# OTHER OFFENSE SYSTEM 6:6 BACKCOURT SETTER SYSTEM 6:2

Advanced Level Volleyball (ΑΠ-185επ)

Sotiris Drikos www.sdrikos.com

### Offense system 6:6 backcourt setter

### • Why

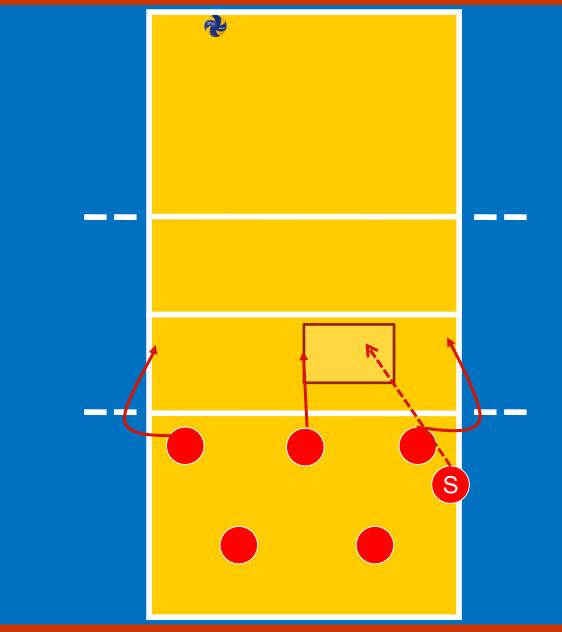
- More points of attack
- More players in attack formation
- Lack of setters
- Evolution of offensive systems



### Offense system 6:6 backcourt setter

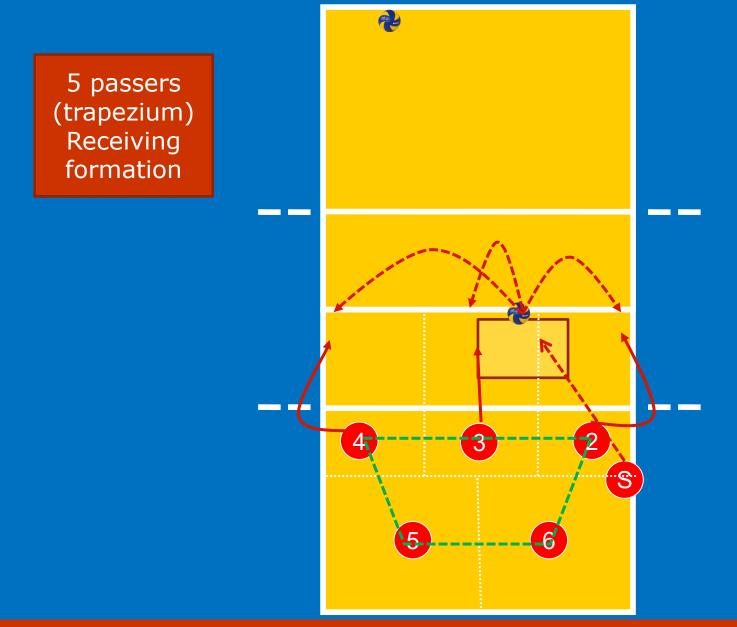
### • Setter's zones

- Zone 1
- Zone 6
- Zone 5
- Receiving formations
  - 5 passers (trapezium formation)
  - 4 passers U shape
  - 3 passers
- Coverage of the attack
  - 1-2-3
  - 1-3-2
- Defensive formation
  - 6 ahead
  - 6 back (?)



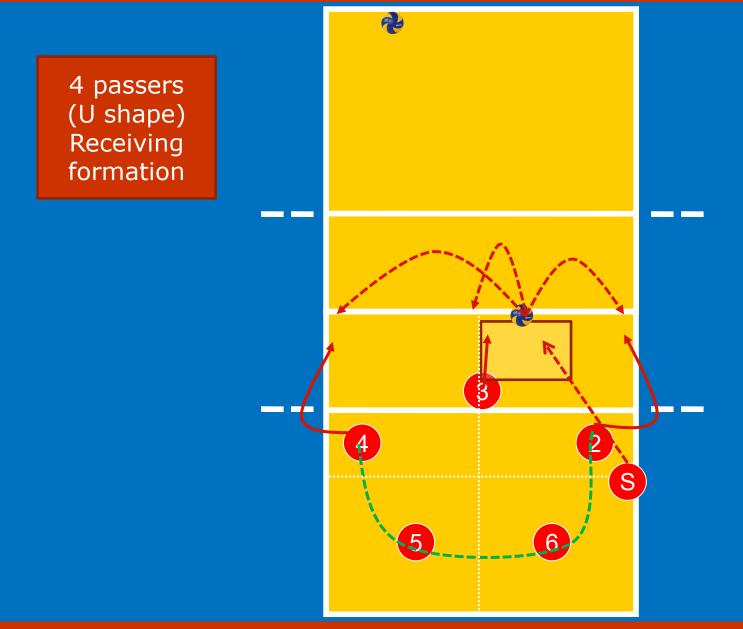
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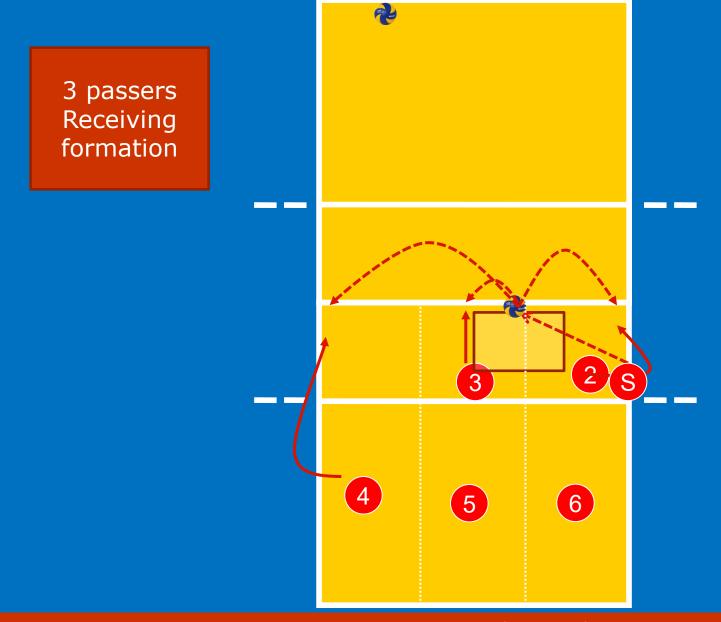
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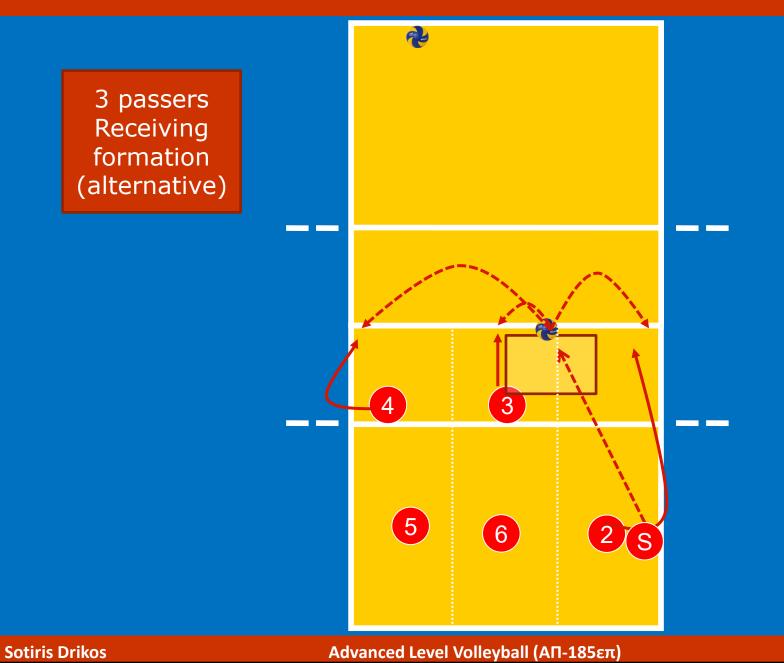
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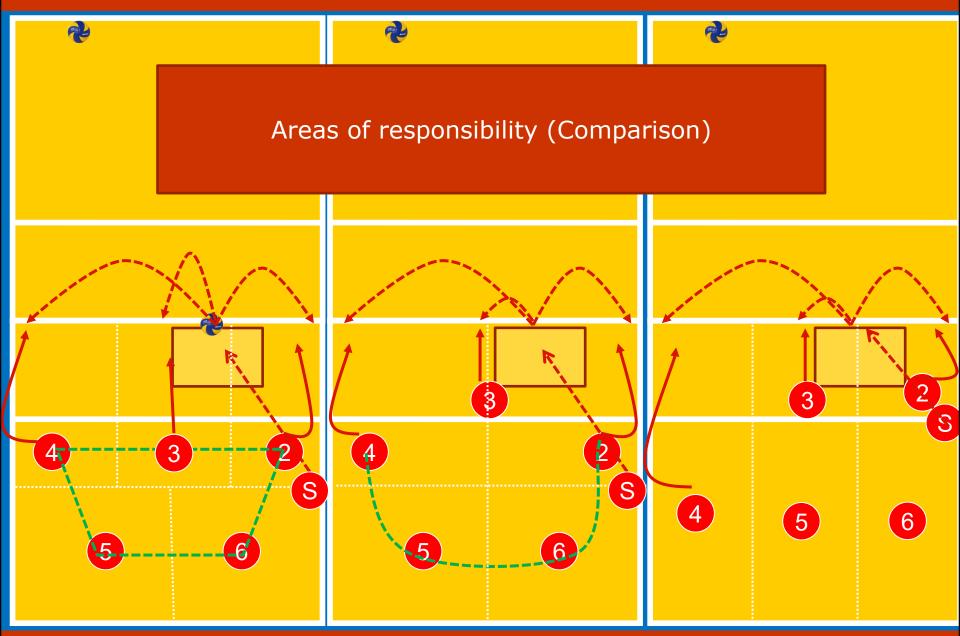
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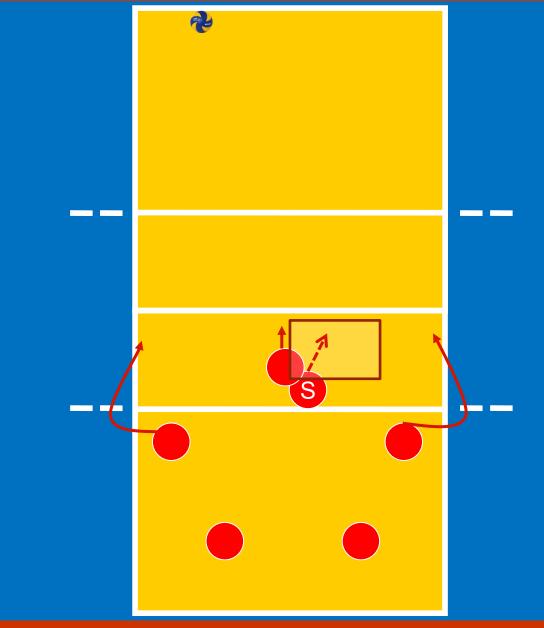
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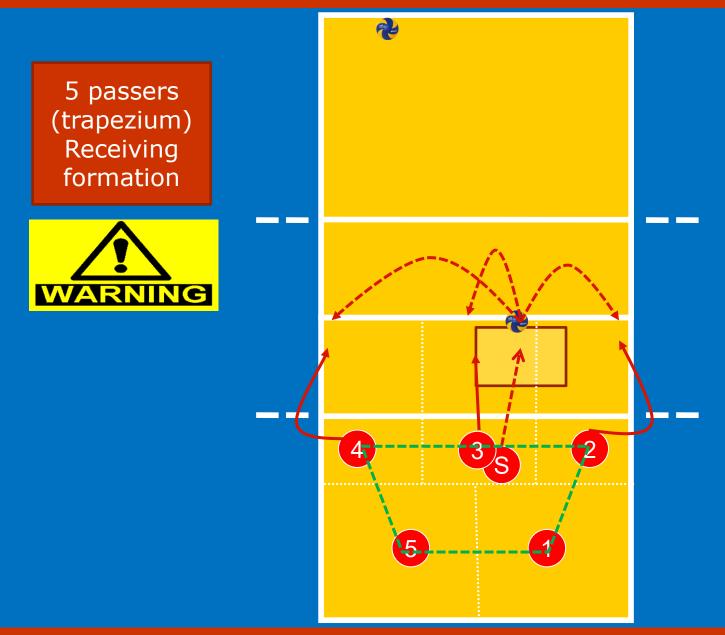
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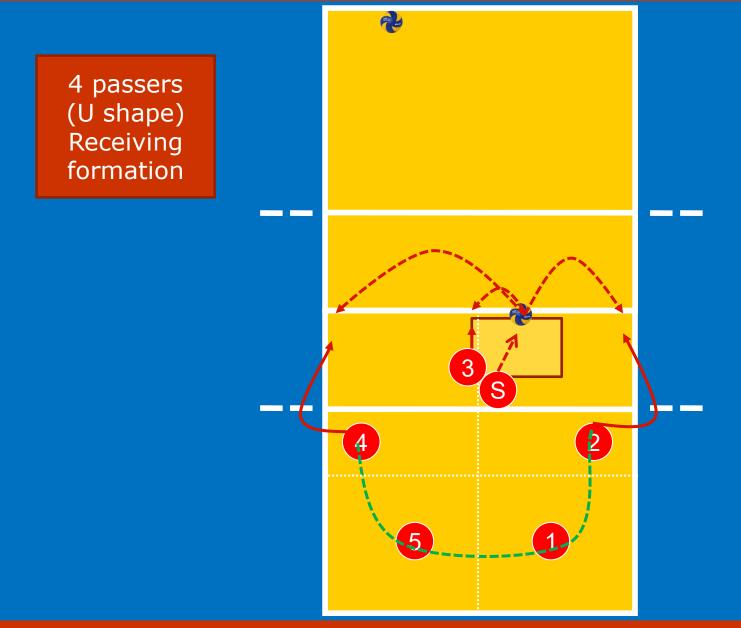




