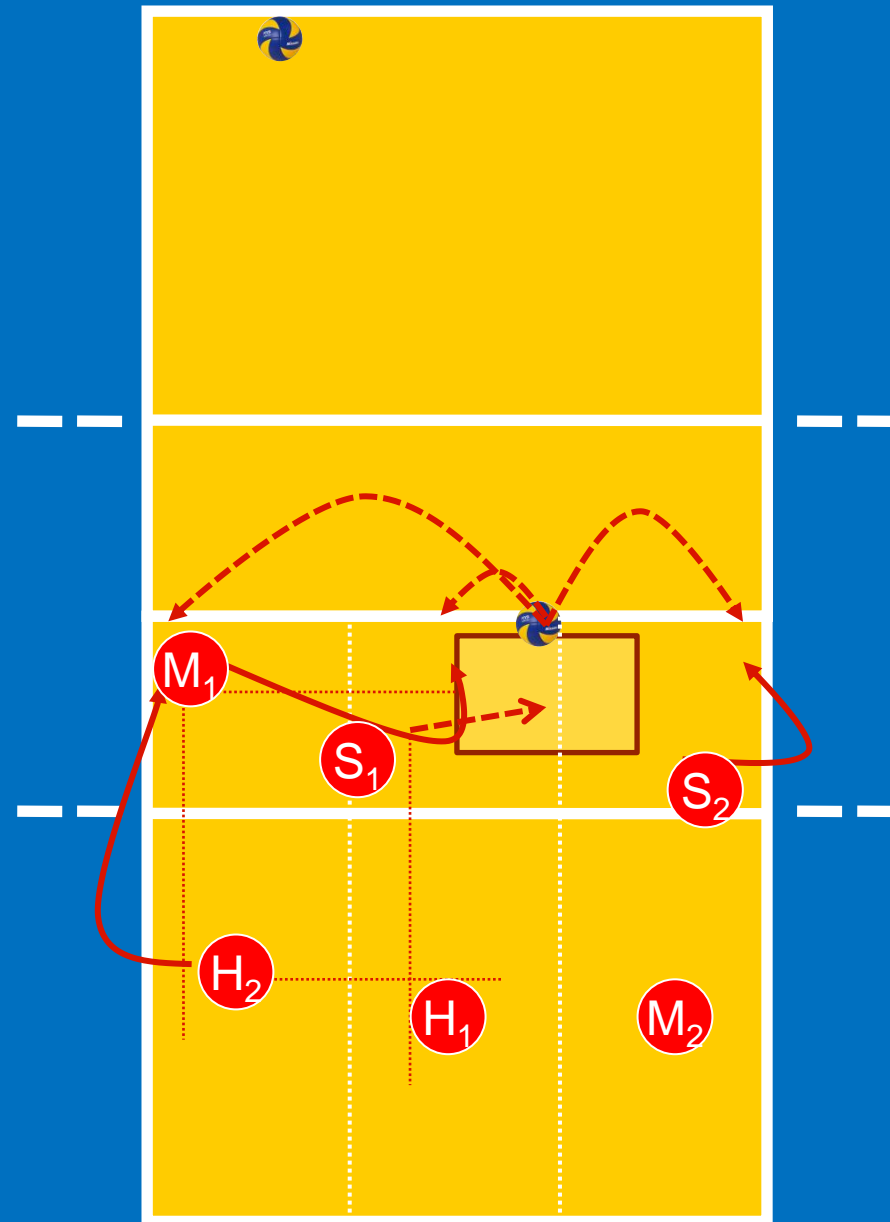
Setter p5

4 passers
(U shape)
Receiving
formation



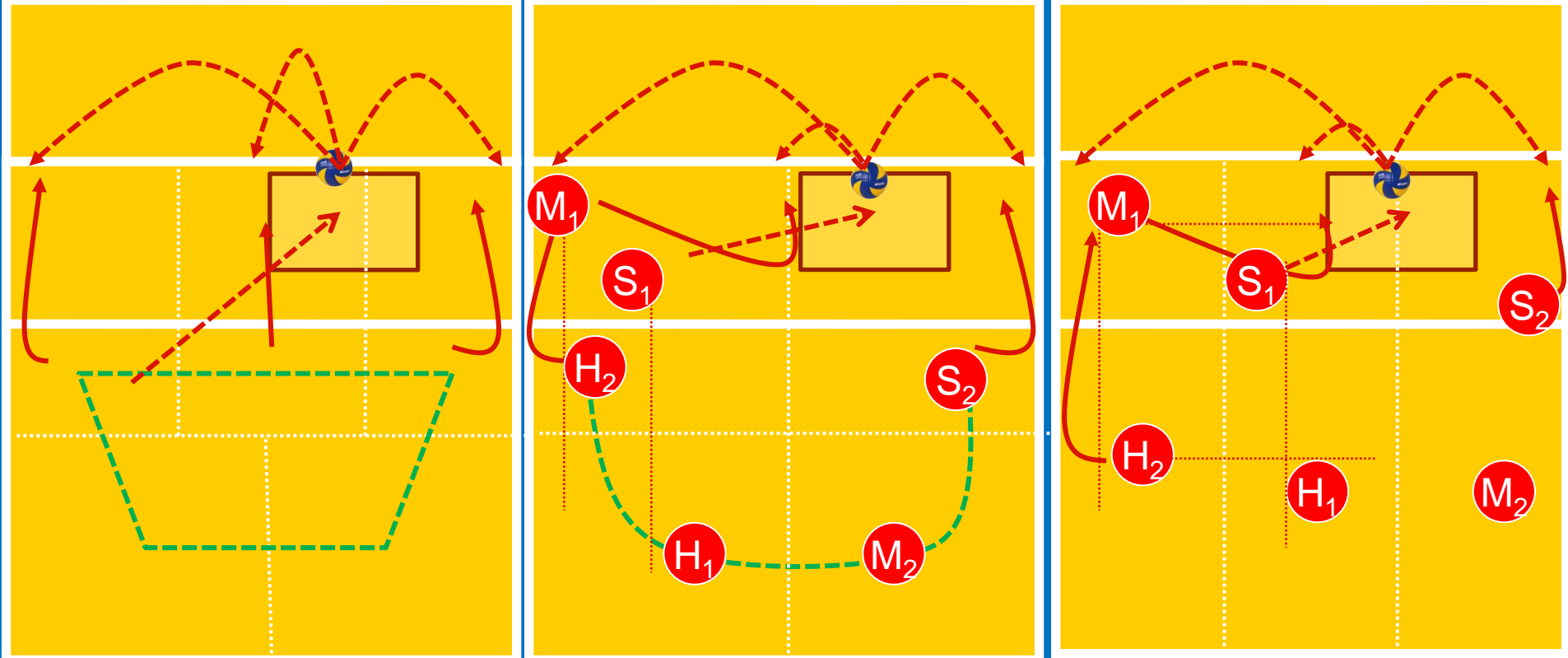
Offense system 6:2 (4:2 backcourt setter) Setter p5

3 passers
Receiving
formation

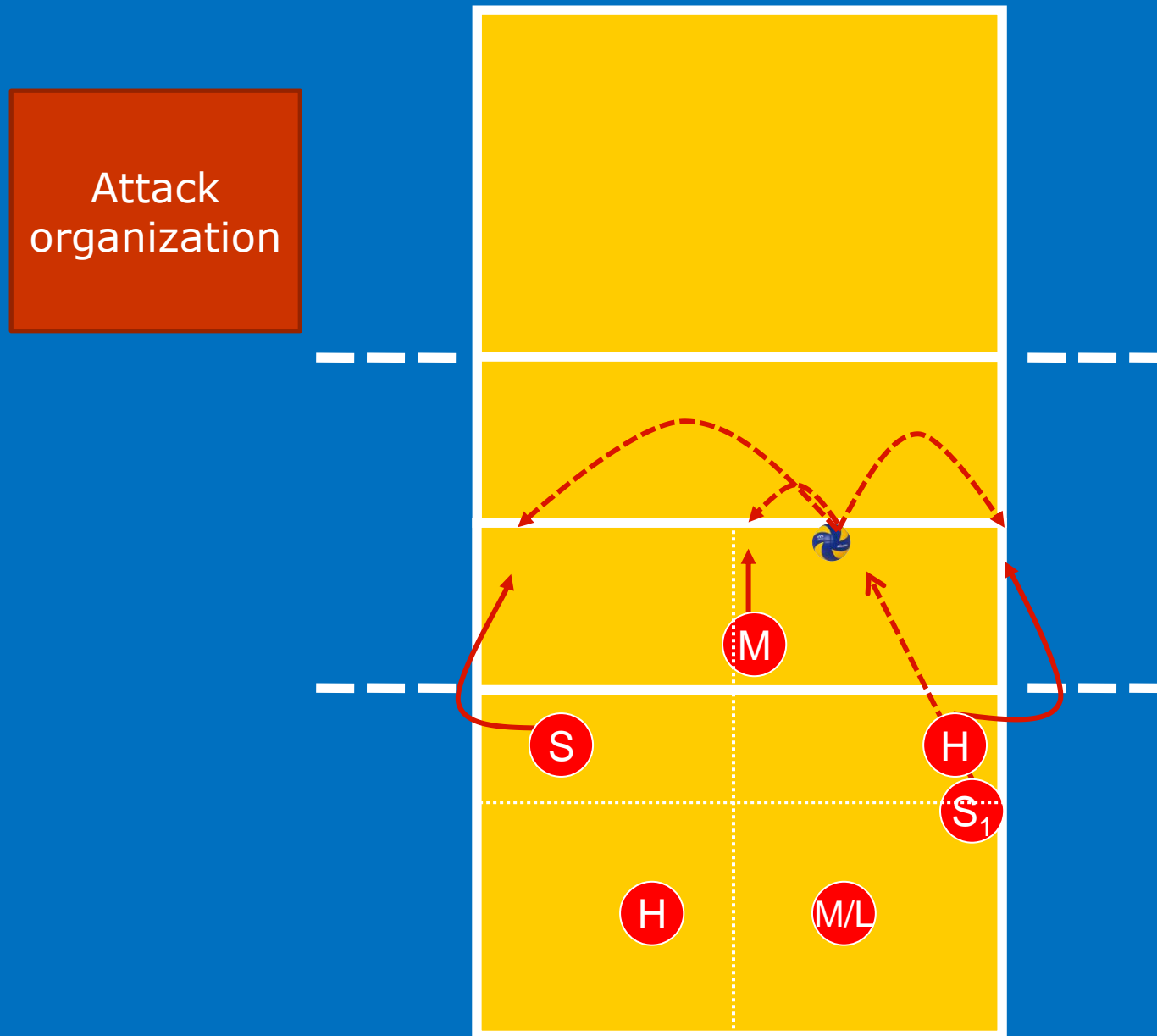


Offense system 6:2 (4:2 backcourt setter) Setter p5

Areas of responsibility (Comparison)

