Shifts, Contractions, Dilations, ...

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1 Preliminaries

1.1 Reminder

If $f: \mathbb{T} \to \mathbb{C}$ is a Borel function and $1 \leq p < \infty$, we say $f \in L^p(\mathbb{T})$ if

$$||f||_{p}^{p} \equiv \int_{0}^{2\pi} |f(e^{ix})|^{p} \frac{dx}{2\pi} \equiv \int |f|^{p} dm < +\infty$$

and we say $f \in L^{\infty}(\mathbb{T})$ if f is essentially bounded, which means that there is an M > 0 s.t. the set $X_M = \{e^{ix} : |f(e^{ix})| > M\}$ has measure zero²; the least such M is denoted $||f||_{\infty}$.

We identify functions when they are almost everywhere (a.e.) equal, that is, when they differ on a set of measure zero. Thus

$$C(\mathbb{T}) \subsetneqq L^{\infty}(\mathbb{T}) \subsetneqq L^{2}(\mathbb{T}) \subsetneqq L^{1}(\mathbb{T}).$$

For $f \in L^1(\mathbb{T})$ define

$$\hat{f}(n) = \int_0^{2\pi} f(e^{ix})e^{-inx}dm(x), \qquad n \in \mathbb{Z}.$$

The map

$$\mathcal{F}: f \to (\hat{f}(n))_{n \in \mathbb{Z}}$$

is the Fourier transform.

Proposition 1.1 If $f \in L^1(\mathbb{T})$ satisfies $\hat{f}(n) = 0$ for all $n \in \mathbb{Z}$ then f = 0 (a.e.).

Note that $L^2(\mathbb{T})$ is a Hilbert space for the scalar product

$$\langle f,g \rangle = \int_0^{2\pi} f(e^{ix}) \overline{g(e^{ix})} dm(x)$$

and the family

$$\{\zeta_n : n \in \mathbb{Z}\}$$
 where $\zeta_n(e^{ix}) = e^{inx}$

is orthonormal: $\langle \zeta_n, \zeta_m \rangle = \delta_{nm}$.

Proposition 1.1 shows that no nonzero element of L^2 can be orthogonal to the family $\{\zeta_n : n \in \mathbb{Z}\}$: hence it must be an orthonormal basis of L^2 .

Therefore for each $f \in L^2$ we have

$$f = \sum_{n=-\infty}^{+\infty} \hat{f}(n)\zeta_n \qquad (L^2 \text{ convergence})$$

and $||f||_2^2 = \sum_{n=-\infty}^{+\infty} |\hat{f}(n)|^2$ (Parseval).

 $^{^1 \}mathrm{notes11},\,15$ Jan. 2012

²that is, given any $\varepsilon > 0$, the set X_M can be covered by a countable number of intervals of total length at most ε

1.2 The space H^2

Definition 1 For $1 \le p \le \infty$,

$$H^p(\mathbb{T}) = \{ f \in L^p(\mathbb{T}) : \hat{f}(-k) = 0 \text{ for all } k = 1, 2, \ldots \}.$$

Given $f \in H^2(\mathbb{T})$, consider the power series

$$\tilde{f}(z) = \sum_{n=0}^{\infty} \hat{f}(n) z^n.$$

Since $\sum_{n=0}^{+\infty} |\hat{f}(n)|^2 = ||f||_2^2 < \infty$, and so $\limsup |\hat{f}(n)| \leq 1$, the power series has radius of convergence at least 1, hence converges in the open unit disc \mathbb{D} and defines an analytic function $\tilde{f} : \mathbb{D} \to \mathbb{C}$. Conversely, if an analytic function $g : \mathbb{D} \to \mathbb{C}$ has a power series $g(z) = \sum a_n z^n$ such that the coefficients satisfy $\sum |a_n|^2 < \infty$, then (by completeness of L^2) we may define $g^* \in L^2(\mathbb{T})$ by $g^* = \sum a_n \zeta_n$ and we find that $\hat{g}^*(n) = \langle g^*, \zeta_n \rangle = a_n$ when $n \geq 0$ while $\hat{g}^*(-k) = 0$ for $k = 1, 2, \ldots$. Thus $g^* \in H^2(\mathbb{T})$ and $\tilde{g}^* = g$.

Using the linear map $f \to \tilde{f}$ and its inverse, $g \to g^*$ we identify $H^2(\mathbb{T})$ with the space $H^2(\mathbb{D})$ of all analytic functions on the disc with square-summable power series.

It can be shown that the "boundary function" may be obtained directly from g as follows:

Theorem 1.2 (Fatou) If $g \in H^2(\mathbb{D})$, then for almost all $e^{ix} \in \mathbb{T}$ the limit $\lim_{r \nearrow 1} g(re^{ix})$ exists and equals $g^*(e^{ix})$.

2 Invariant subspaces

Definition 2 If H is a Hilbert space and $T : H \to H$ is bounded linear. i.e. $T \in B(H)$, a closed linear subspace $E \subseteq H$ is called T-invariant if $T(E) \subseteq E$.

Let $T: H^2(\mathbb{T}) \to H^2(\mathbb{T})$ be defined by

$$Tf = \zeta_1 f \qquad (f \in H^2(\mathbb{T})),$$

where $\zeta_1(z) = z^1$ ($z \in \mathbb{T}$). Note that T is an isometry³ (so $T^*T = I$) but is not onto, since $\zeta_0 \perp T(H^2)$. Since $T(\zeta_n) = \zeta_{n+1}$ we have in fact

$$\bigcap_{n \ge 0} T^n(H^2) = \{0\}.$$

Indeed, $\zeta_k \perp T^n(H^2)$ for all k < n. Hence if $f \in \bigcap_{n \ge 0} T^n(H^2)$ then $f \perp \zeta_k$ for all $k \in \mathbb{Z}_+$ and so, since $\{\zeta_n : n \in \mathbb{Z}_+\}$ is an orthonormal basis of H^2 , it follows that f = 0.

Now let $\phi \in H^2$ with $|\phi(z)| = 1$ for almost all $z \in \mathbb{T}$. Note that since $|\phi| = 1$ a.e., ϕ defines a bounded, in fact an isometric operator T_{ϕ} on H^2 by the formula ⁴

$$T_{\phi}f = \phi f, \qquad f \in H^2.$$

Therefore the set

$$\phi H^2 = \{\phi f : f \in H^2\}$$

is a closed subspace of H^2 because T_{ϕ} is isometric.

³*Exercise*: Note that T^* is *not* "multiplication by $\overline{\zeta}_1$ " (which does not preserve H^2); what is it?

⁴*Exercise*: Why does $f \to \phi f$ map H^2 into H^2 ?