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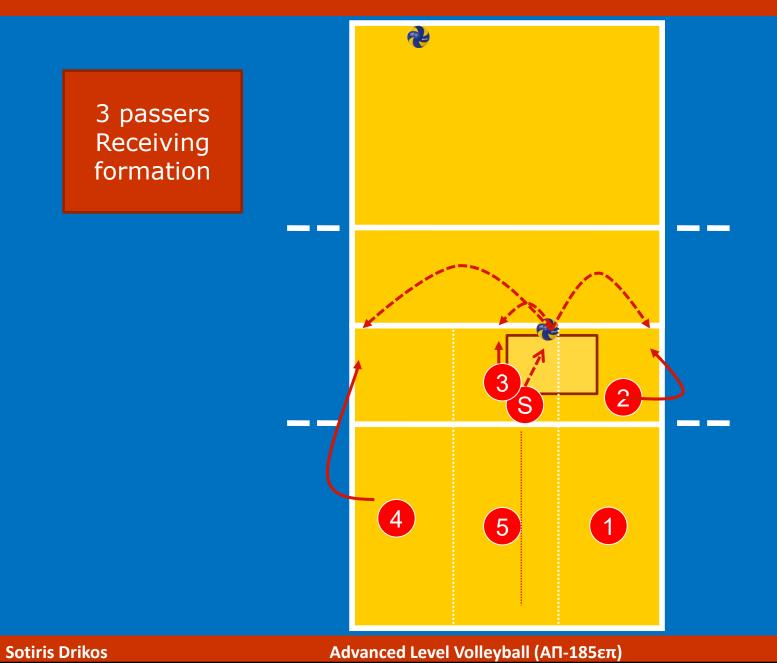
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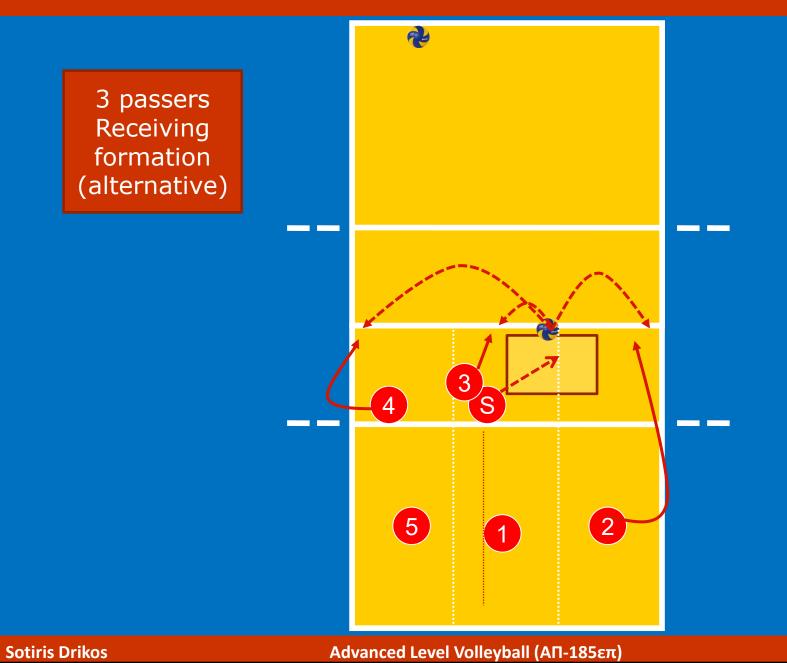


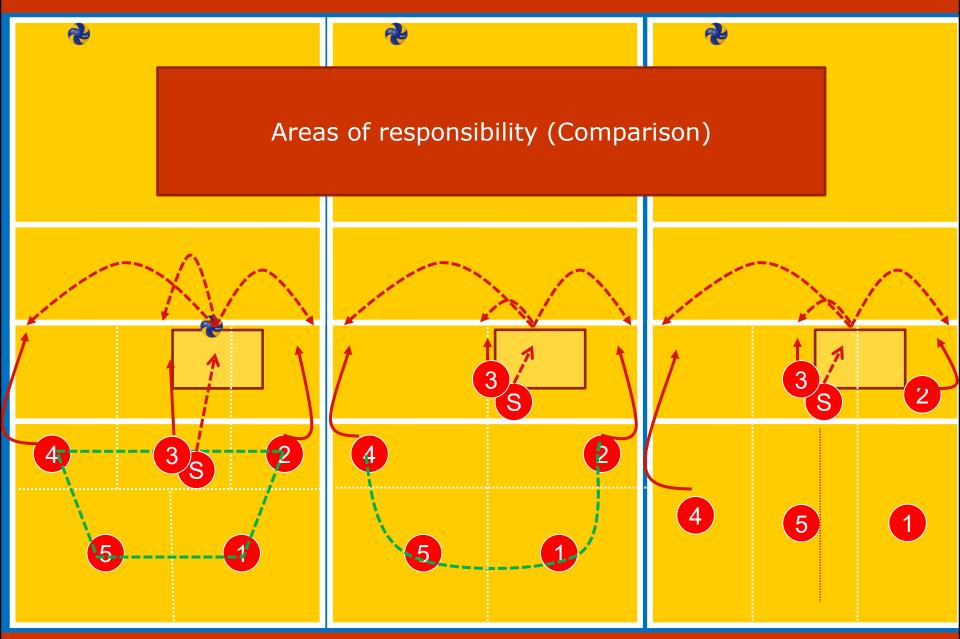


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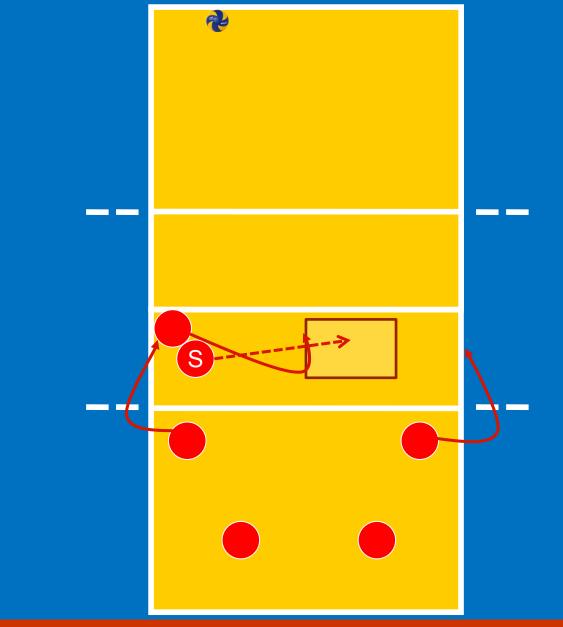






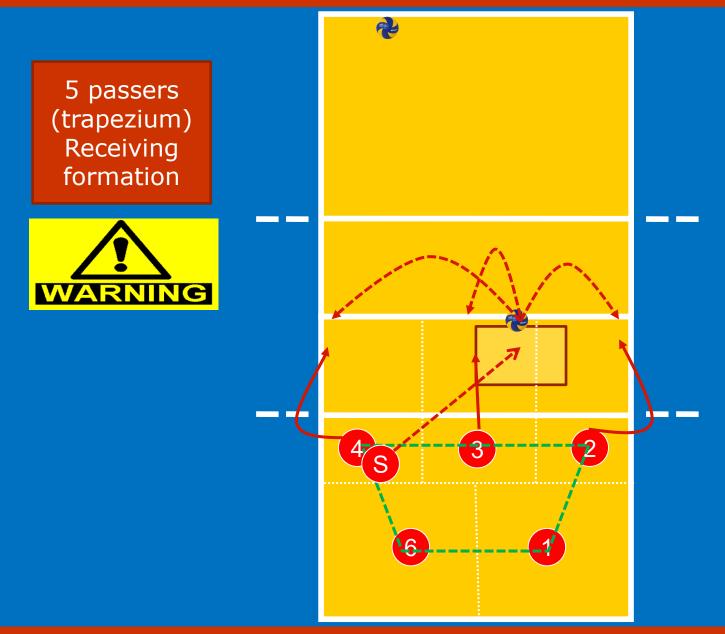
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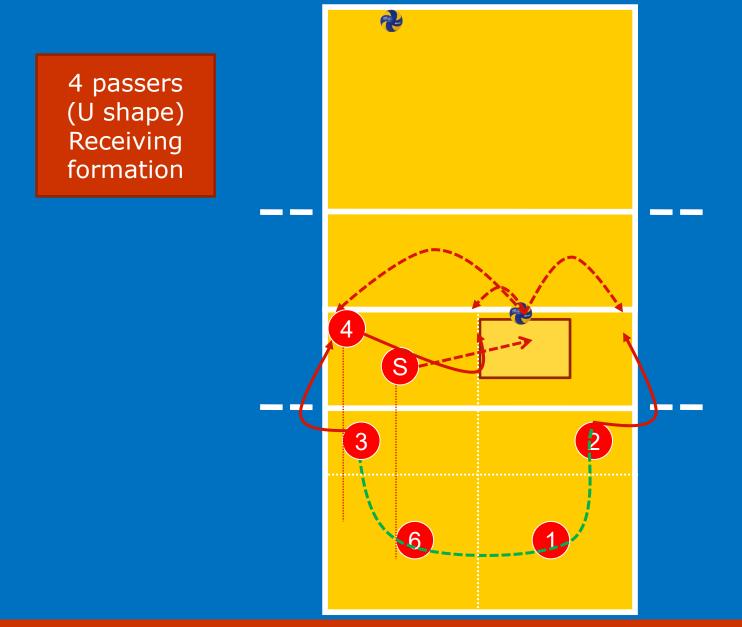
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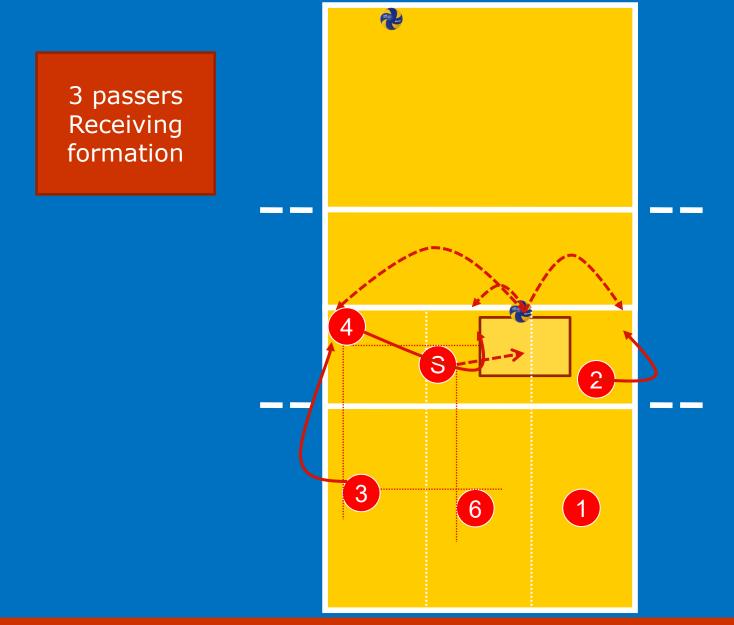
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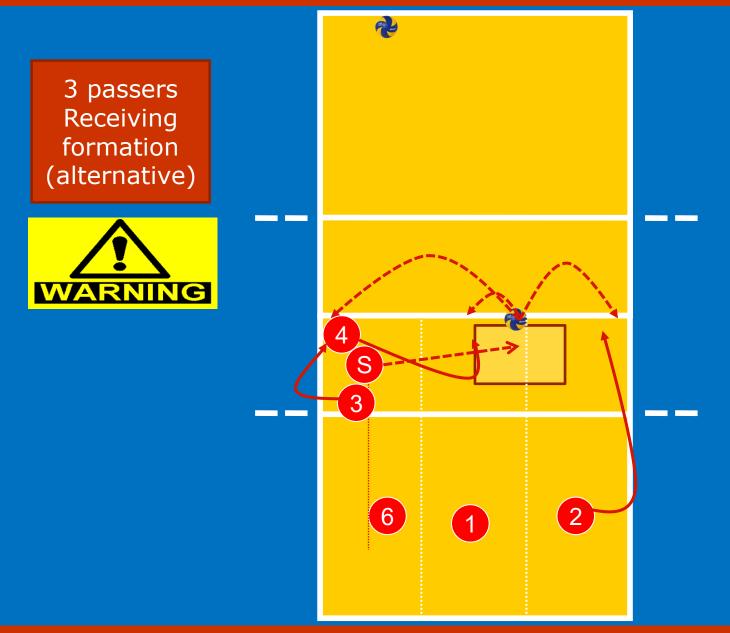
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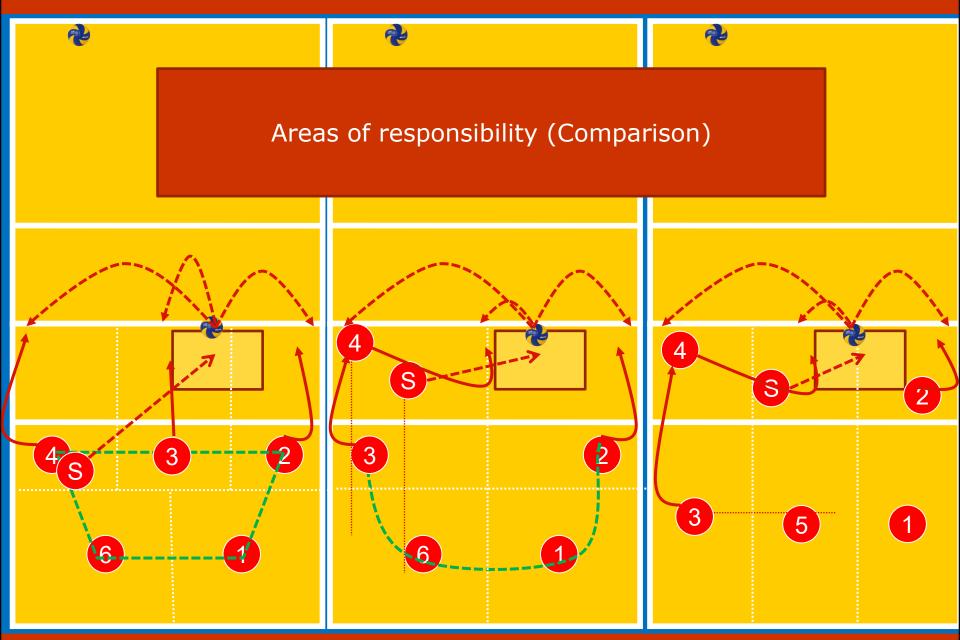
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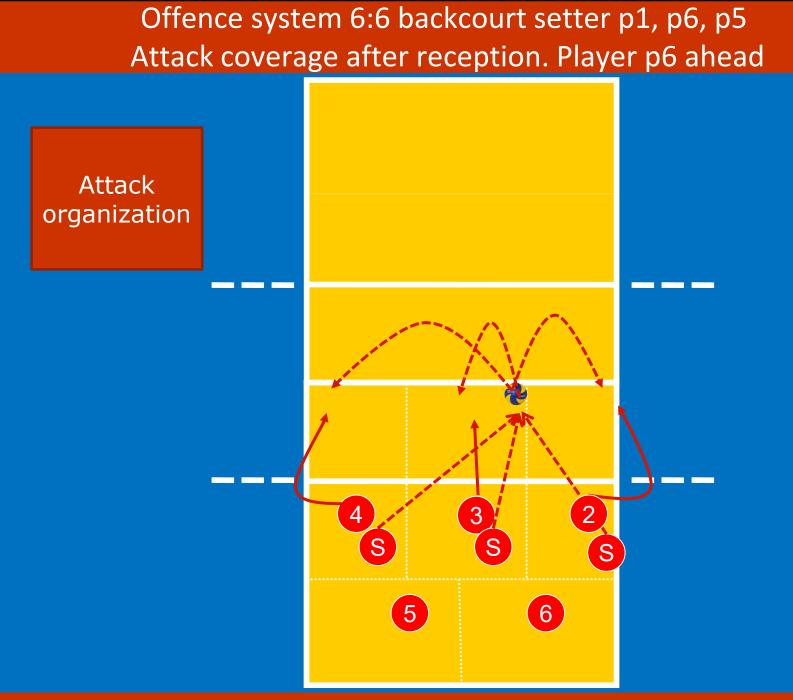
### Offense system 6:6 backcourt setter