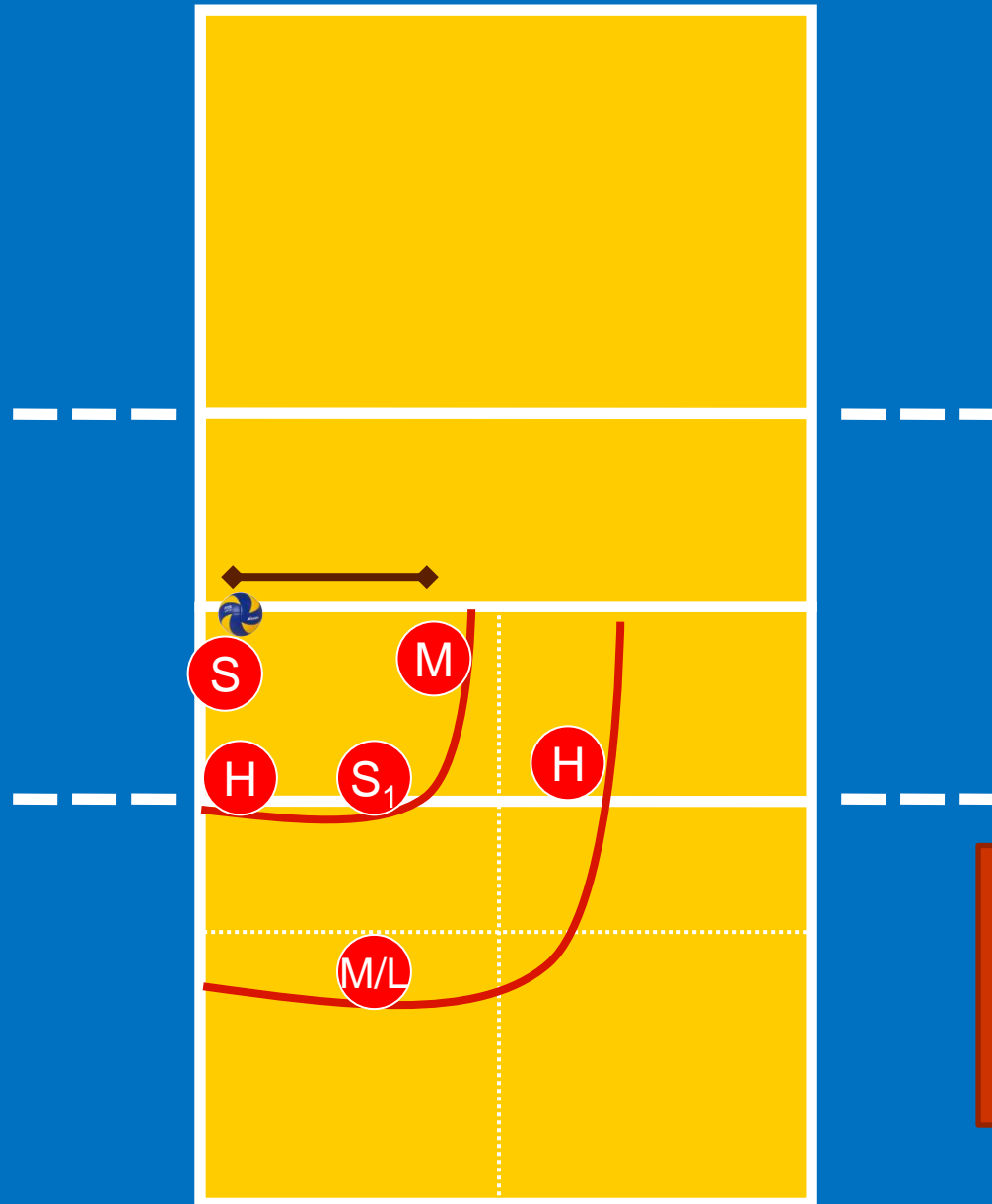


Offense system 6:2 (4:2 backcourt setter)
Attack coverage after reception. Setter p1.



Offense system 6:2 (4:2 backcourt setter)
Attack coverage after reception. Setter p1.

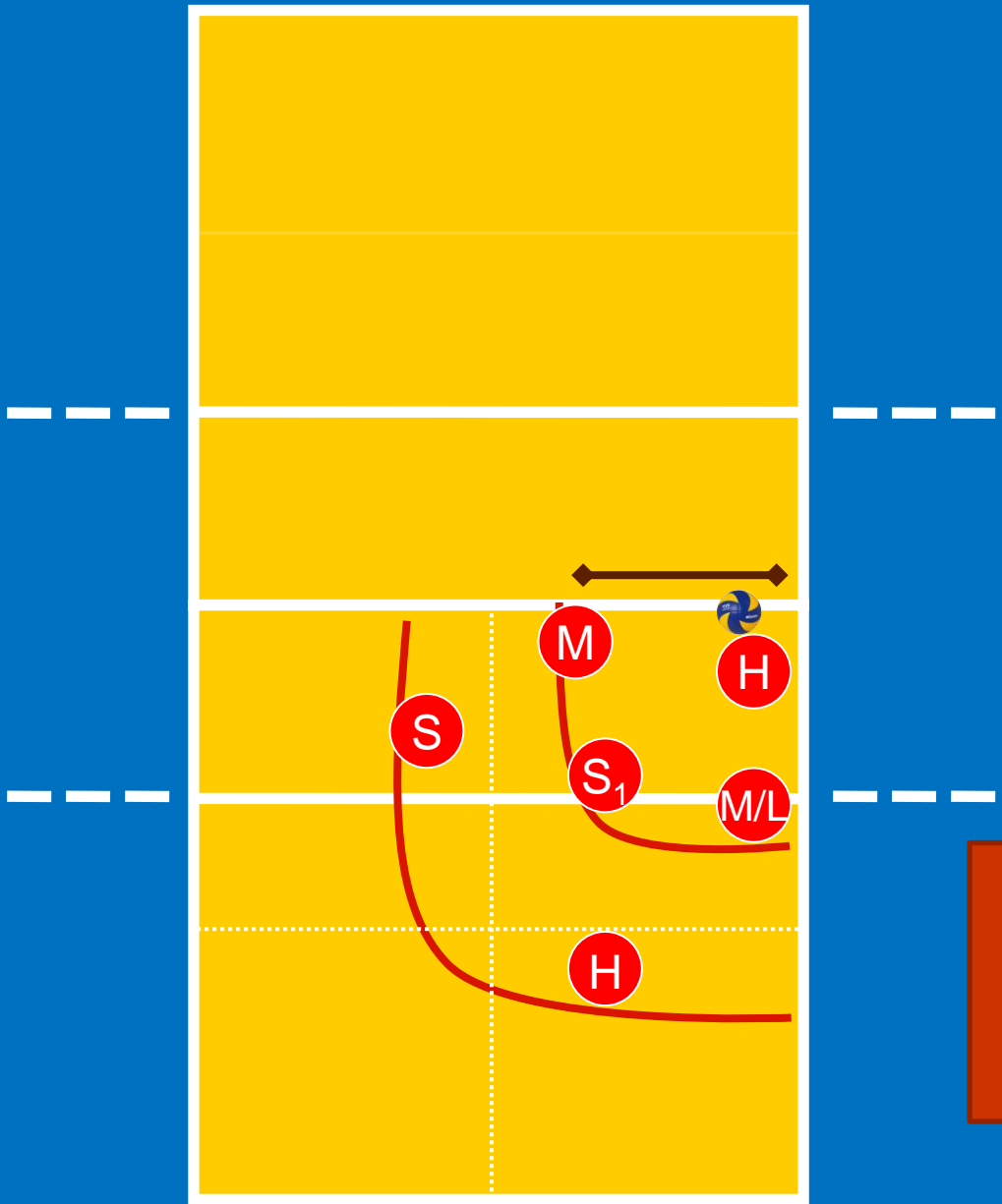
Attack coverage
p4



Coverage formation
1-3-2

Offense system 6:2 (4:2 backcourt setter)
Attack coverage after reception. Setter p1.

