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Nuclear Magnetic Resonance



Background

- 1. A spinning charge generates a magnetic field, The resulting spinmagnet has a magnetic moment (µ).
- 2. In the presence of an external magnetic field (**B**_o), two spin states exist, +1/2 and -1/2.

Nuclei	Unpaired Protons	Unpaired Neutrons	Net Spin	(MHz/T)
¹ H	1	0	1/2	42.58
² H	1	1	1	6.54
³¹ P	1	0	1/2	17.25
²³ Na	1	2	3/2	11.27
¹⁴ N	1	1	1	3.08
¹³ C	0	1	1/2	10.71
¹⁹ F	1	0	1/2	40.08





Background

- 3. The difference in energy between the two spin states is dependent on the external magnetic field strength
- **4.** For the four common nuclei the magnetic moments are: 1H $\mu = 2.7927$, 19F $\mu = 2.6273$, 31P $\mu = 1.1305$ & 13C $\mu = 0.7022$. The approximate frequencies that correspond to the spin state energy separations for each of these nuclei in an external magnetic field of 2.34 T.



- Just as a spinning mass will precess in a gravitational field (a gyroscope), the magnetic moment µ associated with a spinning spherical charge will precess in an external magnetic field.
- The frequency of precession : $\omega_o = \gamma B_o$.
- The frequency ω_o is called the Larmor frequency
- The proportionality constant γ is known as the gyromagnetic ratio (proportional to the magnetic moment γ = 2pm/hl).





A Spinning Gyroscope in a Gravity Field

If rf energy having a frequency • matching the Larmor frequency is introduced at a right angle to the external field (e.g. along the x-axis), the precessing nucleus will absorb energy and the magnetic moment will flip

to its I = -1/2 state.



- The energy difference between nuclear spin states is small compared with the average kinetic energy of room temperature samples, and the +1/2 and -1/2 states are nearly equally populated. Indeed, in a field of 2.34 T the excess population of the lower energy state is only six nuclei per million.
- The macroscopic magnetization of a sample containing large numbers of spin 1/2 nuclei at equilibrium in a strong external magnetic field (Bo). A slight excess of +1/2 spin states precess randomly in alignment with the external field and a smaller population of -1/2 spin states precess randomly in an opposite alignment. An overall net magnetization therefore lies along the z-axis.



• First, the net magnetization shifts away from the z-axis and toward the y-axis. This occurs because some of the +1/2 nuclei are excited to the -1/2 state, generating a significant y component to the net magnetization (**M**).

• After irradiation the nuclear spins return to equilibrium in a process called **relaxation**. As the xy coherence disappears and the population of the +1/2 state increases, energy is released and detected by the receiver. The net magnetization spirals back, and eventually the equilibrium state is reestablished





Fourier Transform



ν











Simple 1D Spectrum

Basic 1D-NMR pulse sequence



NMR spectrometer



NMR Facility



NMR Probes





Saddle Coil



NMR Magnet



Relaxation



Relaxation



- Why should the proton nuclei in different compounds behave differently in the nmr experiment?
 - Since electrons are charged particles, they move in response to the external magnetic field (Bo) so as to generate a secondary field that opposes the much stronger applied field. This secondary field **shields** the nucleus from the applied field, so Bo must be increased in order to achieve resonance (absorption of rf energy).







¹H NMR Resonance Signals for some Different Compounds

- the location of different nmr resonance signals is dependent on both the external magnetic field strength and the rf frequency
- an alternative method for characterising and specifying the location of nmr signals is needed
- One method of solving this problem is to report the location of an nmr signal in a spectrum relative to a reference signal from a standard compound added to the sample



¹H NMR Resonance Signals for some Different Compounds



The Separation of Resonance Signals (in Hz) Increases with Increasing Field Strength





Integration











Magnitude of Some Typical Coupling Constants





cis-4-tert-butyl-1-chlorocyclohexane





trans-4-tert-butyl-1-chlorocyclohexane






1D CARBON SPECTRA



¹³C spectroscopy



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¹³C spectroscopy



¹³C spectroscopy



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The Influence of Magnetic Field Strength



COSY pulse sequence



1H COSY of ethanol



W2(PPM)







¹³C resonances assignment





C-H correlation





















Drug discovery



LC-NMR



LC-NMR



A procedure for Metabonomics



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M.A. Constantinou, E. Papakonstantinou, M. Spraul, K. Shulpis, M.A. Koupparis, E. Mikros *Analytica Chimica Acta*, 511, 303-312, 2004

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Imaging MRI



Imaging MRI





Relaxation contrast



Imaging MRI










Imaging MRI



In vivo Spectroscopy

 A 57 year old male presents with left hemisensory deficit and increasing somnolence. MRI demonstrates an enhancing right ganglionic mass (Figure A) with central hyperintensity and surrounding edema on the T2-weighted and FLAIR images (Figures B & C).



In vivo Spectroscopy

 Differential diagnosis favored a tumor, however, an abscess could not be excluded. Proton spectroscopy (PROBE-SV) (Figure D) demonstrated a surprising lack of choline (which would have indicated a tumor) with high lipid and lactate indicating membrane breakdown, necrosis, and anaerobic metabolism more suggestive of an abscess.



In vivo Spectroscopy

- As this was early in our experience, the neurosurgeon insisted on an MR-guided brain biopsy which yielded toxoplasmosis (Figure E).
- In AIDS patients, proton spectroscopy can often make the difference between biopsy and no biopsy for necrotic lymphoma vs. toxoplasmosis.









C3H5BrO2











A C4H8O2 compound has a strong infrared absorption at 1150 cm-1, but no absorption at 3300 to 3400 cm-1. It's 1H NMR spectrum shows a singlet at δ 3.55 ppm. The 13C NMR spectrum shows one signal at δ 66.5 ppm. Suggest a structure for this compound.