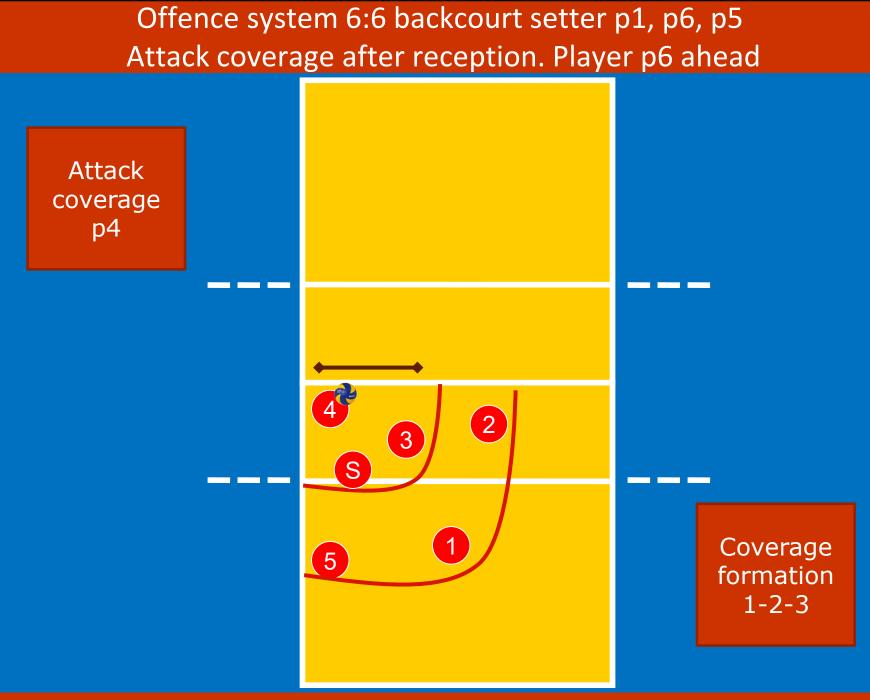
- Add positions of attack
- More players in attack formation
- All players equal participation
- Holistic approach to play
- Players' absences do not affect the training plan.



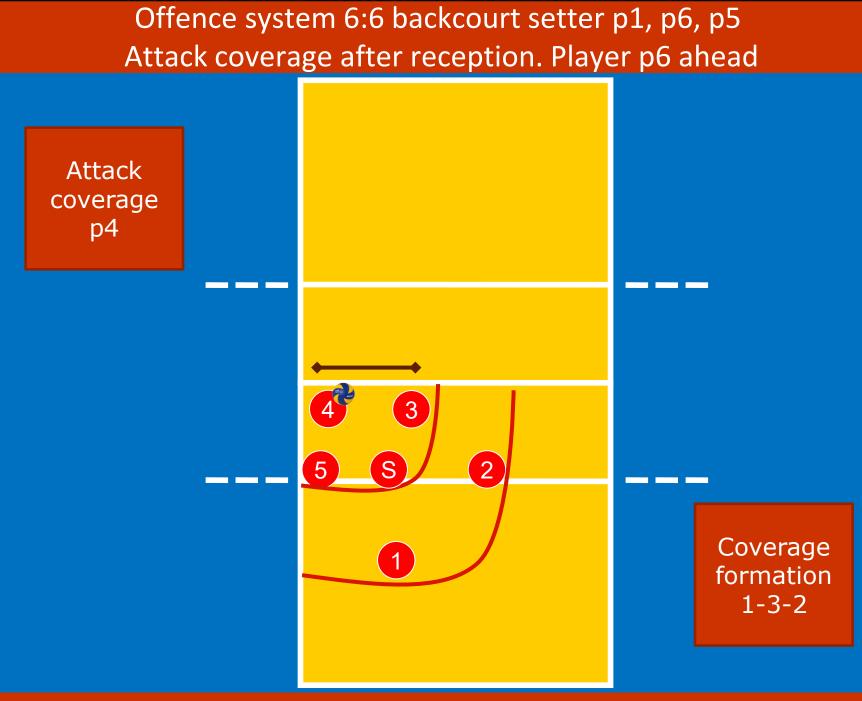
- Differentiated attack tempo
- Difficulties in the training time distribution
- Organization of training plan
- Further specialization of the players



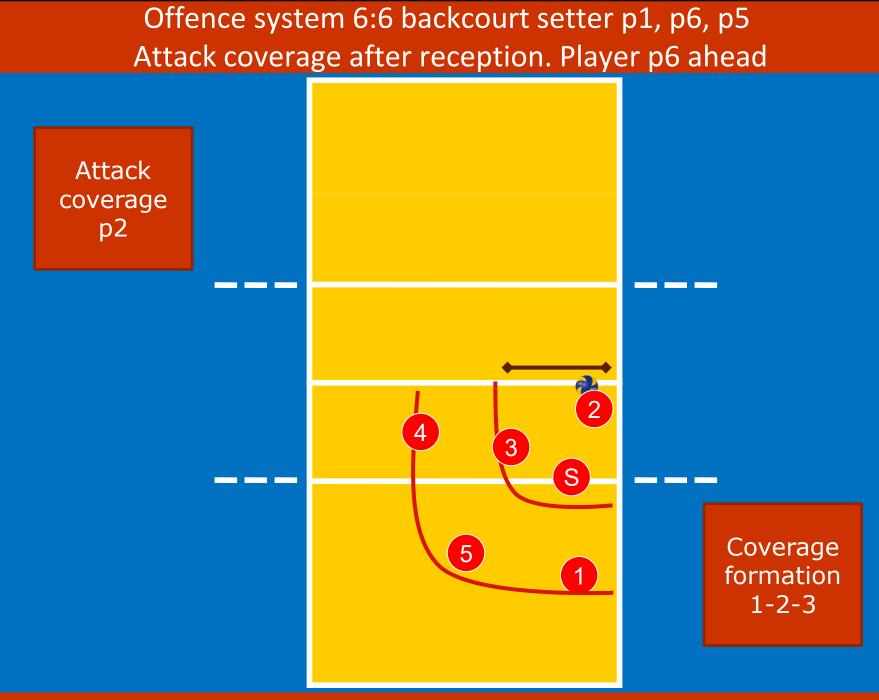
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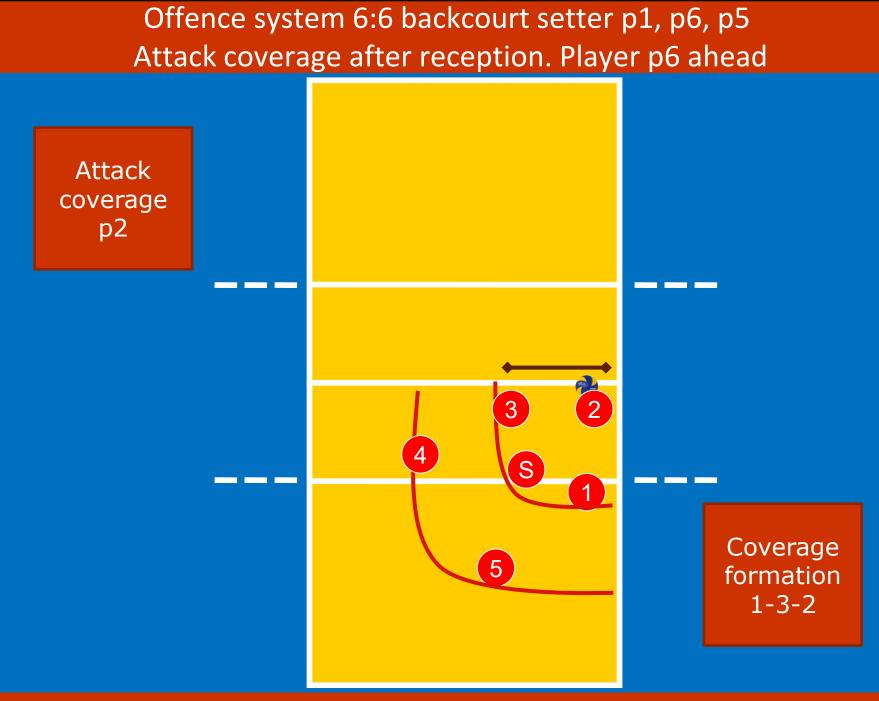
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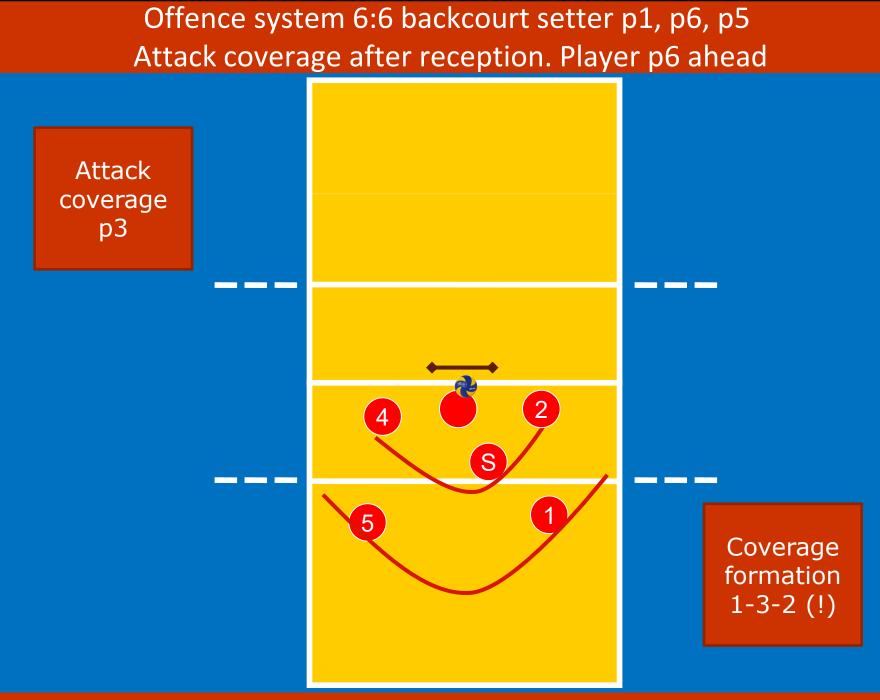
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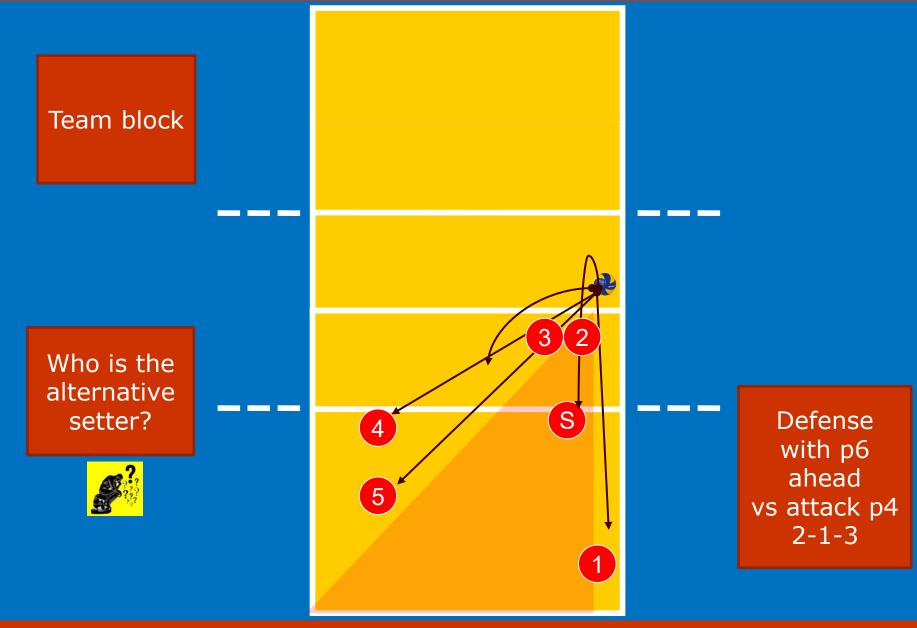


