

European Oncology Nursing Society

Early Career Nurses Working Group

Nightingale Challenge Webinars 2024



The <u>EONS Early Career Nurses Working Group</u> is delighted to announce the organisation of the Nightingale Challenge Webinars 2024. Three interactive webinars with leading expert speakers, offering a welcoming environment for discussion and questions. Each session provides practical insights and networking opportunities, empowering cancer nurses in their professional journey.

Don't miss this chance to deepen your knowledge, ask questions, and connect with peers. Please share this with your members, and encourage them to register for these inspiring sessions.





Early Career Nurses

Webinar #1

18th November 2024, 18:00 CET

Stem Cell & Bone Marrow Transplantation: Basic Concepts and *Must Knows* for Early Career Cancer Nurses



Monday 18th November 2024

Title: "Stem Cell & Bone Marrow Transplantation: Basic Concepts and *Must Knows* for Early Career Cancer Nurses"

Chairs: Irati Rodriguez Matesanz & Dimitrios Protogiros

- "From Novice to Expert Give yourself time: Overview of Oncology Nursing", Aurelia Summerlin, APRN, Hematology, City of Hope
- "Basics of Stem Cell Transplantation", Daniel Kisielewski, APN, Oncology and Stem Cell Transplant, Zentrum f
 ür Innere Medizin, Next Generation Nurse representative EBMT

<u>Key details</u>

- Date and time: Monday, 18th November 2024, at 6pm CET via zoom
- Registration: free of fee registration <u>here</u>.
- **Certification of attendance:** after the evaluation of the webinar.

Webinar Overview

This interactive session aims to equip early-career cancer nurses with foundational knowledge and practical skills for managing patients undergoing bone marrow transplantation (BMT). By the end of the webinar, participants will:

- 1. **Comprehend Bone Marrow Transplant Basics**: Understand the essential principles of BMT, including indications, types of transplantation (autologous and allogeneic), and patient selection criteria.
- 2. **Explore Pathophysiology**: Gain insights into the underlying mechanisms of bone marrow transplant, immune reconstitution, and graft-versus-host disease (GVHD).
- 3. **Identify Nursing Interventions and Supportive Care**: Learn targeted nursing interventions to prevent or manage transplant-related complications, including infection prevention, GVHD management, and symptom relief, with an emphasis on enhancing patient quality of life.
- 4. **Promote Safe and Effective Care**: Develop confidence and competence in providing supportive care for BMT patients, ensuring safety and improving patient outcomes through evidence-based practice.
- 5. **Engage in Collaborative Learning**: Engage in discussions on real-world challenges, share best practices, and foster connections among nursing professionals across the EONS and EBMT communities for ongoing knowledge exchange and professional growth.

In collaboration with the EBMT society, this webinar will serve as a platform for continuous learning and professional development, opening future partnership opportunities between EONS and EBMT for ongoing training and resource sharing.

Meet the experts

Aurelia (Ann) King Summerlin, Georgia, U.S.A.

Aurelia King Summerlin has been practicing Oncology Nursing exclusively since 1993. She is a graduate of Troy State University in Troy, Alabama, she earned her Master's Degree in Nursing Administration/Consultation from Troy State University in Montgomery, Alabama and she graduated from the University of Alabama's Family Nurse Practitioner Program in Birmingham, Alabama. She began her nursing career at Baptist Medical Center-South in Montgomery, Alabama. During her time there, she had the opportunity to work as Director of Medical Nursing and the Oncology Unit and became The Director of Nursing for The Montgomery Cancer Center at the newly opened outpatient infusion center. Currently, she is practicing as a Bone Marrow Transplant APP at the City of Hope in Newnan, Georgia.

Daniel Kisielewski, Germany

Daniel has been working as a registered nurse in oncology since 2015. Currently he is working as an advanced practice nurse in the field of haematology and stem cell transplantation at the hospital Klinikum Stuttgart, Germany. He completed his Master's Degree in Nursing Science in 2021 at the University Freiburg, Germany. From



the beginning of his career, Daniel has been striving for a deeper understanding of stem cell transplant nursing and cellular therapies to promote high quality care based on scientific evidence and patient needs. Therefore he is also focussing on interprofessional collaboration as well as quality improvement interventions in his daily practice as an advanced practice nurse, specializing on CAR T-cell patients and their caregivers.





Webinar #2

Early Career Nurses

25th November 2024, 18:00 CET

Scientific Writing and Dissemination of Results for Cancer Nurses



Monday 25th November 2024

Title: "Scientific Writing and Dissemination of Results for Cancer Nurses"

Chairs: Francesca Cardone & Nuria Aguado Machancoses

- "From Idea to Ink: Crafting Your Scientific Paper", Dr. Cristina Garcia-Vivar, PhD, UPNA
- "From Abstract to Impact: Creating Scientific Conference Posters and Presentations", Dr. Mark Dornan, PhD, Queen's University Belfast

Key details

- Date and time: Monday, 25th November 2024, at 6pm CET via zoom
- **Registration:** free of fee registration <u>here</u>.
- **Certification of attendance:** after the evaluation of the webinar.