Also, ϕH^2 is *T*-invariant:

$$T(\phi H^2) = \zeta_1 \phi H^2 = \phi(\zeta_1 H^2) \subseteq \phi H^2$$

because $\zeta_1 H^2 \subseteq H^2$. In fact,

$$\bigcap_{n\geq 0} T^n(\phi H^2) \subseteq \bigcap_{n\geq 0} T^n(H^2) = \{0\}$$

A function $\phi \in H^2$ with $|\phi(z)| = 1$ for almost all $z \in \mathbb{T}$ is called an *inner function* Examples are: $\zeta^n \ (n \in \mathbb{N})$ and $f(z) = \exp \frac{z-1}{z+1}$.

Theorem 2.1 (Beurling) A closed nonzero subspace $E \subseteq H^2(\mathbb{T})$ is *T*-invariant if and only if there exists $\phi \in H^2$ with $|\phi(z)| = 1$ for almost all $z \in \mathbb{T}$ such that $E = \phi H^2$. Moreover, ϕ is essentially unique in the sense that if $E = \psi H^2$ where $|\psi| = 1$ a.e. then $\frac{\phi}{\psi}$ is (a.e. equal to) a constant (of modulus 1).

Proof. Suppose that $E \subseteq H^2$ is a closed nonzero *T*-invariant subspace. The space T(E) is a closed subspace of *E* because *T* is isometric. Moreover, $T(E) \neq E$ because

$$\bigcap_{n\geq 0} T^n(E) \subseteq \bigcap_{n\geq 0} T^n(H^2) = \{0\}.$$

Thus there exists $\phi \in E$ of norm 1, such that $\phi \perp T(E)$.

Claim 1. The sequence $\{\phi, T(\phi), T^2(\phi), \dots\}$ is an orthonormal sequence in E. Proof. Since $\phi \in E$ which is T-invariant we have $T^n(\phi) \in E$ for all $n \in \mathbb{N}$. Moreover $\|T^n(\phi)\|_2 = \|\phi\|_2 = 1$. Also, if $m, n \in \mathbb{N}$ with m > n we have

$$T^{m}(\phi) \in T^{m}(E) \subseteq T^{n+1}(E) = T^{n}(T(E)).$$

Thus $T^m(\phi) \in T^n(T(E))$. But $T^n(\phi) \perp T^n(T(E))$ since $\phi \perp T(E)$ by construction and T^n is isometric. Thus

$$T^n(\phi) \perp T^m(\phi).$$

Claim 2. For all nonzero $k \in \mathbb{Z}$ we have $\int \zeta_k |\phi|^2 dm = 0.$ Proof. For k > 0,

$$\int \zeta_k |\phi|^2 dm = \int (\zeta_k \phi) \bar{\phi} dm = \langle \zeta_k \phi, \phi \rangle = \left\langle T^k(\phi), \phi \right\rangle = 0$$

by the previous claim. For k = -n < 0,

$$\int \zeta_k |\phi|^2 dm = \int \phi(\overline{\zeta_n \phi}) dm = \langle \phi, \zeta_n \phi \rangle = \langle \phi, T^n(\phi) \rangle = 0. \qquad \Box$$

It follows from this claim that the function $\psi = |\phi|^2$, which is in L^1 , satisfies $\hat{\psi}(k) = 0$ for all $k \in \mathbb{Z}$ except k = 0. By Proposition 1.1, ψ must be a multiple of $\zeta_0 = \mathbf{1}$ and hence a.e. equal to a constant. Hence so is $|\phi|$. Since $\int |\phi|^2 dm = 1$, the constant must be 1.

This shows that $|\phi(z)| = 1$ a.e.

Claim 3. $E = \phi H^2$. Proof. First, $\phi H^2 = T_{\phi}(H^2)$ and T_{ϕ} is an isometry since $|\phi| = 1$ a.e. Since $\{\zeta_n : n \in \mathbb{Z}_+\}$ is an orthonormal basis of H^2 , the set

$$\{T_{\phi}\zeta_{0}, T_{\phi}\zeta_{1}, T_{\phi}\zeta_{2}, \dots\} = \{\phi, \zeta_{1}\phi, \zeta_{2}\phi, \dots\} = \{\phi, T(\phi), T^{2}(\phi), \dots\}$$

is an orthonormal basis of ϕH^2 , and is contained in E since $\phi \in E$ which is T-invariant. We conclude that $\phi H^2 \subseteq E$.

To prove that equality in fact holds, suppose $f \in E$ is orthogonal to ϕH^2 ; we show that f = 0. Indeed, for all $n = 0, 1, 2, \ldots$ we have

$$f \perp \phi \zeta_n \quad \Rightarrow \quad \int f \overline{\phi \zeta_n} dm = 0 \quad \Rightarrow \quad \int f \overline{\phi} \zeta_{-n} dm = 0.$$

On the other hand if k = 1, 2, ... then $\langle \zeta_k f, \phi \rangle = 0$ since $\zeta_k f = T^k(f) \in T^k(E) \subseteq T(E)$ while $\phi \perp T(E)$ by definition; thus

$$0 = \langle \zeta_k f, \phi \rangle = \int \zeta_k f \bar{\phi} dm.$$

This shows that the L^2 function $f\bar{\phi}$ has all its Fourier coefficients equal to 0 and hence must vanish (a.e.). Since $|\phi| = 1$ a.e. this shows that f = 0.

Uniqueness

If $\phi H^2 = \psi H^2$ where $|\phi| = |\psi| = 1$ a.e. then $\overline{\psi}\phi H^2 = H^2$, so that $\overline{\psi}\phi = \overline{\psi}\phi \mathbf{1} \in H^2$. Similarly $\overline{\phi}\psi H^2 = H^2$, so that $\overline{\phi}\psi \in H^2$. Thus the function $h = \overline{\psi}\phi$ and its complex conjugate are both analytic, which can only happen if h is a constant (alternatively, $h \in H^2$ means $\hat{h}(-n) = 0$ for $n = 1, 2, \ldots$ while $\overline{h} \in H^2$ means $\hat{h}(+n) = 0$ for $n = 1, 2, \ldots$; hence h is constant).

This concludes the proof of the Theorem. \Box

Remark 2.2 Note the dual role played by ϕ (and also by ζ_1) in the above proof: On the one hand ϕ is a vector in H^2 and is moved around by the operator T (we say ϕ is a wandering vector), and on the other it "is" an operator T_{ϕ} acting on the space H^2 .

3 Shifts

Definition 3 A closed subspace L of a Hilbert space H is said to be wandering for an isometry $A \in \mathcal{B}(H)$ if the subspaces $L, A(L), A^2(L), \ldots$ are pairwise orthogonal.