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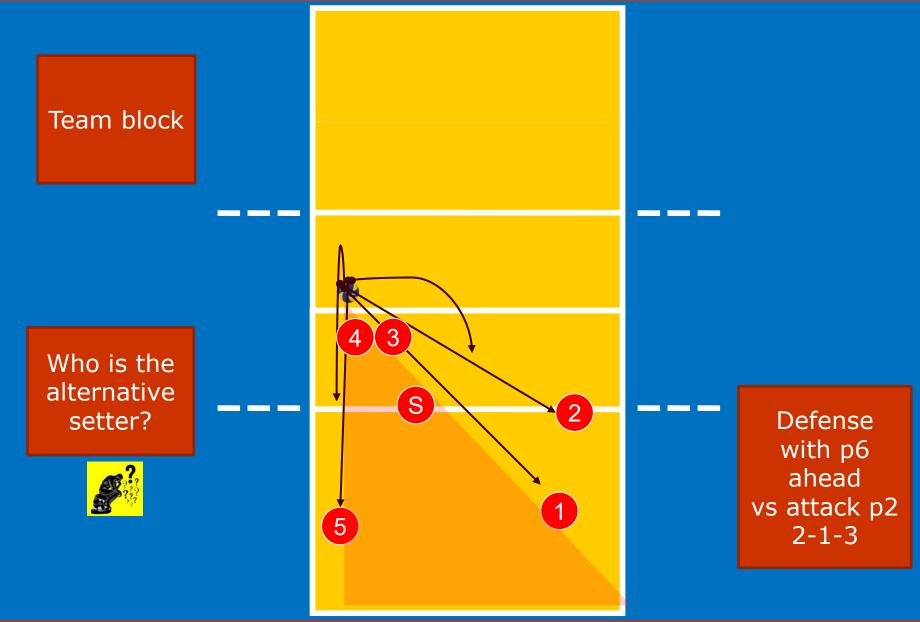
Offence system 6:6 backcourt setter p1, p6, p5 Defense with p6 ahead vs attack p4



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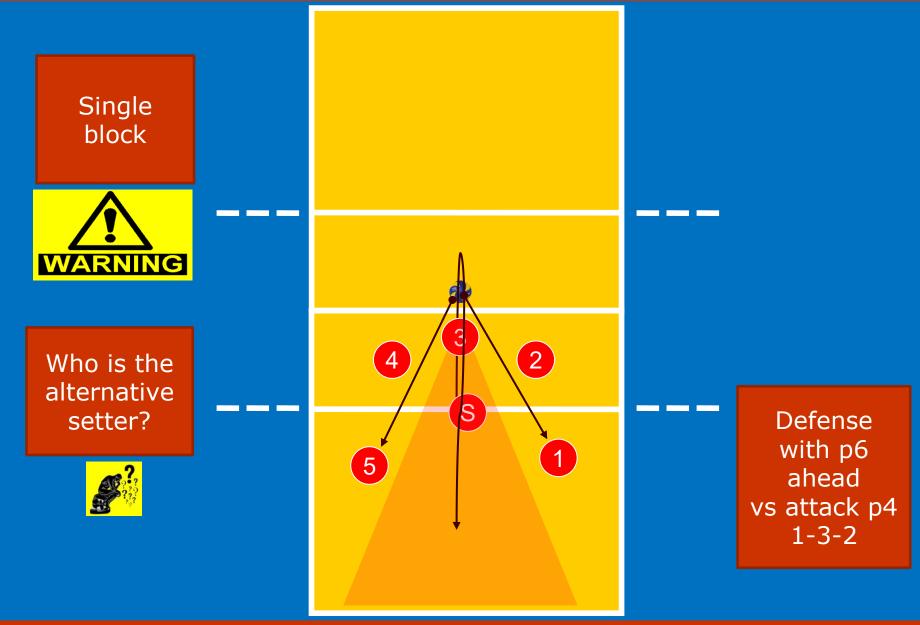
Offence system 6:6 backcourt setter p1, p6, p5 Defense with p6 ahead vs attack p2



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#### Advanced Level Volleyball (AΠ-185επ)

Offence system 6:6 backcourt setter p1, p6, p5 Defense with p6 ahead vs attack p3



#### Advanced Level Volleyball (AΠ-185επ)

# OFFENSE SYSTEM 6:2 RECEIVE FORMATIONS

Academic year 2021-2022

Advanced Level Volleyball (ΑΠ-185επ)

Sotiris Drikos www.sdrikos.com

### Offense system 6:2

### • Why

- More points of attack
- More players in attack formation
- Lack of setters
- Evolution of offensive systems



# Offense system 6:2



- More attack options
- More capable attackers
- Alternative setter in the court
- Holistic approach of the game
  - Easy for training plan



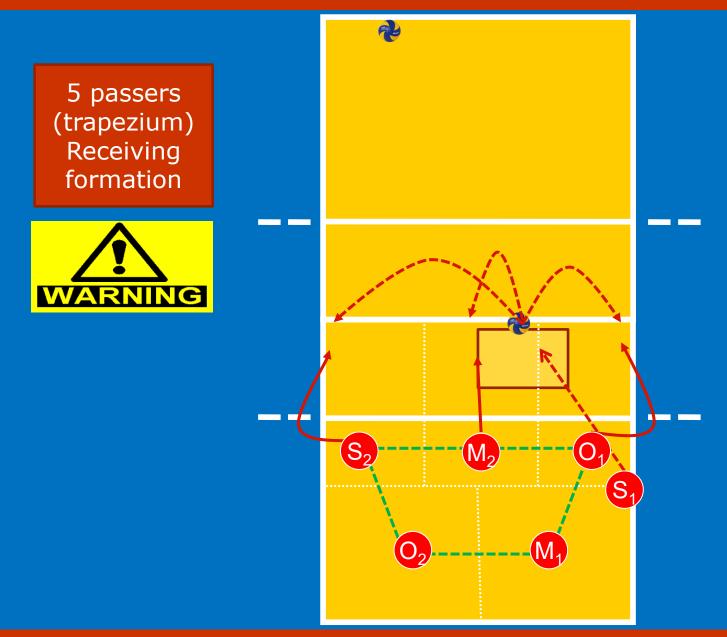
- At least 2 multitasker players
- Different attack tempo for each setter
- Hard to allocate training time
- Roster of the team
- Offensive system for the 2<sup>nd</sup> team
- Further Specialization of the players

### Offense system 6:2

- Setter zones
  - Zone 1
  - Zone 6
  - Zone 5
- Receive formations
  - Relieve MA from receive
  - Setter's path to the ball
  - Libero player
    - W shape
    - U shape
    - 3 players
- Attack coverage
  - 1-3-2
- Defense formation
  - 6 ahead
  - 6 back



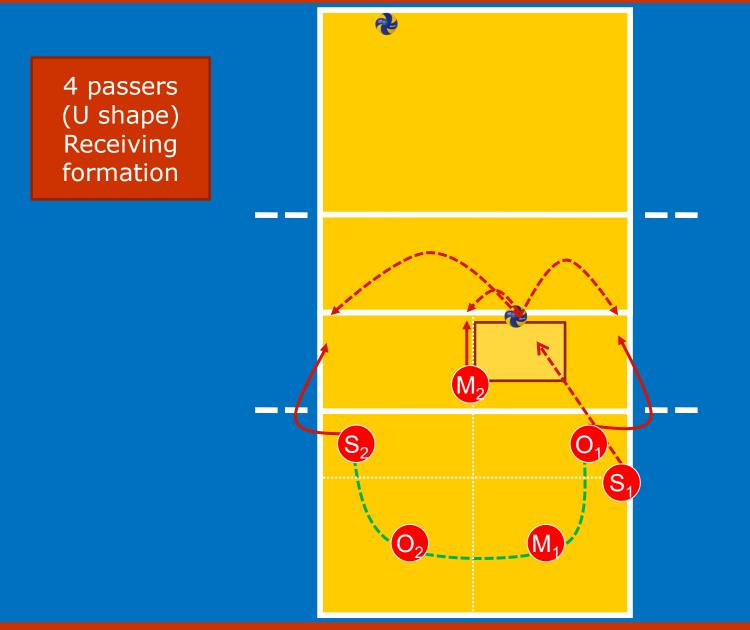
### Offense system 6:2 (setter zone 1)