Webinar Overview

This webinar aims to empower early-career cancer nurses with essential skills in scientific writing and result dissemination, preparing them to contribute to the cancer nursing field through journal publications and conference presentations. Participants will:

- 1. Learn Scientific Writing Fundamentals: Gain a step-by-step understanding of how to structure, write, and prepare a scientific paper for publication, focusing on clarity, conciseness, and adherence to journal standards.
- 2. **Master Abstract Development for Conferences**: Discover techniques for crafting compelling abstracts, understanding conference selection criteria, and optimising submissions for increased acceptance rates.
- 3. **Explore Effective Communication of Results**: Learn strategies for presenting research findings clearly and persuasively to various audiences, from academic journals to clinical and professional settings.
- 4. Engage with Experts and Build Confidence: Participate in a supportive environment designed to foster open communication, allowing nurses to ask questions, seek guidance, and develop confidence in their writing abilities with insights from expert speakers.

This session, facilitated by EONS, will provide a valuable platform for collaboration, welcoming early-career nurses to actively engage in scholarly writing and networking within the oncology community.

Meet the experts



Dr. Cristina Garcia-Vivar, Spain

Dr Christina Garcia-Vivar is a Professor in Nursing at the Department of Health Sciences Public University of Navarra, in Spain, and fellow ad Eundem of the Faculty of Nursing and Midwifery of the Royal College of Surgeons in Ireland, Dublin. She is an experienced researcher in cancer survivorship, family nursing, chronic illness, and qualitative research, and holding

several leadership and management positions in European and international organisations.

Dr Mark Dornan, Northern Ireland (UK)

Dr Mark Dornan is an Assistant Professor (Lecturer) and Early Career Researcher at Queen's University Belfast with a professional background in Adult Nursing. Alongside his dedication to teaching, Dr Dornan's research focuses on the areas of cancer survivorship and supporting patients and families with psychosocial challenges. Mark has worked in the digital technology



industry and has a continued interest in Nurse Informatics and ethical practices of AI in healthcare.





Early Career Nurses

Webinar #3

2nd December 2024, 18:00 CET

Promoting Cancer Nurses' Well-Being and Fostering a Supportive Work Environment

This webinar is part of the N.U.R.T.U.R.E. project.

Scan to learn more and to register



More info: cancernurse.eu

Monday 2nd December 2024

Title: "N.U.R.T.U.R.E.: Promoting Cancer Nurses' Well-Being and Fostering a Supportive Work Environment"

Chairs: Dr Grigorios Kotronoulas & Fernanda Conceição

- "Reflections on the Career in Cancer Nursing and Exploring Self-Care Strategies", Maria Eirini Galanaki,
- "Enhance the Delivery of High-Quality Cancer Care by Developing and Maintaining the Resilience of Interdisciplinary Team", Dr Tugba Pehlivan, Istanbul Arel University, Turkey

<u>Key details</u>

- Date and time: Monday, 2nd December 2024, at 6pm CET via zoom
- **Registration:** free of fee registration <u>here</u>.
- **Certification of attendance:** after the evaluation of the webinar.

Webinar Overview

The <u>N.U.R.T.U.R.E. project</u> aims to increase the knowledge, skills and expertise of nurses caring for people affected by cancer, re-skill cancer nurses in healthy lifestyle and self-care, safe and healthy work environments safety. It is designed to enhance the resilience of European cancer nurses and to foster an environment of emotional support, acknowledging the unique challenges faced by those on the frontline of cancer care. The webinar objectives are to:

- 1. Help cancer nurses to gain an in-depth understanding of the experience of working in oncology and to identify their personal and professional stressors.
- 2. Increase the awareness on the coping strategies cancer nurses need to employ in order to mitigate the effects of stressors and maintain an exemplary practice.
- 3. Contribute on the development of interdisciplinary cancer care teams' resilience and thereby reduce the burden associated with the care of people affected by cancer.
- 4. Empower interdisciplinary teams to be able to maintain a balance between the growing demand for increasingly complex cancer care and improving their overall well-being.

In collaboration with the N.U.R.T.U.R.E. task group, this webinar will serve as a platform for empowerment, resilience enhancement and fostering an environment of emotional support, acknowledging the unique challenges faced by those on the frontline of cancer care.

Meet the experts



Maria Eirini Galanaki, UK

Maria-Eirini Galanaki holds a Senior Lecturer position at the Nursing and Midwifery School of the Buchinghamshire New University, in London, UK. She is an As. Fellow of the UK Higher Education Academy. She completed her BSc in Nursing, followed by her MSc in "Oncology Nursing and Palliative Care", at the University of Athens. Her clinical background is in

Oncology and Palliative Care, having worked in various roles and settings. She is a Registered Nurse in the UK and in Greece and a member of UKONS and EONS.

Dr Tuğba Pehlivan Sarıbudak, Turkey

Tuğba Pehlivan Sarıbudak is working as an Assistant Professor at Istanbul Arel University Faculty of Health Sciences, Nursing Department in Istanbul, Turkey. She graduated from the PhD Program in Psychiatric Nursing at Koç University in 2019. She worked as a Cancer Nurse and Educator Nurse for eleven years. She is an active member of the Turkish Oncology Nursing Association, and Psycho-oncology Working Group. She is



currently a member of the European Oncology Nursing Society (EONS) Education Working Group and also a Board Member (Vice President) of National Psychiatric Nursing Association. She has many review and research studies which were published in national and international journals. She is also an Editorial Board Member of Seminars in Oncology Nursing.