Notation If $\{M_n\}$ is a family of pairwise orthogonal closed subspaces of a Hilbert space H, the orthogonal direct sum

$$\bigoplus_{n=0}^{\infty} M_n = M_0 \oplus M_1 \oplus M_2 \oplus \dots$$

is the smallest closed subspace $\bigvee M_n$ of H containing each M_n . This consists of all ξ of the form

$$\xi = \sum_{n=0}^{\infty} \xi_n$$
 with $\xi_n \in M_n$ and $\sum_{n=0}^{\infty} ||\xi_n||^2 < \infty$.

Thus if L is an A-wandering subspace we may form the orthogonal direct sum

$$\bigoplus_{n=0}^{\infty} A^n(L) := M_+(L)$$

Remark 3.1 Note that we may recover the wandering subspace from $M_+(L)$:

$$L = M_{+}(L) \ominus A(M_{+}(L)) := M_{+}(L) \cap A(M_{+}(L))^{\perp}$$

Indeed, L is contained in $M_+(L)$ and is orthogonal to each $A^{n+1}(L)$, $(n \ge 0)$, hence to their orthogonal direct sum, which is $A(M_+(L))$; and conversely, if a vector $\xi = \sum_{k\ge 0} A^k x_k$ is in $M_+(L)$ (i.e. each x_k is in L) and is orthogonal to $A(M_+(L))$ hence to all $A^{n+1}(L)$, then for all $\eta \in L$ and $n \ge 0$ we have

$$0 = \left\langle \xi, A^{n+1}\eta \right\rangle = \sum_{k \ge 0} \left\langle A^k x_k, A^{n+1}\eta \right\rangle = \left\langle A^{n+1} x_{n+1}, A^{n+1}\eta \right\rangle = \left\langle x_{n+1}, \eta \right\rangle$$

and so $x_{n+1} = 0$; hence $\xi = x_0 \in L$.

Definition 4 A (unilateral) shift on a Hilbert space H is a map $S \in \mathcal{B}(H)$ such that (a) ||Sx|| = ||x|| for all $x \in H$ (S is an isometry) and

(b) There is an S-wandering subspace L such that $M_+(L) = H$.

The number dim L is called the **multiplicity** of the shift.

Note that, by Remark 3.1, the wandering subspace L is uniquely determined by S, and in fact, since $M_+(L) = H$,

$$L = H \ominus S(H) = S(H)^{\perp} = \ker(S^*).$$

Thus the multiplicity of a shift is uniquely defined.

Conversely,

Remark 3.2 Two shifts $S \in B(H)$ and $S_1 \in B(H_1)$ are unitarily equivalent if and only if their wandering subspaces L and L_1 are of the same dimension.

Thus the number $\dim L$ uniquely determines S up to unitary equivalence.

Indeed, if L and L_1 have the same dimension, choose any unitary $U: L \to L_1$ and define

$$V: H \to H_1: \sum S^n(x_n) \to \sum S_1^n(Ux_n).$$

It is clear that V is invertible:

$$V^{-1}\left(\sum S_1^n(y_n)\right) = \sum S^n(U^{-1}y_n)$$

and it is isometric because

$$\left\|\sum S_1^n(Ux_n)\right\|^2 = \sum \|S_1^n(Ux_n)\|^2 = \sum \|x_n\|^2 = \left\|\sum S^n(x_n)\right\|^2.$$

For example the operator Tf(z) = zf(z), $f \in H^2$ is a shift.⁵ The vector ζ is a wandering vector for T, i.e. the family $\{T^n\zeta : n \in \mathbb{Z}_+\}$ is orthogonal.

We will need an easy observation

Remark 3.3 If $T \in B(H)$ is an isometry and P a projection, then the projection onto TP(H) is TPT^* .

Proof. If $\xi = T(\eta) \in TP(H)$ then $TPT^*\xi = TPT^*T\eta = TP\eta = T\eta = \xi$ (since $T^*T = I$ and $\eta \in P(H)$), and if $\zeta \perp TP(H)$ then $TPT^*\zeta = 0$ since for all $\xi \in H$ we have $\langle TPT^*\zeta, \xi \rangle = \langle \zeta, TPT^*\xi \rangle = 0$ because $P(T^*\xi) \in P(H)$ so $TPT^*\xi \in TP(H)$. \Box

Theorem 3.4 (Wold Decomposition) If $A \in \mathcal{B}(H)$ is an isometry, there is a unique decomposition $H = H_s \oplus H_u$ into A-reducing subspaces such that the restriction A_s of A to H_s is a shift (if nonzero) and the restriction A_u of A to H_u is unitary (if nonzero).

Moreover, if $L = H \ominus A(H) = A(H)^{\perp} = \ker A^*$, then L is an A-wandering subspace, i.e. the family $\{A^n(L) : n \in \mathbb{Z}_+\}$ is a family of closed mutually orthogonal subspaces. We have

 $H_s = M_+(L) = \bigoplus_{n \ge 0} A^n(L) = \{ x \in H : A^{*n}x \to 0 \} \qquad and \qquad H_u = \bigcap_{n \ge 0} A^n(H).$

Proof. (i) If $A^n x \in A^n(L)$ and $A^m y \in A^m(L)$ with k = n - m > 0 then, since A^m is isometric,

$$\langle A^n x, A^m y \rangle = \left\langle A^m A^k x, A^m y \right\rangle = \left\langle A^k x, y \right\rangle = 0$$

because $A^k x \in A(H)$ (since $k \ge 1$) while y is in L which is orthogonal to A(H). Thus $A^n(L) \perp A^m(L)$.

(ii) Define $H_s = \bigoplus_{n>0} A^n(L)$. We show that

$$H_s = \{ x \in H : A^{*n} x \to 0 \}.$$
 (**)

If P(L) is the projection onto $L = (A(H))^{\perp}$, then $P(L) = I - AA^*$; by Remark 3.3 the projection $P(A^n(L))$ onto $A^n(L)$ is $A^n P(L)A^{*n} = A^n(I - AA^*)A^{*n}$. Now $x \in H_s$ if and only if

$$x = \sum_{n=0}^{\infty} P(A^n(L))x = \lim_{N \to \infty} \sum_{n=0}^{N-1} A^n (I - AA^*) A^{*n} x = x - \lim_{N \to \infty} A^N A^{*N} x$$
(*)

⁵Observe that under the unitary $\mathcal{F}: H^2 \to \ell^2: \zeta_n \to e_n$ (of course \mathcal{F} is the restriction to H^2 of the Fourier transform $\mathcal{F}: L^2(\mathbb{T}) \to \ell^2(\mathbb{Z})$) the operator T is transformed into the (multiplicity one) shift $S: \ell^2 \to \ell^2$ given by $Se_n = e_{n+1}$.

i.e. if and only if $\lim_{N\to\infty} A^N A^{*N} x = 0$, equivalently if and only if $\lim_N ||A^{*N} x|| = 0$ (A^N is an isometry).