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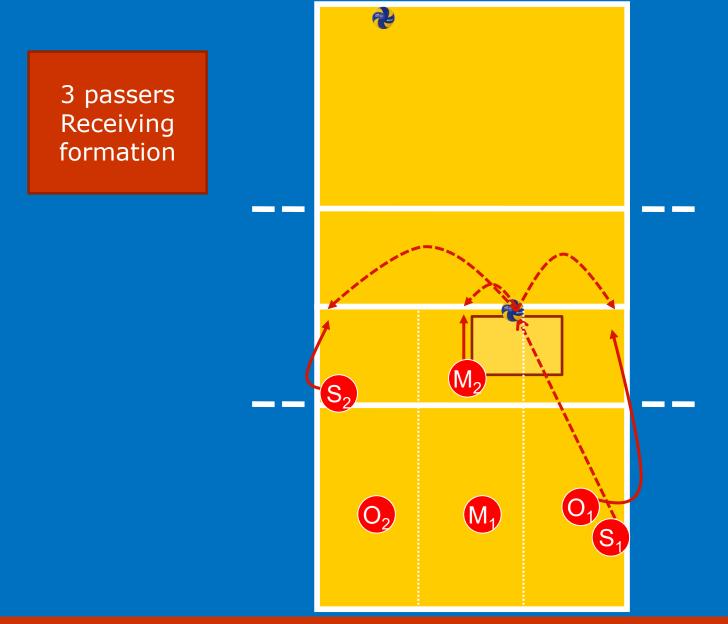
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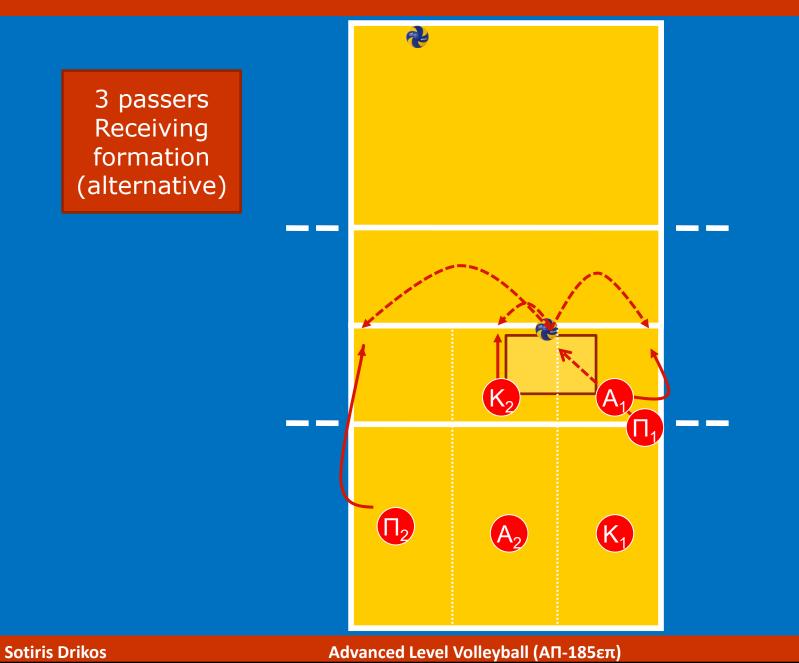
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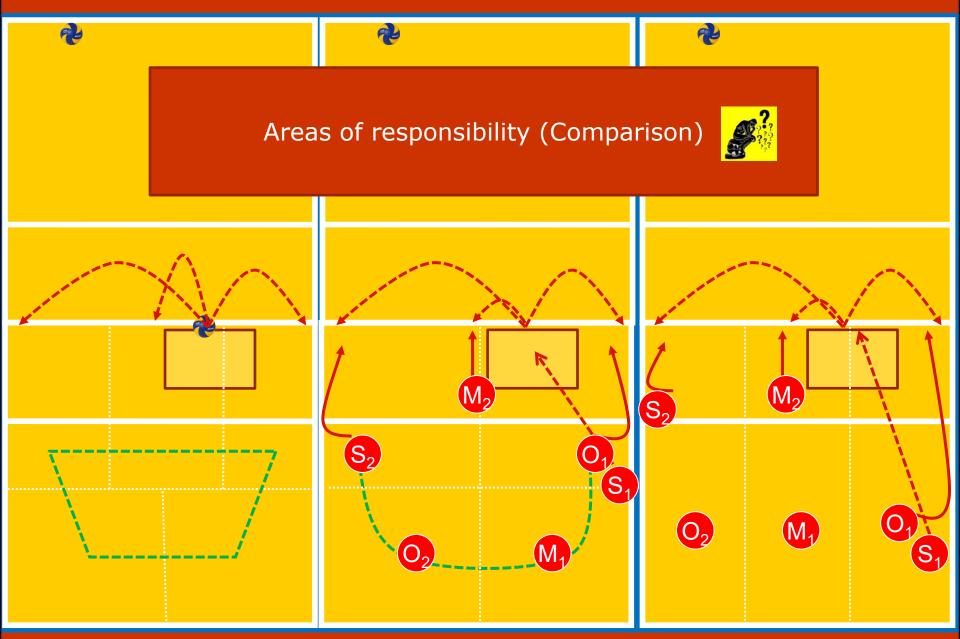
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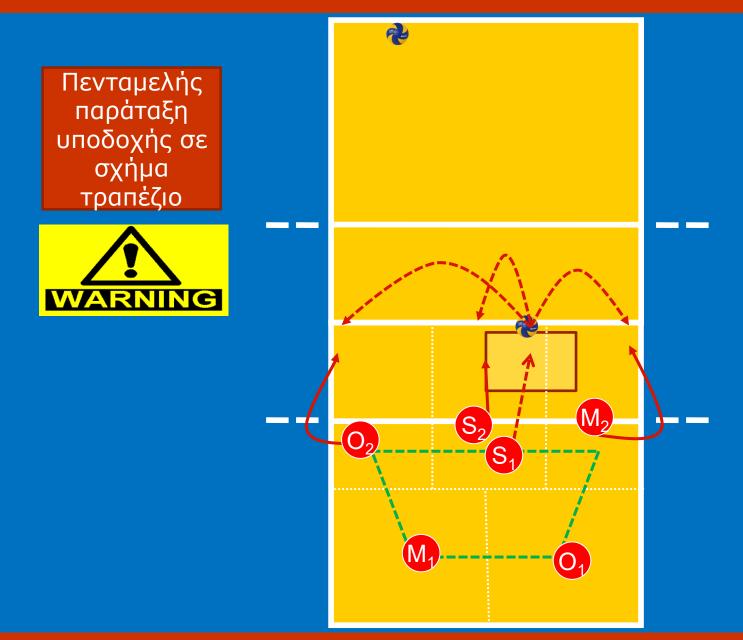
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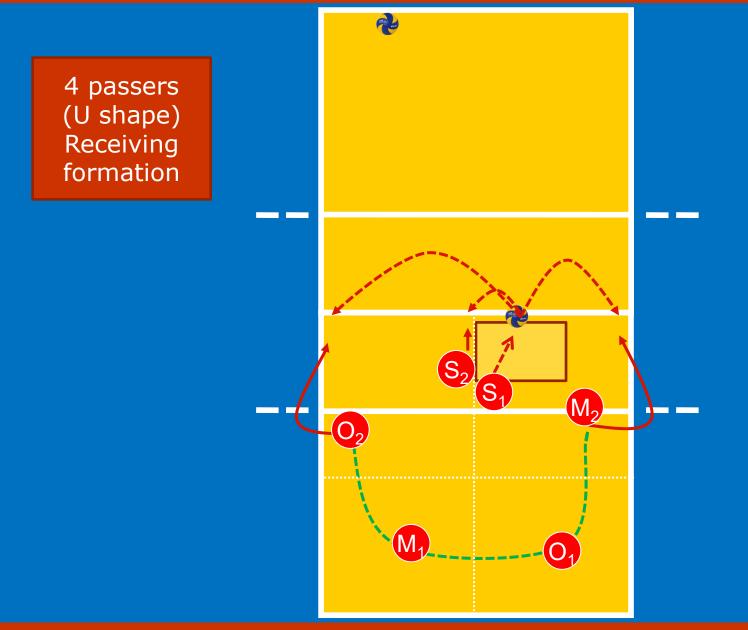
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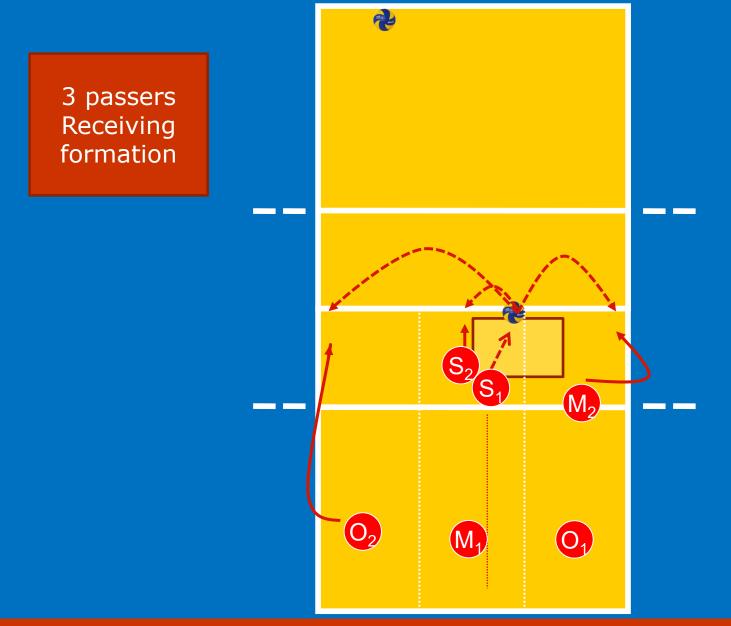




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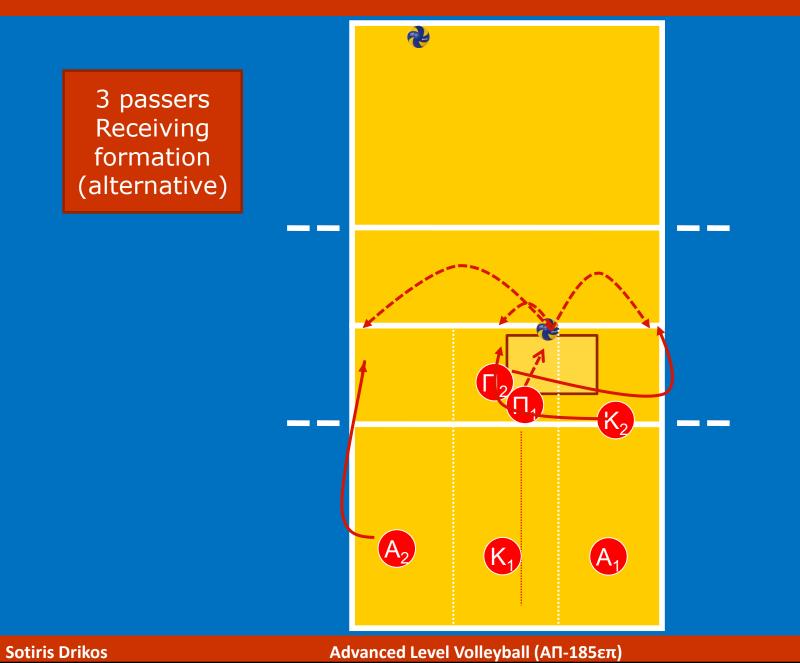
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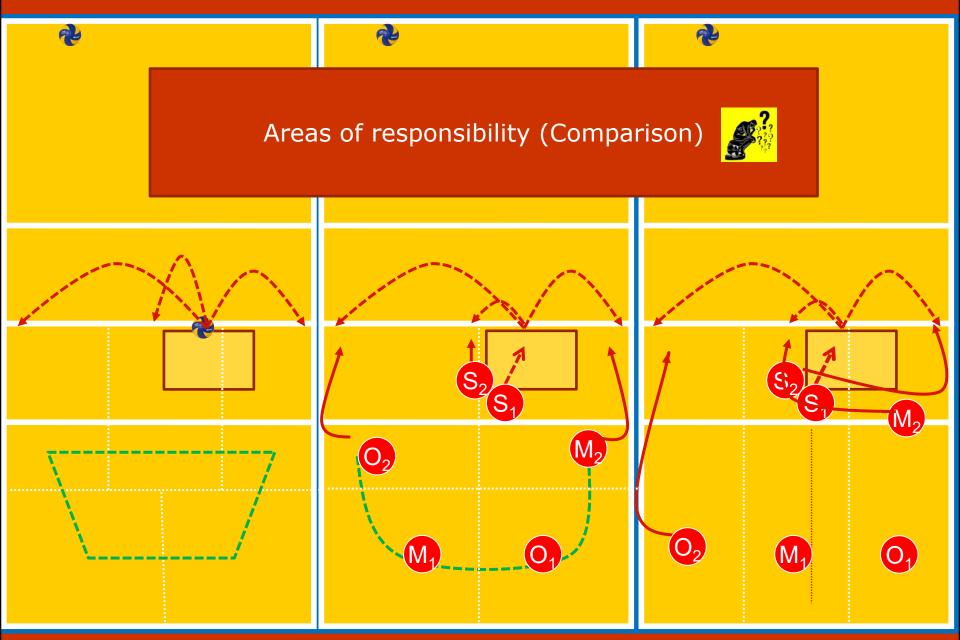




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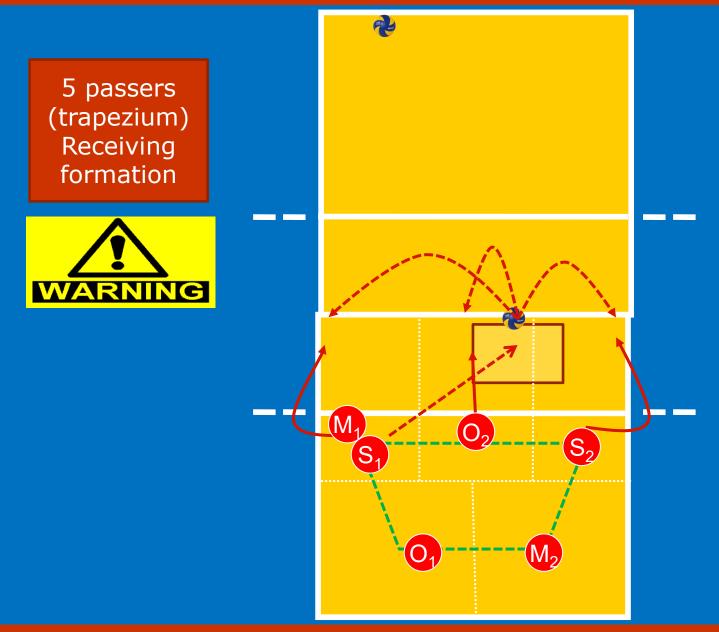
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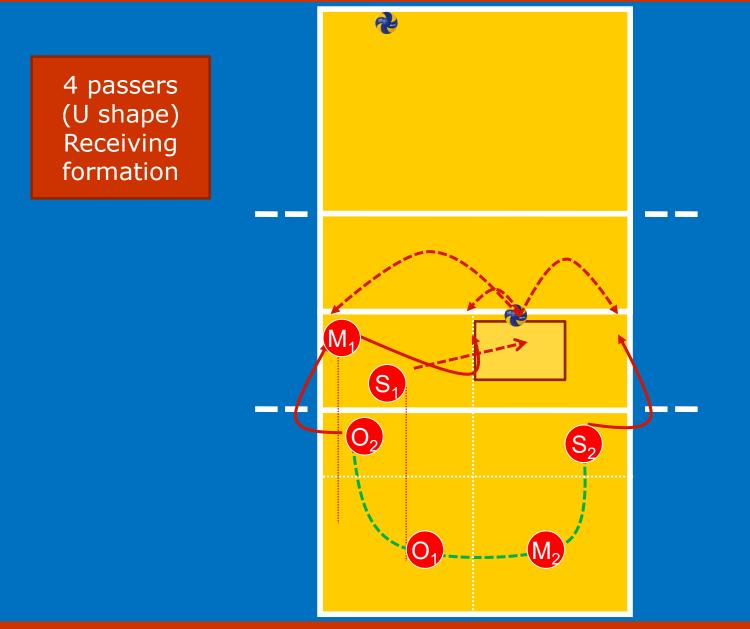
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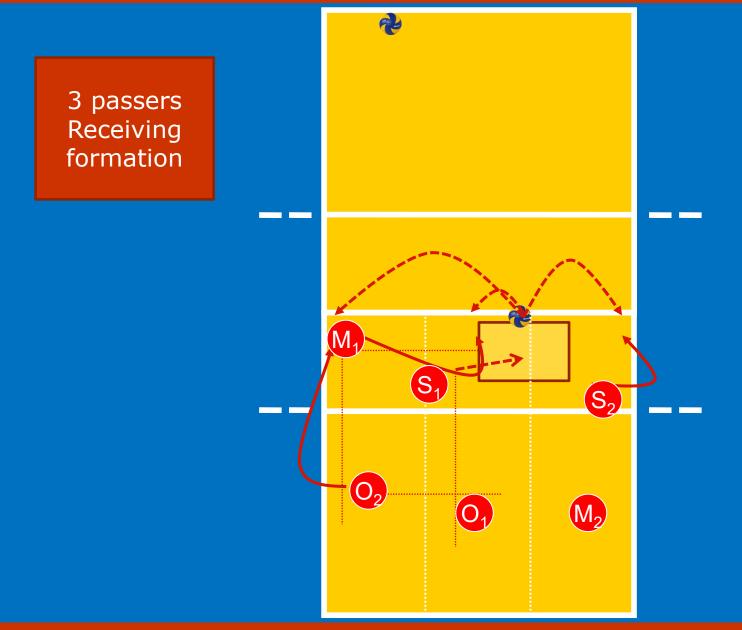