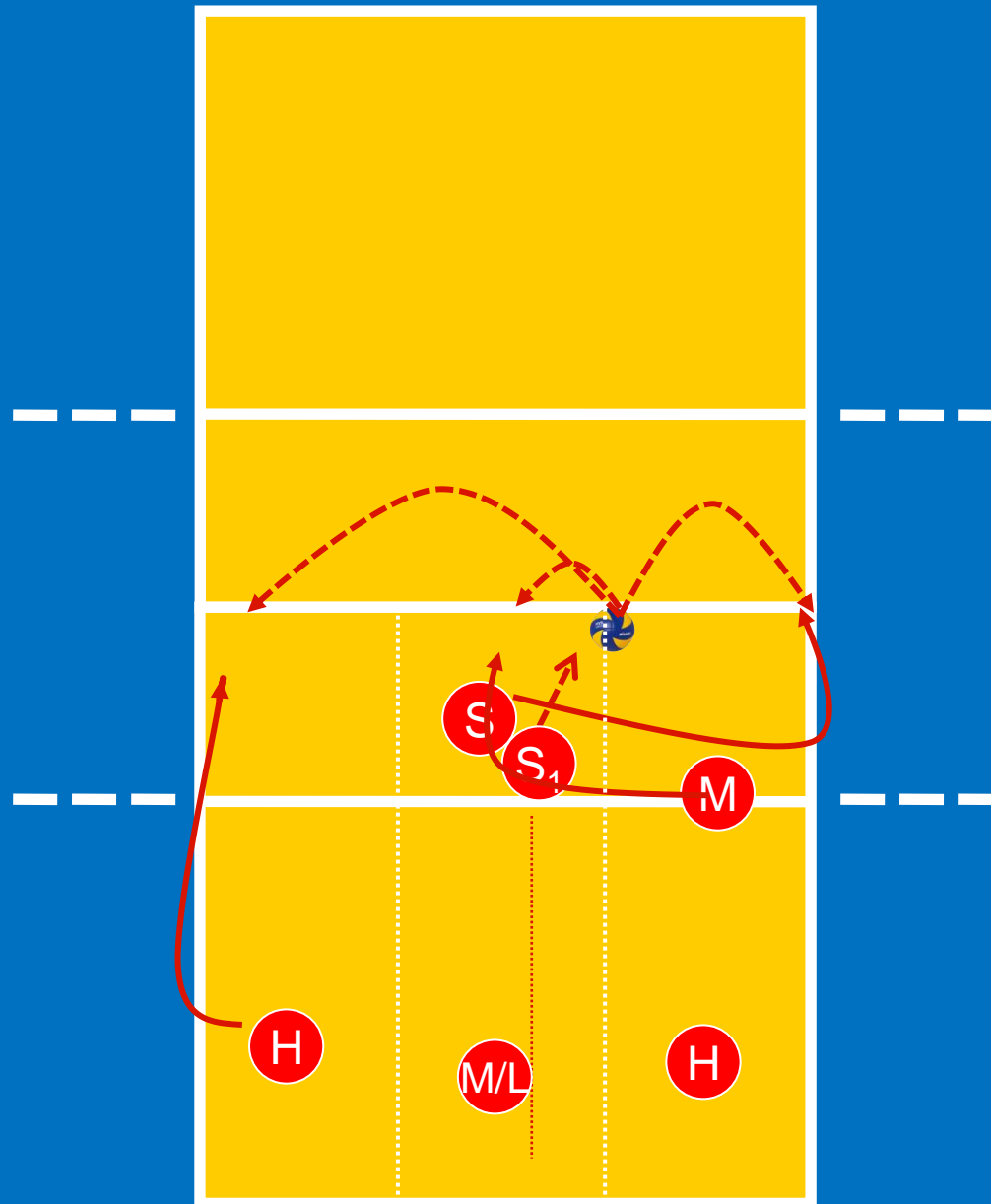
Attack coverage p2



Coverage formation 1-3-2

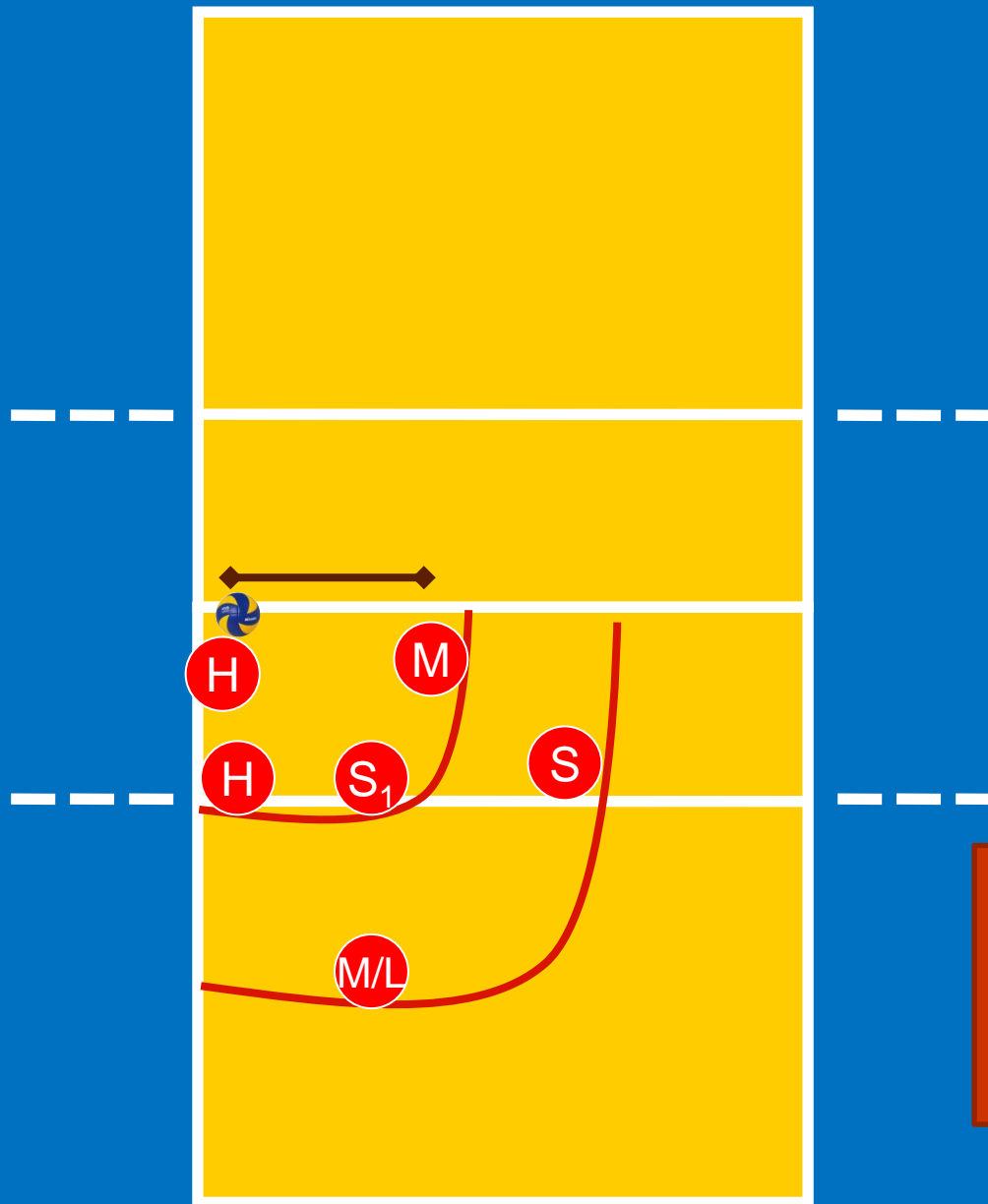
Offense system 6:2 (4:2 backcourt setter)
Attack coverage after reception. Setter p6.

Attack organization



Offense system 6:2 (4:2 backcourt setter)
Attack coverage after reception. Setter p6.

