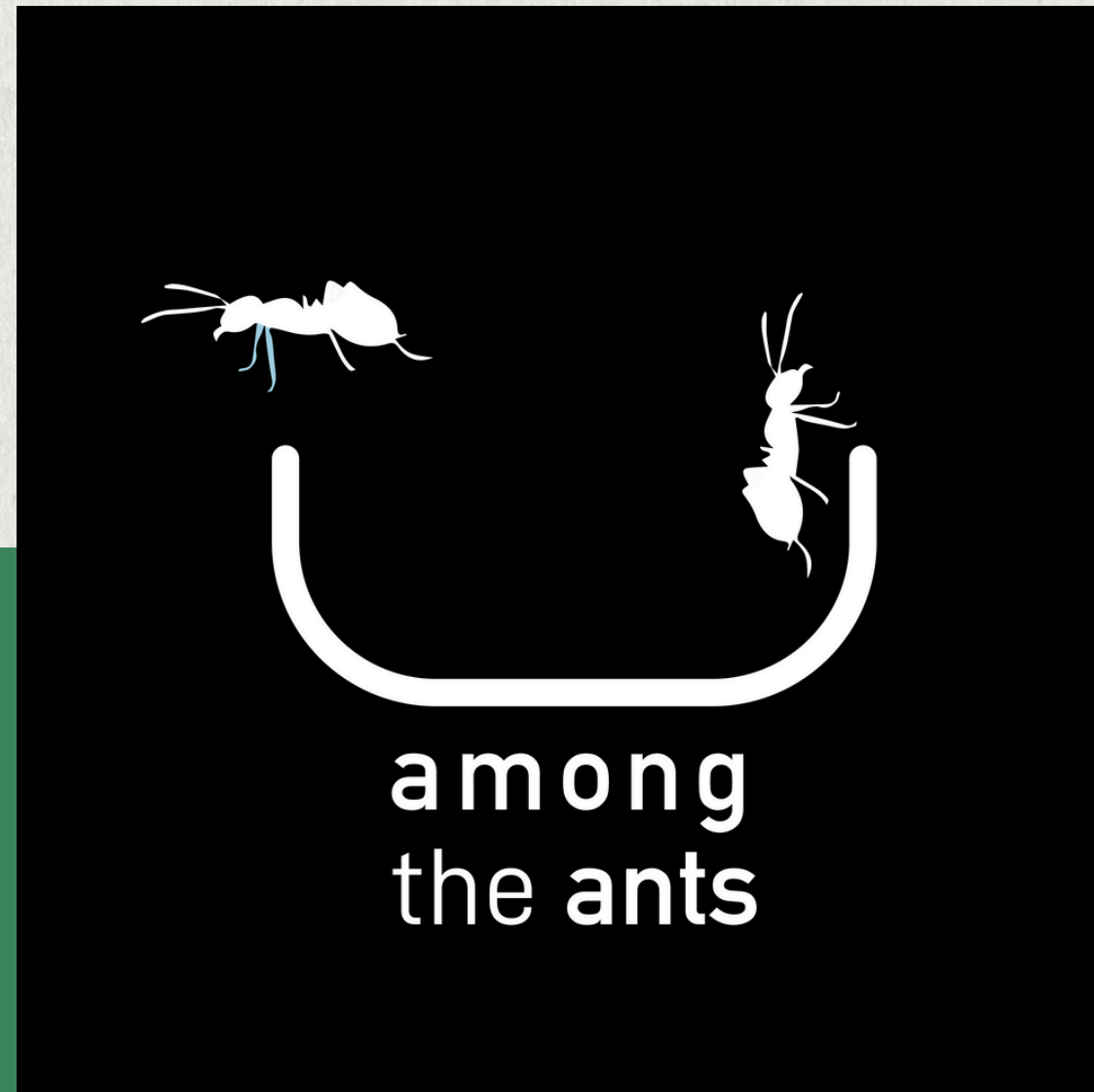


Among the Ants

A small-scale arts organisation based in Athens
since 2009



Community Art Projects
Mainly in the public space

Professional Development
For Artists & Creatives



13 & 14 ΟΚΤ.