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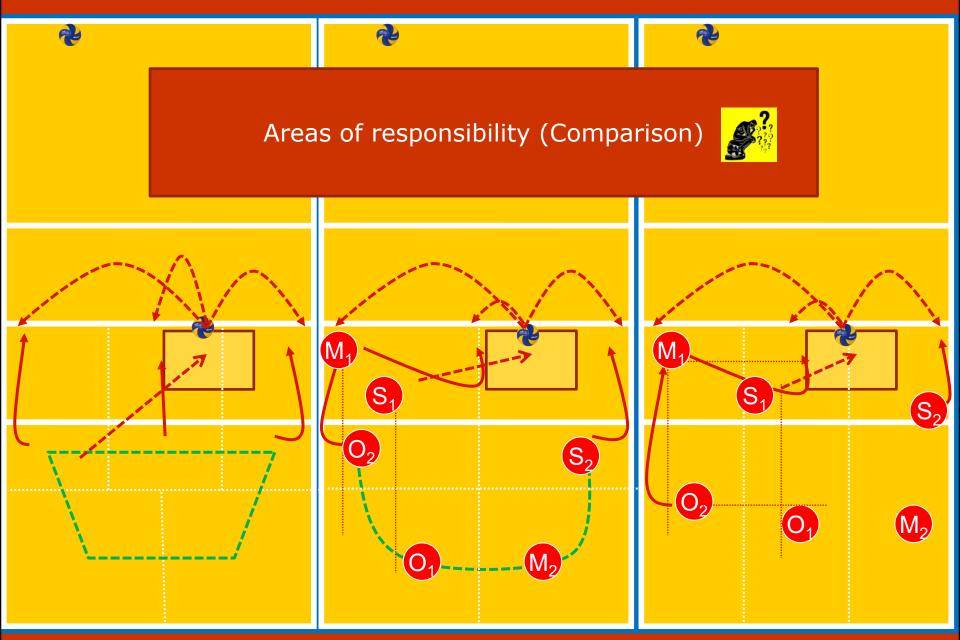
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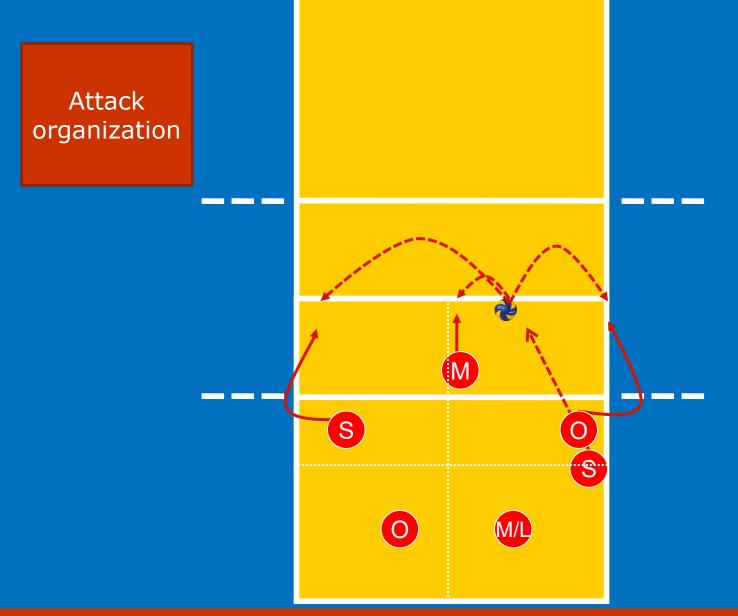
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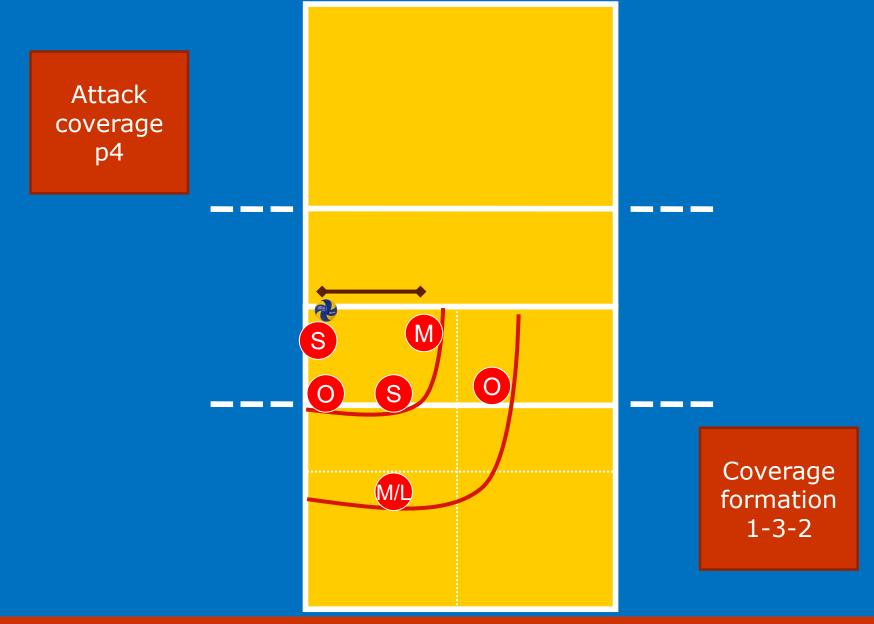
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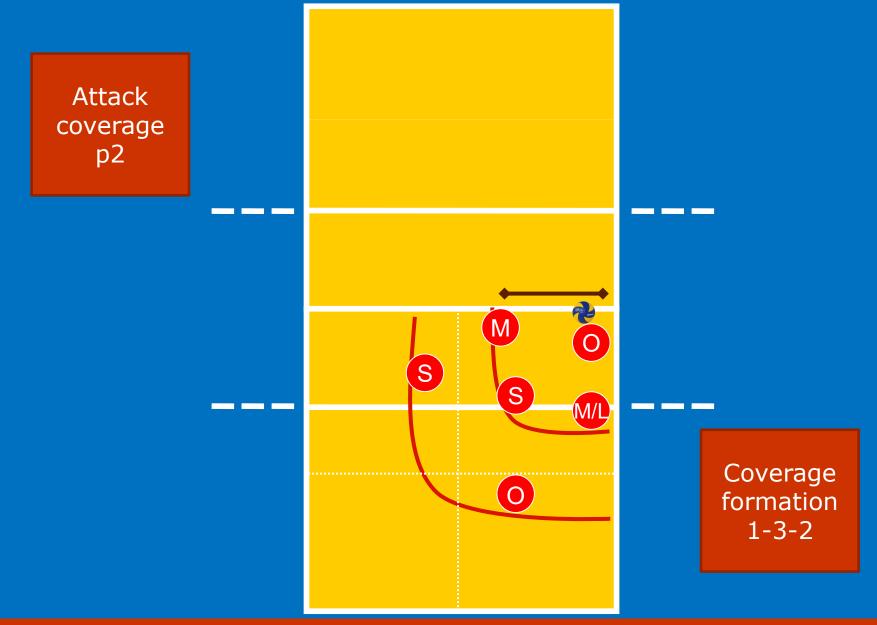
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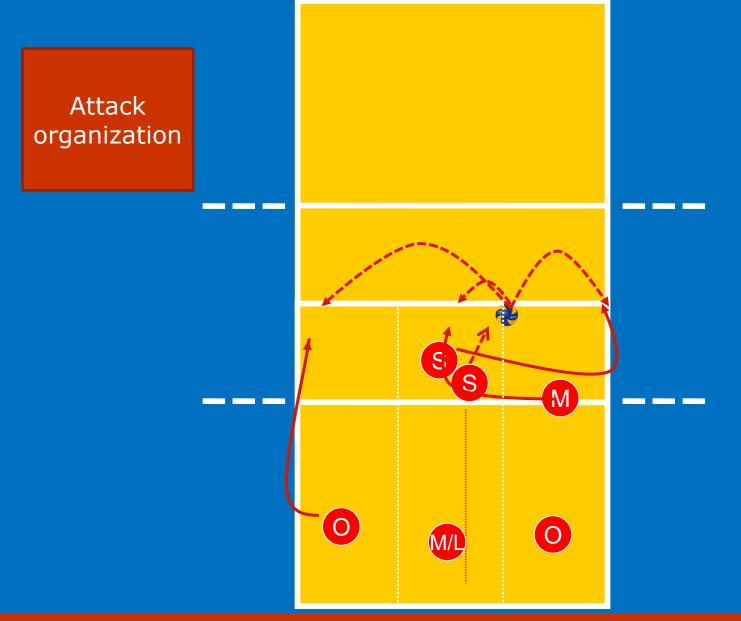
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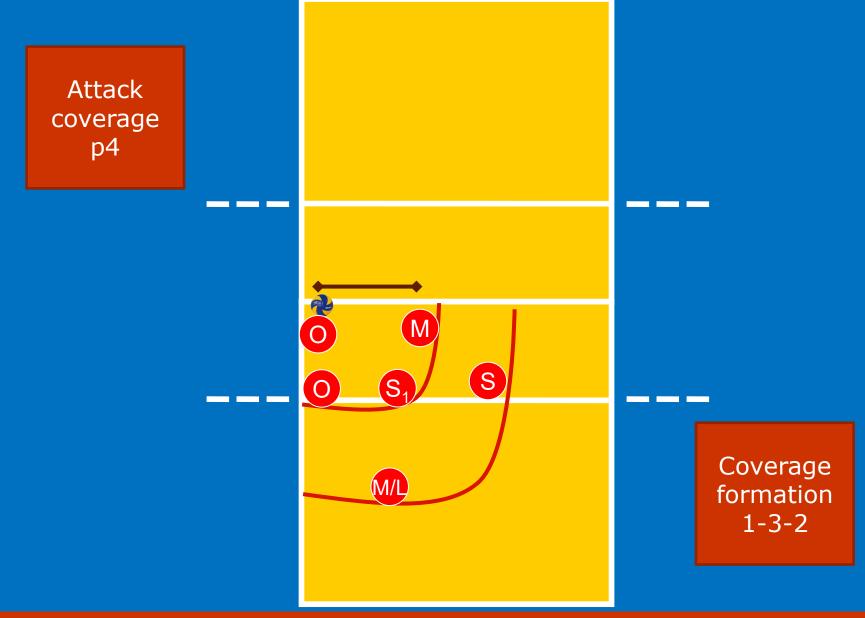
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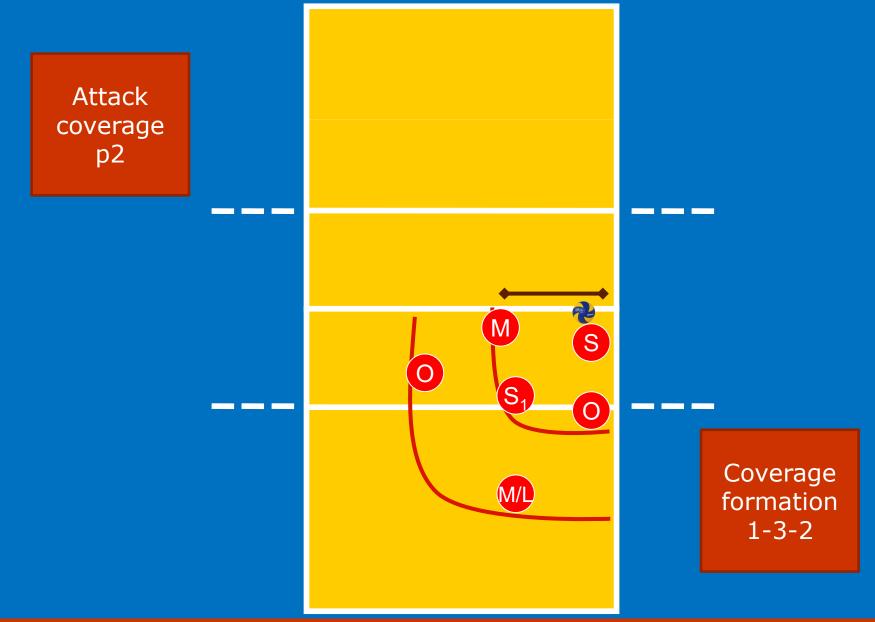
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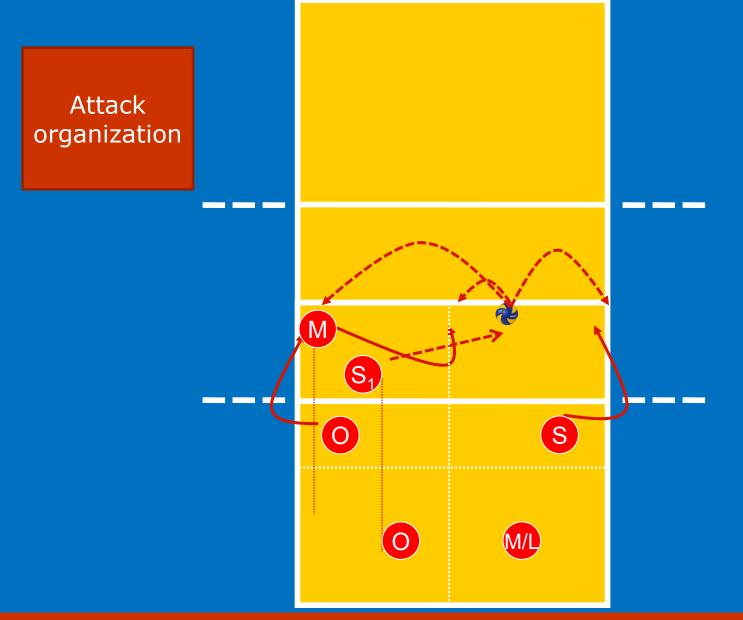
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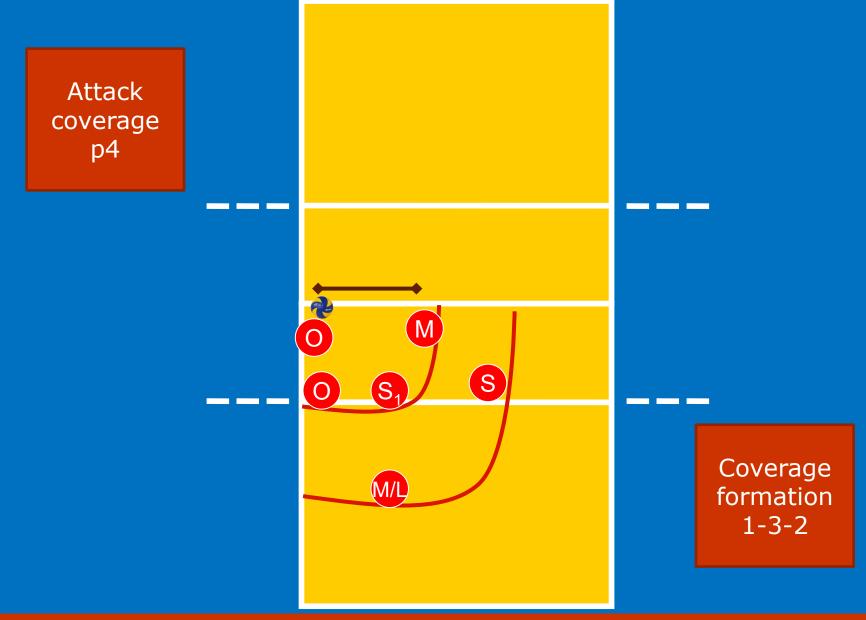