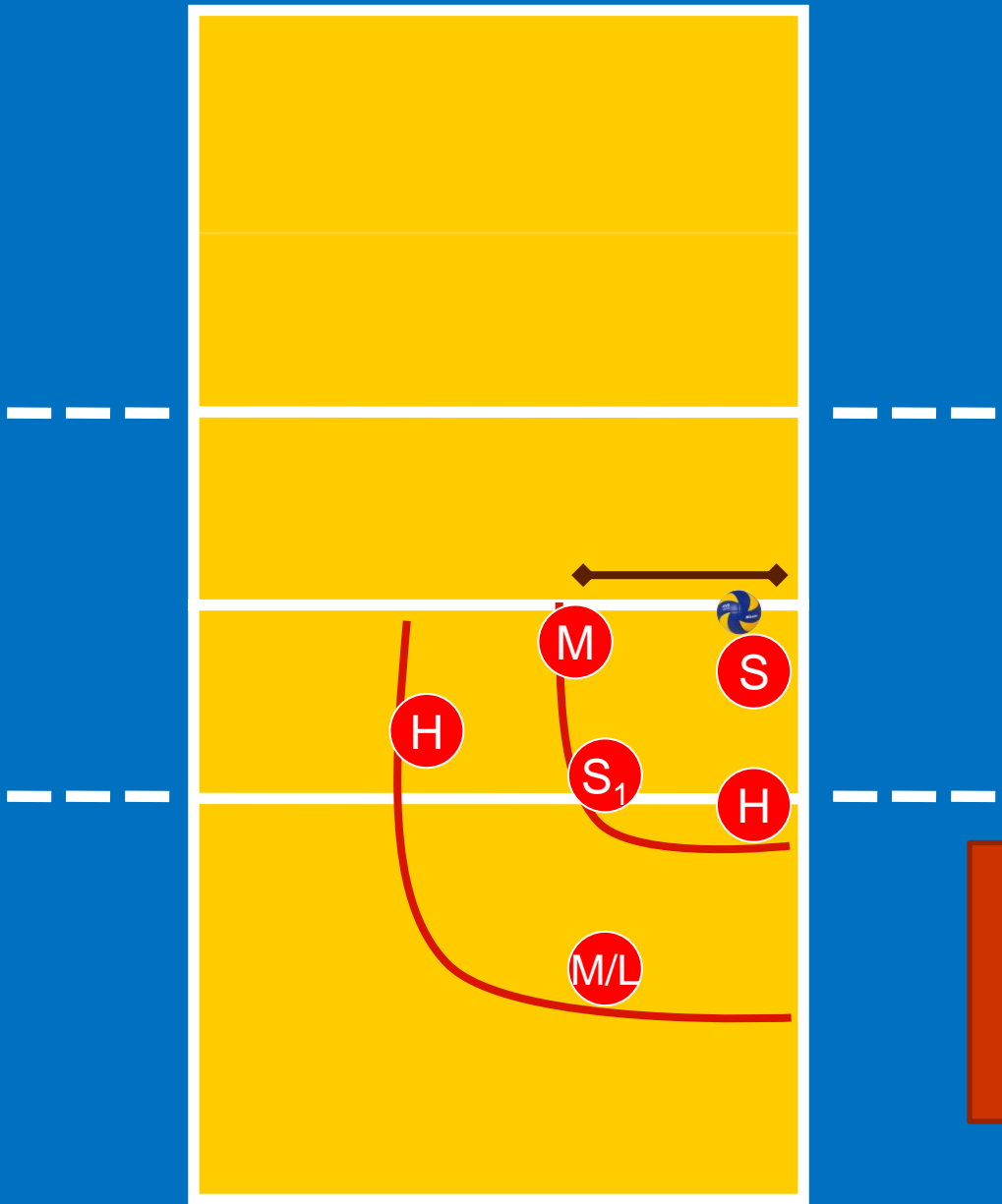
Attack coverage
p4



Coverage formation
1-3-2

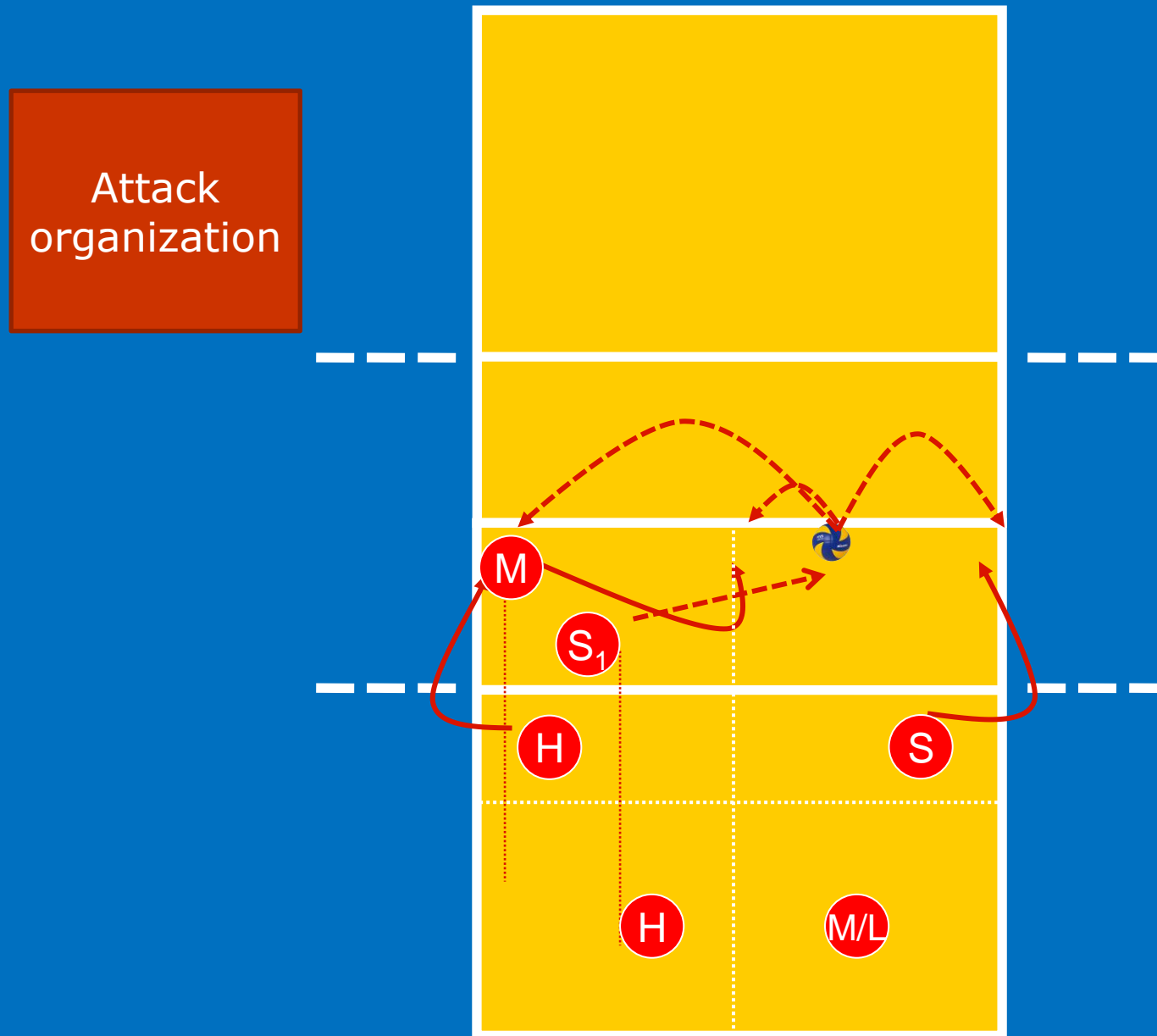
Offense system 6:2 (4:2 backcourt setter)
Attack coverage after reception. Setter p6.

Attack coverage p2



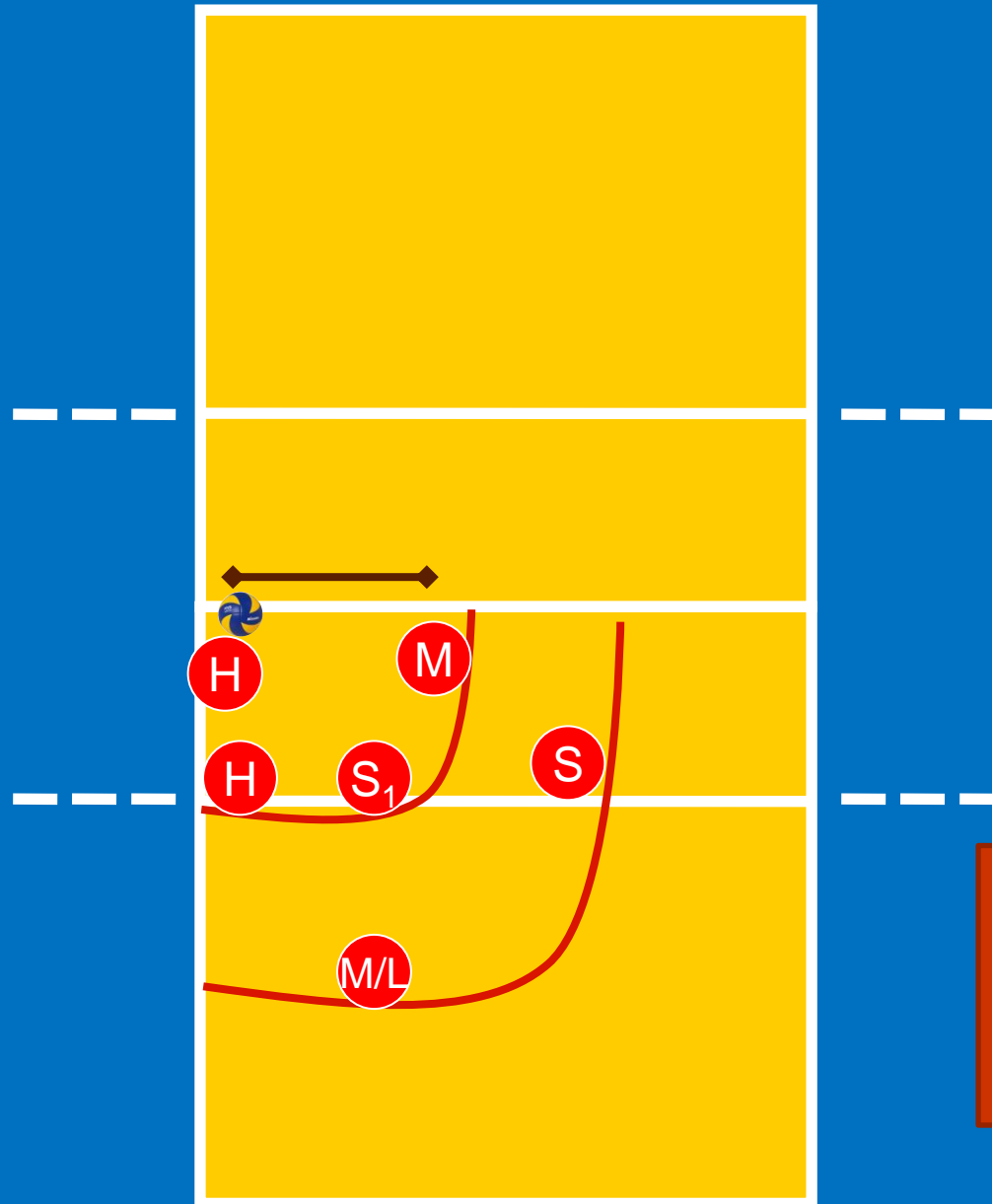
Coverage formation 1-3-2

Offense system 6:2 (4:2 backcourt setter)
Attack coverage after reception. Setter p5.



Offense system 6:2 (4:2 backcourt setter)
Attack coverage after reception. Setter p5.