This shows (**).

On the other hand, $y \perp H_s$ if and only if $y \perp A^n(L)$ for all $n \geq 0$, equivalently if

$$0 = P(A^{n}(L))y = A^{n}(I - AA^{*})A^{*n}y \iff A^{n}A^{*n}y = A^{n+1}A^{*n+1}y$$

for all n, and so $y = A^n A^{*n} y$ for all n. But $A^n A^{*n}$ is the projection onto $A^n(H)$. Therefore $y \perp H_s$ if and only if $y \in A^n(H)$ for all $n \geq 0$. In other words, $y \perp H_s$ iff $y \in \bigcap_{n \geq 0} A^n(H)$. We have shown that

$$(H_s)^{\perp} = \bigcap_{n \ge 0} A^n(H) := H_u.$$

(iii) If $P = P(H_u)$ then, for all $x \in H$, $Px = \lim_n A^n A^{*n} x$. Thus

$$P(AH_u)x = APA^*x = A\lim_n A^n A^{*n} A^*x = \lim_n A^{n+1} A^{*(n+1)}x = Px$$

and so $P(AH_u) = APA^* = P$ hence $PA = APA^*A = AP$.

The second relation shows that A reduces H_u and the first relation shows that A maps H_u onto H_u . Hence $A|_{H_u}$ is a unitary operator on H_u .

Finally, $H_s = H_u^{\perp}$ also reduces A.

Uniqueness It remains to prove that if $H = K_s \oplus K_u$, is an arbitrary decomposition so that $A|_{K_s}$ is a shift and $A|_{K_u}$ is unitary, then $K_u = H_u$ and $K_s = H_s$. But if $A|_{K_s}$ is a shift then $L' := K_s \oplus A(K_s)$ is A-wandering; and it will be enough to prove that L = L', for then $K_s = M_+(L') = M_+(L) = K_s$ and their orthogonal complements will also be equal. Now ⁶

$$L = H \ominus AH = (K_u \oplus K_s) \ominus (AK_u \oplus AK_s) = (K_u \oplus K_s) \ominus (K_u \oplus AK_s) = K_s \ominus AK_s = L'.$$

Remark 3.5 It follows that an isometry $A \in \mathcal{B}(H)$ is a shift if and only if it satisfies $||A^{*n}x|| \to 0$ for all $x \in H$. Equivalently if and only if $\bigcap_{n>0} A^n(H) = 0$.

⁶In more detail: Given $x \in L$ write $x = x_s + x_u$ with $x_s \in K_s$ and $x_u \in K_u$. But $x \perp A(K_u \oplus K_s)$ and $A(K_u \oplus K_s) = AK_u \oplus AK_s = K_u \oplus AK_s$ (note that $A(K_u) = K_u$ since $A|_{K_u}$ is unitary). Thus $x \perp K_u$ so $x = x_s \in K_s$. But also $x \perp A(K_s)$, so $x \in K_s \oplus A(K_s) \subseteq L'$. This shows that $L \subseteq L'$; the same argument using the decomposition $H = H_s \oplus H_u$ yields $L' \subseteq L$.

4 The Beurling - Lax - Halmos Theorem

We wish to generalise Beurling's Theorem (Theorem 2.1) to characterise invariant subspaces of a shift of arbitrary multiplicity.

In the multiplicity one case, invariant subspaces M were shown to be of the form $M = T_{\phi}(H^2)$ where $\phi \in H^2$ was a suitable function. Note that T_{ϕ} is an isometry which commutes with the operator T. This is the form of Beurling's Theorem that generalises. Indeed, it can be shown that, conversely, any isometry $A \in B(H^2)$ which commutes with T is necessarily of the form $A = T_{\phi}$ (see [2, Problem 242]).

Let E be a Hilbert space and define

$$H = E \otimes \ell^{2} = \{\xi = (x_{n}) : x_{n} \in E, \sum_{n \ge 0} ||x_{n}||_{E}^{2} < \infty\}.$$

This is a Hilbert space with scalar product

$$\langle (x_n), (y_n) \rangle = \sum_n \langle x_n, y_n \rangle_E$$

(the sum converges absolutely). Completeness is proved just like the case of ℓ^2 .

We denote the sequence $(0, \ldots, 0, x, 0, \ldots)$ (with x at the n-th place) by the symbol $x \otimes e_n$; the linear span of $\{x \otimes e_n : x \in E, n \in \mathbb{Z}_+\}$ is dense in H^7 and

$$(x_n) = \sum_{n=0}^{\infty} x_n \otimes e_n.$$

Let $S \in B(H)$ be given by

$$S((x_0, x_1, x_2, \dots)) = (0, x_0, x_1, x_2, \dots)$$

i.e.

$$S(x \otimes e_n) = x \otimes e_{n+1} \quad (x \in E, n \in \mathbb{Z}_+).$$

This is an isometry, called **the unilateral shift of multiplicity** $\dim E$.

Suppose $V \in B(H)$ is a partial isometry. Let M = V(H). This is a closed subspace since V is isometric on the orthogonal complement of its kernel.

Remark 4.1 If VS = SV then M is S-invariant.

Proof. If $\xi \in M$ there exists $\eta \in H$ such that $\xi = V\eta$. Then

$$S(\xi) = S(V\eta) = V(S\eta) \in V(H) = M. \qquad \Box$$

Conversely,

Theorem 4.2 Let $M \subseteq H$ be a closed S-invariant subspace. Then there exists a partial isometry $V \in B(H)$ which commutes with S such that

$$M = V(H).$$

We will need the following

Lemma 4.3 If H is a separable Hilbert space and $P \in B(H)$ is a projection, then for any orthonormal basis $\{f_i : i \in I\}$ of H we have

$$\dim P(H) = \sum_{i \in I} \|Pf_i\|^2.$$

⁷ H is the orthogonal direct sum of its subspaces $E_n := \{x \otimes e_n : x \in E\}$ which are all isomorphic to E.