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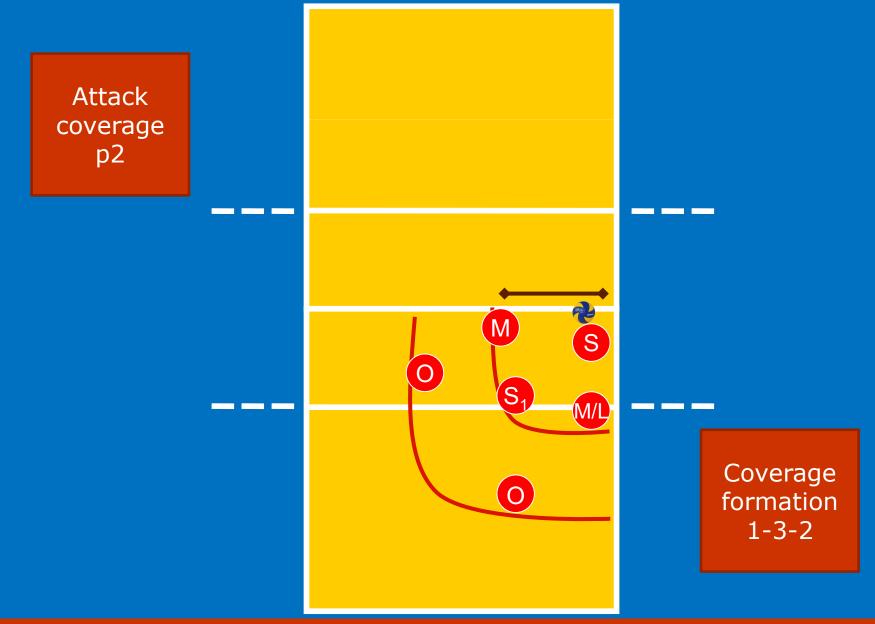
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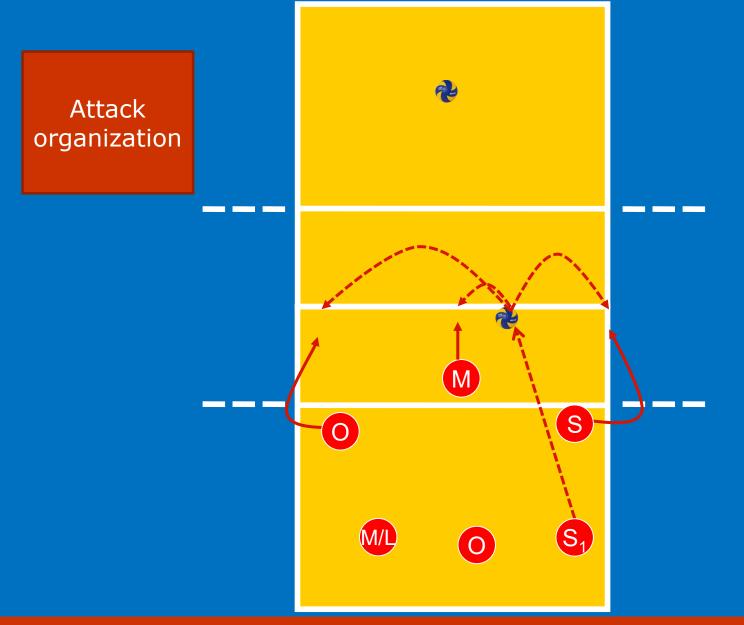
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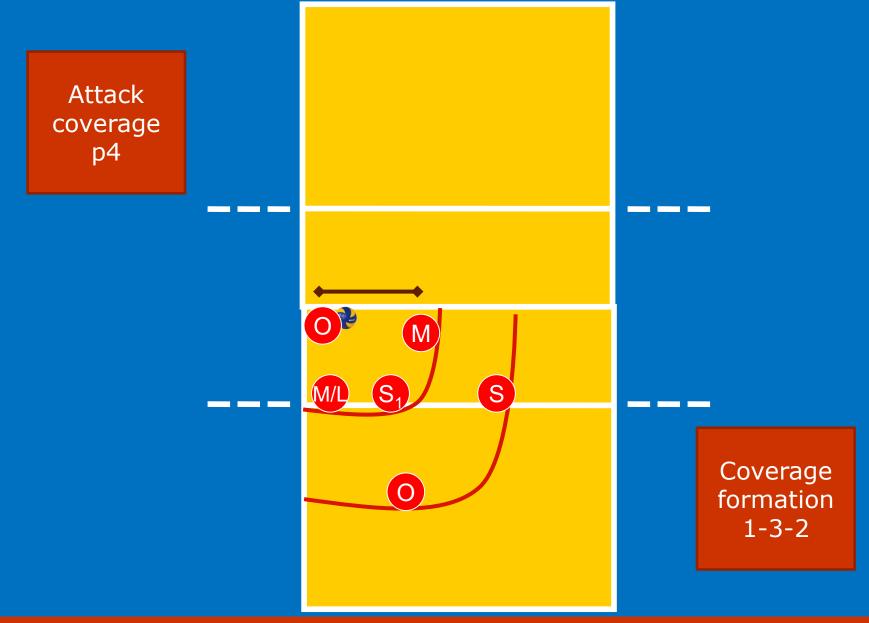
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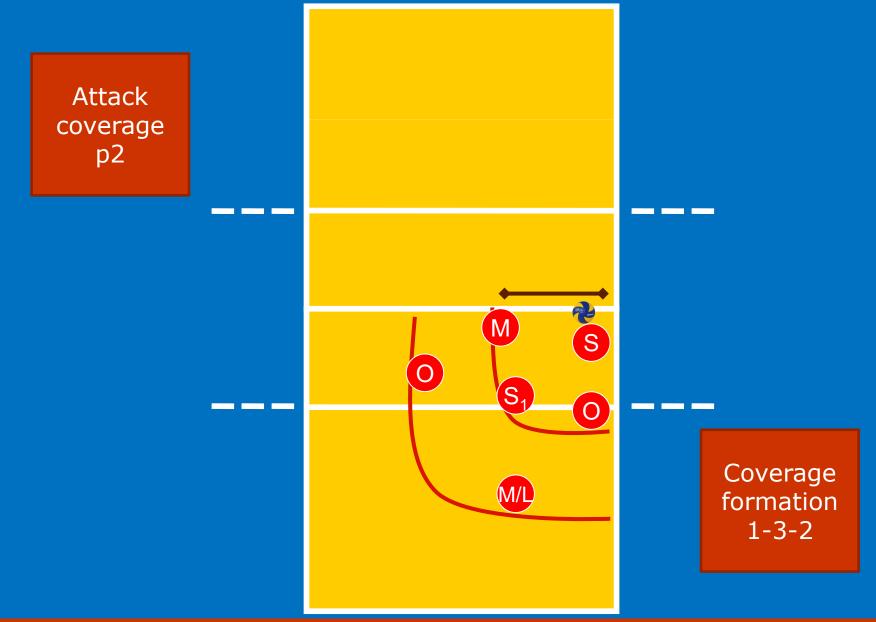
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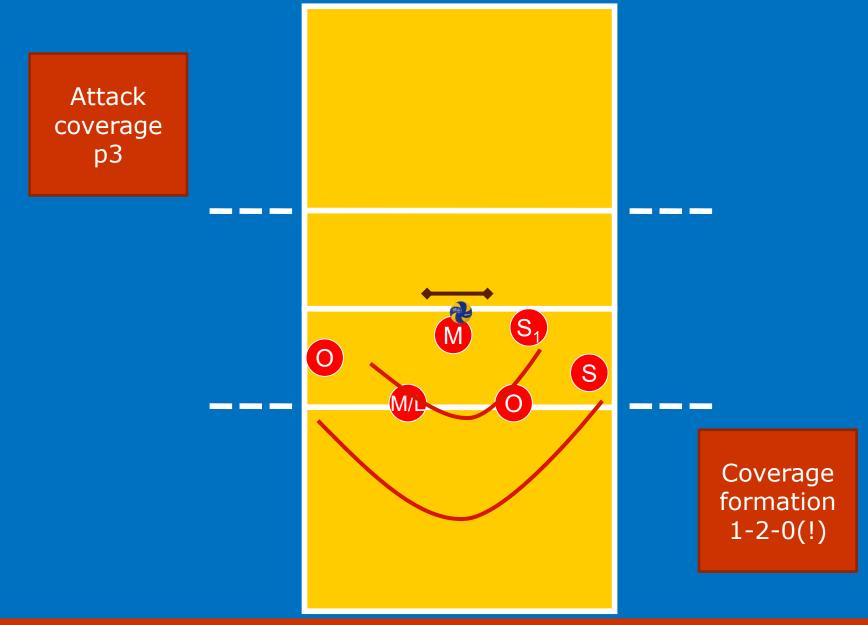
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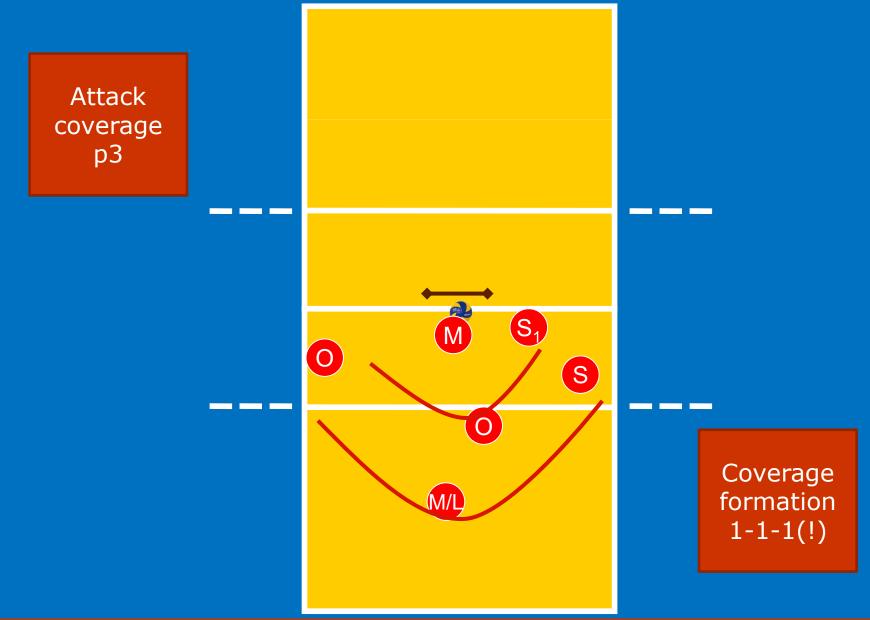
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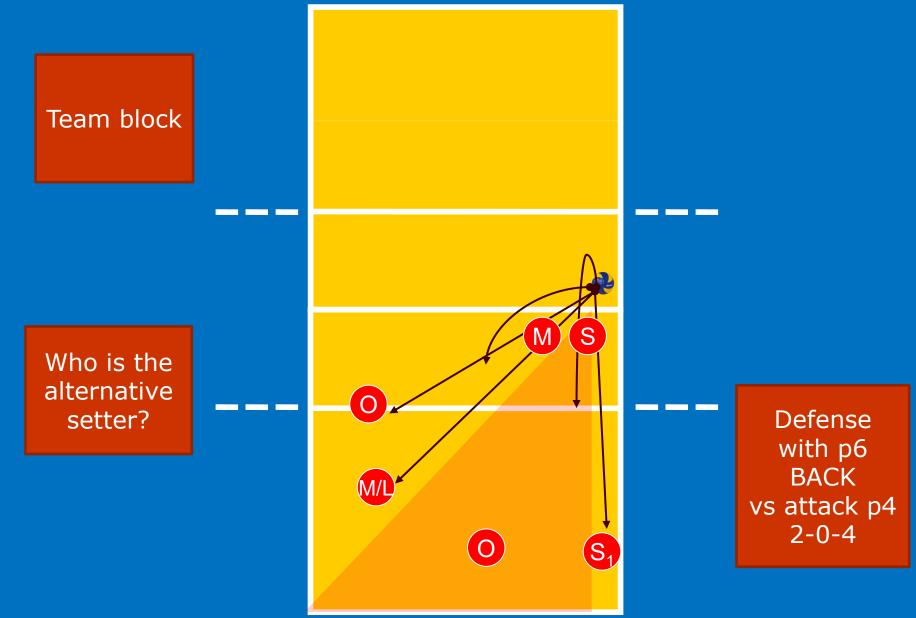
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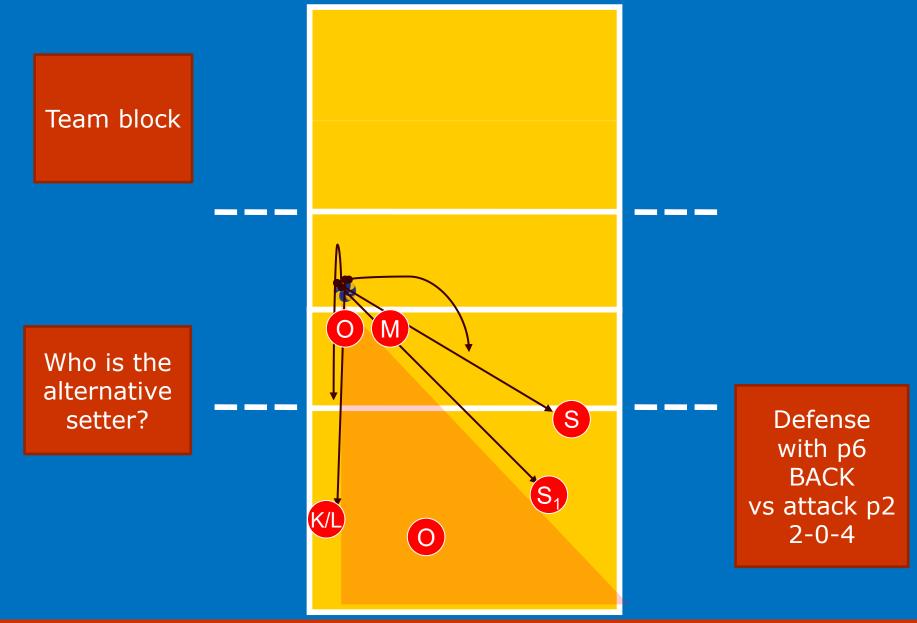
### Advanced Level Volleyball (ΑΠ-185επ)