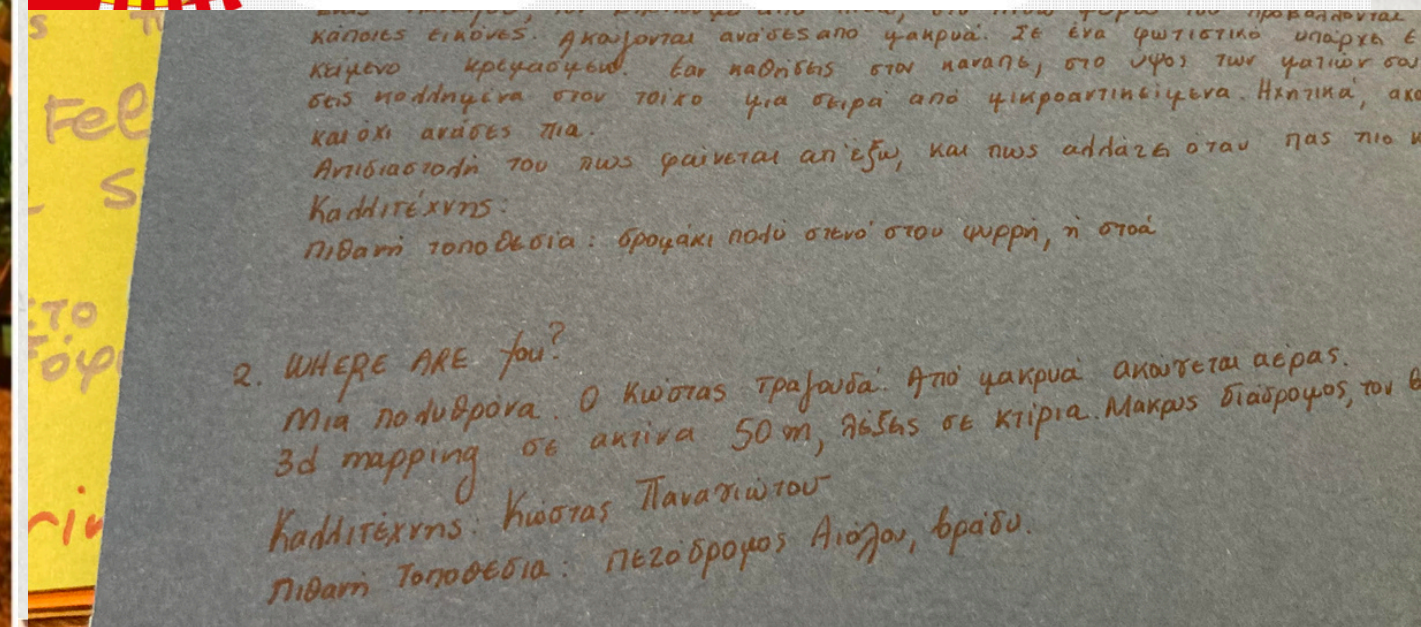
Εκπαιδευτικά Σεμινάρια
Για εκπαιδευτικά σεμινάρια πραγματοποιούνται υπό την αιγίδα της Κυπριακής Προεδρίας του Συμβουλίου της ΕΕ.