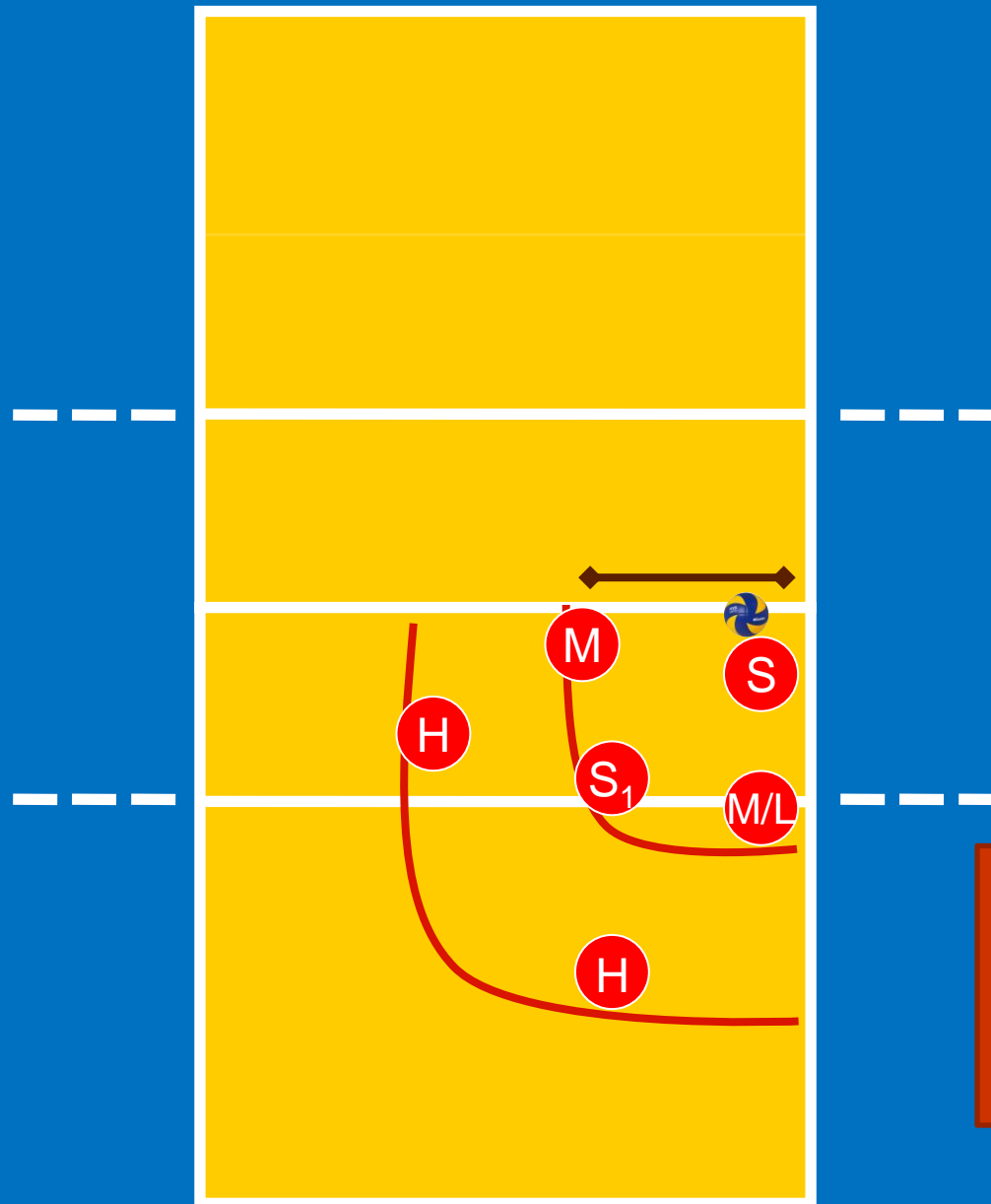
Attack
coverage
p4



Coverage
formation
1-3-2

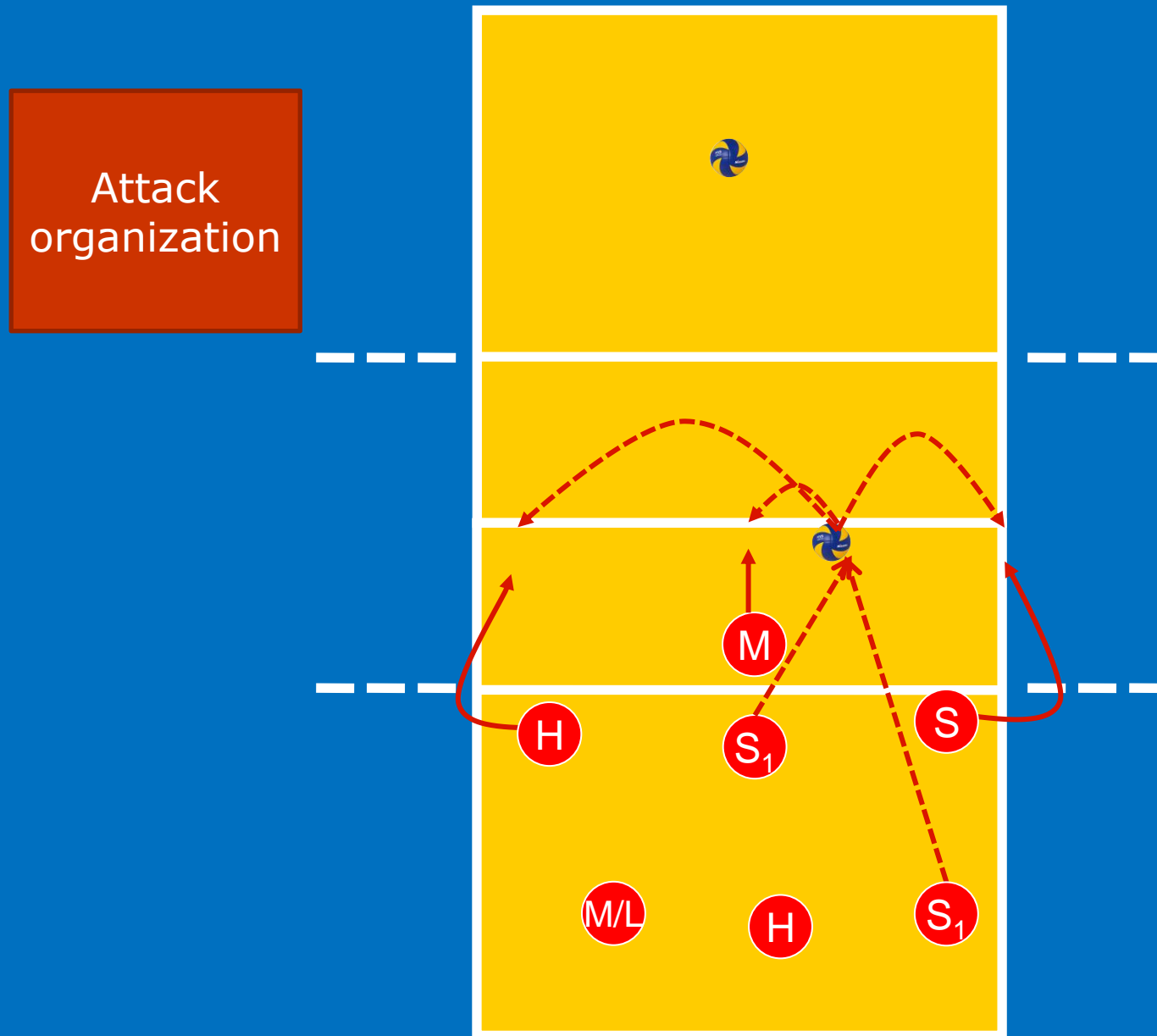
Offense system 6:2 (4:2 backcourt setter)
Attack coverage after reception. Setter p5.