### Offence system 6:2 Defense with p6 Back vs attack p4



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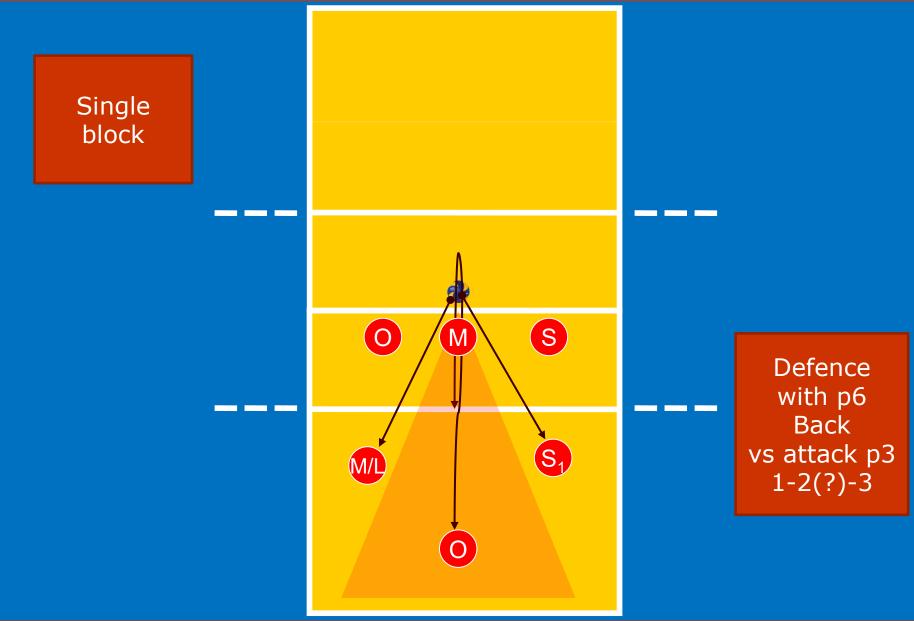
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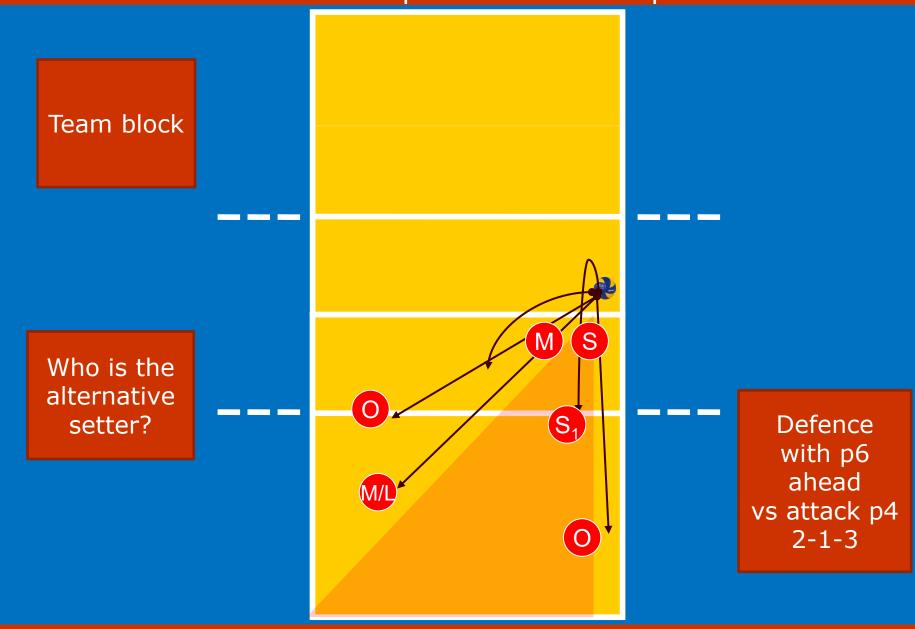
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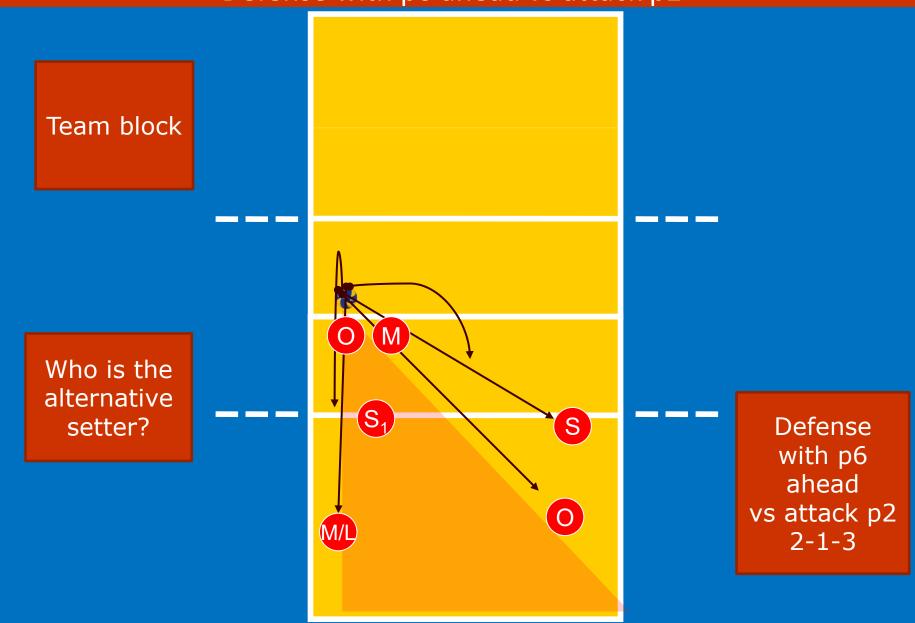
### Offence system 6:2 Defense with p6 ahead vs attack p4



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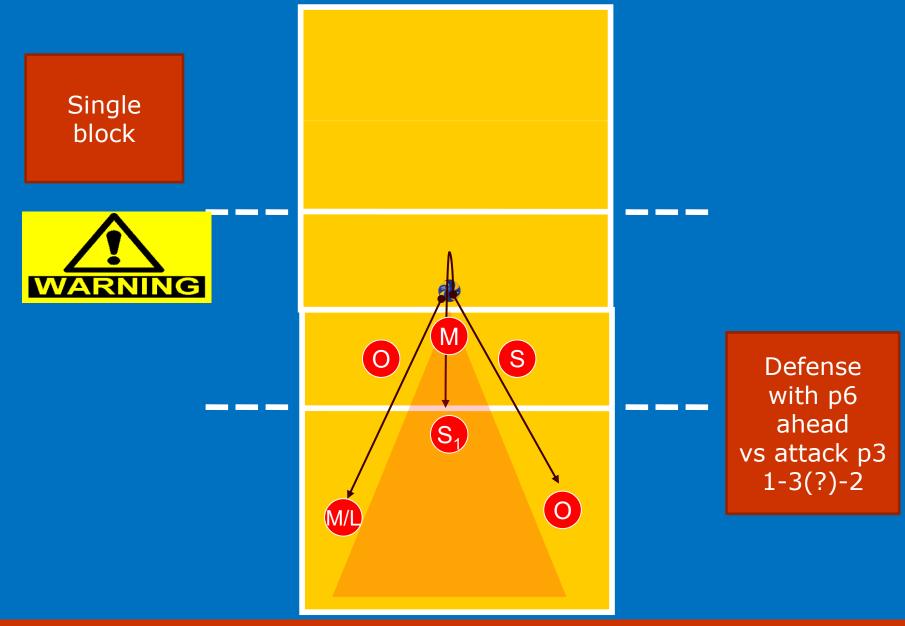
### Offence system 6:2 Defense with p6 ahead vs attack p2



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#### Advanced Level Volleyball (ΑΠ-185επ)

## Offence system 6:2 Defense with p6 ahead vs attack p3



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#### Advanced Level Volleyball (AΠ-185επ)

# OTHER OFFENSE SYSTEM 6:6 BACKCOURT SETTER SYSTEM 6:2