JUGGLING WORKSHOP
JUGGLING: EXPLORATIONS IN TECHNIQUE AND CREATIVITY
ΑΠΟ ΤΗ ΒΡΑΒΕΥΜΕΝΗ ΟΜΑΔΑ Cie DEFRACTO | GUILLAUME MARTINET (ΓΑΛΛΙΑ)
 Ένα δήμερο εντατικό σεμινάριο για επαγγελματίες και ερασιτέχνες καλλιτέχνες που στοχεύει να εξερευνήσει τους συμμετέχοντες με την τεχνική του juggling.
Ημερομηνίες & Ώρες: 13-14 Οκτωβρίου | 10:00πμ-4:00μμ (1 ώρα διαλειμμα)
Χώρος: Ίδρυμα Πολιτιστικής Δημιουργίας για Ποδό και Νέους, Αγ. Λαζάρου 81-83
Γλώσσα Διδασκαλίας Σεμιναρίου: Αγγλικά
Κόστος Συμμετοχής: 100€ (για φοιτητές: 80€)
Για περισσότερες πληροφορίες: angelina@amongthearts.com | 99.624293

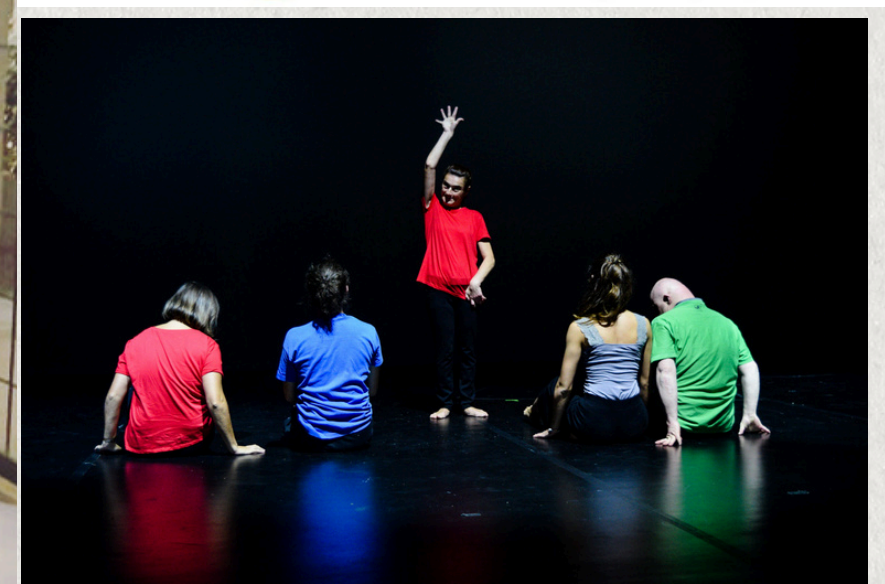
THEATRE GAMES WORKSHOP
ΤΟ ΚΑΛΕΙΔΟΣΚΟΠΙΟ: "ΠΟΣΟΙ ΧΩΡΑΝΕ ΜΕΣΑ ΜΟΥ;"
ΑΠΟ ΤΗ ΡΟΖΑ ΠΡΟΔΡΟΜΟΥ
 Ένα θεαματικό εργαστήριο για παιδιά στο οποίο το θεατρικό παιχνίδι κρημασιονείται ως το βασικό μέσο έκφρασης, δημιουργίας και επικοινωνίας για ηλικίες 9-12 ετών.
Ημερομηνίες & Ώρες: 13-14 Οκτωβρίου | 10πμ-2πμ (με 45 διαλείματα)
Χώρος: Στέγη Γραμμάτων και Τεχνών Αδριανού, | Α. Μακαρίου Γ' & Καλογριών 4
Γλώσσα Διδασκαλίας Σεμιναρίου: Ελληνικά
Κόστος Συμμετοχής: 30 ευρώ (για αδέρφια, ειδική τιμή 50 ευρώ)
Για περισσότερες πληροφορίες: constantina@amongthearts.com | 99.436555

JUGGLING: EXPLORATIONS IN TECHNIQUE AND CREATIVITY
 Cie. Defracto | Guillaume Martinet (France)
 A two-day intensive workshop for professional and amateur artists that aims to introduce a graphical and rhythmical vision of juggling.
Date & Time: 13th-14th October 2012 | 10am-4pm (with 45 minutes break)
Price: 100 euros (for students, 80 euros)
Working Language: English
Venue: Youth Foundation, 81-83 Ag. Lazarou St.
 For further information: angelina@amongthearts.com | 97.624293