Proof. Let $\{y_k : k \in K\}$ be an orthonormal basis of P(H). Since each Pf_i is in P(H), by Parseval we have

$$\begin{aligned} \|Pf_i\|^2 &= \sum_{k \in K} |\langle Pf_i, y_k \rangle|^2 \\ \text{and so} \qquad \sum_{i \in I} \|Pf_i\|^2 &= \sum_{i \in I} \sum_{k \in K} |\langle Pf_i, y_k \rangle|^2 = \sum_{k \in K} \sum_{i \in I} |\langle f_i, Py_k \rangle|^2 \\ &= \sum_{k \in K} \sum_{i \in I} |\langle f_i, y_k \rangle|^2 = \sum_{k \in K} \|y_k\|^2 \end{aligned}$$

by Parseval again, since $\{f_i : i \in I\}$ is an orthonormal basis of H. But the last sum equals the cardinality of K, i.e. the dimension of P(H). \Box

Proof of the Theorem. Define

$$L = M \ominus S(M) = M \cap (SM)^{\perp}.$$

This is a nonzero subspace because $S(M) \neq M$. Indeed, if $m \in \mathbb{Z}_+$ is the smallest integer for which there exists $\xi = (x_n) \in M$ with $x_m \neq 0$, then all $S(\eta) \in S(M)$ have their first mcoordinates equal to 0 and so $\xi \notin S(M)$.

Let P be the projection onto M and let Q be the projection onto L. Then SPS^* is the projection onto S(M) (Remark 3.3) and so

$$Q = P - SPS^*.$$

Claim 1. L is a wandering subspace, i.e. the subspaces $S^n(L)$, $n \ge 0$ are pairwise orthogonal.

*Proof.*⁸ If $S^m(\xi) \in S^m(L)$ and $S^n(\eta) \in S^n(L)$ with k = m - n > 0 then

$$\langle S^m(\xi), S^n(\eta) \rangle = \left\langle S^n S^k(\xi), S^n(\eta) \right\rangle = \left\langle S^k(\xi), \eta \right\rangle \qquad (S^n \text{ is isometric}).$$

But $S^k(\xi) \in S(M)$ (note $k \ge 1$) because $S(\xi) \in S(M)$ which is S-invariant; on the other hand $\eta \in L$ and $L \perp S(M)$, so $\langle S^k(\xi), \eta \rangle = 0$. \Box

Thus we may form the sum

$$N = \bigoplus_{n=0}^{\infty} S^n(L) = L \oplus S(L) \oplus S^2(L) \oplus \dots$$

This consists of all ξ of the form

$$\xi = \sum_{n=0}^{\infty} S^n(\xi_n)$$
 with $\xi_n \in L$ and $\sum_{n=0}^{\infty} \|S^n \xi_n\|^2 = \sum_{n=0}^{\infty} \|\xi_n\|^2 < \infty$.

Claim 2. N = M.

Proof. Since $L \subseteq M$ so $S^n(L) \subseteq S^n(M) \subseteq M$, we see that M contains each $S^n(L)$, hence it must contain N.

Now take $\xi \in M \cap N^{\perp}$. Then $\xi \in M$ and $\xi \perp L$; thus $Q\xi = 0$, i.e. $(P - SPS^*)\xi = 0$ and so $\xi = P\xi = SPS^*\xi$. Thus $\xi \in S(M)$; but $\xi \in (S(L))^{\perp}$ so $SQS^*\xi = 0$, i.e. $(SPS^* - S^2PS^{*2})\xi = 0$ and so $\xi = SPS^*\xi = S^2PS^{*2}\xi$, i.e. $\xi \in S^2(M)$. Continuing

⁸This generalises the argument in part (i) of the proof of Theorem 3.4.

inductively, we conclude that $\xi \in S^n(M)$ i.e. $\xi = S^n P S^{*n} \xi$ for all $n \ge 0$. But then $\xi = 0$, because if $\xi = \sum_{k\ge 0} x_k \otimes e_k$ then $S^{*n} \xi = \sum_{k\ge n} x_k \otimes e_{k-n}$ so

$$\|\xi\|^2 = \|S^n P S^{*n} \xi\|^2 \le \|S^{*n} \xi\|^2 = \sum_{k \ge n} \|x_k\|^2 \to 0.$$

Claim 3. There exists a partial isometry $U: H \to E$ with initial space L.

Proof. It is enough to prove that there exists an isometry $W: L \to E$; then $U: H \to E$ will be the extension of W to H, defined by setting $U(\xi) = 0$ for $\xi \in L^{\perp}$.

Now the existence of an isometry $W: L \to E$ will follow if we prove that dim $L \leq \dim E$. Let $\{u_k : k \in K\}$ be an orthonormal basis of E. Since H is generated by $\{x \otimes e_n : x \in E, n \in \mathbb{Z}_+\}$, the set $\{u_k \otimes e_n : k \in K, n \in \mathbb{Z}_+\}$ is an orthonormal basis of H. Thus by Lemma 4.3

$$\dim L = \sum_{k \in K} \sum_{n \in \mathbb{Z}_+} \|Q(u_k \otimes e_n)\|^2 = \sum_{k \in K} \sum_{n \in \mathbb{Z}_+} \langle Q(u_k \otimes e_n), u_k \otimes e_n \rangle.$$

Now $u_k \otimes e_n = S^n(u_k \otimes e_0)$ and $Q = P - SPS^*$, so

$$\langle Q(u_k \otimes e_0), u_k \otimes e_0 \rangle = \langle P(u_k \otimes e_0), (u_k \otimes e_0) \rangle - \langle SPS^*(u_k \otimes e_0), u_k \otimes e_0 \rangle$$

= $\langle P(u_k \otimes e_0), (u_k \otimes e_0) \rangle$

(because $S^*(x \otimes e_0) = 0$) and for n > 0,

$$\langle Q(u_k \otimes e_n), u_k \otimes e_n \rangle = \langle PS^n(u_k \otimes e_0), S^n(u_k \otimes e_0) \rangle - \langle SPS^*S^n(u_k \otimes e_0), S^n(u_k \otimes e_0) \rangle$$

= $\langle PS^n(u_k \otimes e_0), S^n(u_k \otimes e_0) \rangle - \langle PS^{n-1}(u_k \otimes e_0), S^{n-1}(u_k \otimes e_0) \rangle$

Thus for each $k \in K$,

$$\sum_{n=0}^{m} \langle Q(u_k \otimes e_n), u_k \otimes e_n \rangle = \langle P(u_k \otimes e_0), (u_k \otimes e_0) \rangle + \langle PS(u_k \otimes e_0), S(u_k \otimes e_0) \rangle - \langle P(u_k \otimes e_0), (u_k \otimes e_0) \rangle + \dots + \langle PS^m(u_k \otimes e_0), S^m(u_k \otimes e_0) \rangle - \langle PS^{m-1}(u_k \otimes e_0), S^{m-1}(u_k \otimes e_0) \rangle = \langle PS^m(u_k \otimes e_0), S^m(u_k \otimes e_0) \rangle$$

and so

$$\dim L = \lim_{m \to \infty} \sum_{k \in K} \langle PS^m(u_k \otimes e_0), S^m(u_k \otimes e_0) \rangle \le \sum_{k \in K} \|u_k\|^2 = \dim E. \qquad \Box$$