Attack coverage
p2



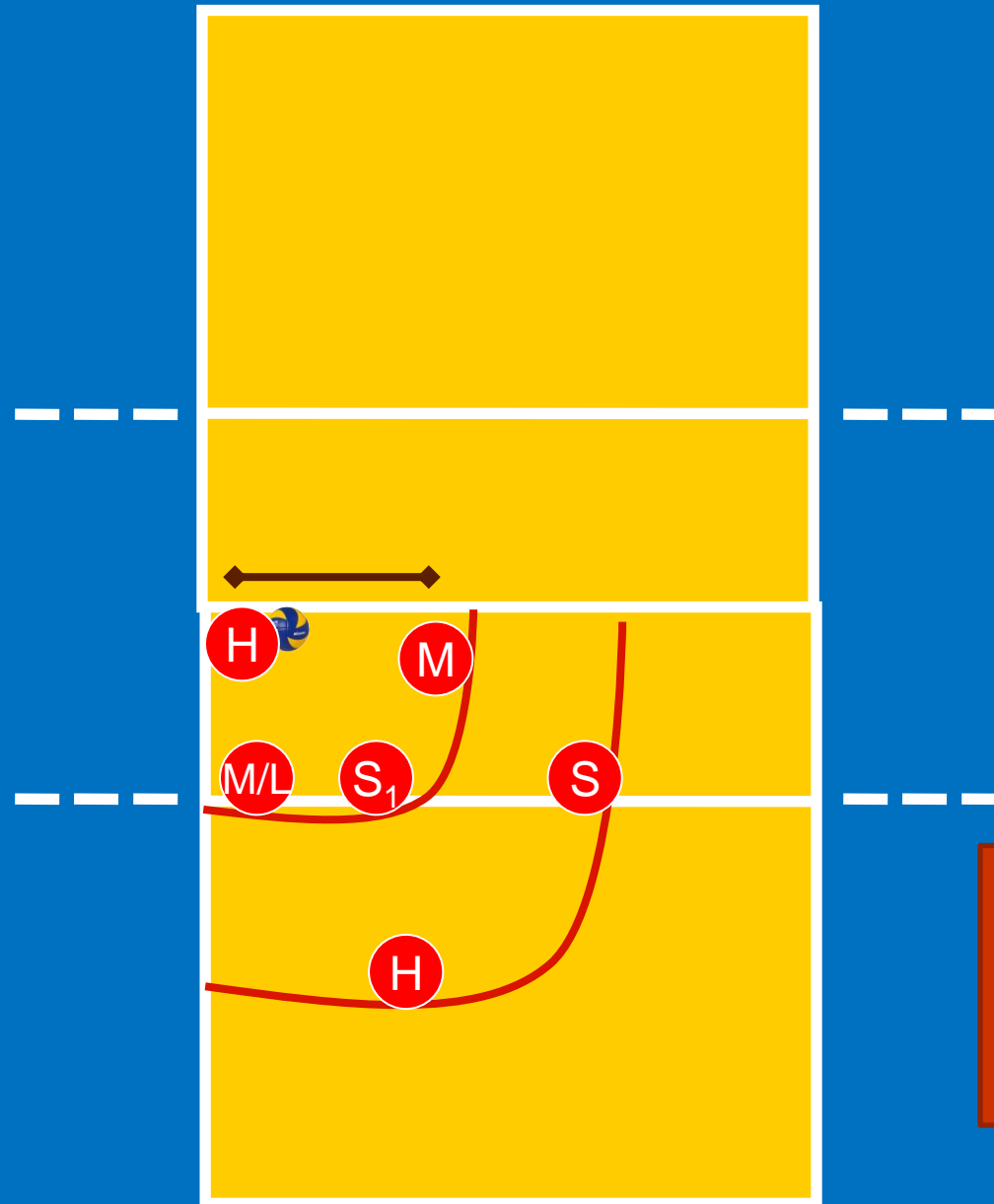
Coverage formation
1-3-2

Offense system 6:2 (4:2 backcourt setter) Counterattack coverage



Offense system 6:2 (4:2 backcourt setter) Counterattack coverage

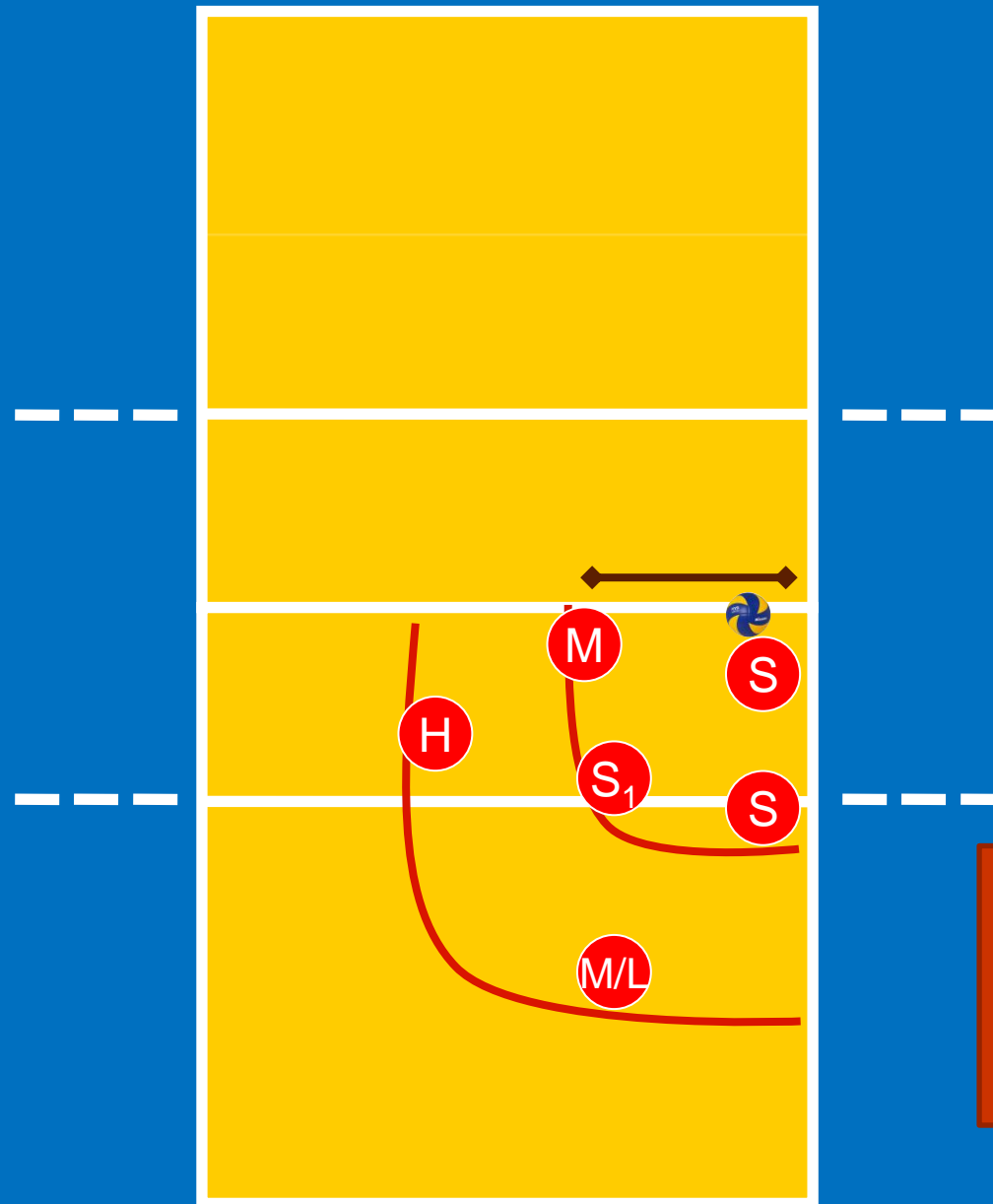
Attack coverage
p4



Coverage formation
1-3-2

Offense system 6:2 (4:2 backcourt setter) Counterattack coverage

Attack coverage
p2

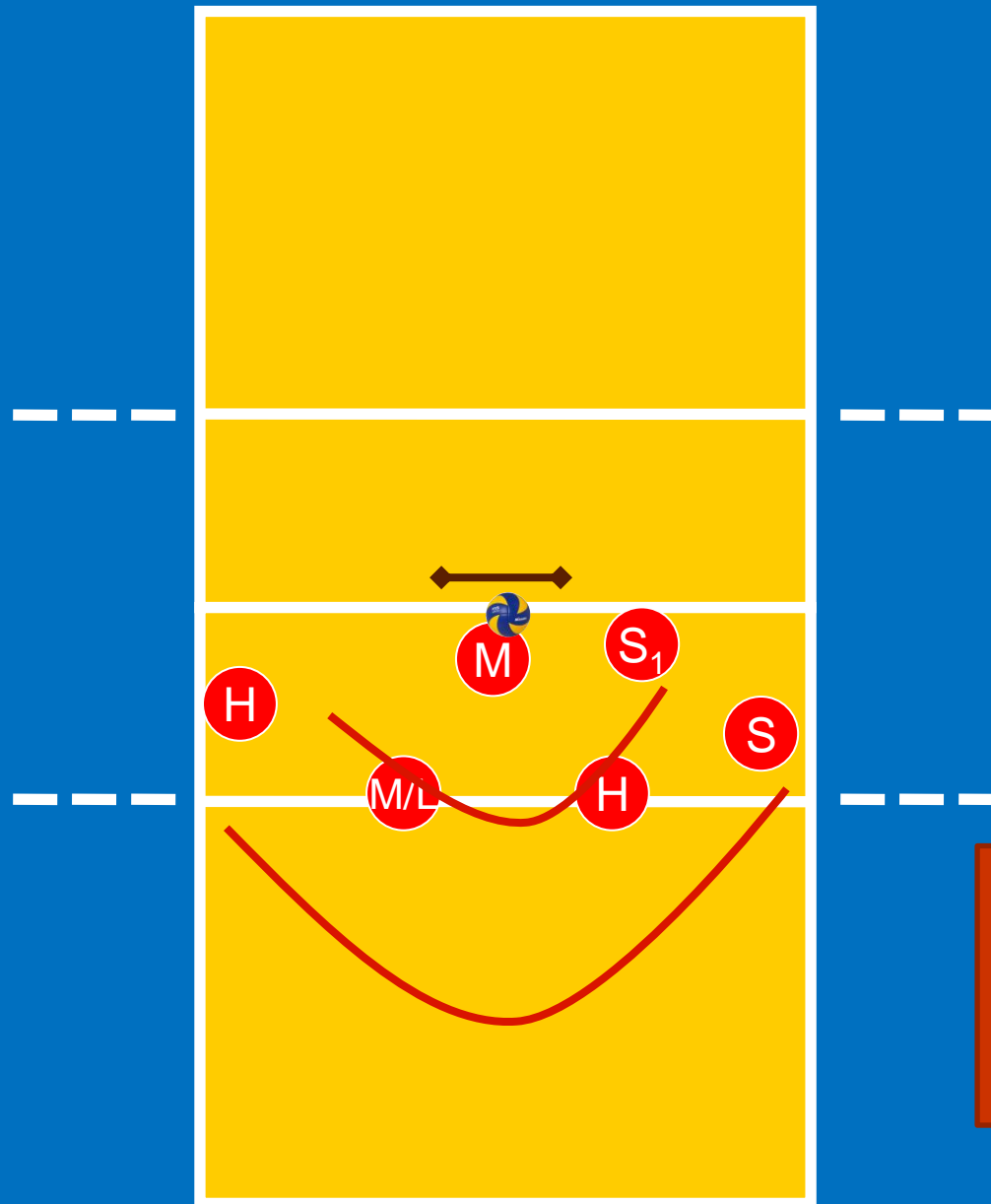


Coverage formation
1-3-2

Offense system 6:2 (4:2 backcourt setter)