KALEIDOSCOPE: HOW MANY FIT INSIDE ME?
 A theatre games workshop for children by Rosa Prodridou
Date & Time: 13th-14th October 2012 | 10am-2pm (with 45 minutes break)
Price: 30 euros per child (for 2 siblings, 50 euros)
Working Language: Greek
Venue: Larnaca House of Letters & Arts | Makariou Avenue III & Kalogreou 4
 For further information: constantina@amongthearts.com | 99.436555



ΠΑΙΧΝΙΘΕΝ



our values as starting points

PEOPLE SHOULD NOT
BE DEFINED BY THEIR
VULNERABILITIES

ART BRINGS **JOY**

JOY ALLOWS EVERYONE
TO **BE SEEN**

A **MEANINGFUL EXCHANGE**
REQUIRES **TIME**

CREATIVITY PROVIDES A
VOICE TO ARTISTS
THROUGH WHICH THEY
CAN REPRESENT
THEMSELVES AS THEY
WANT TO **BE HEARD**

THE MOST CREATIVE WAY TO
DESIGN AND IMAGINE
INCLUSIVE ENVIRONMENTS IS
THROUGH **CO-CREATION**



It's well known that **children's play** is fundamental
to their development

HUMOUR, IMAGINATION, FREEDOM OF EXPRESSION,
COLLABORATION, TOGETHERNESS, JOY, RESILIENCE



It's less discussed how critical these elements are to **adult
development** and to their professional growth and sense of belonging

PLAYFULNESS IS AT THE HEART OF WHAT WE DO

that, and **personalised processes**, contrary to what you/I/we are used to



WHY? because everyone one of us learns in a different way,
communicatedifferently, IS different