Now define $V : H \to H$ as follows: Let $\xi = \sum_{n=0}^{\infty} x_n \otimes e_n \in H$, so that $\sum_n ||x_n||^2 = ||\xi||^2 < +\infty$. Observe that $x_n \in E$ so $U^*x_n \in L$ and the vectors $S^n(U^*x_n)$ are pairwise orthogonal; thus the series $\sum_n S^n(U^*x_n)$ converges in H and we may define

$$V\left(\sum_{n=0}^{\infty} x_n \otimes e_n\right) = \sum_{n=0}^{\infty} S^n(U^*x_n).$$

This is a contraction:

$$\|V\xi\|^{2} = \left\|\sum_{n=0}^{\infty} S^{n}(U^{*}x_{n})\right\|^{2} = \sum_{n} \|S^{n}(U^{*}x_{n})\|^{2} = \sum_{n} \|U^{*}x_{n}\|^{2} \le \sum_{n} \|x_{n}\|^{2} = \|\xi\|^{2}.$$

Claim 4. V is a partial isometry.

Proof. Let $F = U(L) \subseteq E$ be the final space of the partial isometry U. Note that U^* is a partial isometry with initial space F and final space L. Consider the subspace

$$X := \left\{ \xi = \sum_{n=0}^{\infty} x_n \otimes e_n : x_n \in F \right\} \subseteq H.$$

If $\xi \in X$, then each coordinate x_n is in F and so $||U^*x_n|| = ||x_n||$. Thus

$$||V\xi||^2 = \sum_n ||U^*x_n||^2 = \sum_n ||x_n||^2 = ||\xi||^2.$$

and so $V|_F$ is isometric.

If $\xi \perp X$, then each coordinate x_n is in $F^{\perp 9}$ and so $U^*x_n = 0$. Thus $V\xi = 0$, showing that V vanishes on X^{\perp} . \Box .

Claim 5. V(H) = M.

Proof. Since the range of U^* is L, it is clear that that V(H) lies in the direct sum of the subspaces $S^n(L)$, namely M. On the other hand, given $n \ge 0$ and $\xi \in L$, letting $x = U\xi \in F$ we have $V(x \otimes e_n) = S^n(U^*x) = S^n(\xi)$. Thus V(H) contains all subspaces $S^n(L)$, $n \in \mathbb{Z}_+$, hence also their direct sum M. \Box

Claim 6. VS = SV.

Proof. This is obvious: For all $x \in E$ and $n \ge 0$,

$$VS(x \otimes e_n) = V(x \otimes e_{n+1}) = S^{n+1}(U^*x)$$

$$SV(x \otimes e_n) = S(S^n(U^*x)) = S^{n+1}(U^*x).$$

⁹because for all $x \in F$ and all $n \ge 0$ we have $\xi \perp (x \otimes e_n)$, hence $x_n \perp x$.

5 Dilations of a contraction

Theorem 5.1 Let $T \in \mathcal{B}(\mathcal{H})$ be a contraction. Then there exists a Hilbert space $\mathcal{K} \supseteq \mathcal{H}$ and a unitary operator $U \in \mathcal{B}(\mathcal{K})$ such that

$$T^n = P_{\mathcal{H}} U^n |_{\mathcal{H}} \quad (n \ge 1).$$

Remark 5.2 The condition $T^n = P_{\mathcal{H}}U^n|_{\mathcal{H}}$ forces the subspace $\mathcal{H} \subseteq K$ to be semi-invariant under U, i.e. of the form $\mathcal{H} = \mathcal{H}_2 \cap \mathcal{H}_1^{\perp}$, where $\mathcal{H}_1 \subseteq \mathcal{H}_2$ and both spaces are U-invariant.

Thus the matrix of U with respect to the (ordered) decomposition $\mathcal{K} = \mathcal{H}_1 \oplus \mathcal{H} \oplus \mathcal{H}_2^{\perp}$ takes the form ¹⁰

$$U = \left[\begin{array}{ccc} * & * & * \\ 0 & T & * \\ 0 & 0 & * \end{array} \right].$$

Indeed, define

$$\mathcal{H}_2 = [U^n y : y \in \mathcal{H}, n \ge 0] \text{ and } \mathcal{H}_1 = \mathcal{H}_2 \cap \mathcal{H}^\perp$$

Then we have two closed subspaces of \mathcal{K} such that $\mathcal{H}_1 \subseteq \mathcal{H}_2$ and $\mathcal{H} = \mathcal{H}_2 \cap \mathcal{H}_1^{\perp}$. Clearly \mathcal{H}_2 is U invariant (because $[U^n y : y \in \mathcal{H}]$ is) and we need to show that \mathcal{H}_1 is also U invariant.

Thus if P_i denotes the projection onto \mathcal{H}_i , we have to show that $UP_1 = P_1UP_1$. But $P_1 = P_2 - P = P_2P^{\perp}$ and $UP_2 = P_2UP_2$ because $U(\mathcal{H}_2) \subseteq \mathcal{H}_2$, hence

$$P_1 U P_1 = P_2 U P_2 P^{\perp} - P U P_2 P^{\perp} = U P_2 P^{\perp} - P U P_2 P^{\perp} = U P_1 - P U P_2 P^{\perp}$$

and so it suffices to show that $PUP_2P^{\perp} = 0$, equivalently that $PUP_2 = PUPP_2$, or PUx = PUPx for $x \in \mathcal{H}_2$. In fact it suffices to show the last equality when $x = U^n y$ for some $n \in \mathbb{Z}_+$ and $y \in \mathcal{H}$ (for then it will follow for arbitrary $x \in \mathcal{H}_2$ by linearity and continuity).

But for $x = U^n y$, since $PUPU^n P = (PUP)(PU^n P) = T^{n+1} = PU^{n+1}P$ we have

$$PUPx = PUPU^{n}y = PUPU^{n}Py \quad (\text{because } y \in \mathcal{H})$$
$$= PU^{n+1}Py = PU^{n+1}y = PU(U^{n}y) = PUx$$

as required. This shows that \mathcal{H}_1 is U-invariant as well.

Example 5.3 Suppose $z \in \mathbb{C}$ with |z| < 1 and let T = zI acting on $\mathcal{H} = \mathbb{C}$.