Counterattack coverage

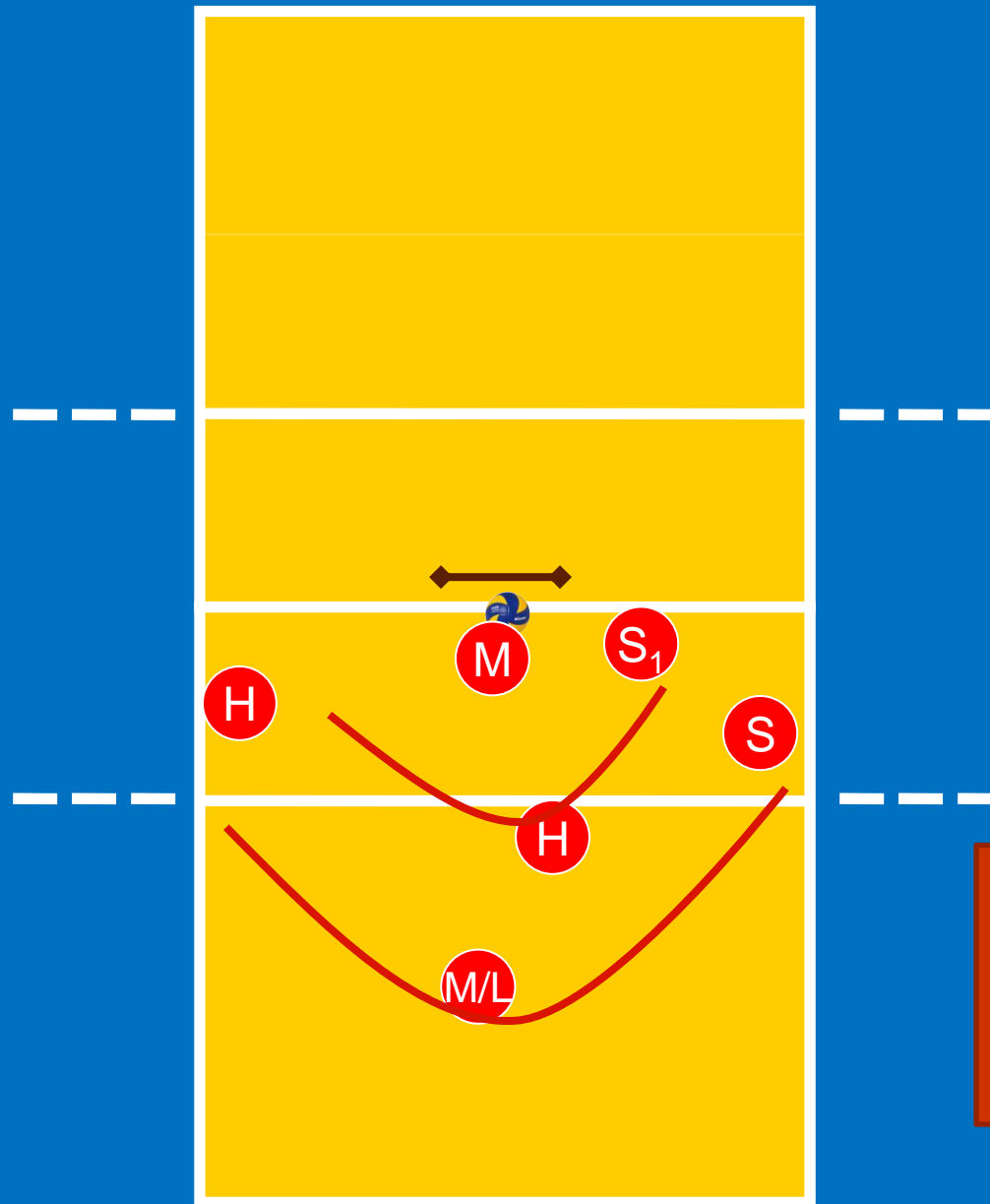
Attack coverage
p3



Coverage formation
1-2-0(!)

Offense system 6:2 (4:2 backcourt setter) Counterattack coverage

Attack coverage
p3

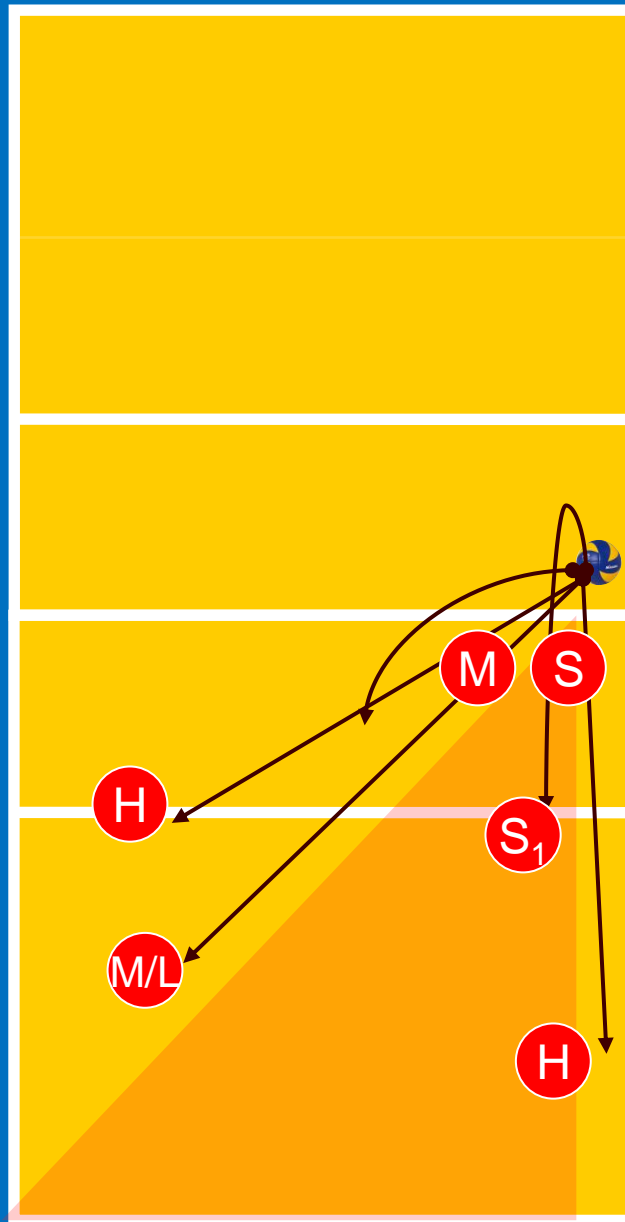


Coverage formation
1-1-1(!)

Offence system 6:2 backcourt Defense with p6 ahead vs attack p4

Team block

Who is the alternative setter?

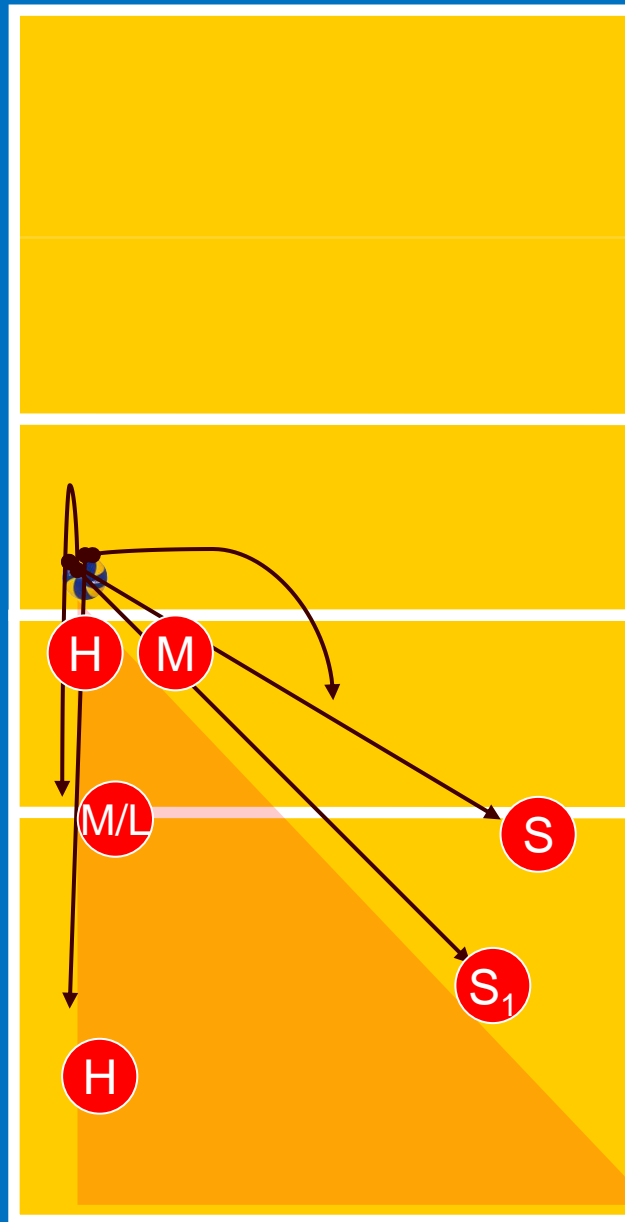


Defense with p6 ahead vs attack p4
2-1-3

Offence system 6:2 backcourt Defense with p6 ahead vs attack p2

Team block

Who is the alternative setter?