themomentcreative.com

moment Creative

intentionally small

personalised

playful

professional

1:1
Creative
Mentoring

Regular Peer
Co-Working
Sessions

Thematic
Artist
Meetings

Practical
Tools &
Creative
Exercises

making creative conversations a daily practice

they offer

space

time

prioritising

finding your voice

clarity

mapping

trust

agency

growth

feedback

support

ideas become to do's
resources

they require

trust focus
exchange

active listening

reflexivity

openness

honesty

curiosity

collaboration

kindness

re-learning

empathy

generosity

professionalism

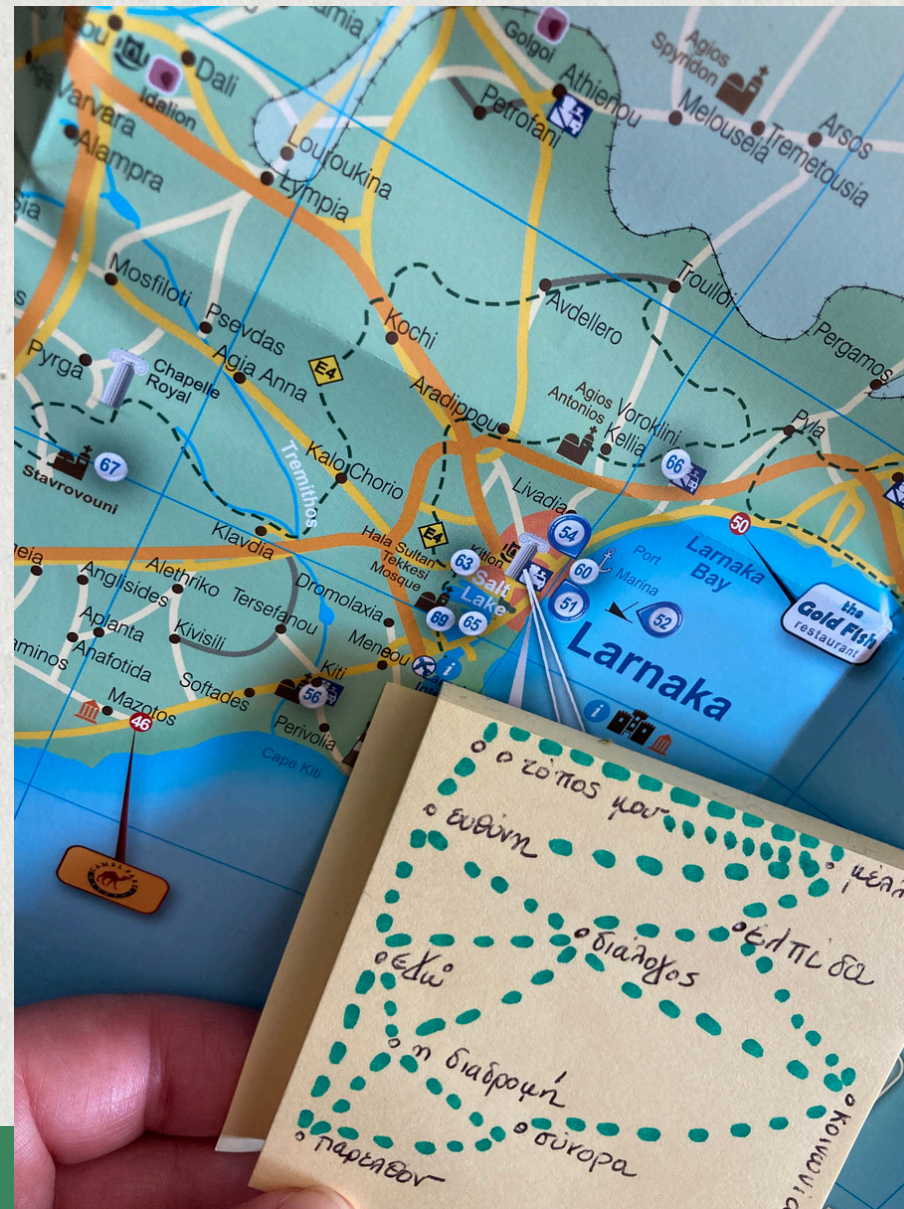
structure

why creative
conversations
matter

A safe space that is co-created by the mentor and the mentee, together

Before giving voice to others, we first need to build our own professional ecosystems

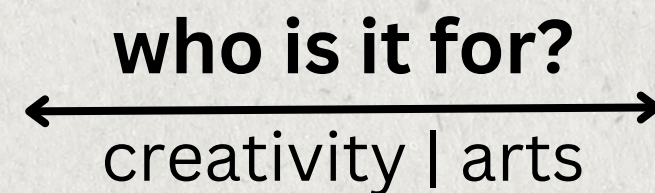
creating
common
paths



sharing
resources

we first need to reflect to our own paths and resources
and this is how I start each new mentoring relationship
each mentoring relationship is different

It is important to **evaluate our own resources** / skills/ intentions / expectations /challenges / strengths / contacts / **before** we start designing and imagining tools, projects, and support systems for others.



PLAY TIME

**YOU 'VE
GOT 5'**

Take a moment to consider what you need from the day ahead.

Take a note for your self...

What is the first thing that comes to mind given the options Athens provides to you, today?

How is it different from what you'd do if you were in a more slow-paced or familiar environment?

Think about it; Draw it; Write it; Keep it to yourself or share it with us.

Hypothesis



You meet a group of young people with a refugee background and you are asked to create an event for them in your city. What's the first step?

Select the first thing that comes to mind

1

You talk to the adults in the room to collect information and data

2

You go online to do research

3

You apply an existing concept / idea that is already successfully tested with other groups

4

You invite the young people to share their views and you co-design the event

5

Something else

WHY DID YOU MAKE THIS DECISION?





What would you/I/we like to know?

How could you/I/we support them?

What conversations you/I/we 'd like to have with them?

Why?

What resources/information/contacts/skills are needed?

thank you!