Try to construct a unitary dilation U on the space $\mathbb{C} \oplus \mathbb{C} \oplus \mathbb{C}$:

$$U = \left[\begin{array}{rrr} a & b & c \\ 0 & z & d \\ 0 & 0 & e \end{array} \right].$$

Now U is unitary if and only if its rows and columns form orthonormal sets. This forces $|b|^2 = |d|^2 = 1 - |z|^2$ and we may choose $b = d = \sqrt{1 - |z|^2}$. But then the orthogonality of the second and third column give $b\bar{c} + z\bar{d} = 0$, so $c = -\bar{z}$. Now if the first row and third column are to have unit length then necessarily a = 0 and e = 0. Thus

$$U = \begin{bmatrix} 0 & b & -\bar{z} \\ 0 & \Box & b \\ 0 & 0 & 0 \end{bmatrix} \quad (b = \sqrt{1 - |z|^2}).$$

¹⁰It would be *lower* triangular if we wrote the decomposition as $\mathcal{K} = \mathcal{H}_2^{\perp} \oplus \mathcal{H} \oplus \mathcal{H}_1$.

But this is not unitary! The first column and last row are 0. To remedy this, we need to add rows and columns:

$$U = \left[\begin{array}{cccccc} s & 1 & 0 & 0 & 0 \\ 0 & 0 & b & -\bar{z} & 0 \\ 0 & 0 & \Box & b & 0 \\ 0 & 0 & 0 & 0 & 1 \\ 0 & 0 & 0 & 0 & t \end{array} \right]$$

Now the length of the first row and the last column force s = t = 0, and again the first column and last row are 0. Thus we need to add more rows and columns, and so on "ad infinitum": So U turns out to be an operator acting on the infinite dimensional (!) space $\ell^2(\mathbb{Z})$ given by

It is not hard to verify that this operator is unitary, and it will follow anyway from the general construction (second method) below.

Proof of the Theorem. (First method) We dilate T in two steps:

- (a) we dilate (T, \mathcal{H}) to an isometry (V, \mathcal{K}_1) and
- (b) we dilate the isometry (V, \mathcal{H}_1) to a unitary (U, \mathcal{K}) . Then (U, \mathcal{K}) will be a unitary dilation of (T, \mathcal{H}) .
- (a) Dilation of a contraction to an isometry

The space \mathcal{K}_1 is defined to be

$$\mathcal{K}_1 = \mathcal{H} \otimes \ell^2(\mathbb{Z}_+)$$

(see Section 4). Recall that \mathcal{K}_1 consists of all families $(x_n)_{n\geq 0}$ (with $x_n \in \mathcal{H}$ for all n) which are square summable in norm. We identify \mathcal{H} with the subspace $\mathcal{H}_0 = \{(h, 0, 0, \dots) : h \in \mathcal{H}\}$ of \mathcal{K}_1 .

Let $T \in \mathcal{B}(\mathcal{H})$ be a contraction. It follows that the operator $I - T^*T$ is positive; hence we may define

$$D_T = (I - T^*T)^{1/2}.$$

Consider the operator $V \in \mathcal{B}(\mathcal{K}_1)$ given by

$$V = \begin{bmatrix} T & 0 & 0 & 0 & \dots \\ D_T & 0 & 0 & 0 & \dots \\ 0 & I & 0 & 0 & \dots \\ 0 & 0 & I & 0 & \dots \\ \vdots & \vdots & \ddots & \ddots \end{bmatrix} = \begin{bmatrix} T & 0 \\ * & * \end{bmatrix}$$

(the last matrix is written with respect to the decomposition $\mathcal{K}_1 = \mathcal{H} \oplus \mathcal{H}^{\perp}$.) Explicitly,

$$V(h_0, h_1, h_2, \dots) = (Th_0, D_Th_0, h_1, h_2, \dots).$$

Clearly V dilates T. To see that it is isometric, note that

$$||Th_0||^2 + ||D_Th_0||^2 = \langle Th_0, Th_0 \rangle + \langle D_Th_0, D_Th_0 \rangle$$

= $\langle T^*Th_0, h_0 \rangle + \langle D_T^2h_0, h_0 \rangle = ||h_0||^2.$

and thus

$$||Vh||^{2} = ||Th_{0}||^{2} + ||D_{T}h_{0}||^{2} + \sum_{n=1}^{\infty} ||h_{n}||^{2}$$
$$= ||h_{0}||^{2} + \sum_{n=1}^{\infty} ||h_{n}||^{2} = ||h||^{2}$$

(b) Dilation of an isometry to a unitary

Let $V \in \mathcal{B}(\mathcal{K}_1)$ be an isometry, $V^*V = I$.

Observe that $(VV^*)V = V(V^*V) = V$. Also $(VV^*)^2 = V(V^*V)V^* = VV^*$ so VV^* is a projection. Let $P = I - VV^*$. This is also a projection and $PV = V - VV^*V = 0$. Thus if

$$U: \mathcal{K}_1 \oplus \mathcal{K}_1 \to \mathcal{K}_1 \oplus \mathcal{K}_1:$$
 is given by $U = \begin{bmatrix} V^* & 0 \\ P & V \end{bmatrix}$

then U is unitary. Indeed,

$$UU^* = \begin{bmatrix} V^* & 0 \\ P & V \end{bmatrix} \begin{bmatrix} V & P \\ 0 & V^* \end{bmatrix} = \begin{bmatrix} V^*V & V^*P \\ PV & P^2 + VV^* \end{bmatrix} = \begin{bmatrix} I & 0 \\ 0 & I \end{bmatrix}$$
$$U^*U = \begin{bmatrix} V & P \\ V^* & 0 \end{bmatrix} \begin{bmatrix} V^* & 0 \\ V^* & V^* \end{bmatrix} = \begin{bmatrix} VV^* + P^2 & PV \\ V^* & V^* \end{bmatrix} = \begin{bmatrix} I & 0 \\ V^* & V^* \end{bmatrix}$$

and

$$U^*U = \begin{bmatrix} V & P \\ 0 & V^* \end{bmatrix} \begin{bmatrix} V^* & 0 \\ P & V \end{bmatrix} = \begin{bmatrix} VV^* + P^2 & PV \\ V^*P & V^*V \end{bmatrix} = \begin{bmatrix} I & 0 \\ 0 & I \end{bmatrix}$$

Combining the two steps, we obtain the dilation U in the form

$$U = \begin{bmatrix} T^* & A^* & 0 & 0\\ 0 & B^* & 0 & 0\\ P_{11} & P_{12} & T & 0\\ P_{21} & P_{22} & A & B \end{bmatrix} = \begin{bmatrix} V^* & 0 & 0\\ P_1 & T & 0\\ P_2 & A & B \end{bmatrix}$$

where $P_1 = [P_{11} \ P_{12}]$ and $P_2 = [P_{21} \ P_{22}]$.

Remark 5.4 Observe that, since the space \mathcal{K}_1 is in fact U-invariant (not just semi-invariant), we have $U^n|_{\mathcal{K}_1} = V^n$: thus U^n is in fact an extension of V^n (not merely a dilation).