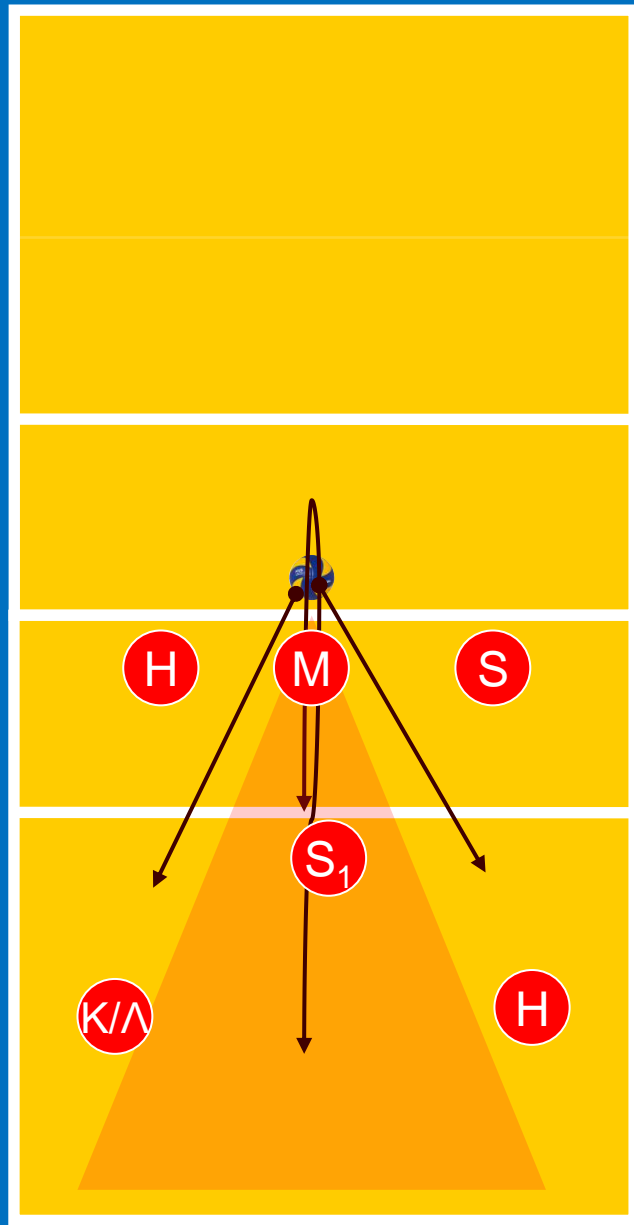
Defense with p6 ahead vs attack p2
2-1-3

Offence system 6:2 backcourt Defense with p6 ahead vs attack p3

Single block



Who is the alternative setter?

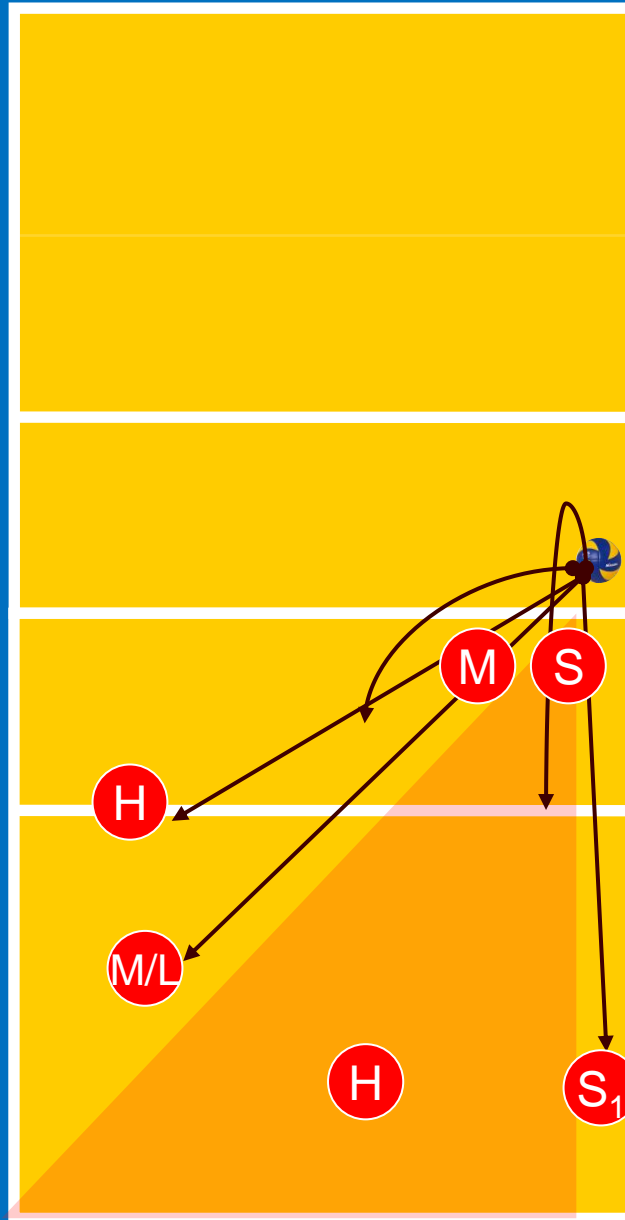


Defense with p6 ahead vs attack p3
1-3(?) - 2

Offence system 6:2 backcourt Defense with p6 back vs attack p4

Team block

Who is the alternative setter?

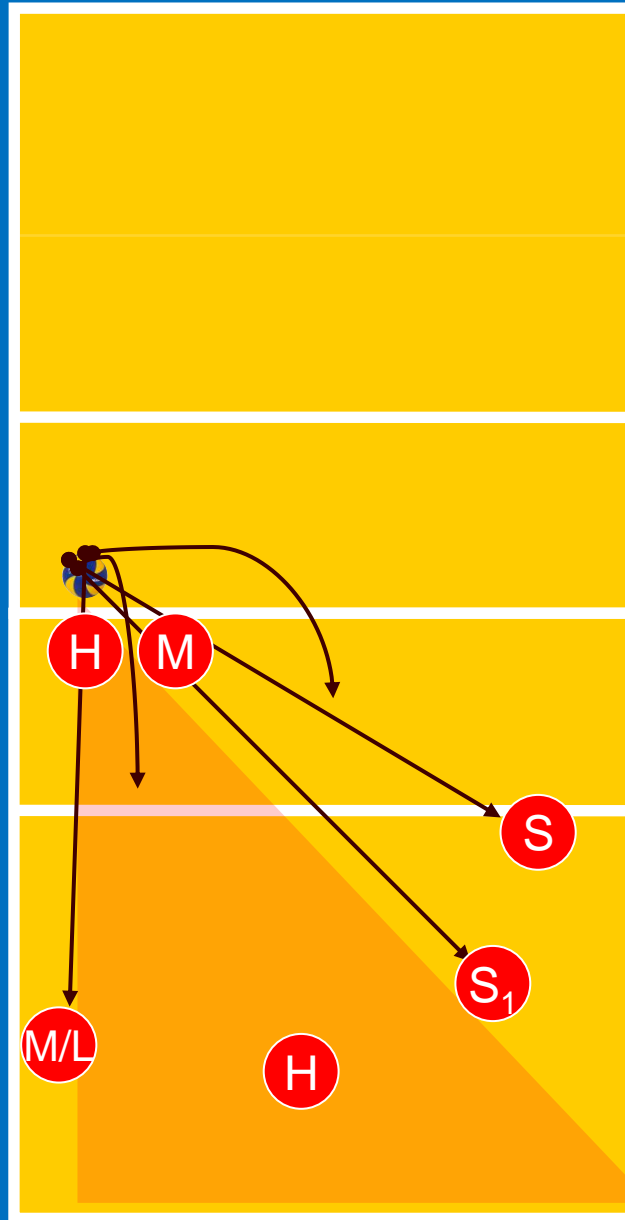


Defense with p6 back vs attack p4
2-0-4

Offence system 6:2 backcourt Defense with p6 backvs attack p2

Team block

Who is the alternative setter?

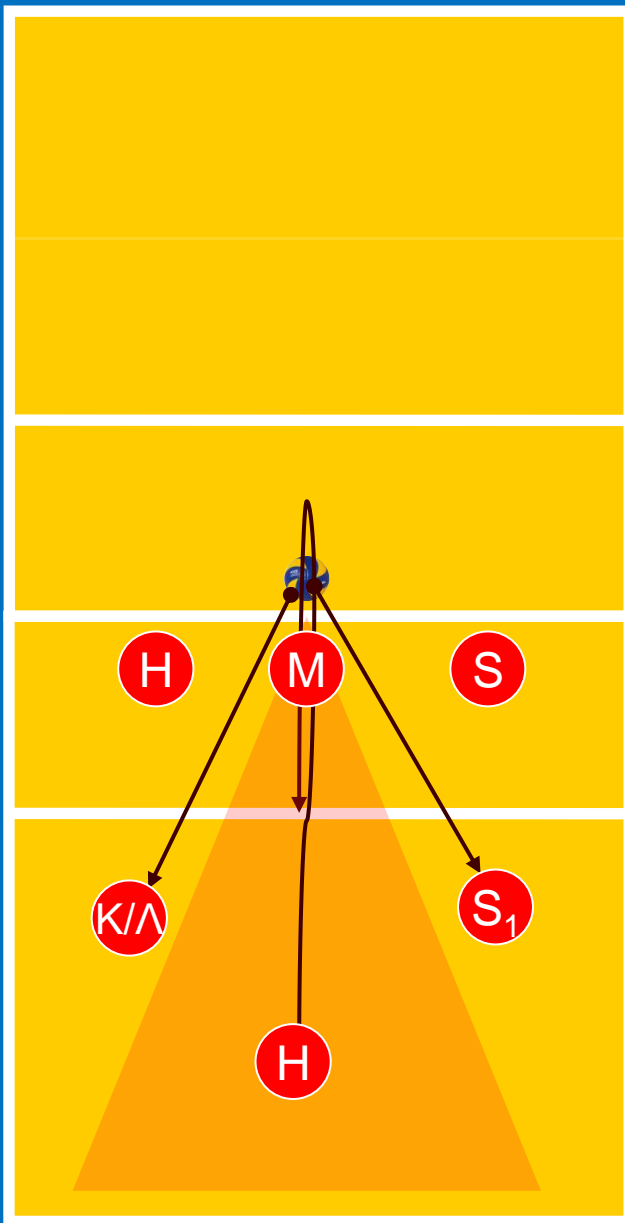


Defense with p6 back vs attack p2 2-0-4

Offence system 6:2 backcourt Defense with p6 back vs attack p3

Single
block

Who is the
alternative
setter?



Defense
with p6
ahead
vs attack p3
1-2-3

**OFFENSE SYSTEM 6:2
4:2 BACKCOURT SETTER SYSTEM
RECEIVE FORMATIONS**

LESSONS 25-27