Proof of the Theorem. (Second method) Notice that since $||T|| \leq 1$, the operators $I - T^*T$ and $I - TT^*$ are positive; hence we may define

$$D_T = (I - T^*T)^{1/2}, \quad D_{T^*} = (I - TT^*)^{1/2}.$$

These are called the 'defect operators': $D_T = 0$ iff T is an isometry, and $D_{T^*} = 0$ iff T^* is an isometry (then T is called a *co-isometry*). Note that

$$TD_T^2 = T - TT^*T = D_{T^*}^2T, \qquad T^*D_{T^*}^2 = T^* - T^*TT^* = D_T^2T^*$$

from which we obtain

$$T^*D_{T^*} = D_T T^*, \qquad TD_T = D_{T^*} T$$
 (1)

by approximating the function $f(t) = \sqrt{t}$ by polynomials (p_n) uniformly for $t \in [0, 1]$ (so that $D_T = \lim_n p_n(D_T^2)$ and $D_{T^*} = \lim_n p_n(D_{T^*}^2)$.

The space \mathcal{K} is defined to be

$$\mathcal{K} = \mathcal{H} \otimes \ell^2(\mathbb{Z}).$$

Thus \mathcal{K} consists of all families $(x_n)_{n\in\mathbb{Z}}$ (with $x_n \in \mathcal{H}$ for all n) which are square summable in norm, i.e. $\sum_{n\in\mathbb{Z}} ||x_n||^2 < \infty$. We identify \mathcal{H} with the subspace $\mathcal{H}_0 = \{(\ldots, 0, [L], 0, \ldots) : h \in \mathcal{H}\}$ of \mathcal{K} .

Consider the operator $U \in \mathcal{B}(\mathcal{K})$ given by

$$U = \begin{bmatrix} \ddots & \ddots & & & & \\ \ddots & I & 0 & & & \\ & 0 & D_T & -T^* & & \\ & & T^* & D_{T^*} & 0 & & \\ & & 0 & I & \ddots & \\ & & & \ddots & \ddots & \end{bmatrix} = \begin{bmatrix} * & * & * \\ 0 & T & * \\ 0 & 0 & * \end{bmatrix}.$$

Explicitly, for $h = (h_n)$, we have $Uh = h' = (h'_n)$, where

$$h'_{-1} = D_T h_0 - T^* h_1, \quad h'_0 = T h_0 + D_{T^*} h_1, \quad h'_j = h_{j+1}, \ (j \neq -1, 0).$$

Clearly U dilates T. To see that it is isometric, consider

$$||h'_{-1}||^2 + ||h'_0||^2 = (\langle D_T^2 h_0, h_0 \rangle + \langle T^* h_1, T^* h_1 \rangle - 2Re \langle D_T h_0, T^* h_1 \rangle) + (\langle Th_0, Th_0 \rangle + \langle D_{T^*}^2 h_1, h_1 \rangle + 2Re \langle D_{T^*} h_1, Th_0 \rangle) = ||h_0||^2 + ||h_1||^2 \qquad (\text{using } TD_T = D_{T^*}T).$$

To prove that U is onto, given $(h'_n) \in \ell^2(\mathbb{Z})$ set $h_j = h'_{j-1}, (j \neq -1, 0)$ and determine h_0 and h_1 by solving the system

$$\begin{aligned} h'_{-1} &= D_T h_0 - T^* h_1 \\ h'_0 &= T h_0 + D_{T^*} h_1 \end{aligned} \} \Rightarrow \begin{aligned} D_T h'_{-1} &= (I - T^* T) h_0 - D_T T^* h_1 \\ T^* h'_0 &= T^* T h_0 + T^* D_{T^*} h_1 \end{aligned} \} \\ \Rightarrow D_T h'_{-1} + T^* h'_0 &= h_0 - D_T T^* h_1 + T^* D_{T^*} h_1 = h_0 \end{aligned}$$

where we have used relations (1).

6 von Neumann's inequality

Theorem 6.1 (von Neumann's inequality) If $T \in \mathcal{B}(H)$ is a contraction and p is a polynomial $p(z) = \sum_{k=0}^{n} a_k z^k$, then

$$\|p(T)\|_{\mathcal{B}(H)} \le \sup\{|p(z)| : z \in \mathbb{T}\}.$$

Proof. Let $U \in \mathcal{B}(K)$ be any unitary dilation of $T \in \mathcal{B}(H)$. Observe that $p(T) = P_H p(U)|_H$ and hence $\|p(T)\|_{\mathcal{B}(H)} \leq \|p(U)\|_{\mathcal{B}(K)}$. But U is a unitary operator so $\sigma(U) \subseteq \mathbb{T}$; thus by the spectral mapping theorem we have

$$\|p(U)\|_{\mathcal{B}(K)} = \sup\{|p(z)| : z \in \sigma(U)\} \le \sup\{|p(z)| : z \in \mathbb{T}\}.$$

Thus $\|p(T)\|_{\mathcal{B}(H)} \le \|p(U)\|_{\mathcal{B}(K)} \le \sup\{|p(z)| : z \in \mathbb{T}\}.$ \Box

Example 6.2 In particular if T = wI where $w \in \mathbb{D}$, then for any polynomial p we obtain p(T) = p(w)I and so

$$|p(w)| = ||p(T)|| \le \sup\{|p(z)| : z \in \mathbb{T}\}.$$

More generally, let $A(\mathbb{D})$ be the algebra of all continuous complex-valued functions on \mathbb{D} which are analytic in \mathbb{D} . This is a closed subalgebra of $C(\overline{\mathbb{D}})$: it consists of all $f \in C(\overline{\mathbb{D}})$ that are limits of polynomials (in z) uniformly in $\overline{\mathbb{D}}$. It follows that the last inequality is true for all $f \in A(\mathbb{D})$:

$$\sup\{|f(w): w \in \overline{\mathbb{D}}\} \le \sup\{f(z)| : z \in \mathbb{T}\}.$$

We have obtained a particular case of the *maximum modulus principle* of complex analysis by Operator Theory methods.

Remark 6.3 von Neumann's inequality shows that, given a contraction $T \in B(H)$ the functional calculus $p \to p(T)$ extends by continuity to a contractive homomorphism $f \to f(T)$ from the disc algebra $A(\mathbb{D})$ into B(H): a representation of the Banach algebra $A(\mathbb{D})$. Conversely, given any contractive representation $\pi : A(\mathbb{D}) \to B(H)$ we obtain a contraction $T = \pi(\zeta) \in B(H)$ (recall $\zeta(z) = z$ for $z \in \overline{\mathbb{D}}$) such that $\pi(f) = f(T)$ for all $f \in A(\mathbb{D})$.

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